



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin

Date: Tues. Nov 4th , 2025

Student First Aid: Tony Zhang and Nathan Valverde

Timeline	Messages	
NEW Nov 7 Mr. Dudley		The BMSS music department is hosting another Open Mic Night on November 13th, sponsored by Cobs Bread! Open Mic Night is an event where music students will showcase their enthusiasm for music by performing their favourite pieces and showcasing extraordinary talent. Come support your friends, meet other music students, and enjoy an evening of music at 7pm next Thursday!
NEW Nov 10 Ms. Sambell	Medicine4youth Do you want to gain insight on the healthcare industry? Medicine4youth has invited Sabrina Li, an alumna of BMSS and a recent graduate of UBC nursing who is currently working at Royal Columbian hospital to come over and share her experience working in Healthcare and studying at UBC. Join us on Monday, November 10th at lunch in room 313 to learn more! See you there!	
NEW Ms. Williams		Mountain Reads is back for 2025/26. This year we are celebrating Canadian authors. Come to the library and check out the books. Book 1: The Space Between Here & Now by BMSS 2010 grad, Sarah Suk. Seventeen-year-old Aimee Roh has Sensory Time Warp Syndrome, a rare condition that causes her to time travel to a moment in her life when she smells something linked to that memory.
	Work experience opportunities gr 11 / 12 posted at bottom of bulletin	
Nov 5 Mr. Vanderzalm	<u>Cypress Ski & Snowboard Club</u> Sign Up Now! ❖ Ready to hit the slopes and improve your skills with certified instructors? ❖ The Cypress Ski & Snowboard Club is back! ❖ Join us for evening skiing and snowboarding trips this February. ❖ Space is limited, and spots are filling up fast — the deadline to sign up is <i>November 5!</i> ❖ Grab a registration form and details from Mr. Vanderzalm in Room 220.	
Nov 20	<u>Culture Fest will take place on November 20th</u>	

NEW

Work Experience Opportunities (gr. 11 & 12 only)

Forest Grove Elementary Movie Night
 Forest Grove Elementary is looking for volunteers for their Movie Night on Friday **November 14** from 4:45-8:30pm. Come to the Career Centre to sign up.

SCHOOL GOALS:
 Goal 1: To foster an educated, responsible and reflective community of Digitally Literate Citizens.
 Goal 2: To increase student awareness, understanding and practice of healthy living.

Forest Grove Elementary Holiday Dance & Photos With Santa Event

Forest Grove Elementary is seeking student volunteers for their Holiday Dance & Photos with Santa Event on Friday, December 5th from 4:00 pm to 9:30 pm. If you are interested, come by the Career Centre to sign up.

Winter Break Camp @ Charles Rummel Centre

Charles Rummel Centre is hosting Winter Break Camps for elementary school aged children December 22-24 & December 29-31. Camps run Monday-Wednesday from 8:30am - 3:30pm. Volunteers help the camp leaders with set up, clean up, games, crafts and supervision. Sign up in the Career Centre.

After School Kids Programs @ Christine Sinclair Centre

The City of Burnaby Parks and Recreation is looking for volunteers for their elementary school aged kids programs at Christine Sinclair Centre. Programs include : Basketball, Chess Club, Floor Hockey, Hot Wheels, Cooking Classes, and Art: Clay Creations. For more info and to sign up come to the Career Centre.

Code Ninjas

Code Ninjas Coquitlam (1130 Austin Ave) is looking for volunteers for their "Learn to Code" program for kids. This is a great opportunity to get experience in a computer science industry. Understanding of very basic coding is an asset. Afterschool and Saturday shift are available. The fall orientation is on Thursday October 30 from 5:30 – 8pm. For more info and to sign up come by the Career Centre.

Vancouver Food Bank – Winston Street Location (near Costco)

Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. We are only accepting applications for individuals available Monday to Friday. Please review our [current opportunities](#) and their requirements before applying. Students can assist with Produce Packing (Mon-Fri 5 – 8pm) and Food Distribution (Friday 3 – 8pm) The commitment period is December 2025 to February 2026. Minimum shifts: 2 per month. Accepted applicants will be invited to sign up for a orientation session on November 12 from 6 – 7:30pm. Apply online at: <https://foodbank.bc.ca/volunteer/individual-volunteers/>

Edmonds Festival of Lights 2025

Edmonds Festival of Lights event is seeking volunteers on Saturday, **November 29th**, 2025! The event runs from 2:30 - 5:30 with volunteering shifts being slightly longer to help with setup and takedown. Roles include set-up, ticket management, line management, activity assistant, face painter, and more. We are seeking joyful, positive, and passionate volunteers to help create a fun and welcoming experience for attendees.

To sign up: <https://burnaby.bcvolunteer.ca/positions/edmonds-festival-of-lights-2025-event-volunteers>

Low Entropy Thrift Store – Burquitlam Plaza

We are looking for enthusiastic and friendly volunteers to support us in person to operate our thrift store. You will perform a wide range of duties from customer service to sorting donations and organizing the store. Most volunteers work one shift per week. To apply go to : <https://app.betterimpact.com/PublicOrganization/4d580166-d7db-4d55-a867-aabdd6b15b6e/Gvi/72493870-bf25-4090-a5cc-7a927752e6bf/1>

Lucky's Doggy Daycare

Do you like dogs? Would you like to work and play with LOTS of dogs? Lucky's Doggy Daycare is looking for volunteers. They are located a short walk from Gilmour Skytrain Station in Burnaby. Check out their website for more info: <https://www.luckysdaycare.com/>. They currently have weekday and weekend volunteer placements available (Monday to Friday 3:30 – 6:30pm / Saturday or Sunday 10am – 2pm or 2pm - 6pm). Students volunteer one day per week, for 6 – 8 weeks. You must be comfortable around large groups of dogs of all types and sizes. If you are interested, please stop by the Career Centre to sign up.

Invasive Species Youth Environmental Program

Do you want to make an impact in your community, but don't know where to start? Join the Invasive Species Council of BC Youth Program and help prevent the spread of invasive species and help keep ecosystems healthy. Learn how to engage the public and build an effective team, gain experience in project management and budget building, get access to training opportunities in habitat restoration, invasive species management, leadership, and more! Design and lead your own community project or join another one and have your project funded – up to \$5,000 available per project. Connect with youth across Canada and grow your network while gaining practical, hands-on work experience in a safe and inclusive space. To apply you must be 15-30 years old and have Canadian citizenship, permanent resident status, or refugee status. To apply go to: <https://bcinvasives.ca/take-action/community-science/youth-team/>

New Vista – Seniors Care Home

New Vista is a Seniors Care Home located in Burnaby (near Edmonds Community Centre). They are looking for volunteers Monday to Thursday evenings, and Sunday morning & afternoons, to help with their social and

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recreational programs. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre. *Specifically seeing volunteers who can speak Korean or German *

Vancouver Asian Film Festival

The Vancouver Asian Film Festival (VAFF) is being held **between Nov 6 and Nov 16** this year. We're thrilled to invite you to become a vital part of the Vancouver Asian Film Festival team. We are actively recruiting volunteers now. Responsibilities include: Set up and tear down rooms, stage, signage, equipment, etc., greetings, box office, crowd control, check-in registration, and answering guest questions, ushering and assisting with the microphone during audience Q&A, as well as clean up. Shifts are usually 4 to 6 hours long For more info go to

: <https://vaff.org/> To apply to be a volunteer go

to: <https://docs.google.com/forms/d/e/1FAIpQLScJzRKT57xXxekpiSFqAxZkKM4JKNCB82PkLH3nllxDTtNjpQ/viewform>

Aunt Leah's Charity Tree Lot

Aunt Leah's Place is a registered charity that, for over 30 years, has been helping prevent children in foster care from becoming homeless by providing supported housing, education, employment training and coaching. Their Christmas tree sales support their projects. All volunteer training and orientation takes place onsite. Their closest location is in South Burnaby (7405 Royal Oak Avenue) with after school shifts every Monday-Friday from 4-8 pm and weekend shifts from 10-2, 1-5 and 4-8. Tree lot opens on November 29, 2025. Students must be 16 years of age and older to volunteer. Some of the tasks include: track sales, handle cash, operate debit/credit machine, reconcile sales after shift, answer customer questions, explain Aunt Leah's vision. Volunteers can sign up for shifts online at (make sure you indicate that you are a Burnaby Mountain Secondary School Student when filling in the form & that you let us know if you have signed up for any shifts): <https://auntleahs.org/trees/volunteer-at-the-tree-lots/>.

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to: <https://www.burnabyhospice.org/form/thrift-store-volunteer-form>

Vancouver Art Gallery

Are you interested in art? Are you curious about what goes on behind the scenes at the Vancouver Art Gallery? You can now join their friendly and dedicated team of Gallery Volunteers! Volunteers are an integral part of the visitor experience at the Vancouver Art Gallery. To register for an info session, visit <https://www.vanartgallery.bc.ca/volunteer> Volunteers must be 16 yrs+.

Shoppers Drug Mart – Pharmacy, Retail or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre for more details and to sign up.

Rudolph Run - Mundy Park, Coquitlam

Get ready to jingle all the way at the most festive 5KM run of the year, presenting the Rudolph Run! Join us on Saturday, **December 6th** 2025, at Coquitlam's beautiful Mundy Park for a holiday event that's all about fun, community spirit, and giving back. Runners are encouraged to dress up in festive attire – rudolphins, elves, santas, and other holiday characters are welcome. Feel free to dress anyway you'd like. The following volunteer positions would be best for students: Event Set Up / Race Packer Pick Up / Water/Aid Stations / Finish Line Crew / Event Take Down. Volunteers are need on the day of the event, from 8am – 2pm. To register go to: <https://racerooster.com/events/2025/109642/kaminos-rudolph-run/volunteer/register>

Career Exploration and Leadership Development

(these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

STEM Mentorship @ UBC for Computer Science

UBC STEM Fellowship is officially launching our very first high school mentorship event! STEM Fellowship is a registered charity that empowers youth to become confident digital citizens and future leaders through hands-on learning and projects centred on computational thinking, science communication, data analytics & AI. We aspire to help students discover STEM and experience what the field has to offer in an open, encouraging environment. For this event, high school students will be placed into small groups with a current UBC student in the STEM field! Mentees will engage with their mentors about different STEM programs, transitioning from high school to university, and the life of a university student in STEM. Additionally, there will be several workshops throughout the day for students to engage in, such as UBC application guidance, STEM-based workshops, and more!

The **application deadline** is **November 2nd, 2025**. Our event will be on **November 15th, 2025**, from 10AM to 4PM,

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in-person on UBC Vancouver Campus. To register go to : <https://docs.google.com/forms/d/e/1FAIpQLSeho-TdRF9BqD6RHsWdqVLhbiRuCybffNS4q-QsGt7Whv3o-A/viewform>

UBC & St-Paul's Hospital Centre for Heart Lung Innovation Lab Work Experience

Grade 11 & 12 students who would like work experience in a life science research lab, this opportunity is for you. Students will have the opportunity to explore microscopy, histology, protein & DNA analysis and careers in the life sciences area. This amazing opportunity will take place at St Paul's Hospital **November 17-21**. Come by the Career Centre for application instructions- deadline to apply is November 5th at Noon.

UBC Chemical & Biological Engineering High School Event

Grade 11 or 12 students are invited to experience a day in the UBC Chemical and Biological Engineering program. This year there are two dates to choose from: Saturday **November 29**, 2025 or Saturday **February 28**, 2026 from 9 a.m. to 4 p.m. Learn about the exciting careers of Chemical and Biological Engineers; Participate in fun, interactive workshops to better understand how engineers work together to solve real-world problems; Attend short lectures to experience what it's like to be a Chemical and Biological Engineering student at UBC; Tour the laboratories; Meet professors and current students. This one-day experience is FREE. Applications open October 1, 2025

Spaces are limited, apply early! <https://chbe.ubc.ca/news/2025/high-school-student-visits-2025-2026/>

BCIT Biotechnology Career Awareness Workshop

Grade 11 & 12 Students - are you interested in a hands-on lab experience at BCIT? This biotechnology workshop includes a gel electrophoresis lab, a DNA fingerprinting lab as well as a visit to a local biotechnology company. Come learn about the biotechnology industry in a fun and engaging way. The workshop runs from **December 8-12**, 2025. A fee does apply to this workshop. Visit the Career Centre for more information and an application. Application deadline is November 14.

UBC Women in Engineering Mentorship Program

UBC Women in Engineering (WiE) is hosting our annual mentorship program for high school girls* interested in exploring engineering! This program will run from **November 2025 to April 2026**, and is open to students in grades 10-12. Throughout the program, mentees will have the opportunity to; Learn more about engineering and its diverse career paths; Connect with upper-year students for advice on university applications; Receive guidance on transitioning from high school to university and Take part in WiE events such as professional development workshops and design team presentations. The minimum time commitment is 1 Mentorship Group meeting per month. Our first in-person event will likely be November 16th, 2025. The mentee application is now open and will close on November 2nd, 2024. The link for the application: https://docs.google.com/forms/d/e/1FAIpQLSe9P21UnZIL6Vd3LkgKOIUXOTKCK_lpezp7MYnLr5hUOnyGg/viewform

MINERVA – Career Boost 2025

Minerva is excited to host Career Boost – a **free in-person** youth career mentorship event in Vancouver! We know that stepping into the working world for the first time can feel both exciting and a little overwhelming for youth. Career Boost is designed to help self-identified girls and gender-expansive youth ages 15–24 gain the clarity and confidence they need to take their next steps in education and career. Participants will: hear from inspiring keynote speakers; take part in hands-on, career skill-building workshops; connect with mentors from a wide range of fields and meet our leaders jumpstarting their career journeys! Join us on **November 21st**, 9:30am-4pm at an office in Vancouver (location TBD) Registration Link: <https://careerboost-minervabc.eventbrite.ca>

University of Calgary – Medical Lecture Series

Join us on **November 3** for an eye-opening hybrid public lecture that explores health misinformation. Learn how false or misleading health claims spread, why people fall for them, and how you can tell credible science from clever marketing. This lecture features Dr. Craig Jenne & Dr. Cora Constantinescu, leading researchers from UCalgary's Cumming School of Medicine and Snyder Institute. To register: <https://snyder.ucalgary.ca/mini-med/series-eleven>

Project Arrowroot – Youth Activator Climate Centric Internship

Project Arrowroot encompasses capacity-building program for senior high school students (grades 11 and 12) introducing and encouraging green careers, and the pathways to achieve them. Project Arrowroot's (free) Youth Activator program helps participants to earn volunteer hours, build your network, do good, and pick up the skills needed for life after high school. There is an opportunity to gain research experience and lead a mini project. The time commitment is just 1.5 hrs per week. The next cohort starts in November. For more info about the program and application process pick up a handout in the Career Centre.

Lower Mainland Green Team

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Looking for a constructive way to improve the health of our environment? Want to support your own health and be part of a community? Green Teams of Canada (GTC) invites community, particularly youth, to engage in hands-on environmental action projects to: Develop a sense of belonging to community and place, connect to nature, cultivate leadership skills, and learn about environmentally responsible actions. For more info about Green Team Lower Mainland, and to sign up for upcoming invasive species removals, park clean-ups, and other events, go to : <https://greenteamsCanada.ca/locations/lower-mainland-green-team/>

JA Business Entrepreneurship Company Program

JA Company Program is a 16-week course that allows students in grades 10-12 to learn about business and entrepreneurship. Students from across B.C. – Join us this fall and walk away with the tools and resources required to build your own start-up! You will be placed in a team and will work collaboratively with other students to learn about human centered design thinking, creative product development, product life cycles, e-commerce, app development and more. You'll also develop your teamwork, decision making and critical thinking skills. There are a number of different cohort in Burnaby, Port Moody, Vancouver and more. For more info and to apply go to: <https://jabc.ca/companyprogram/>

University of Victoria - Gustavson School of Business: What Makes a Good Side-Hustle

Join us **November 18** for a zoom- based entrepreneurship workshop titles: What makes a Good Side Hustle. This workshop is being led by Entrepreneurship faculty member Brock Smith And Claudia Smith and will give you a taste of Gustavson and entrepreneurship through a fun and engaging session. To register go to: <https://uvic.zoom.us/join/6aQjEeBASRusOVLTVb9YkQ#/registration>

University of Victoria - Gustavson School of Business: Finance 101

On Thursday **November 20th** at 6pm join Gustavson's Michael King for Finance 101: personal finance for students preparing for college & university, an engaging session on managing money, building credit, saving and investing. Learn practical skills to prepare for university life and future financial independence. To register go to : <https://uvic.zoom.us/join/T9-JxCVrTWqGePTLKv3poA#/registration>

Invasive Species Council of Vancouver - Robert Burnaby Park Planting

Help protect and restore Burnaby's beautiful Robert Burnaby Park! Volunteers are needed on **November 6, 2025** from 10:30am to 12:00pm to help plant native shrubs and trees. This event is free and open to all community members, including families and youth. No experience is necessary. This event will be led by an expert from the Invasive Species Council of Metro Vancouver. Volunteers will be provided with instruction, gloves, tools, and refreshments. To register go to : <https://iscmv.ca/events/robert-burnaby-park-planting>. Close to the event date, all registered volunteers will receive a message with the exact meeting location and other important details.

Grouse Mountain Resort Snow School Volunteer Instructor Development Program

Grouse Mountain Snow School - Instructor Development Work Experience Program is pleased to offer students aged 14-18 who have a passion for Skiing and Snowboarding a chance to complete a work experience placement with the Grouse Mountain Resort Snow School. They are excited about helping students train to become better skiers and riders while they take on a leadership role and discover a possible career within the ski or snowboard industry. Perks include free volunteer mountain access pass and retail and restaurant discounts. Applications are now open and can be completed online - come by the Career Centre if you are accepted to get paperwork: <https://jobs.dayforcehcm.com/en-US/northlandproperties/GROUSEMOUNTAIN/jobs/25314>

Burnaby Art Gallery – Artist Apprenticeship Program

Are you interested in working with professional artists and gallery staff at the Burnaby Art Gallery? You will be taking on the role of an artist creating artwork to be featured in an exhibit at the gallery. The program runs from January - April 2026. Deadline to apply is Friday, December 1st. Come by the Career Centre for an application.

Youth for People & the Planet Skill Building & Micro-Grants Program

Care about the environment, reconciliation, inclusion, democracy or other social issues? DIVERSEcity Community Resources Society is looking for youth from across British Columbia to develop community-based projects! Get eight weeks of skill-building support, workshops and mentorship to develop your leadership skills. Get help to write a proposal for your own community-based volunteer project. Have a chance to be one of 300 winning proposals that receive a \$5,000 micro-grant to implement your project. Youth aged 15–30 from: BIPOC Indigenous, 2SLGBTQ+, newcomer and underserved communities from Metro Vancouver are invited to apply. The next program starts October 28th. For more info go to: <https://www.dcrs.ca/our-services/youth-programs/youth-for-people-and-the-planet/>

UBC Sauder School of Business - Business Fundamentals Workshop

Grade 11 & 12 students are invited to attend UBC Sauder's Business Fundamentals workshop to gain valuable insight into university-level business concepts and professional skills. Date: Saturday, **November 22**,

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2025. Time: 10:00 AM – 2:00 PM Location: Big 4 Conference Centre (9th Floor), Henry Angus Building, UBC Register at: <https://tr.ee/pjpjCwXO7r> or on their IG account @ubcsaudercap

Burnaby Mountain Volunteer Opportunities

PEAK Support Program – Peer Tutors Wanted!

The PEAK program is looking for peer tutors in all subject areas. PEAK runs here at Burnaby Mountain, Monday to Thursday from 3:15 to 4:00. It is a place for students to get support with homework or simply have a quiet space to work. Volunteers typically commit to one day a week for the semester or school year. Hours can count towards the Service Award, and it looks great on a resume or scholarship application! To apply please email Ms Smith at: Jillian.Smith@burnabyschools.ca

Career Exploration Work Experience (Pay to attend Programs)

(Yes – these also count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

Forum for Young Canadians in Ottawa

Are you ready to dive into the heart of Canadian civic engagement, meet some of the country's top decision-makers, and make your voice heard on the issues that matter? Then the Forum for Young Canadians National Summit is your chance to shine! In February and March 2026, Ottawa will host 300 students aged 15 to 18 each week for an immersive, hands-on experience. You'll learn about how decisions are made in Canada, meet Senators, Members of Parliament, and other influential leaders, and gain the tools you need to make a real difference in your community. This is your opportunity to be a part of something BIG. Forum dates: February 8–13, 2026, March 8-13, 2026 or March 22-27, 2026 All Forum participants are asked to pay a fee of \$995 to help offset the cost of meals, transportation, and accommodations for the week. To apply go to : <https://forum.ca/>

Mount Seymour Ski & Snowboard School Apprentice Instructor Work Experience Program

Mount Seymour Ski and Snowboard School is pleased to offer students aged 15+ who have a passion for Skiing and Snowboarding a chance to complete a work experience placement with the Mount Seymour Resort Snow School. There is a \$200 fee for this program however there are lots of advantages and perks. See this link for more information: <https://mtseymour.ca/apprentice-instructor-program> Applications are now open and can be completed online - come by the Career Centre if you are accepted to get paperwork.

Post-Secondary Info Sessions

Burnaby Mountain Secondary Hosts The Following Info Sessions:

November 4: University of Victoria Faculty of Engineering & Computer Science @ Lunch in Room 200

November 5: SFU Beedie School of Business @ Lunch in Room 200

November 14: SFU Faculty of Applied Sciences (Engineering & Computer Science) @ Lunch in Room 200

November 27: SFU Faculty of Health Sciences @ Lunch in Room 200

November 28 – BCIT – Civil Engineering @ Lunch in Room 200

December 3: Post-Secondary Mini-Fair from 1:45pm-3:30 pm in the Upper Commons

December 5 : UBC Sauder Business School @ Lunch in Rm. 317

BCIT (British Columbia Institute of Technology) – Online Info Sessions

November 27 – Civil Engineering / Biomedical Engineering Technology

To register go to: <https://www.bcit.ca/events/category/info-session/list/>

BCIT Women in Engineering In-Person Panel and Info Session

Are you interested in a rewarding career path in the Engineering field? Join us for a panel featuring inspiring women in engineering on Wednesday, **November 5, 2025**, from 5 pm to 6:30 pm at SE02 Town Square A & B on BCIT Burnaby Campus (3700 Willingdon Avenue, Burnaby, BC). After the panel, attendees will have the chance to interact with faculty, staff, and students to learn more about the programs offered by the BCIT School of Construction and the Environment, including Civil Engineering, Geomatics (Surveying & Mapping), Building Science, and Architectural and Building Technology (ABT). To register go to : <https://www.bcit.ca/event/bcit-engineering-panel-and-info-session/>

BCIT Engineering In Person Panel Event

Become an engineering innovator. Find out why 97% of BCIT engineering and applied sciences degree grads get hired. Join us on **November 5th** from 5 pm to 6:30 pm at our BCIT Burnaby Campus (3700 Willingdon Avenue, Burnaby, BC - SE02 Town Square A & B on) Start your journey towards a rewarding career as an engineer by

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exploring our programs, including Civil Engineering, Geomatics (Surveying & Mapping), Building Science, and Architectural and Building Technology (ABT). All programs are taught by industry professionals and through hands-on learning so you're job-ready as soon as you graduate. Speak with our faculty, students, and grads, and have your questions answered. Register here:

<https://www.bcit.ca/event/bcit-engineering-panel-and-info-session/>

UBC (University of British Columbia) – Online Info Sessions & Application Workshops

November 4 - Virtual: Bachelor of Kinesiology Information Session

November 12 - Food, Nutrition, and Health: A Pathway to Medicine Panel

November 12– Virtual “All About UBC” Info Session

November 13 - Welcome to Your Future in Forestry: UBC’s Faculty of Forestry Undergraduate Information Session

November 18 - Virtual: Faculty of Arts Prospective Student Information Session

November 18– Virtual “All About UBC” Info Session

November 20 - Virtual UBC Application Workshop

November 28 - Virtual: Film Production Program Open House

December 2 - Virtual: Bachelor of Kinesiology Information Session

December 9 - Virtual: Faculty of Arts Prospective Student Information Session

To register go to: <https://tinyurl.com/h49787et> (click on *Information Sessions*)

UBC (University of British Columbia) – ENGINEERING – Online Info Sessions

November 14 – UBC Engineering Virtual Program Fair

November 18 & 19 - Ask Me Anything - Admissions to UBC Engineering

To register go to: <https://engineering.ubc.ca/events?tags=241>

UBC (University of British Columbia) – In Person Campus Tours

Join us on our Vancouver campus for a guided walking tour with a UBC Student Ambassador. After the tour, an advisor will be available to answer your questions about our undergraduate programs, admissions, scholarship opportunities, and more. Tour happen Monday – Sunday at various times. To see the schedule and sign up go to :

<https://tinyurl.com/5bt6b6es>

UBC (University of British Columbia) Faculty of Land and Food Systems (Virtual Event Series)

Faculty of Land and Food Systems (LFS) at UBC. LFS is a small, innovative science faculty on UBC’s Vancouver campus where students become changemakers and systems-thinkers. Our programs prepare them to take on pressing global challenges in areas such as food security, climate change, agricultural science, human health and animal wellbeing. LFS is also a strong pathway into medical school, veterinary school, and other health-related careers. Join us **Monday, November 17 – Thursday, November 20, 2025** for Taste of LFS, a week-long virtual open house designed for prospective students, their families, and high school staff. The series features two LFS General Information Sessions plus program-specific “Deep Dives” into Applied Biology (APBI), Food, Nutrition & Health (FNH), and Food & Resource Economics (FRE) (our three direct-entry from high school degree programs). We also highlight career opportunities available to LFS graduates. These sessions are an excellent way for students to explore our programs and ask questions. To sign up go to: <https://tinyurl.com/4m3j5sfj>

UBC Faculty of Land and Food Systems - A Pathway to Medicine Zoom Panel

Faculty of Land and Food Systems (LFS) at UBC, we are excited to invite you and your students to our upcoming virtual event **A Pathway to Medicine Panel** on Wednesday, November 12, from 5:00 – 6:00 PM online. This event highlights how nutrition and health sciences play an essential role in modern medicine. Join us as **three current medical students**, Sarah Draheim, Aki Bandara, and Jeff Holmes, all graduates from UBC’s **Food, Nutrition and Health (FNH)** program, share how their undergraduate experience in LFS helped shape their path to medical school. They will be joined by **Professor Gail Hammond**, who will discuss how the FNH fosters the interdisciplinary and evidence-based thinking valued in medical education. This panel is perfect for students interested in health sciences, medicine, or nutrition who want to explore how the **FNH program prepares students for diverse careers in health care**. To sign up go

to: https://ubc.ca1.qualtrics.com/jfe/form/SV_8wbh11t33Gn9N6C

UBC (University of British Columbia) Sauder School of Business – In Person or Virtual

Get admissions tips, student insights & explore your future at our BCom & B+MM Fall Preview. Want to stand out in your university application and make confident decisions about your future? Join our largest undergraduate event for prospective students and families on **November 1, 2025** to learn about our Bachelor of Commerce (BCom) and Bachelor + Master of Management (B+MM) programs—designed to give you a real, inside look at what it’s like to study business at UBC. You’ll hear from admissions experts, current students, and key staff who support your journey from application to graduation—and beyond. Join us in-person or virtually to start charting your future. To register go to : <https://www.sauder.ubc.ca/event/fall-preview>

SFU (Simon Fraser University)– Exploring SFU’s Applied Science Programs

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The Science, Technology, Engineering, and Mathematics (STEM) Speaker Series provides secondary school students with the opportunity to meet and interact with university students, faculty members, and/or working professionals in STEM fields. The Faculty of Applied Sciences offers three innovative programs: Software Systems, Mechatronic Systems Engineering, and Sustainable Energy Engineering. Software Systems focuses on developing practical, high-quality software for real-world applications. Mechatronic Systems Engineering combines mechanical, electrical, and software engineering to design advanced technologies like robots and electric vehicles. Sustainable Energy Engineering integrates engineering, business, and environmental concepts to create solutions for clean and efficient energy use. Together, these programs provide hands-on experience and prepare students for impactful careers in technology and sustainability. To learn more about these programs join the virtual session on **November 15th** from 1:00 – 2:00pm on Zoom. To register go to: <https://sciencealive.ca/stem-speaker-series>

SFU (Simon Fraser University) Make Science Happen: Explore Your Future in Science

Are you curious about where a degree in science could take you? Join us on **November 1** from 1 – 3pm for Make Science Happen: Explore Your Future in Science at SFU, an afternoon designed to give you a taste of life as an SFU Science student. Parents and supporters are welcome to attend and explore SFU with you! For more info and to register go to : <https://www.sfu.ca/students/admission/tours-events/events/faculty-events.html>

Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming virtual info session **November 20** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to : <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

Emily Carr University of Art & Design

November 8 – National Portfolio Day

November 12 – Admissions Webinar

For more info and to register go to : <https://www.ecuad.ca/events/audience/future-students>

UVic (University of Victoria) – Online Info Session

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **Thursday October 30th at 6 pm** and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at: <https://tours.uvic.ca/details/399749/discover-uvic>

UVic (University of Victoria) – In Person

Join us on campus for EXPLORE UVic! **Saturday, November 29, 2025 | 10 a.m. - 5:15 p.m.** Don't miss this in-person, on-campus event! See what the UVic experience is like through lectures, student panels, tours, information fairs and more. High school students and families are welcome! Take a campus tour with a current UVic student, attend recruitment, participate in a student-experience panel and meet current UVic students, learn about their experiences and ask questions about student life at UVic, attend sample lectures given by UVic professors to get a real university classroom experience, learn about academic programs and student support services at our information fair and take a tour of faculty-specific buildings and facilities. To register go to: <https://www.uvic.ca/undergraduate/tours-events/explore-uvic/index.php>

CapU (Capilano University) – Open House

Explore CapU offers an exciting in person experience at our North Vancouver and Squamish campuses. Tour facilities, meet faculty, explore programs and connect with the CapU community to envision your future. Get a feel for our Squamish campus and the Sea-to-Sky lifestyle on Saturday, **November 8**, 10:30 a.m. to 2:30 p.m. Discover the vibrant heart of CapU at our North Vancouver campus on Saturday, November 29, 10:30 a.m. to 2:30 p.m. To register go to : <https://www.capilanou.ca/programs--courses/get-started/visit-capu/explore-capu/>

S.U.C.C.E.S.S. Youth Advisory Committee (YAC) — Post-Secondary Education Pathways Forum This in-person forum is designed to help students and families explore post-secondary options through student panels, career insights, practical tips, and interactive resources. Participants will receive practical guidance on applications, scholarships, and budgeting for post-secondary life. Join us on Thursday, **November 6**, 2025 from 4:30 PM – 6:30 PM (Doors open at 4:15 PM) at Byrne Creek Community School – Center for Dialogue. Ask questions, learn from real experiences, and leave feeling more confident and prepared for life after high school. Parents are welcome to attend. To register go to: <https://tinyurl.com/4yrp76ww>

SCHOOL GOALS:

Goal 1: To foster an educated, responsible and reflective community of Digitally Literate Citizens.

Goal 2: To increase student awareness, understanding and practice of healthy living.