





We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin

Date: Thurs. Apr 2nd, 2026

Student First Aid: Jason Shin and Umber Sangha

| Timeline | Messages |
|--|---|
|  Apr 10 Ms. Belyea | Grade 12s: If you been offered any scholarship or award money from a University, College or any eternal organization, please email Ms. Belyea a copy of the offer so it can be <i>announced during the grad ceremony</i> . It doesn't matter whether you are accepting the offer or not, we still want to know! You worked hard and deserve to be recognized for it at the ceremony! See Ms. Belyea if you have any questions. |
|  Apr 1 Ms. DeShield | The dance informal showcase is coming up! Everyone is invited to the dance room tomorrow at 3:45pm to see student choreographed pieces. Snacks will be available to purchase. We hope to see you there! |
| Apr 2 | <p><u>VALEDICTORIAN SELECTION PROCESS 2026</u></p> <p style="text-align: center;">Guidelines & Timeline</p> <p style="text-align: center;">If a successful candidate does not meet the guidelines, another candidate will be chosen.</p> <p>Nomination packages available in the office and accessible electronically in grade 12 Teams group. Will also be mentioned in the student bulletin, through PA announcements, and via Grade 12 teachers.</p> <p style="text-align: center;">April 2nd Completed nomination packages returned to Ms. Binning in the office by 3:05pm.</p> |
| Apr 3 Ms. Welsh | <p>"Tax season is here! Please bring your Income Tax slips and a piece of ID to room 318 on Thursdays and Fridays during lunch to get your taxes filed for free. Accounting students will also be available to teach you how to file your taxes yourself."</p> |

Work Experience Opportunities (gr. 11 & 12 only)

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

JOEY Coquitlam Restaurant BMSS Workshop

Are you interested in the culinary arts? Do you want to learn more about working front or back of house at JOEY Restaurants? The Regional Chef for JOEY Restaurants and the Sous-Chef at JOEY Coquitlam will be here at Burnaby Mountain Secondary School on Wednesday, April 1 at 3 pm in Room 120. Come learn more about their cuisine and work experience opportunities. Sign up in the Career Centre.

After School Kids Programs @ Christine Sinclair Centre

The City of Burnaby Parks and Recreation is looking for volunteers for their elementary school aged kids programs at Christine Sinclair Centre from April - June. Programs include : Basketball, Chess Club, Floor Hockey, Hot Wheels, Cooking Classes, and Art: Clay Creations. For more info and to sign up come to the Career Centre.

Coquitam Town Centre Park Clean Up Day

Join us on Saturday April 11 from 10am – 2pm and help cleanup Town Centre Park, Coquitlam River and Glen Park. Volunteers should meet at the Amphitheatre beside Lafarge Lake at 9:50am. Help make our trails & parks cleaner and greener. All cleaning gear provided. Pick up a work experience form in the Career Centre BEFORE you go.

Burnaby Art Gallery - Bag on a Bike Art Assistant Program

The Burnaby Art Gallery is seeking a BAG on a Bike Art Assistant for our BAG on a Bike program. These shifts take place during Spring and Summer at community events and festivals across the Lower Mainland. In this role, you will assist the artist with setup and cleanup, greet and support participants with their printmaking activity, and help manage participant flow. This position primarily occurs outdoors on weekends at events and festivals, rain, or shine. The role

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requires a high level of maturity, flexibility, and initiative, as you will be working closely with a professional artist, engaging with large crowds, and supporting participants with varying levels of experience and involvement. Pick up an application in the Career Centre. Application Deadline : Monday, April 12, 2026

Burnaby International Students' Orientation Week * SUMMER

Burnaby School District is seeking student volunteers to support our upcoming International Students' Orientation Week, where we welcome new international students to our community. The orientation runs August 31, Sept 1, 3 & 4 at Burnaby South Secondary. Volunteers may participate for the full week or for selected days. Volunteers will assist with welcoming students, organizing rooms, guiding attendees, serving food and beverages, and leading interactive activities for both elementary and secondary students. Pick up a Volunteer application in the Career Centre. Application Deadline: April 30, 2026. Please note that applying does not guarantee selection, as we may receive more applications than available spots.

Vancouver International Children's Festival

The Vancouver International Children's Festival, May 25-31 at Granville Island, has been educating, entertaining, and inspiring young audiences since 1978. Whether you'd like to help kids with crafts or games, or work onsite with their admin or festival staff, or take on a more advanced role, this is a great opportunity. Sharpen your leadership skills, get Work Experience hours, meet great people, and have tons of FUN. Minimum two-shift commitment, sign up with a friend. Sign up online at <https://app.betterimpact.com/Application?OrganizationGuid=fc7ac456-0bb1-42b0-9869-194498a46166&ApplicationFormNumber=1> (all links are clickable in Teams and the school bulletin)

Low Entropy Foundation Thrift & Thrive Future Leaders Internship Program

Join the Low Entropy Foundation for their Thrift & Thrive Future Leaders Internship Program starting January 2025. Complete volunteer hours, gain retail, customer service, and cashier experience, receive mentorship and coaching, boost your resume and job prospects, opportunity to be involved in community engagement activities and events, and earn a program certificate and reference letter upon completion of the program. Participants must be 16+. Internship location is at their thrift store: 552 Clarke Rd, Coquitlam. Next Cohort starts in April. Sign up online ASAP at: <https://lowentropy.org/thrift-thrive-youth-internship/>

Low Entropy Thrift Store – Burquitlam Plaza

We are looking for enthusiastic and friendly volunteers to support us in person to operate our thrift store. You will perform a wide range of duties from customer service to sorting donations and organizing the store. Most volunteers work one shift per week. To apply go to : <https://app.betterimpact.com/PublicOrganization/4d580166-d7db-4d55-a867-aabdd6b15b6e/Gvi/72493870-bf25-4090-a5cc-7a927752e6bf/1>

Shoppers Drug Mart – Pharmacy & Retail

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre for more details and to sign up.

PoMo Museum – Program, Event, Marketing, Landscaping, Collections & Maintenance Positions

The PoMo Museum is located near Rocky Point Park in Port Moody. The museum preserves and celebrates the heritage and historical town site of IOCO. Volunteers support the museum from cleaning and organizing gallery space, gardening & landscaping, assisting with programs & events, and promoting the museum. Volunteer positions include: birthday event assistant, museum event assistant, landscaping assistant, gardening assistant, content creator marketing, activity creation, event planning assistant, archives & collections assistant and museum maintenance. For more information go to : <https://www.pomo.museum/volunteers-1> Click the Volunteer Package Information link for more details or pick up a handout in the Career Centre.

Bettie Allard YMCA

The Bettie Allard YMCA is a modern recreation centre located near the Burquitlam Skytrain Station. They run a variety of programs for children, youth and adults and they are look for dedicated volunteers to help with their community programs. Interested students can sign up in the Career Centre to attend the next orientation: Date TBD. Once you have completed an orientation you can sign up to volunteer for the classes and events that interest you and work for your schedule. There are afterschool and weekend programs and events, as well as Summer programs. Student must commit to completing a minimum of 50 hrs, but there is no timeline to complete the hours. Sign up in the Career Centre now.

Vancouver Sun Run

With over 40,000 participants, volunteers are needed to assist with every aspect of the race weekend from start to finish. This race would not be possible without the volunteers! Encourage your friends and family to join in the fun. Each volunteer will receive a special souvenir T-shirt and refreshments. Student volunteers will receive a letter of completed volunteer hours via email (one week after the race).With over 1,500 volunteers needed to make this incredible event happen, it wouldn't be hard to find a volunteer position that is just the right fit for you! Volunteer Roles Include: SUN RUN PACKAGE PICK UP: April 17 & 18 at the Vancouver Convention Centre; INFORMATION SERVICES: April 19 outside BC

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Place and WRAP PARTY: April 19 inside BC Place. Pick up an information flyer in the Career Centre. To apply go to: <https://event.vansunrun.com/172858/volunteer>

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to: <https://www.burnabyhospice.org/form/thrift-store-volunteer-form>

Lucky's Doggy Daycare

Do you like dogs? Would you like to work and play with LOTS of dogs? Lucky's Doggy Daycare is looking for volunteers. They are located a short walk from Gilmour Skytrain Station in Burnaby. Check out their website for more info: <https://www.luckysdaycare.com/>. They currently have weekday and weekend volunteer placements available (Monday to Friday 3:30 – 6:30pm / Saturday or Sunday 10am – 2pm or 2pm - 6pm). Students volunteer one day per week, for 6 – 8 weeks. You must be comfortable around large groups of dogs of all types and sizes. If you are interested, please stop by the Career Centre to sign up.

Invasive Species Council of Metro Vancouver (ISCMV) Invasive Plant Removal – Burnaby

Join us on April 17 from 10am – noon and help protect and restore Burnaby's beautiful Burnaby Mountain! Volunteers are needed to remove invasive species. This event is free and open to all community members, including families & youth. Participants do not need to be City of Burnaby residents. No experience is necessary. The event will be led by an expert from the Invasive Species Council of Metro Vancouver. Volunteers will be provided with instruction, gloves, refreshments, and all the required tools. Upcoming invasive plant removals and Native Species Planting date and locations : Burnaby Mountain: April 17 & July 3, 10am-12pm / Central Park: April 25, May 23, June 13, August 29, September 19, October 3, November 7 10am – 12pm / Deer Lake Park: May 30 10am – 2pm, June 12 & July 31 6pm – 8pm / Robert Burnaby Park: July 24, September 18 & November 14, 10am-12pm. For more info go to: <https://iscmv.ca/events/> To sign up go to : <https://tinyurl.com/4tctjukp>

Sprouting Chefs at Forest Grove Elementary

Sprouting Chefs Sprouting Chefs runs afterschool cooking and gardening class at Forest Grove Elementary and they are looking for volunteers. Wednesdays Cooking Classes – 3:00 pm to 5:00 pm & Fridays Garden Club – 3 pm to 4:30 PM. Garden Club duties include: Supervision and Support with children ranging from 7 to 13 yrs old; Ensuring children are using garden tools and kitchen tools properly; Helping with garden tasks such as planting, weeding, watering, and possibly building trellis structures. You will learn about what seeds need to grow, managing existing plants, and organic planting methods. As a holistic nutritional student, your knowledge of conscious eating habits and the health benefits of eating fresh foods will be highly valued. Cooking Classes duties include: washing dishes, supervising students while preparing and cooking food. Required Skills: Good English-speaking skills, strong work ethic, responsible and reliable with good time management. Volunteers must enjoy being outside in nature and being with children, leadership skills and or environmental awareness are strong assets. For more info & to apply: https://docs.google.com/forms/d/e/1FAIpQLScyAYosTRiep_Any8V7Nu-IJefFRcC06ifmy56tPjL_y1DWYw/viewform

New Vista – Seniors Care Home

New Vista is a Seniors Care Home located in Burnaby (near Edmonds Community Centre). They are looking for volunteers Monday to Thursday evenings, and Sunday morning & afternoons, to help with their social and recreational programs. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre. *Specifically seeing volunteers who can speak Korean*

Port Moody Library – Teen Volunteer Programs

The Port Moody Public Library provides volunteer opportunities for teens to get experience, leadership skills, and volunteer hours working with kids. They are currently accepting applications for the following programs : Book Buddies: Share stories and books with kids to help them improve their reading skills / / Homework Help: Help kids with homework and gain valuable tutoring experience. For more info and to apply go to : <https://www.portmoodylibrary.ca/en/programs-and-events/teen-volunteer-programs.aspx>

Vancouver Art Gallery

Are you interested in art? Are you curious about what goes on behind the scenes at the Vancouver Art Gallery? You can now join their friendly and dedicated team of Gallery Volunteers! Volunteers are an integral part of the visitor experience at the Vancouver Art Gallery. To register for an info session, visit <https://www.vanartgallery.bc.ca/volunteer> Volunteers must be 16 yrs+.

Invasive Species Youth Environmental Program

Do you want to make an impact in your community, but don't know where to start? Join the Invasive Species Council of BC Youth Program and help prevent the spread of invasive species and help keep ecosystems healthy. Learn how to engage the public and build an effective team, gain experience in project management and budget building, get access to training opportunities in habitat restoration, invasive species management, leadership, and more!

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Design and lead your own community project or join another one and have your project funded – up to \$5,000 available per project. Connect with youth across Canada and grow your network while gaining practical, hands-on work experience in a safe and inclusive space. To apply you must be 15-30 years old and have Canadian citizenship, permanent resident status, or refugee status. To apply go to: <https://bcinvasives.ca/take-action/community-science/youth-team/>

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(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

Coquitlam & Port Moody Summer Farmers Market*SUMMER

The Coquitlam and Port Moody Farmers Markets are currently looking to fill all volunteer positions for the 2026 Farmers Market season (May – October) including Set up, Take down, Kid's Power of Produce tent and our Kid's Craft Tent. Please go to the volunteer application, linked below, and indicate your availability and the position(s) you are interested in. We will be in touch if we have volunteer shifts to offer you. To apply go to: <https://www.makebakegrow.com/volunteer-application>

Belcarra Beachkeepers *SUMMER

Beachkeepers is a fun stewardship program that runs June 26 – September 6 on weekends and holidays. We meet at the Belcarra Regional Park picnic area. This volunteer position involves four main activities: Scientific crab study (measuring and sexing crabs and recording any injuries), answering questions and educating park visitors about intertidal creatures, explaining fishing regulations and beach etiquette to park visitors and caring for live ocean animals (animal handling). A minimum of 6 weekend shifts (approximately 30 hours) throughout the summer, from the last weekend in June to Labour Day. No previous knowledge of marine life or fishing regulations is required, as training is provided. To apply go to : <https://metrovancover.org/services/regional-parks/volunteer-opportunities> Applications close May 31.

Place des Arts – Summer Fun Program *SUMMER

Place des Arts is seeking summer work experience students for our visual and performing arts camps: Our Summer Fun! program runs for six weeks from July 6 – August 14, 2026, and offers a variety of visual and performing arts camps. We are seeking responsible, caring, and committed volunteers with an interest in working with children, ages 5-12 years. Experience working with children 5-12 years old, (for example babysitting, daycare, volunteering with elementary schools, day camps and other children's programs) is preferred. Shifts are daily (Monday-Friday) and you can choose between: 8:30am-12:50pm / 11:45am-4:00pm / 8:30am-4:00pm. Minimum 2 week commitment. For more info pick up a handout in the Career Centre, and apply at: <https://placedesarts.ca/volunteer/summer-volunteers/> Deadline to apply is June 20th.

SFU Summer Camps *SUMMER

Volunteering for SFU Camps offers practical experience in a safe and fun environment. SFU Camps offers a range of educational, sports, and recreational camps. Volunteers will get an opportunity to work with children and youth, build leadership skills, meet new people and have a rewarding summer as part of SFU Camps & Youth Programs! The minimum commitment is 2 weeks, which can be consecutive or separate. Interviews will be scheduled for mid May. Volunteers must also commit one on-site training day in late June (Date TBD). To apply go to : <https://www.sfu.ca/camps/opportunities/volunteer-opportunities.html> Applications CLOSE April 20th.

Royal Soccer Day Camps *SUMMER

The Royal Soccer Club (RSC) is a non-profit, community organization who has hosted unique soccer camp experiences in Burnaby, New Westminster and Coquitlam. Camps operate Monday to Friday from June 29 until September 4, 2026. Volunteers can apply for: morning sessions 8:30am – 12:30pm, afternoon sessions 12:30pm – 4:30pm or full days sessions Mon-Fri, 8:30am – 4:30pm. Minimum volunteer time is one week. Volunteers at our summer day camps may assist staff with coaching and supervising children at camp and help with equipment collection and maintenance. For more info go to: <https://royalsoccerclub.com/employment/jobs/british-columbia/>. To apply go to : <https://royalbc.campbrainstaff.com/> Pick up a handout in the Career Centre for more details.

Port of Vancouver Business Leadership Internship * SUMMER

The Vancouver Fraser Port Authority Leadership Program offers grade 10 and 11 students the chance to gain meaningful work experience, build leadership and communication skills, and make new friends. Through this program, leadership students: GAIN hands-on work experience and an understanding of key workplace competencies BUILD leadership skills through team-building activities DEVELOP strong communication and presentation skills CREATE connections with peers and university student mentors EMERGE with increased confidence and greater self-awareness. The program begins with two mandatory training sessions on: Sunday, May 3 and Sunday, May 10. Both sessions run from approximately 9:00 a.m. to 3:00 p.m. Application deadline: Wednesday, April 1, 2026. Students must complete a minimum of 80 volunteer hours through both training and volunteer work at community events across the Lower Mainland and at Canada Place. Upon completion of the program, students are eligible to receive a \$1,000 honorarium. Sign up in the Career Centre today.

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Theatre Under the Stars *SUMMER

Theatre Under the Stars (TUTS) is an outdoor summer theatre at Malkin Bowl in Stanley Park. TUTS has always depended on the hard work and dedication of our volunteer team! Over 200 members contribute their time, energy, and skills to make each season a great success! We require energetic, committed individuals to help in the front of house: ushering, taking tickets, greeting, and staffing the coffee bar and bar. We also recruit for our backstage crew, who work in costuming, lighting, sound, set, and props for the run of the shows. Backstage crew members are required to attend rehearsals in the later half of June, as well as all of the performances of the show to which they are assigned (every other night in July and August). Perks of volunteering include complimentary tickets to a TUTS production, work experience hours, weekly prizes, and a wonderful summer of fun in Stanley Park! For more info and to apply go to: <https://tuts.ca/programs-and-rentals/volunteer/>

BC Technology for Learning Society *SUMMER

Are you interesting in gaining some computer refurbishing experience at a local non-profit organization. For more information go to: <https://reusetechbc.ca/>. Come by the Career Centre if you are interested in a Summer volunteer placement there. Students complete one week of work experience with an 8am - 4pm schedule.

Career Exploration Work Experience (Pay to attend Programs)

(Yes – these also count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

Preparation for Nursing Education at BCIT * SUMMER

The BCIT Preparation for Nursing Education Course is designed for students who have completed Grade 11 and are interested in pursuing a nursing career or other health-related programs. This course introduces the essential knowledge and academic skills required for success in future nursing studies. Students will be introduced to the profession of nursing and the healthcare environment while developing the academic skills that are necessary for post-secondary success. This course provides an introduction to professionalism and communication in healthcare, medical terminology, nursing care, the healthcare environment, and quality and safety. It also introduces concepts of respect, diversity, and inclusivity. This 36 hour course is delivered in person, at BCIT from June 29 – July 3. It offers hands-on experience in a lab/simulation setting. The cost for the program is \$390.+taxes. For more info and to apply go to : <https://www.bcit.ca/courses/preparation-for-nursing-education-nurs-1005/>

Geneskool Summer Science Program* SUMMER

Join us for hands-on molecular biology and biochemistry experiments, exciting guest speakers and more at Geneskool's summer program for high school students. This year the program will run August 17 – 21 at Capilano University. Students can gain hands-on lab experience investigating a scientific marvel turned mystery using biotechnology, genomics, fibre, blood typing, microbiology and microscopy. Fellow scientists, grab your lab coat and join us! Spaces are limited. Register today! Registration fee: \$350 (bursaries available) to apply go to : <https://events.genomebc.ca/geneskool-ssp2026>

Emily Carr University –Summer Institute for Teens * SUMMER

Summer Institute for Teens (SIT) is an immersive, month-long art and design program that provides unique, hands-on learning experiences for young creatives. Each student selects a studio concentration, from painting and illustration to animation, industrial design and more, and develops their practice through four weeks of immersive, creative learning. With expert guidance, students expand their portfolios, connect with peers and celebrate their achievements in a public exhibition. Tuition cost \$2,713.20. For more info and to apply go to : <https://ecua.ca/youth-programs/summer-teen-programs/summer-institute-for-teens/#SIT-Courses>

Science World – Future Science Leaders

Future Science Leaders, presented by Acuitas Therapeutics, is a 26-week after-school program which runs between September and April. It provides hands-on experience, expert mentorship, and access to leading-edge companies to explore STEAM (science, technology, engineering, art & design, and math) beyond the classroom. Participants dive into experiential STEAM learning, guided by expert mentors and surrounded by like-minded peers. The cost for the program is \$1450 + GST. Participants present their projects at two Science World events, attend local conferences, and gain access to networking and alumni opportunities. With personalized reference letters and skill-building experiences, FSL is a powerful investment in curiosity, confidence, and a future in STEAM. For more info and to apply go to : <https://www.scienceworld.ca/futurescienceleaders/>

Career Exploration and Leadership Development

(these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

BCIT Biotechnology Career Awareness Workshop

Grade 11 & 12 Students - are you interested in a hands-on lab experience at BCIT? This biotechnology workshop includes a gel electrophoresis lab, a DNA fingerprinting lab as well as a visit to a local biotechnology company. Come learn about

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the biotechnology industry in a fun and engaging way. The workshop runs from April 20 – 24, 2026. A fee does apply to this workshop. Visit the Career Centre for more information and an application. Please apply ASAP - There are 3 spots left

UBC Peter A. Allard School of Law – Pre-Law Highschool Conference

UBC Peter A. Allard School of Law, in collaboration with [Youth Justice Link](#), will be holding a free pre-law legal conference for youth on the topic of bridging the gap between youth and BC's legal system. This event will include Q&A sessions with law school admission officers and students, insights from experienced lawyers leading interactive case study activities, and information from community organizations with volunteer opportunities and legal resources for youth. This event is perfect for a student who is interested in pursuing law in their post-secondary career, or someone who wants to learn more about BC's complex legal system. Join us on April 26th from 9am- 5pm at the UBC Allard School of Law. Free snacks and lunch will be provided. More information and the registration link can be found here: <https://www.youthjusticelink.org/conference>. If you would like to use this towards your work experience hours please pick up paperwork in the Career Center before you go.

ATLAS Masterclass – High Energy Physics

Discover the world of High Energy Particle Physics by analyzing real data from the ATLAS Experiment at CERN. To help unravel the mysteries of particle physics, student will learn about research methods and topics, analyze real experimental data, and share results with other provincial sites. ATLAS Masterclass takes place on Saturday May 2, from 9am to 2pm at SFU. Registration is FREE on a first-come basis. This masterclass is suggested for secondary school-aged students grade 10-12, who have completed Physics 11. Register at: <https://www.eventbrite.ca/e/atlas-masterclass-2026-tickets-1980393944599>

SFU Science Alive Hour of Code FREE Workshops

Hour Plus Plus of Code features various one-off workshops for high school-age students (grades 8-12) to learn how to code and implement popular digital tools. Upcoming workshops : April 11 – Intro to Git, April 18 – Mobile App Development, April 25 – Intro to Game Development & May 2 - Intro to SQL. To register go to : <https://sciencealive.ca/hour-of-code>

S.U.C.C.E.S.S. Community Leadership Initiative

The Community Leadership Initiative (CLI) program empowers youth to design and lead their own civic engagement projects that promote inclusivity and reconciliation. We aim to support participants as they gain a better understanding of themselves and the needs of their communities through interactive workshops and field trips. Eligibility - Canadian Citizen, Permanent Resident or Refugee Status / Ages 15-30 / Commitment to the 10-month program. For more info and to apply go to : <https://successbc.ca/cli/>

Arts Umbrella – Architecture Summer Intensive *SUMMER

In collaboration with Urbanarium, the Summer Architecture Intensive helps students gain a deeper understanding of architecture, as they explore creative approaches to building public spaces and discover new ways of seeing the built environment. In an immersive studio environment, they engage in research, critique, and making, drawing, and building models to highlight their ideas. A reception for family, friends, program partners, and donors is held at the end of the program to celebrate their experience. We encourage applications from youth that identify as members of underrepresented groups. The program is open to students ages 15-19 and runs August 4-14, 2026 at Arts Umbrella on Granville Island. This program is FREE as cost are covered by BTY Global. Applicants must submit a portfolio and letter of intent. For more info and to apply go to : <https://www.artsumbrella.com/art-design/architecture-summer-intensive/> . Application deadline: Friday, May 29, 2026 at 8:00AM

Arts Umbrella –Contemporary Art Intensive *SUMMER

In this three-week intensive art program for teens, students advance their artistic skills and critical thinking with the support of professional Vancouver artists, curators, and educators. The Contemporary Art Practices Scholarship Summer Intensive program introduces students to creative approaches in art-making through a series of workshops and self-directed projects. Students explore a range of contemporary art practices, pushing the boundaries of their own art in a supportive studio environment. Throughout the program, they engage in critiques and discussions about how to develop their ideas and work with new materials and methods. An exhibition of student work at Arts Umbrella caps off the program. We encourage applications from youth that identify as members of underrepresented groups. The program runs August 4-21, 2026 Monday-Friday, 1:00-4:00pm at Arts Umbrella on Granville Island. This program is FREE as cost are covered by Polygon Buschlen Mowatt Nichol Foundation. Applicants must submit a portfolio and letter of intent. For <https://www.artsumbrella.com/art-design/contemporary-art-practices/>. Application deadline: Friday, May 29, 2026 at 8:00AM

Camp Ignite – Firefighting Program for Females *SUMMER

Camp Ignite is a three-night, three-day camp (August 7 – 9, 2026) that educates and inspires young women to follow their dreams. We aim to show our campers a future of limitless opportunities and demonstrate that anything is possible. The camp is open to girls currently in grade 12 or entering grade 12 in 2026, who are currently living in British Columbia.

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Our camp offers an introduction to the exciting world of firefighting, along with fitness, nutrition, health and teamwork. We are a not-for-profit society and strive to keep the camp affordable and accessible to those interested. We offer our campers the chance to explore the many aspects and specialties associated with firefighting. They will have an opportunity to learn about the various tools and skills needed to be successful in the fire service including auto-extrication, hazmat operations, and technical rope rescue operations To apply go to : <https://forms.gle/MRcSiyVvAnLWpDyw8>

UBC Medicine Youth Outreach Mentorship Program

This program connects high school students, especially those who come from equity deserving and underrepresented populations who have an interest in medicine, with UBC medical students to learn more about university life, self-care, and the application process for UBC medical school. Learn more at <https://mdprogram.med.ubc.ca/admissions/before-you-apply/md-ambassador-outreach-program/>. Students can apply at https://ubc.ca1.qualtrics.com/jfe/form/SV_cTsW47ErtAzYAyW

University of Calgary – Online Medical Lecture Series: The Hidden Virome

Join us on March 30th for an eye-opening hybrid public lecture that explores what the human virome is, how many viruses inhabit the body, and the important distinction between pathogenic and commensal viruses. We will examine bacteriophages — viruses that infect bacteria rather than human cells — and discuss how viruses shape our microbiome and influence immune function. By reframing viruses not simply as threats but as integral components of our internal ecosystem, this talk provides a new perspective on health, immunity, and the complex microbial world we carry within us. This lecture features Dr. Ann Gregory, a leading researcher from UCalgary’s Snyder Institute. To register to join online: <https://snyder.ucalgary.ca/mini-med/series-eleven>

Rise Up! Strengthening Food Systems and Environmental Stewardship Program

Are you interested in food, the environment, or making a real impact in your community? Through the Rise Up! Strengthening Food Systems and Environmental Stewardship program, you’ll have the chance to discover and grow your passion for food systems, the planet, and your community. You don’t need to be an expert or have prior experience, just bring your curiosity and willingness to learn! Rise Up! is funded in part by Canada Service Corps and is designed specifically for youth aged 15–30. Youth volunteers will be required to commit a total of 120 hours within 12 months, which will include the following: Hands-on volunteer service placement with host organization (40-60 hours); 1-day regional gathering in summer 2026, and a 4-day provincial retreat in fall 2026 (40-50 hours). There is no cost to you for accommodation, travel, and food. Self-paced learning modules, webinars, personal reflections, and check-ins (20-30 hours) Applications for the Spring 2026 cohort are currently accepted (until all placements have been filled). For more info and to apply go to : <https://riseup-phabc.ca/youth-volunteers/>

CyberStart Canada: Free Cybersecurity Program for Youth

CyberStart Canada is a free, immersive, gamified learning experience that helps students develop cybersecurity skills while having fun. Supported by RBC and in collaboration with TryHackMe, CyberStart Canada allows young Canadians to dive into the world of cybersecurity through hands-on labs, challenges, and puzzles. You’ll gain confidence, practical experience, and the skills to impress higher education institutions and future employers. Whether you’re hacking machines, investigating attacks, or solving complex puzzles, CyberStart Canada will ignite your passion for cybersecurity. For more info and to register go to : <https://cybersecurecatalyst.ca/cyberstart/>

Lower Mainland Green Team

Looking for a constructive way to improve the health of our environment? Want to support your own health and be part of a community? Green Teams of Canada (GTC) invites community, particularly youth, to engage in hands-on environmental action projects to: Develop a sense of belonging to community and place, connect to nature, cultivate leadership skills, and learn about environmentally responsible actions. For more info about Green Team Lower Mainland, and to sign up for upcoming invasive species removals, park clean-ups, and other events, go to : <https://greenteamscanada.ca/locations/lower-mainland-green-team/>

Paid Work Opportunities

Pedalheads Bike Camps for Kids: Summer Instructor

It's that time of year again - [Pedalheads](#) is hiring Instructors for their Spring Break bike camps! Gain work and leadership experience, build up your resume, spend time outside, and help kids learn how to bike. Pedalheads offers [programming for kids ages 2-12](#) where they learn about fundamental bike skills and develop a love for biking! We’re looking for people to join our dynamic, high-energy team to create breakthrough, happy dancing, high-fiving, “I did it” moments by teaching kids all about biking. Camp locations include: Brentwood, Burnaby - Brentwood Park Alliance Church / South Burnaby New West - Location TBD / Como Lake, Coquitlam - Queen of All Saints School. To apply go to : <https://tinyurl.com/2s3dxr4a>

Pedalheads Soccer Camps for Kids: Summer Instructor

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Do you have a passion for working with children and LOVE sports? We are looking for confident characters to teach foundational soccer skills to our 2–12 year old soccer stars. Pedalheads Soccer is a program like no other which requires our coaches to channel their inner child and put their imagination and creativity to the test. Our coaches use humor, songs and story-telling to make our little players fall in love with soccer. Experience in either playing or coaching sports is preferred though this does not have to be soccer specific, as full training will be given. Camp locations include: Brentwood, Burnaby, and Deer Lake, Burnaby. For more info and to apply go to : <https://tinyurl.com/ynh2yduk>

City of Burnaby - Lifeguards - Application Deadline April 3rd

Dive in and make a difference, by keeping aquatic participants safe or teaching people how to swim. We're on the hunt to grow our team of lifeguards, swim instructors and aquatic leaders. The next round of hiring for auxiliary lifeguards and swim instructors starts soon! We're accepting applications March 13 to April 3, with a mandatory wet and dry interview on Sunday, April 19. For more info and to apply go to : <https://www.burnaby.ca/recreation-and-arts/activities-and-registration/daily-activities/become-a-lifeguard>

Parascape Landscaping Summer Internship

No Experience required! Looking for a fun summer job where you can work with friends, earn great pay, and gain real-world experience? Para Space Landscaping is hiring high school students for paid internships—no experience required! Compensation: \$24.53/ hr + 4% paid vacation. Weekends & holidays off. Free training on the job. All safety gear provided. Access to free in-house education. Opportunity to return every summer with us—or start a career! What You'll Do: Work outdoors with local crews; Stay active while learning new skills; Join a diverse, supportive team and Enjoy beautiful job sites around the city. We're looking for reliable, hardworking students who are positive team players and the ability to fulfill physically demanding, hands-on work in all weather conditions. Start off working part time, 3 days per week with the opportunity to work full time hours, 5 days per week if comfortable! Learn about different plants on the job through our knowledgeable Landscape Supervisors on a weekly basis! For more info and to apply: <https://paraspaceinc.bamboohr.com/careers/87>

Post-Secondary Info Sessions

Douglas College Health Care Career Fair

Join us at the Douglas College Health Care Career Fair! It takes place Wednesday, April 1, from 4–7pm at the Coquitlam Campus. Register to get a chance to hear from current students and grads studying and working in the health-care field, explore a simulation lab and tour our campus. Plus, if you register and attend the event, you will be entered in a draw to win a tuition fee voucher, which covers the cost of one course at Douglas! Talk with instructors from the following programs at the Fair: Biology , Health Care Assisting , Health Information Management , Hearing Aid Sciences , Kinesiology , Medical Office Administration , Mental Health and Substance Use Work , Nursing , Opticianry , Psychiatric Nursing , Social Work and Therapeutic Recreation. For more info and to register go to: <https://www.douglascollege.ca/future-students/explore-douglas/future-students-office/health-care-career-fair>

Finance 101: personal finance for students preparing for college & university

Join Dr. Michael King on April 9 at 6:00pm on zoom for an engaging session on managing money, building credit, saving, and investing. Learn practical skills to prepare for university life and future financial independence. Hosted by UVic's Gustavson School of Business, this workshop is for you if: You're in grades 9–12. You want to understand mobile banking, budgeting, and credit scores. You're curious about saving and investing (stocks, bonds, ETFs). You want a taste of university-level learning. To register go to : <https://uvic.zoom.us/meeting/register/qbGro9oeTA-BLXJG3lg3Uw#/registration>

UVic (University of Victoria) – Online Info Session

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on Tuesday May 12th at 5 pm and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at: <https://tours.uvic.ca/details/399749/discover-uvic>

BCIT (British Columbia Institute of Technology) – Online Info Sessions

April 1 - General Insurance + Risk Management Diploma / Marketing Management Program

April 7 - Accounting Programs

April 9 – Front-End Web Developer

April 15 – Human Resources HR + Management / Railway Training

April 16 – Technology Support Professional / Operations Management

April 20 - Finance and Financial Planning

To register go to: <https://www.bcit.ca/events/category/infosession/online/list/>

BCIT (British Columbia Institute of Technology) – In Person Campus Welcome

Join us on April 8 from 2:00 pm to 6:00 pm at our Burnaby BCIT campus. Discover what's possible at BCIT! The Burnaby Campus Welcome is an open house–style event where select classrooms, labs, and learning spaces across campus will

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be open for you to explore. Whether you're exploring your educational options, curious about BCIT's programs, or a newly accepted student preparing for the Fall 2026 term, this event is the perfect opportunity to experience BCIT firsthand. Meet instructors, advisors, and current students. Learn more about your program and campus. Get tips on making the most of your time at BCIT. Explore, ask questions, and get inspired for your next steps at BCIT! Register at : <https://www.bcit.ca/event/burnaby-campus-welcome/>

BCIT - Aerospace Campus Tour

Join us on April 9 from 1:00 pm to 2:00 pm and step inside BCIT's Aerospace Technology Campus and experience the heart of aviation training in British Columbia. As the province's largest source of aviation talent, this 285,000-square-foot campus immerses you in real aircraft, advanced simulators, and hands-on learning environments. Your tour begins in our impressive 40,000-square-foot hangar, home to BCIT's fleet of training aircraft from light piston and turboprop planes to corporate jets and helicopters. This is where students in Aircraft Maintenance Engineering, Avionics, Gas Turbine, Airport Operations, and Commercial Pilot programs build the practical skills and confidence that set them apart in the industry. As you move through our workshops, explore modern labs, and take in the full scale of the hangar, you'll also see how BCIT supports both local and international aviation partners through specialized professional training. For more info and to register go to : <https://www.bcit.ca/event/aerospace-campus-tour-4/>

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