



October 15th, 2025



Building a Post-Secondary Portfolio



*Elders Latash & Delhia, District Principal Rob Smyth,
BMSS School Choir – Performing Coast Salish
Anthem (2021)*



We wish to acknowledge and
thank the Coast Salish nations of
Musqueam, Squamish, and
Tsleil-Waututh, on whose
traditional territories we teach,
learn, and live.

Things to consider for a great portfolio...

- Good grades and exposure to a diverse and rigorous curriculum
- A specific, honest, and well-written personal statement and/or essays
- Extracurricular involvement, unique interests, experiences and passions
- Volunteering experience with measurable impact
- Compelling letters of recommendation
- Work experience, particularly jobs related to academic, post-secondary or professional interests
- Leadership, innovation, initiative, creativity and community contributions

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Opportunities To Consider @BMSS

- Clubs
 - Councils
 - Leadership Classes
 - Sports Teams
 - Scholarships
 - Advanced Placement
 - Work Experience
 - Volunteer Opportunities
 - Industry-Training Programs
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GRADUATION

SOME ESSENTIAL TIPS...



GRADUATION REQUIREMENTS

❖ STUDENTS NEED A MINIMUM OF 80 CREDITS (20 COURSES) IN GRADES 10 TO 12 TO GRADUATE

❖ 12 REQUIRED COURSES

- ❖ ENGLISH 10
- ❖ ENGLISH 11
- ❖ ENGLISH STUDIES 12 /
ENGLISH FIRST PEOPLES 12
- ❖ SOCIAL STUDIES 10
- ❖ SOCIAL STUDIES 11 OR 12
- ❖ SCIENCE 10 & 11
- ❖ MATHEMATICS 10 & 11
- ❖ PHYSICAL & HEALTH EDUCATION 10
- ❖ CAREER LIFE EDUCATION 10
- ❖ 1 FINE ARTS/APPLIED SKILLS –
IN GRADE 10, 11 OR 12

❖ 7 ELECTIVE COURSES → THESE CAN BE FROM EITHER CLASSES
TAKEN IN SCHOOL OR EXTERNAL CREDIT COURSES

❖ **NOTE:** 4 COURSES MUST BE AT THE GRADE 12 LEVEL

GRADUATION REQUIREMENTS

- ❖ 1 INDIGENOUS FOCUS CLASS IN GRADE 10, 11 OR 12

 - ❖ EITHER BY TAKING ENGLISH FIRST PEOPLES 10, 11 OR 12 OR BC FIRST PEOPLES 12

- ❖ CAREER LIFE CONNECTIONS 11 & 12 (CLC)

- ❖ GRADUATION LITERACY 10 ASSESSMENT

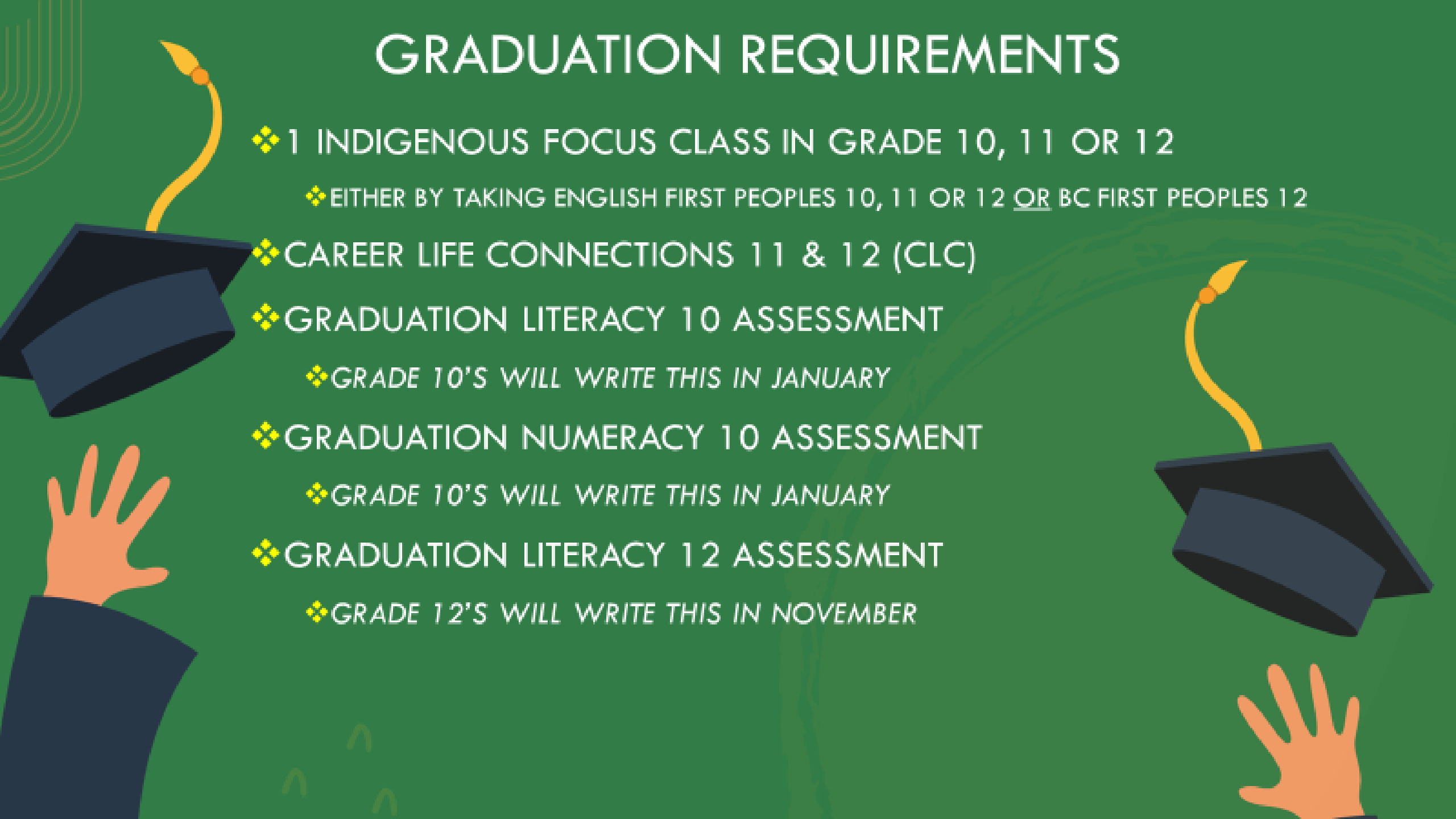
 - ❖ *GRADE 10'S WILL WRITE THIS IN JANUARY*

- ❖ GRADUATION NUMERACY 10 ASSESSMENT

 - ❖ *GRADE 10'S WILL WRITE THIS IN JANUARY*

- ❖ GRADUATION LITERACY 12 ASSESSMENT

 - ❖ *GRADE 12'S WILL WRITE THIS IN NOVEMBER*



EXTERNAL CREDITS

❖ REMEMBER....YOU MAY BE ABLE TO GET CREDIT TOWARDS GRADUATION FOR EXTERNAL ACTIVITIES THAT YOU HAVE BEEN INVOLVED IN

❖ SOME EXAMPLES CAN BE:

❖ LANGUAGE CHALLENGE EXAMS

❖ APPLICATIONS ARE DUE TO MS. FENN BY OCTOBER 20TH

❖ MUSIC/DANCE (IE: PIANO GRADE 6, 7, 8)

❖ YOUTH LEADERSHIP

❖ SPORTS (PROVINCIAL REP TEAMS, BC SUMMER GAMES, NATIONAL TEAM LEVEL)

❖ IF YOU THINK YOU MAY QUALIFY FOR ANY EXTERNAL CREDITS, PLEASE COME SEE YOUR COUNSELLOR

POST-SECONDARY OPTIONS

❖ 3 DIFFERENT TYPES OF POST-SECONDARY SCHOOLS AVAILABLE:

1) UNIVERSITIES

a) TRADITIONAL "RESEARCH" UNIVERSITIES

- KNOWN AS "RESEARCH INTENSIVE"
- OFFER: PROFESSIONAL PROGRAMS, UNDERGRADUATE DEGREES, GRADUATE DEGREES
- IE: UBC, SFU, UVIC, UNBC, UOFT, MCGILL, WATERLOO, ETC...

b) "TEACHING INTENSIVE" UNIVERSITIES

- UPGRADING OPPORTUNITIES, UNIVERSITY TRANSFER, TRADES, SPECIALITY PROGRAMS
- OFFER: CERTIFICATES, DIPLOMAS, SOME UNDERGRADUATE & GRADUATE DEGREES
- IE: CAPILANO UNIVERSITY, KWANTLEN POLYTECHNIC, THOMPSON RIVERS, UFV, VIU

c) "SPECIALTY" UNIVERSITIES

- SPECIALTY "NICHE" PROGRAMS
- OFFER: BACHELOR'S DEGREES AND MASTERS DEGREES
- IE: EMILY CARR UNIVERSITY OF ART & DESIGN, ROYAL ROADS UNIVERSITY

POST-SECONDARY OPTIONS

❖ 3 DIFFERENT TYPES OF POST-SECONDARY SCHOOLS AVAILABLE:

2) COLLEGES

- SAME AS UNIVERSITY IN: COURSES, CREDITS & CREDENTIALS
- DIFFERENT AS UNIVERSITY IN: CLASS SIZE, COST & ADMISSIONS
- OFFER: BACHELOR'S DEGREES, CERTIFICATES, DIPLOMAS, TRADES, UPGRADING, UNIVERSITY TRANSFER
- IE: DOUGLAS, LANGARA, VCC

3) INSTITUTIONS

- FOCUS MORE ON THE TECHNICAL & TRADES
- OFFER: BACHELORS DEGREES, CERTIFICATES, DIPLOMAS, MASTERS DEGREES
- IE: BCIT, JUSTICE INSTITUTE OF BC, NICOLA VALLEY INSTITUTE OF TECHNOLOGY

UNIVERSITY APPLICATIONS

- ❖ WHEN YOU APPLY TO MOST UNIVERSITIES ACROSS CANADA, YOU CHOOSE 2 DIFFERENT FACULTIES TO APPLY TO – YOUR 1ST CHOICE AND THEN YOUR 2ND/BACKUP CHOICE
 - ❖ IE: FACULTY OF APPLIED SCIENCES (ENGINEERING) & FACULTY OF SCIENCE
 - ❖ IE: FACULTY OF SCIENCE & FACULTY OF ARTS
- ❖ NOTE: DO NOT CHOOSE THE SAME FACULTY AS BOTH YOUR 1ST AND 2ND CHOICE – IF YOU ARE NOT ACCEPTED TO THE FACULTY AS YOUR 1ST CHOICE, IT WILL NOT GIVE YOU A BETTER CHANCE TO BE ACCEPTED AS YOUR 2ND CHOICE
- ❖ IT IS VERY IMPORTANT THAT YOU MEET ALL OF THE PRE-REQUISITE ADMISSION REQUIREMENTS FOR BOTH YOUR 1ST AND 2ND CHOICE FACULTIES
- ❖ FACULTIES WHICH ARE HIGHLY COMPETITIVE WILL NOT LOOK AT STUDENTS WHO HAVE LISTED THEIR FACULTY AS THEIR 2ND CHOICE
 - ❖ IE: FACULTY OF BUSINESS OR FACULTY OF APPLIED SCIENCES (ENGINEERING)

BC COLLEGE REQUIREMENTS

❖ MOST BC COLLEGE ACCEPTANCE IS ON A **FIRST COME FIRST SERVED** BASIS, SO APPLY ONLINE **AS SOON AS POSSIBLE** TO SECURE YOUR SPOT

❖ MANY COLLEGES OPEN APPLICATIONS AFTER OCTOBER 1ST

❖ SOME COLLEGE PROGRAM ACCEPTANCE IS BASED ON BASIC GRADUATION

❖ CERTAIN PROGRAMS DO HAVE COURSE REQUIREMENTS

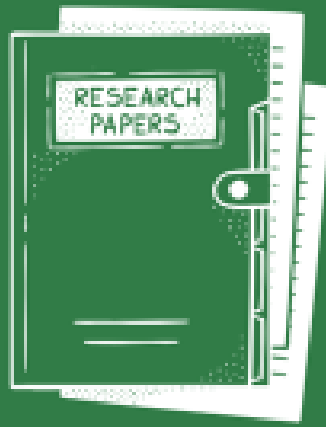
❖ IE: MINIMUM MARK IN ENGLISH STUDIES 12 OR ENGLISH FIRST PEOPLES 12

❖ COLLEGE ALSO OFFERS UPGRADING OPPORTUNITIES

❖ IE: CAN TAKE GRADE 12 COURSES



COLLEGE TO UNIVERSITY TRANSFER



- ❖ UNIVERSITY TRANSFER MEANS YOU START STUDYING AT COLLEGE, THEN **TRANSFER** TO UNIVERSITY TO COMPLETE YOUR STUDIES
- ❖ UNIVERSITY WILL RECOGNIZE THE EDUCATION YOU TOOK AT COLLEGE
 - ❖ IE: 2 YEARS AT COLLEGE + 2 YEARS AT UNIVERSITY = BACHELOR'S DEGREE FROM UNIVERSITY
- ❖ **ADVANTAGES:**
 - ❖ LOWER TOTAL COST FOR YOUR DEGREE
 - ❖ SMALLER CLASS SIZES
 - ❖ UNIVERSITIES LIKE COLLEGE TRANSFER STUDENTS



❖ **CHALLENGES:**

- ❖ IT DOES REQUIRES MORE PLANNING FROM YOU – YOU'LL NEED TO MAKE SURE YOUR COURSES WILL TRANSFER TO YOUR UNIVERSITY OF CHOICE
 - ❖ BC TRANSFER GUIDE WILL HELP YOU: WWW.BCTRANSFERGUIDE.CA

UBC ADMISSION UPDATES



❖ UBC HAS CHANGED OVER THE YEARS HOW THEY EVALUATE APPLICATIONS

- ❖ NO MATTER WHAT FACULTY YOU ARE APPLYING TO, UBC WILL NOW BROADLY EVALUATE YOUR ACADEMIC HISTORY BY LOOKING AT **ALL** ACADEMIC GRADE 11 **AND** GRADE 12 COURSES
 - ❖ APPLICANTS ARE RECOMMENDED TO HAVE A MINIMUM OF **6 APPROVED** ACADEMIC COURSES
- ❖ UBC WILL ALSO LOOK AT INDIVIDUAL GRADES IN **KEY COURSES** – THIS MEANS YOU MUST HAVE STRONG GRADES IN THESE (IE: ENGLISH STUDIES/ENGLISH FIRST PEOPLES 12 OR PRE-CALCULUS 12 DEPENDING ON FACULTY)
- ❖ EACH FACULTY WILL ALSO HAVE DEGREE-SPECIFIC REQUIREMENTS
 - ❖ CHECK UBC WEBSITE FOR INFORMATION ON INDIVIDUAL REQUIREMENTS)
- ❖ UBC ALSO LOOKS CLOSELY AT WHICH COURSES YOU CHOSE TO TAKE IN HIGH SCHOOL
 - ❖ DID YOU PURSUE ALL OF YOUR ACADEMIC INTERESTS BY TAKING A RANGE OF DIFFERENT SUBJECTS?
 - ❖ DID YOU CHALLENGE YOURSELF BY TAKING ACADEMIC COURSES, ADVANCED COURSES, OR FIRST-YEAR UNIVERSITY COURSES?
 - ❖ DID YOU DEMONSTRATE KNOWLEDGE IN YOUR CHOSEN AREA OF STUDY BY TAKING COURSES RELATED TO THE DEGREE YOU APPLIED TO AT UBC?
- ❖ THE APPLICATION STILL INCLUDES THE **UBC PERSONAL PROFILE**

UBC ADMISSION UPDATES



❖ NEW!! FIRST REVIEW OFFERS

- ❖ UBC WILL NO LONGER USE THE "FIRST ROUND OFFERS"

- ❖ *IE: DECEMBER 1ST APPLICATION DEADLINE*

- ❖ APPLICATIONS OPEN IN OCTOBER, SO STUDENTS CAN SUBMIT THEIR APPLICATIONS RIGHT IN OCTOBER FOR THEM TO BE ELIGIBLE FOR FIRST REVIEW OFFERS

- ❖ STUDENTS APPLICATIONS WILL NOW BE REVIEWED AS SOON AS STUDENTS SUBMIT THEIR APPLICATION, AND WHEN UBC HAS ALL THE REQUIRED INFORMATION

- ❖ *IE: SUBMIT YOUR STS (STUDENT TRANSCRIPT SERVICE) WITH YOUR MARKS TO UBC*

- ❖ DUE TO THE COMPETITIVENESS AND LIMITED SPACE AT UBC, NOT ALL STUDENTS WILL RECEIVE AN OFFER AFTER THE 1ST REVIEW

- ❖ *IE: IF YOU DON'T HEAR ANYTHING AFTER THE 1ST REVIEW, THEN UBC WILL REQUEST UPDATED GRADE 12 GRADES, AND THEN THERE WILL BE ANOTHER REVIEW CONDUCTED OF YOUR GRADES*

- ❖ **THIS WILL HAPPEN BETWEEN MARCH AND APRIL 2026**

- ❖ UBC TYPICALLY MAKES OFFERS OF ADMISSION ONLY TO THE STRONGEST APPLICANTS IN THE EARLY STAGES OF THE ADMISSION CYCLE

- ❖ UBC DOES NOT FILL ALL SPACES IN A PROGRAM IN THE EARLY STAGES OF THE ADMISSION CYCLE

UBC PERSONAL PROFILE



- ❖ UBC PERSONAL PROFILE IS A VERY IMPORTANT PART OF THE UBC APPLICATION
- ❖ THE PERSONAL PROFILE HELPS UBC ASSESS IF STUDENTS ARE PREPARED FOR UNIVERSITY + IF THEY'LL RECEIVE AN ENTRANCE SCHOLARSHIP
- ❖ IT GIVES **STUDENTS** A CHANCE TO TELL UBC WHAT'S IMPORTANT TO **THEM**:
 - ❖ *WHAT ARE YOUR SIGNIFICANT ACHIEVEMENTS?*
 - ❖ *WHAT HAVE YOU LEARNED FROM YOUR EXPERIENCES?*
 - ❖ *WHAT CHALLENGES HAVE YOU OVERCOME IN YOUR LIFE?*
- ❖ EACH QUESTION REQUIRES SHORT ESSAY ANSWERS (50-200 WORDS)
 - ❖ **TAKE TIME TO REFLECT** – DON'T JUST LIST ACTIVITIES/EXPERIENCES, BUT EXPLAIN WHAT YOU'VE LEARNED FROM THEM
 - ❖ **BE SPECIFIC** – USE DETAILS TO PROVIDE CONTEXT AND ELABORATE ON YOUR ANSWERS
 - ❖ **BE TRUE TO WHO YOU ARE** – DON'T FOCUS ON WHAT YOU THINK UBC WANTS TO HEAR. USE YOUR UNIQUE VOICE TO TELL THEM WHAT YOU WANT TO SAY.
 - ❖ **SAMPLE QUESTION:** "EXPLAIN HOW YOU HAVE RESPONDED TO A SIGNIFICANT CHALLENGE THAT YOU HAVE ENCOUNTERED, AND WHAT YOU LEARNED IN THE PROCESS"

SFU ADMISSION UPDATES



- ❖ SFU HAS CHANGED HOW THEY WILL BE EVALUATING YOUR APPLICATION
 - ❖ SFU HAS STATED THAT **ALL “APPROVED” COURSES MATTER**
 - ❖ ALL APPROVED GRADE 11 **AND** GRADE 12 COURSES WILL BE USED IN THE EVALUATION
 - ❖ *WE ARE COMPREHENSIVELY EVALUATING YOUR HIGH SCHOOL TRANSCRIPT*
 - ❖ APPLICANTS MUST PRESENT A MINIMUM OF **5 APPROVED** GRADE 12 COURSES (INCLUDING ENGLISH STUDIES 12 OR ENGLISH FIRST PEOPLES 12)
 - ❖ STUDENTS MUST RECEIVE A MINIMUM OF 70% FINAL GRADE IN ENGLISH 11 OR 12
 - ❖ EACH FACULTY HAS THEIR OWN APPROVED LIST OF COURSES REQUIRED FOR ADMISSIONS – PLEASE GO TO THE SFU ADMISSIONS WEBSITE FOR SPECIFIC DETAILS

SFU ADMISSION UPDATES



❖ NEW!! EARLY ADMISSION

- ❖ EARLY ADMISSION IS BASED ON STRONG ACADEMIC PERFORMANCE IN ALL APPROVED GRADE 11 COURSES, AS WELL AS ANY GRADE 12 COURSES AVAILABLE AT THE TIME OF EVALUATION **(THAT HAVE A FINAL GRADE)**
- ❖ OFFERS OF ADMISSIONS AT THIS STAGE ARE LIMITED AND TYPICALLY EXTENDED TO APPLICANTS WITH HIGH ACADEMIC STANDING
- ❖ EARLY ADMISSION DECISIONS WILL BE RELEASED BETWEEN NOVEMBER AND JANUARY
- ❖ TO BE CONSIDERED FOR EARLY ADMISSION, APPLICANTS MUST COMPLETE THEIR APPLICATION AS EARLY AS POSSIBLE, PRIOR TO THE END OF JANUARY

OTHER UNIVERSITIES IN BC



❖ UNIVERSITY OF VICTORIA

❖ ADMISSION DEADLINE: JANUARY 31ST

❖ IF YOU HAVE ANY SPECIFIC ADMISSIONS QUESTIONS, PLEASE CONTACT A RECRUITMENT OFFICER AT RECRUITMENT@UVIC.CA



**CAPILANO
UNIVERSITY**

❖ CAPILANO UNIVERSITY (NORTH VAN)

❖ SOME PROGRAMS ARE QUITE COMPETITIVE FOR ENTRANCE, SO APPLY AS EARLY AS POSSIBLE

❖ CHECK THE CAPILANO WEBSITE FOR SPECIFIC PROGRAM ADMISSION DEADLINES

❖ UNDERGRADUATE ADMISSION REQUIREMENTS VARY BY PROGRAM BUT, AT A MINIMUM, FOR MOST CAPU PROGRAMS, THE SCHOOL REQUIRES SUCCESSFUL COMPLETION OF:

❖ MINIMUM GRADE POINT AVERAGE OF 2.0 (60%) IN ENGLISH STUDIES 12 OR ENGLISH 12 OR ENGLISH FIRST PEOPLES 12 + **TWO ACADEMIC GRADE 12 COURSES**

TRADES PROGRAMS

- ❖ BURNABY SCHOOL DISTRICT HAS A NUMBER OF FANTASTIC TRADES PROGRAMS FOR STUDENTS THAT THEY CAN APPLY FOR WHILE A STUDENT HERE
 - ❖ IE: CARPENTRY, AUTO MECHANIC, ELECTRICIANS
 - ❖ PLEASE SEE MS. MANNING & MS. GINGRAS IN THE CAREER CENTRE FOR MORE INFORMATION ON HOW TO APPLY FOR THESE PROGRAMS
- ❖ BCIT
 - ❖ THEY OFFER SO MANY TRADES PROGRAMS (CERTIFICATE, DIPLOMAS, BACHELOR DEGREES)
 - ❖ SOME ADMISSION CAN BE VERY COMPETITIVE (IE: ENGLISH 50-85%)
 - ❖ THEIR PROGRAMS OFFER VIRTUAL INFORMATION SESSIONS – SIGN UP AND ATTEND ONE TO LEARN MORE ABOUT WHAT THOSE PROGRAMS ARE ABOUT
- ❖ WORK BC & SKILLED TRADES BC ARE BOTH GREAT RESOURCES TO LEARN ABOUT TRADES, APPRENTICESHIP PATHWAYS AND PROGRAMS
 - ❖ [HTTPS://SKILLEDTRADESBC.CA/](https://skilledtradesbc.ca/)
 - ❖ [HTTPS://WWW.WORKBC.CA/EXPLORE-TRAINING-AND-EDUCATION/TRADES-TRAINING](https://www.workbc.ca/explore-training-and-education/trades-training)

HOW DO STUDENTS APPLY TO THEIR POST-SECONDARY SCHOOLS??

❖ ALL STUDENTS NEED TO APPLY FOR **THE MAJORITY** OF THE BC COLLEGES/UNIVERSITIES ONLINE THROUGH THE EDUCATION PLANNER BC WEBSITE - WWW.EDUCATIONPLANNERBC.CA

❖ STUDENTS WILL HAVE TO:

1. REGISTER FOR AN ACCOUNT ONLINE
2. COMPLETE AN EDUCATIONAL PROFILE
3. CHOOSE WHAT COLLEGES/UNIVERSITIES THEY WANT TO APPLY TO
4. CHOOSE WHAT SPECIFIC PROGRAM OF STUDY THEY WANT TO APPLY TO (IE: ARTS, BUSINESS, SCIENCE, APPLIED SCIENCE: ENGINEERING, ETC...)
5. PROVIDE ADDITIONAL INSTITUTION-SPECIFIC INFORMATION
6. PAY APPLICATION FEES



❖ **NOTE: IF YOU'RE APPLYING TO SCHOOLS OUTSIDE OF BC OR CANADA, YOU WILL NEED TO FOLLOW THOSE SCHOOLS APPLICATION PROCESS**



“POSSIBLE” POST-SECONDARY ENTRANCE EXAMS

❖ **SAT** – CHECK OUT WWW.COLLEGEBOARD.COM

- ❖ REQUIRED TO APPLY TO THE MAJORITY OF COLLEGES/UNIVERSITIES IN THE US
- ❖ YOU SHOULD HAVE WRITTEN IT IN THE SPRING OF GRADE 11 (YOU MUST HAVE RESULTS WHEN YOU APPLY BY DEC 31ST)

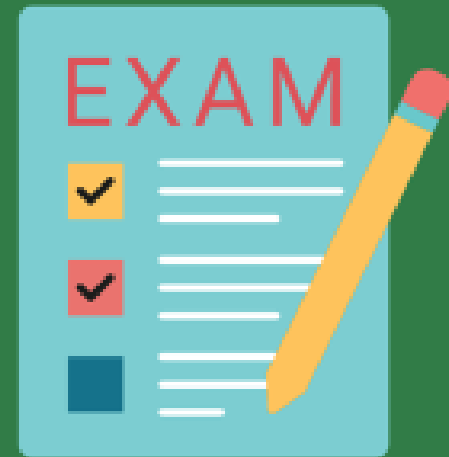
❖ **TOEFL**

- ❖ BC UNIVERSITIES VARY - GENERALLY NOT REQUIRED FOR STUDENTS WITH 4 YEARS OF INSTRUCTION IN ENGLISH.
- ❖ OTHER PROVINCES & USA – NOT REQUIRED FOR STUDENTS WITH 5 YEARS OF INSTRUCTION IN ENGLISH.
- ❖ **BUT – YOU MUST CONFIRM WITH EACH UNIVERSITY IN CASE THERE ARE ANY UPDATES**

❖ **IELTS (INTERNATIONAL STUDENTS)**

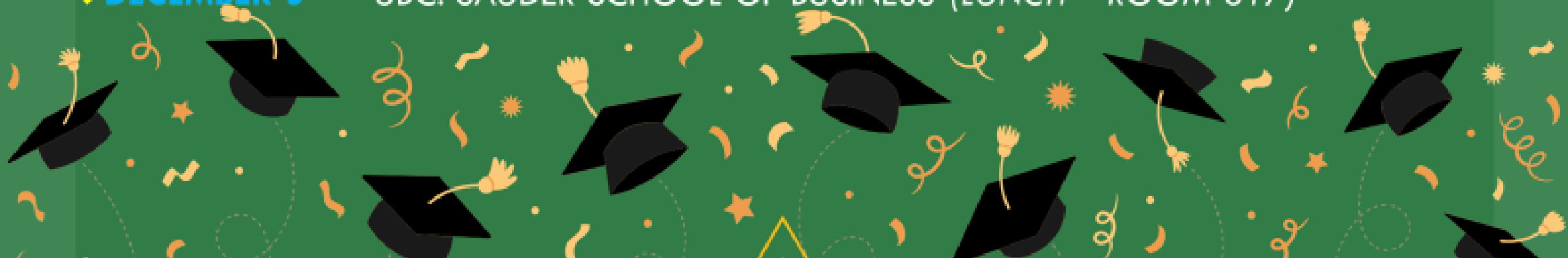
- ❖ CANADIAN UNIVERSITIES VARY – GENERALLY NOT REQUIRED FOR STUDENTS WITH 3-4YRS OF INSTRUCTION IN ENGLISH
- ❖ **BUT – YOU MUST CONFIRM WITH EACH UNIVERSITY IN CASE THERE ARE ANY UPDATES**

❖ **NOTE:** SOME UNIVERSITIES MAY HAVE THEIR OWN ENTRANCE TESTS IN ADDITION TO THESE REQUIREMENTS – YOU NEED TO CHECK WITH EACH UNIVERSITY ADMISSION REQUIREMENT



UPCOMING POST-SECONDARY PRESENTATIONS HERE

- ❖ **OCTOBER 27TH** – BCIT: SCHOOL OF BUSINESS & MEDIA (LUNCH – ROOM 317)
- ❖ **OCTOBER 29TH** – UNIVERSITY OF VICTORIA: FACULTY OF ENGINEERING & COMPUTER SCIENCES (LUNCH – ROOM 200)
- ❖ **NOVEMBER 5TH** – SFU: BEEDIE SCHOOL OF BUSINESS (LUNCH – ROOM 200)
- ❖ **NOVEMBER 14TH** – SFU: FACULTY OF APPLIED SCIENCES-ENGINEERING & COMPUTER SCIENCE (LUNCH – ROOM 200)
- ❖ **NOVEMBER 27TH** – SFU: FACULTY OF HEALTH SCIENCES (LUNCH – ROOM 200)
- ❖ **DECEMBER 3RD** – BC POST SECONDARY MINI FAIR (1:45PM TO 3:30PM UPPER COMMONS)
- ❖ **DECEMBER 5TH** – UBC: SAUDER SCHOOL OF BUSINESS (LUNCH – ROOM 317)



WHERE TO FIND MORE INFORMATION ABOUT POST SECONDARY INSTITUTIONS?

- ❖ POST SECONDARY WEBSITES FOR GENERAL INFORMATION AND VIRTUAL TOURS
- ❖ VIEWBOOKS ARE AVAILABLE IN STUDENT SERVICES
- ❖ CHECK OUT THE POST-SECONDARY BC WEBSITE AND CLICK ON EVENTS. WWW.POSTSECONDARYBC.CA/EVENTS/
- ❖ PRESENTATIONS AT MOUNTAIN BY VARIOUS SCHOOLS ARE ADVERTISED IN THE FOLLOWING PLACES:
 - ❖ SCHOOL BULLETIN
 - ❖ CAREER CENTRE WEEKLY NEWS BULLETIN
 - ❖ POSTED IN YOUR CLC 12 TEAMS & THE CAREER CENTRE ALSO HAS PAPER COPIES YOU CAN PICK UP
 - ❖ BMSS COUNSELLING INSTAGRAM PAGE

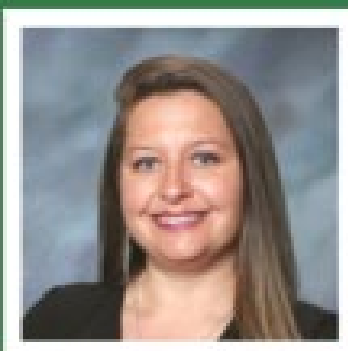


WHO CAN YOU CONTACT ABOUT GRADUATION & OF COURSE, OTHER STUFF TOO???



❖ **MS. ARRON**

❖ STUDENTS WITH LAST
NAME: A – GO



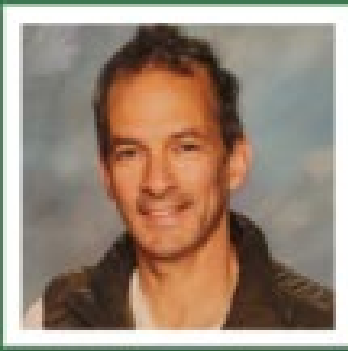
❖ **MS. FENN**

❖ STUDENTS WITH LAST
NAME: MC – TH



❖ **MS. DC**

❖ STUDENTS WITH LAST
NAME: GR – MA



❖ **MR. HOILE**

❖ STUDENTS WITH LAST
NAME: TI – Z

Scholarships

Tammy Belyea

Tammy.Belyea@burnabyschools.ca

- Scholarships are monetary awards to support a student's education. They are awarded for academic achievement, financial need, community service, leadership abilities, and many other reasons.
- Scholarships are given by the school, district, government, post-secondary schools, and from private organizations.



Criteria for each Award

- Each scholarship will have its own criteria. Common criteria are academic performance, financial need, excel in a certain area (music, drama, athletics, trades, etc.) and community service.
- More and more the emphasis for scholarships is shifting to the well-rounded student who has a good school / life balance.



Where will students find information about Scholarships?

- TEAMS - In grade 12 students will be added to a scholarship Team. This is where all scholarship information and criteria are posted as well as instructions on how to apply. Any scholarships given by the school, district, government and from private organizations are posted there. Scholarships will also be advertised in the student bulletin.
- Post-secondary awards are found directly on the university/college websites.
- In the meantime, [scholartree.ca](https://www.scholartree.ca) and [Yconic.com](https://www.yconic.com) are websites that offer free scholarship matching and have a database of over 30,000 scholarships.



What is needed to apply?

- Complete a **Scholarship Profile Form**. These are required to be considered for a school or district award. They should be completed early in their Grade 12 year.
- Many scholarships will ask for the following, so it is good to have them on hand:
 - **TRANSCRIPTS**
 - Can be downloaded from the ministry website.
 - **RESUME and COMMUNITY SERVICE LIST**
 - This is what grade 10 and 11s should be working on right now. They need to be organized and kept up to date.
- **REFERENCE LETTERS**
 - Teachers will require with 2 weeks' notice to get letters complete. **Reference Letter Request Forms** are available and should be given to teachers when asking for a reference. There is no need to get reference letters ahead of time as they are best when recent and tailored to the specific award.



BURNABY MOUNTAIN secondary school

Grade 12 Student Profile Sheet

To be considered for a district or school-based award, you must complete this form and return it to Ms. Belyea (Room 304) ASAP

PLEASE PRINT CLEARLY

Name: _____ Date of Birth: _____

Cell Number: _____ Address: _____

Personal Email: _____ Postal Code: _____

Are you a: Canadian Citizen? ☐ Landed Immigrant? ☐ Permanent Resident? ☐

Mother/Guardian Occupation: _____ Father/Guardian Occupation: _____

Financial Hardship: No ☐ Yes (If Yes, please complete #1) ☐

1. If you are facing difficult **financial** or **personal circumstances** that may interfere with achieving your post-secondary goals, please submit a brief, written explanation:

2. Which **post-secondary** schools have you/are you planning to apply to (list in order of preference)?

Institution	Program/Faculty
1.	
2.	
3.	

3. What career(s) are you seriously considering? _____

4. Are you in one of the District programs (Construction Electrician, Cooks, Computer Networking, Fitness Instructor, Auto Service, etc.)? If so, please indicate which one. _____

5. If you have a part-time job, where do you work, how many hours a week do you work and how long have you worked there? _____

When are they due?

Due dates vary considerably. Deadlines are firm! Grade 12s are encouraged to check posts regularly.



Advanced Placement

Jen Reily

Jennifer.Reily@burnabyschools.ca

Room 307

What is Advanced Placement?

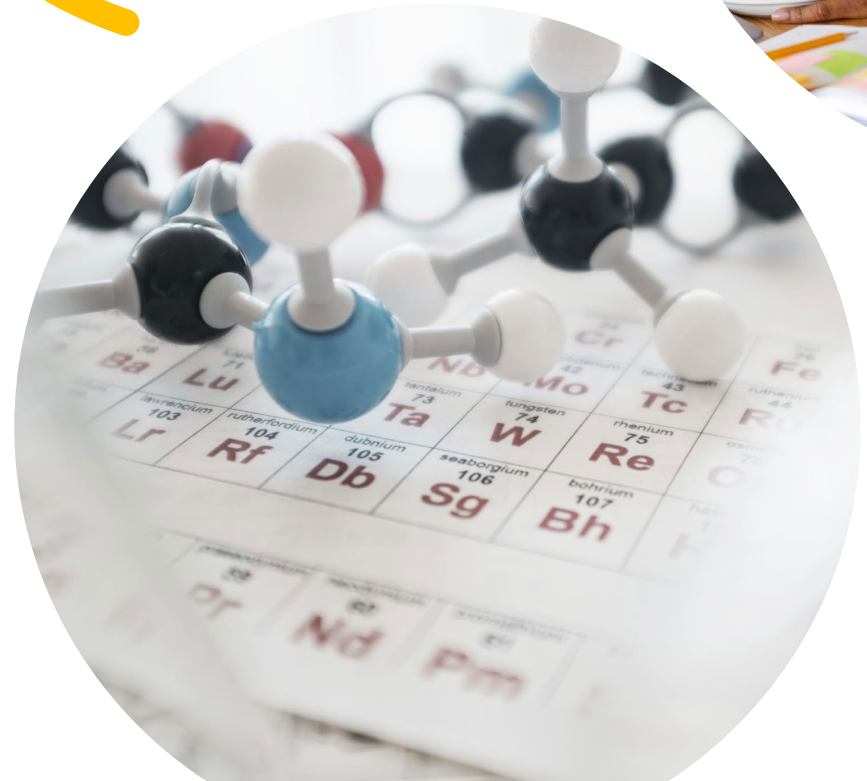
Why Take an AP course?

FAQs

AP at Burnaby Mountain

What is AP?

- College/university-level courses students take in high school.
- Developed by the College Board (internationally recognized).
- Standardized exams in May
- Students may earn advanced standing or credit in university based on their exam score.



Why take an AP class?



Develop University-Level Skills

Critical thinking, study skills, scholarly reading/writing, research skills, time management, etc.
Backed by research at UBC and University of Alberta!



Enrichment

Studying a subject in depth could help you discover a new passion or interest.
It can give you new insights and even put you on the path to a career.



Stand Out to Colleges

Having AP on your high school transcript shows colleges and universities you've tackled post-secondary-level work and you're ready/willing to challenge yourself academically.



Earn College Credit

Your AP exam score could earn you university credits.
This potentially saves valuable time and money!

FAQs

- Does the AP exam score impact my class grade?

No

- Can students take just one AP course?

Yes

- Do all Canadian Universities accept AP?

Yes, but details vary for each school.

- Can I take the AP exam without taking the class at Burnaby Mountain?

You cannot write the exam at our school unless you are enrolled in the class at our school.

- Do students have to write the AP exam?

It's strongly encouraged.

- How many AP classes should I take?

*Research shows that 2-3 is a good number for most students.
Try and spread them out between grade 11 and grade 12.*



AP at Burnaby Mountain

- **Arts:**
Music Theory
- **English and World Languages:**
English Literature and Composition
Chinese Language and Culture
French Language and Culture
- **History and Social Sciences:**
Psychology
Macroeconomics & Microeconomics
Human Geography
- **Mathematics and Computer Science:**
Calculus AB
Statistics
Computer Science A
Computer Science Principles
- **Sciences:**
Biology (+ Biology 11 enriched)
Chemistry (+ Chemistry 11 enriched)
Physics 1
Physics 2

Next Steps

- **Decide which AP courses are right for you:**
 - What subjects do you enjoy most?
 - Which subjects do you excel in?
 - Have you completed the prerequisites?
 - What subjects would be beneficial for your future program/major?
- **Find out more**
 - Talk to teachers and counselors
 - Talk to students who have taken AP courses
- **Think about balance**
 - Spread AP courses out over 2-3 years
- **Know the deadline**
 - Select AP courses during course selection (February 2026)



Career Education

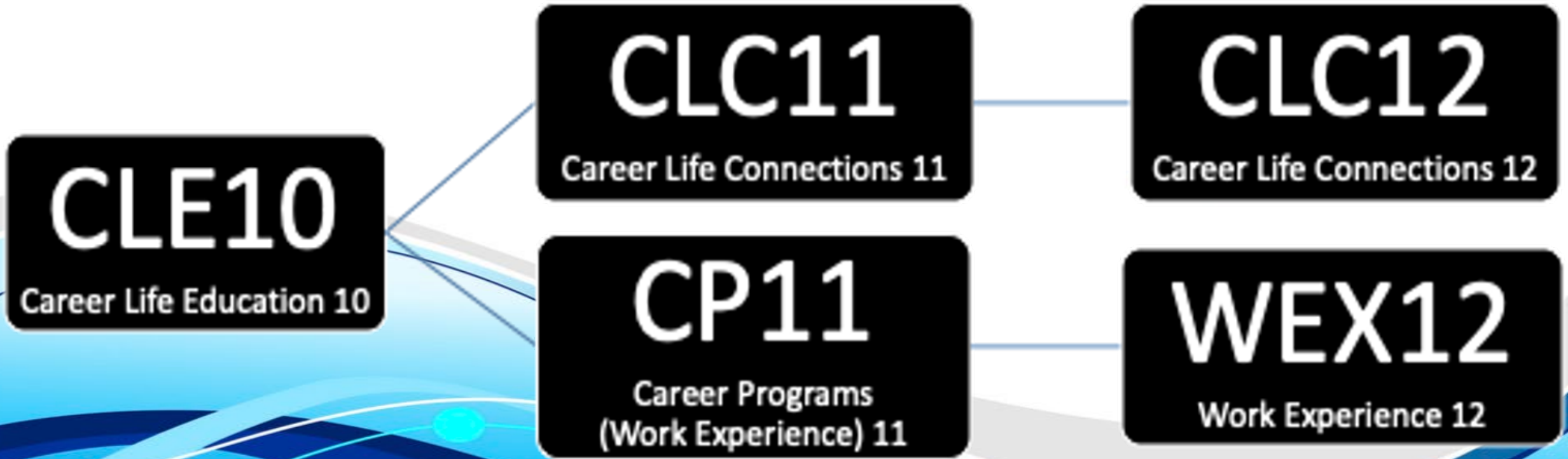


Cynthia Gingras



Jennifer Manning

Career Education



Career Life Education & Connections

Career Life Education 10:

- Mandatory for Graduation
- 4 credit course taken in Grade 10
- In timetable as a scheduled course or taken online
- Final mark on transcript

Career Life Connections 11 & 12:

- Mandatory for Graduation
- 2 credits for CLC 11
- 2 credits for CLC 12
- Course is outside of the timetable
- In school session 2-3 times per year
- Final marks on transcript
- **Capstone Presentation – April of Grade 12**

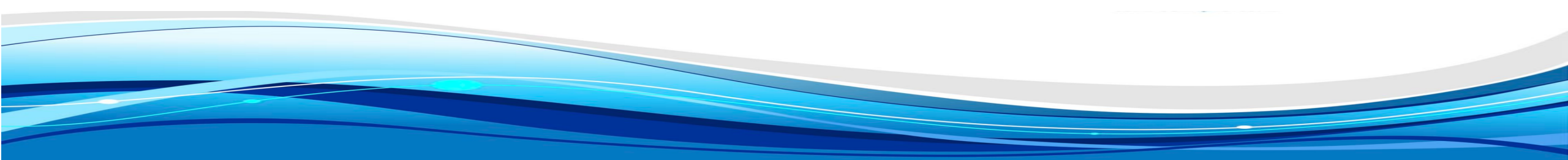
Work Experience – 2 Year Program

Work Experience (30 Hrs.)

- Paid or Volunteer Experience
- Mandatory for Graduation
- Part of CLC 11/12 Courses

Work Experience 12A (80 Hrs.)

- Extra 50 hours of Volunteer Experience
- Grade 12 Elective Course (hours completed over Grades 11 & 12)
- Hours completed after school, on weekends and during breaks
- Work placements offered in a variety of exciting fields
- Earn a Study Block in Grade 12 or take as an extra course outside the timetable

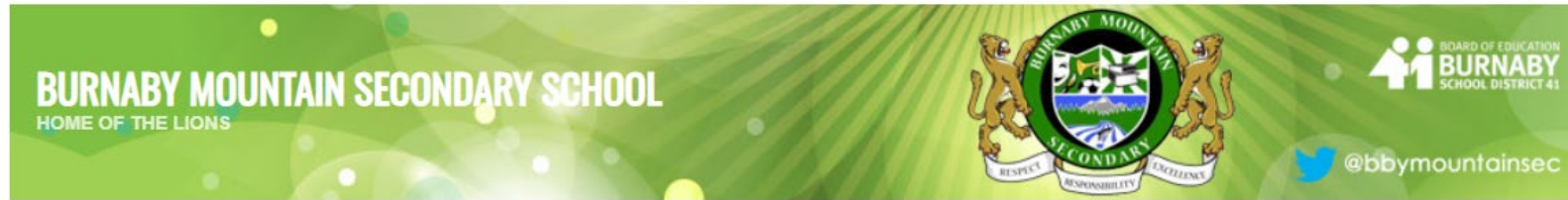


Work Experience Benefits – Building a Portfolio

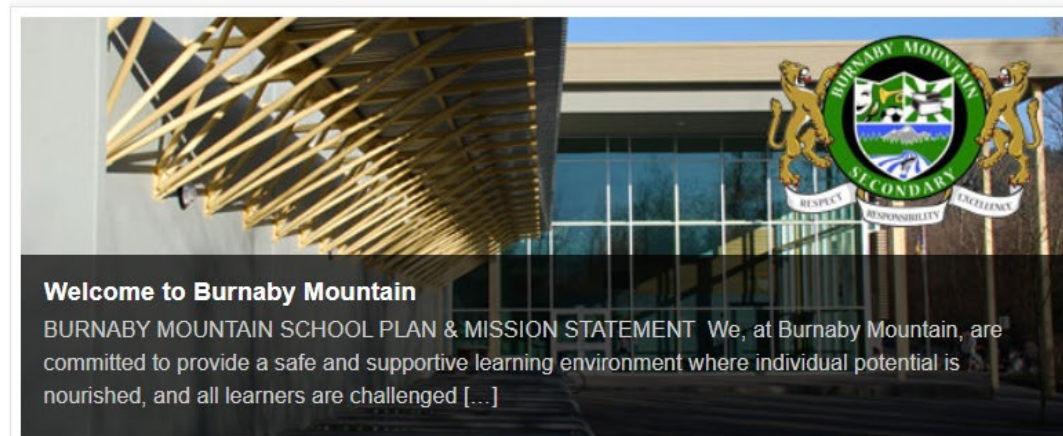
- Career Exploration
- Skill Development
- Resume Content
- Scholarship Applications
- Practice Job Interview Skills
- Part-time Employment Potential
- Networking
- Professional Contacts & References
- University Application Profiles
- Capstone Presentation Content



Work Experience Opportunities



HOME	SCHOOL INFO ▾	PROGRAMS ▾	DEPTS ▾	LIBRARY ▾	STUDENTS ▾	PARENTS ▾	STAFF ▾	CONTACT US
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WHAT'S NEW @ MOUNTAIN

School News

Parent/Teacher Conference

Posted by mountainadmin September 29, 2025

Virtual Parent/Teacher Conferences will be happening on Wednesday, October 22, from 1:50 pm to 4:30 pm and from 5:30 pm to 7:30 pm.



QUICK LINKS

 [School Bulletin](#)

 [Grad Information](#)

 [School Calendar](#)

Work Experience Opportunities (gr. 11 & 12 only)

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

BMSS Conference Seeking Volunteers - Pro-D Day - Oct 24

Our school is hosting an Education Assistants Conference this month and is seeking student volunteers. Students are needed on the Pro-D Day, Friday, October 24th, from 7:55 am- 11:30 am as tour guides, greeters, classroom assistants, tech support, etc. Come by the Career Centre to sign up.

Lougheed Mall Halloween Event

The temporary Cameron Rec Centre & Library at Lougheed Mall is looking for volunteers for their Halloween event on Saturday October 25th 2:20 – 6:30pm. Volunteers will help with games, photo booth, set up and take down. For more info and to sign up stop by the Career Centre.

Pro-D Days & Winter Break Camp - Charles Rummel Centre

Charles Rummel Centre is hosting Camps for elementary school aged children on the Pro-D Day, October 24th, and Winter Break, December 22-24 & December 29-31. Camps run Monday-Friday from 8:30am - 3:30pm. Volunteers help the camp leaders with set up, clean up, games, crafts and supervision. Sign up in the Career Centre.

Code Ninjas

Code Ninjas Coquitlam (1130 Austin Ave) is looking for volunteers for their "Learn to Code" program for kids. This is a great opportunity to get experience in a computer science industry. Understanding of very basic coding is an asset. After school and Saturday shift are available. The fall orientation is on Thursday October 30 from 5:30 – 8pm. For more info and to sign up come by the Career Centre.

Creekside Youth Centre

Creekside Youth Centre (next to Stoney Creek Community School), is seeking high school students to assist with their Pre-Teen programs afterschool on Mondays and Wednesdays from 3:15 - 5:00 pm. They are also looking for a volunteer for their Dungeons and Dragons Club on Thursdays from 3:15 – 5:00. If you have an interest in education, psychology, social work, counselling or just love working with younger students, sign up at the Career Centre. Volunteers must be outgoing and comfortable taking initiative to start conversations and build relationships. Volunteers should commit to one day per week, for 8-10 weeks.

Auragami Club - Elementary School Origami Volunteer Program (SCHOOL HOURS)

Join the BMSS Auragami Club in teaching origami to Lyndhurst & Cameron Elementary! Volunteers work side by side with children and help them learn to fold. Program runs during school hours with 2 days available every month until March: Cameron on Thursdays for period 3/4 and Lyndhurst on Wednesdays for period 1/2. Sign up for individual days or weekly sessions at the Career Centre or email @career@burnaby.ca

Career Exploration and Leadership Development

(these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

UBC Chemical & Biological Engineering High School Event

Grade 11 or 12 students are invited to experience a day in the UBC Chemical and Biological Engineering program. This year there are two dates to choose from: Saturday **November 29, 2025** or Saturday **February 28, 2026** from 9 a.m. to 4 p.m. Learn about the exciting careers of Chemical and Biological Engineers; Participate in fun, interactive workshops to better understand how engineers work together to solve real-world problems; Attend short lectures to experience what it's like to be a Chemical and Biological Engineering student at UBC; Tour the laboratories; Meet professors and current students. This one-day experience is FREE. Applications open October 1, 2025. Spaces are limited, apply early! <https://chbe.ubc.ca/news/2025/high-school-student-visits-2025-2026/>

BCIT Biotechnology Career Awareness Workshop

Grade 11 & 12 Students - are you interested in a hands-on lab experience at BCIT? This biotechnology workshop includes a gel electrophoresis lab, a DNA fingerprinting lab as well as a visit to a local biotechnology company. Come learn about the biotechnology industry in a fun and engaging way. The workshop runs from **December 8-12, 2025**. A fee does apply to this workshop. Visit the Career Centre for more information and an application. Application deadline is November 14.

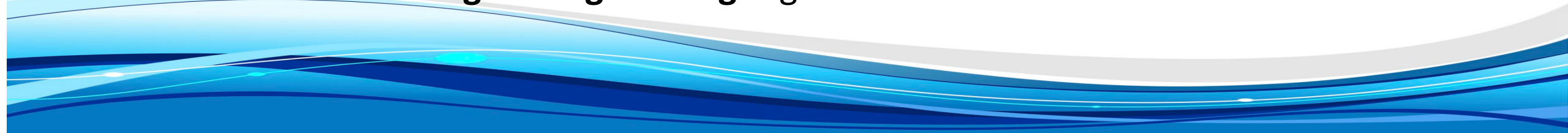
Post-Secondary Info Sessions

Burnaby Mountain Secondary Hosts The Following Info Sessions:

October 27 – BCIT – School of Business & Media @ Lunch in Room 317
October 29: University of Victoria Faculty of Engineering & Computer Science @ Lunch in Rm. 200
November 5: SFU Beedie School of Business @ Lunch in Rm. 200
November 14: SFU Faculty of Applied Sciences (Engineering & Computer Science) @ Lunch in Rm. 200
November 27: SFU Faculty of Health Sciences @ Lunch in Rm. 200
December 3: Post-Secondary Mini-Fair from 1:45pm-3:30 pm in the Upper Commons
December 5: UBC Sauder Business School @ Lunch in Rm. 317

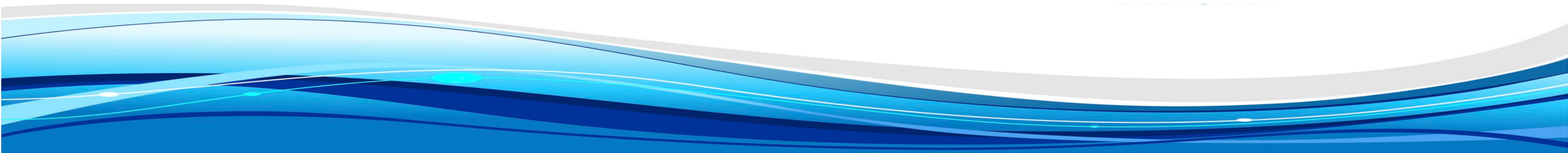
Work Experience Opportunities

Upcoming WEX Opportunities:

- **Charles Rummel Centre** Pro-D Day & Winter Break Camps – October 24 or December 22-24 or 29-31 – 9:00 am – 3:00 pm
 - **BMSS Volleyball Tournament Concession Volunteers Needed** –Oct. 20-23 3 –8:30 pm.
 - **Temporary Cameron @ Lougheed Mall Halloween Event** – Oct. 25 – 2:30 - 6:30pm
 - **Creekside Youth Centre** – Mondays or Wednesdays – 3:15 – 5:00 pm
 - **Code Ninjas** Coquitlam Location "Learn to Code" Assistant – Orient. October 30
 - **Burnaby School District Education Assistants Conference** – BMSS – October 24
 - **Thrift Stores** (Low Entropy, Burnaby Hospice)
 - **Grouse Mtn./Mt. Seymour** Ski & Snowboard Schools
 - **PEAK Support Program at BMSS** – Peer Tutors Needed
 - **YMCA Bettie Allard** – Various children and sports camps seeking volunteers
 - **Burnaby Art Gallery** – **Artist Apprenticeship** – Deadline December 1
 - **UBC Chemical & Biological Engineering** High School Event – Nov. 29 or Feb. 28
- 

Service Award

- Students in Grades 8-12 can collect Community Service Hours by volunteering in the school and in the community.
- Awards will be given to students who meet the following criteria:
 - **Minor Service Award – 50-99 Service Hours**
 - **Major Service Award – 100+ Service Hours**
- Students can hand in Community Service Hour forms to the Career Centre in either Grade 10 or Grade 12 for recognition. Forms available on BMSS website and in Career Centre. **Deadline is April 30th.**
 - **Junior Service Award (Grades 8-10):** Hours completed between September of Grade 8 up to April 30th of Grade 10.
 - **Senior Service Award (Grades 11-12):** Hours completed between May 1st of Grade 10 up to April 30th of Grade 12.



Work Experience and Service Awards – Gr. 11 & 12

----- 30hrs	----- 80hrs	----- 130 hrs	----- 180hrs	-----
30 Hours	50 Hours	50 Hours	50 Hours	...
Everyone Must Do	Work Experience Course	Minor (50hr) Service Award	Major (100+ hrs) Service Award	
*Can be Paid or Volunteer	*Must be Volunteer	* Must be Volunteer	* Must be Volunteer	
*Must be in the Community	* Must be in the Community	*Can be in the School or in the Community	*Can be in the School or in the Community	
				
Work Experience Course	80 Hours	Service	Award	

District Industry Training Programs:

For Students in Grades 11 & 12

YOUTH TRAIN IN TRADES:

Auto Collision & Refinishing Technician
Auto Service Technician
Baker
Carpenter
Construction Electrician
Hairstylist
Heavy Duty Equipment Technician
Landscape Horticulturist
Metal Fabricator
Millwright
Motorcycle Mechanic
Painter & Decorator
Plumber
Professional Cook
Welder

INDUSTRY CONNECT (PORTFOLIO DEVELOPMENT)

Film & Broadcast
Graphics/Media Arts
Health Sciences
Music Production & Technology
Robotics (Mechatronics)
Theatre Production & Design

INDUSTRY CERTIFICATION:

Cisco Networking Academy
DigiPen Game Development Academy
Fitness
Microsoft Office Specialist
Palo Alto Cyber Security

District Career Education Info Night

- Did you know you that students can complete post-secondary level training, in a variety of fields, while still in high school?
- The Burnaby School District has a multitude of programs available to students in their Grade 11 & 12 years.
- If you are interested in learning more about what programs are available, you are invited to attend the Career Education & District Programs Info Night
 - **When: January 14, 2026 – 6:30-8:00 pm (tentative date)**
 - **Where: Burnaby Central Secondary**
- For more info on all the programs: <https://burnabyschools.ca/careereducation/>

Career Education Workshops

EducationPlannerBC is hosting a **Parents as Education & Career Coaches** session this Fall. Join virtually on **Wednesday, November 12, 2025, from 6:30-7:30 p.m.**

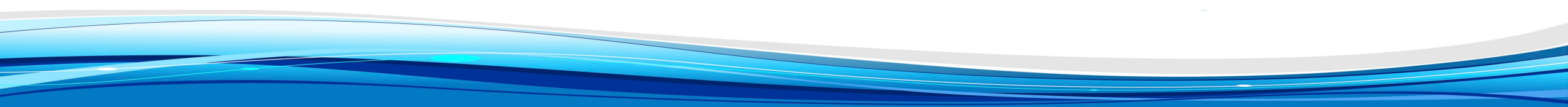
Come explore their website! Search thousands of programs, get to know trades, and discover career paths. Find helpful resources, including financial aid options, admission requirements, FAQs, and the Glossary. Learn how to create an account, save programs, paths, and careers to My List, and apply to post-secondary in B.C.

For more information and to register, click [HERE](#)

S.U.C.C.E.S.S. is hosting **Post-Secondary Education Pathways Forum**. Join us on **Thursday, November 6, 2025 from 4:30 – 6:30 PM** at Byrne Creek Community School – Center for Dialogue

Participants will receive practical guidance on applications, scholarships, and budgeting for post-secondary life. . Ask questions, learn from real experiences, and leave feeling more confident and prepared for life after high school. Parents are welcome to attend.

To register click [HERE](#)



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Thank-You

