



We acknowledge and thank the Coast Salish Nations of Musqueam, Tseil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin

Monday Date: Sept. 23rd, 2024

Student First Aid:

<p>NEW Sep 24 Mr. Rolph</p>	<p>BMSS Student News anchors needed. As you have all experienced, our student bulletin is read over the PA on Mondays and Wednesdays. These announcements are a crucial part of communicating about BMSS news, life and opportunities for students. If you are interested in joining our team of readers, please come to an informal audition in room 213 at lunch on Tuesday September 24th. This is an ideal opportunity to practice public speaking.</p>
<p>Sep 25 Mr. Rolph</p>	<p>Grade 8 reps for student council: Are you looking for a great opportunity to get involved at your new school, have fun, make a difference and get to meet a whole crew of amazing people? Student council is looking for dedicated grade 8s to represent your grade on student council. Information and application forms are now available from Mr. Rolph in room 213. The deadline to submit applications is Wednesday September 25th.</p>
<p>Mr. Rolph</p>	<p>Club start-ups: Forms are now available outside of Mr Rolph's room 213 to get a new club started or if you did not submit a returning club form at the end of last school year and want your club to continue this year as well. See Mr. Rolph if you have any questions.</p>
<p>Mr. Albrino</p>	<p>Fall Sports Sign-up is open! Please follow the link to register for Fall sports and make sure you don't miss out on any important information! https://forms.office.com/r/ary1eDuxPV</p>
<p>Ms. Manning</p>	<p>VOLUNTEER OPPORTUNITY with Sprouting Chefs Sprouting Chefs runs afterschool cooking and gardening class at Forest Grove elementary and they are looking for volunteers. Students can apply for a "build your own schedule" placement with Sprouting Chefs. Programs: Wednesdays at Forest Grove Elementary Cooking Classes – 3:00 pm to 5:00 pm Fridays at Forest Grove Garden Club – 3 pm to 4:30 PM – all year. Garden Club duties include: Supervision and Support with children ranging from 7 to 13 yrs old; Ensuring children are using garden tools and kitchen tools properly; Helping with garden tasks such as planting, weeding, watering, and possibly building trellis structures. You will learn as you go about what seeds need to grow, managing existing plants, and when to plant for most effective results using organic methods. As a holistic nutritional student, your knowledge of conscious eating habits and the health benefits of eating foods growing in the gardens will be highly valued. Cooking Classes duties include: washing dishes and supervising students in small groups while preparing and cooking food. Required Skills: Good English-speaking skills with ability to help children ages 5 to 13, strong work ethic, responsible and reliable with good time management, good communication skills – we use WhatsApp to send out schedules and reminders and joy of being outside in nature, being with children, leadership skills and or environmental awareness are strong assets. For more information please stop by the Career Centre. To apply complete the online Volunteer Application Form: https://docs.google.com/forms/d/e/1FAIpQLScyAYosTRiep_Any8V7Nu-IJEfFRcC0Gifmy56tPjL_y1DWYw/viewform</p>

Work Experience Opportunities (gr. 11 & 12 only)

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

Cameray Child and Family Services – Afterschool Program

Cameray Afterschool Program runs at University Highlands Elementary on Mondays, Stoney Creek Elementary on Wednesdays and Cameron Elementary on Fridays from 3:30 – 6:00 pm. Volunteers help grade 5-7 students with the successful transition from elementary school to high school through group

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activities, homework help and mentorship. Volunteers also help to prepare dinner. For more info and to apply stop by the Career Centre.

Sprouting Chefs at Forest Grove Elementary

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Form: https://docs.google.com/forms/d/e/1FAIpQLScyAYosTRiep_Any8V7NuUEfFRcC06ifmy56tPjL_y1D_WYw/viewform

Code Ninjas

Code Ninjas Coquitlam (1130 Austin Ave) is looking for volunteers for their "Learn to Code" program for kids. This is a great opportunity to get experience in a computer science industry. Afterschool and Saturday shift are available. For more info and to sign up come by the Career Centre.

Stoney Creek Community School Welcome Back BBQ:

Stoney Creek Community School is hosting a Welcome Back BBQ for their families on Thursday, September 19th from 3:15 pm - 7:30 pm. There are seeking volunteers to help out. If you are available, come by the Career Centre to sign up.

Place des Arts Youth Council

Place des Arts Youth Arts Council encourages local teens to engage with the arts community. This dedicated group of teen volunteers meets regularly from Sep-Jun to organize and host two youth-oriented events each year and advise Place des Arts on teen engagement. Youth Council members receive mentorship from Place des Arts staff and local arts professionals, gain hands-on event planning experience and develop skills related to leadership, communication and teamwork. For more info and to apply go to <https://placedesarts.ca/volunteer/youth-arts-council/> Deadline to apply is September 20th.

Shoppers Drug Mart – Pharmacy, Retail or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre for more details and to sign up.

Science World

Science World is seeking Science Facilitator Assistants for Winter Break & March Break. Students are expected to commit to 80 hours of work experience over 3 weeks. If you have a passion for science and want to gain more skills working with the public, this placement is for you. Come by the Career Centre for more info.

The 32nd Annual Wellness Show – Vancouver Convention Centre

Are you interested in fitness, nutrition and wellness? Are you interested in events and hospitality? The 32nd Annual Wellness Show is seeking volunteers at the Vancouver Convention Centre the weekend of February 1st and 2nd, 2025. Positions include information table, coat check, seminar and workshops assistants, greeters, etc. Come by the Career Centre to learn more.

New Vista – Seniors Care Home

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New Vista is a Seniors Care Home located in Burnaby (near Edmonds Community Centre). They are looking for volunteers on weekends and weekday evenings to help with their social and recreational programs. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre. *Specifically seeing volunteers who can sing, play the guitar or play the piano*

The Madison & Lakeshore – Seniors Care Homes

The Madison & Lakeshore are Seniors Care Homes located in Coquitlam (just off Como Lake Ave). They are both looking for volunteers Monday to Thursday from 5:30 – 7pm to help with their evening social programs. The Lakeshore Care Centre is seeking volunteers on the weekends as well. Volunteers attend one day a week for a minimum of 12 weeks. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Low Entropy Thrift Store – Burquitlam Plaza

We are looking for enthusiastic and friendly volunteers to support us in person to operate our thrift store. You will perform a wide range of duties from customer service to sorting donations and organizing the store. Most volunteers work one shift per week. To apply go to : <https://app.betterimpact.com/PublicOrganization/4d580166-d7db-4d55-a867-aabdd6b15b6e/Gvi/72493870-bf25-4090-a5cc-7a927752e6bf/1>

BASES Family Thrift Store

Located at 7825 Edmonds Street, Burnaby. We provide opportunities for developing cashier and customer service skills, organization, and sorting skills. We work together as a family for our common cause to support our local community. No experience is necessary. We are looking for volunteers who enjoy Thrift Stores and love giving back. For more info and to apply go to: <https://basesburnaby.ca/>

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to: <https://www.burnabyhospice.org/form/thrift-store-volunteer-form>

Invasive Species Youth Environmental Program

Do you want to make an impact in your community, but don't know where to start? Join the Invasive Species Council of BC Youth Program and help prevent the spread of invasive species and help keep ecosystems healthy.

Learn how to engage the public and build an effective team, gain experience in project management and budget building, get access to training opportunities in habitat restoration, invasive species management, leadership, and more! Design and lead your own community project or join another one and have your project funded – up to \$5,000 available per project. Connect with youth across Canada and grow your network while gaining practical, hands-on work experience in a safe and inclusive space. To apply you must be 15-30 years old and have Canadian citizenship, permanent resident status, or refugee status. To apply go to: <https://bcinvasives.ca/take-action/community-science/youth-team/>

Vancouver Art Gallery

Are you interested in art? Are you curious about what goes on behind the scenes at the Vancouver Art Gallery? You can now join their friendly and dedicated team of Gallery Volunteers! Volunteers are an integral part of the visitor experience at the Vancouver Art Gallery. To register for an info session, visit <https://www.vanartgallery.bc.ca/volunteer> Volunteers must be 16 yrs+.

Vancouver Writers Festival

The Vancouver Writers Fest is looking for volunteers to help in a variety of roles through their festival week, October 21-27, 2024. We have shifts available selling raffle tickets, helping as an event assistant, assisting with book sales, helping prep food in the kitchen, setting up and cleaning up after events and many more. For more info and to apply go to: <https://writersfest.bc.ca/volunteer-information>. Volunteers must volunteer at least 12 hours and must be 16+. If you are accepted as a volunteer please stop by the Career Centre to pick up paperwork, BEFORE you volunteer, so you can count this towards your Work Experience hours.

Vancouver Asian Film Festival

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The Vancouver Asian Film Festival (VAFF) is being held between Nov 7 and Nov 17 this year. We're thrilled to invite you to become a vital part of the Vancouver Asian Film Festival team. We are actively recruiting volunteers now. Responsibilities include: Set up and tear down rooms, stage, signage, equipment, etc., greetings, box office, crowd control, check-in registration, and answering guest questions, ushering and assisting with the microphone during audience Q&A, as well as clean up. Shifts are usually 4 to 6 hours long, with plenty of break time, water, and snacks provided. For more info go to : <https://vaff.org/> To apply to be a volunteer go to: <https://docs.google.com/forms/d/e/1FAIpQLScELNkBHalxSR11TrTHcVJDhY-9v34P-3t3TGLtZrbPplmg0w/viewform>

Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to : <https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber>

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Mondays from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at:

<https://www.bigbrothersvancouver.com/our-programs/teen-mentor/> After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

Career Exploration and Leadership Development

(these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

BC Children's Hospital Mini Med School 2024

Are you interested in learning more about careers in medicine? Come and engage with researchers and clinicians and learn more about career options in health care at the BC Children's Hospital Mini Med School 2024. This program is open to students in Grade 11 and 12. Students can participate in person, online or on demand. Session dates are on Wednesdays between October 16 and November 6th. Deadline to apply is Friday, September 27th. Visit this link to apply: <https://rc.bcchr.ca/redcap/surveys/?s=NXTPARMWRWXMA3X> and come by the Career Centre to let us know if you have been accepted.

JA Business Entrepreneurship Company Program

JA Company Program is a 16-week course that allows students in grades 10-12 to learn about business and entrepreneurship. Students from across B.C. – Join us this fall and walk away with the tools and resources required to build your own start-up! You will be placed in a team and will work collaboratively with other students to learn about human centered design thinking, creative product development, product life cycles, e-commerce, app development and more. You'll also develop your teamwork, decision making and critical thinking skills. There are both On-line and In Person Cohorts. For more info and to apply go to: <https://jabc.ca/companyprogram/>

Youth To Sea Oceanwise - Environmental Marine Biology Program

Are you interested in the environment, conservation, marine biology or nature and science-based career paths? - Then this is for YOU! YouthToSea aims to empower youth to make a difference towards ocean conservation. It is a hands-on service-learning program that runs for 8-month (Dec 2024 – July 2025). The program runs mainly on weekends. It is a hands-on service-learning program that has **three main components**: (1) immersive learning journeys that help the youth explore their connections to nature and science-based career paths (2) skill building workshops that work with the youth to improve on their soft skills, and (3) ocean service projects which give the youth an opportunity to create their own service project in their community. This program is **FREE** and it includes over 100 hours

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of Work Experience! Pick up an info sheet in the Career Centre and CHECK OUT THIS VIDEO, explaining this awesome program: <https://youtu.be/MiPKyvett7g>. Deadline to apply is Tuesday, October 15th. For more info go to : <https://ocean.org/learn-explore/youth-programs/youthtosea/> To apply go to : <https://forms.office.com/Pages/ResponsePage.aspx?id=sA6VaTqoqkqZ8mrKVavgluRO4nwflrhBg1Hy1FpAh9xUOE55Vzk0Vk9NTFQ5T0ZPMTRSRkdFTVFWViQLQCN0PWcu>

MINERVA – Learn to Lead Program Fall 2024

Learning to Lead™ is a leadership program open to self-identified girls in high school (Grades 10-12). Participants gain confidence through a series of interactive workshops and activities. They leave the program with greater self-awareness, and the inspiration to take on new challenges and opportunities. This interactive program invites young women to develop a leadership mindset in a supportive and fun environment. We are offering the interactive, virtual program, in a 4-week (1 session/week) format. Participants will attend 2-hour Zoom sessions once a week for 4 weeks from **October 2 – 23** (Wednesdays, 6-8pm. There is no cost to participants, thanks to the support of our generous donors. To apply go to : <https://minervabc.ca/learning-to-lead/>

SFU STEM Speakers Series –Nanotechnology in Electronics

The Science, Technology, Engineering, and Mathematics (STEM) Speaker Series provides secondary school students with the opportunity to meet and interact with university students, faculty members, and/or working professionals in STEM fields. The September session is Dr. Michael Adachi, Associate Professor in Engineering at SFU, where he leads a team making new sensors for the detection of fluid and vapor biomarkers as well as optoelectronics devices using 2D materials. Join the virtual session on September 21 from 1:00 – 2:00pm on Zoom. To register go to: <https://sciencealive.ca/stem-speaker-series>

SFU STEM Speakers Series –Forensic DNA Analysis

The Science, Technology, Engineering, and Mathematics (STEM) Speaker Series provides secondary school students with the opportunity to meet and interact with university students, faculty members, and/or working professionals in STEM fields. The October session is Jason Moore from the BCIT Forensic DNA Lab , where he has been extensively involved in forensic DNA testing, quality assurance, research, and curriculum development for the UBC/BCIT Combined Honours in Biochemistry and Forensic Science Program. Join the virtual session on October 5 from 1:00 – 2:00pm on Zoom. To register go to: <https://sciencealive.ca/stem-speaker-series>

Volunteer Service Opportunity (gr 8 – 12)

Sending Sunshine

Sending Sunshine is a volunteer-driven initiative aimed at spreading positivity and love to our senior community through **making them handwritten cards and messages**. Our main goal is to be able to involve more youth in this organization and make a significant impact on the lives of seniors in our community as it is a very easy and casual volunteering opportunity for those who might not have the time to attend weekly meetings or make a commitment. Students who want to be a part of the "club" can sign up, and then make cards at home with their own supplies whenever they might have free time. Once they make a card(s), they give them to us and we (the Chapter leaders) will mail them over to the headquarters back in Ontario. After that, the volunteers will be able to receive their volunteer hours. **Below is a link and some additional information that might be helpful in explaining more about this charity organization:** Sending Sunshine: <https://www.sendingssunshine.ca/chapters>
Sending Sunshine BBY website: <https://linktr.ee/sendingssunshinebby> .
Sign-up form: https://docs.google.com/forms/d/e/1FAIpQLSdO-Hpf302wgVDxrKx4w88-LmqK_42t4z6xdA5gPQMt3MFlsQ/viewform

Post-Secondary Info Sessions

Burnaby Mountain Secondary Hosts The Following Info Sessions:

Wednesday, **October 9:** University of Alberta - 8:35 to 9:05 (Flex) in the Library
Tuesday, **November 13:** PSI Mini-Fair from 2:00-3:30 pm in the Upper Commons

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CUE Canadian Universities Event

This year the Canadian University Events will feature representatives from participating universities ready to answer questions, provide resources and stay connected. Our events will be taking place: **Monday, September 23** – 6:30pm to 9:00pm at the Hilton Metrotown and **Thursday, September 26** – 6:30pm to 9:00pm at Westfield Country Club in Surrey. Participating universities include : Acadia University , Alberta University of the Arts, Capilano University, Carlton University, Concordia University, Dalhousie University,

Emily Carr, Kwantlen, McMaster University, Mount Royal University, Ontario Tech University, Queens University, Royal Military College of Canada, SFU, Thompson Rivers University, Toronto Metropolitan, University of Alberta, University of Calgary, University of Guelph, University of Ottawa, University of Waterloo, Western University, York University and MANY MORE. For more info go to : <https://cuebc.org/>

BCIT Big Info – In Person

[Big Info](#) is the largest program expo and information session at BCIT. It's your chance to find out about all our programs – from business and media, computing and IT, engineering, health sciences, trades and apprenticeships, and applied and natural sciences Join us in person on Wednesday, **October 9** from 4:00 – 7:00 p.m. at our Burnaby Campus for this FREE event. For details go to : <https://www.bcit.ca/about/visit/big-info/>

BCIT (British Columbia Institute of Technology) – Online Info Sessions

September 17 – Aircraft Maintenance Engineer

September 15 – Railway Training

September 26 – Airline & Flight Operations Commercial Pilot

October 16 – Biomedical Engineering Technology / Medical Laboratory Science

October 16 - Computer Information Technology / Computer Systems Technology / Full-Stack Web Development

To register go to : <https://www.bcit.ca/events/category/infoession/list/>

UBC (University of British Columbia) - ENGINEERING

October 1 – UBC Engineering: Everything You Need To Know

October 17 - UBC Engineering: Virtual Open House

November 2 - UBC Engineering: On Campus Open House

November 20 –Ask Me Anything: Admission to UBC Engineering

To register go to : <https://tinyurl.com/2e5mvy42>

UBC (University of British Columbia)

September 14 – In Person Campus Tours – 10am, 11am, 1pm

September 21 – In Person Campus Tours – 10am, 11am

September 23 –Live Virtual Vancouver Campus Tour - 5pm (Online)

September 28 – In Person Campus Tours – 10am, 11am, 1pm

September 29 –Live Virtual Okanagan Campus Tour – 9am (Online)

October 5 – In Person Campus Tours – 10am, 11am

October 6 –Live Virtual Vancouver Campus Tour - 5pm (Online)

To register go to: <https://tinyurl.com/yv2yv6xm>

Langara College - Online Info Sessions

September 16 – Studio 58 Acting and Production Programs

September 23 – Education Assistant Programs

September 24 – Recreation Programs

October 1 - Design Formation

October 3 – Web & Mobile App Development

October 8 – Accounting / Financial Management

October 15 – Food & Nutrition Programs

October 24 – Bachelor of Science in Nursing

To sign up go to: <https://langara.ca/news-and-events/information-sessions/index.html>

Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each

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program-specific information session is led by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming session **September 24** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to : <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

Douglas College Info Fair – In Person

Join us at the Douglas College Info Fair at our New Westminster location on **October 29** from 5 – 7:30 pm. Drop-in at any time during the event to explore the programs you're interested in, talk with instructors one-on-one and see our campuses. Each campus will showcase different programs, so you can join us for one or both nights, depending on your interests. For more info go to : <https://www.douglascollege.ca/future-students/explore-douglas/future-students-office/info-fair-october-17-and-19>

UVic (University of Victoria) – Online Info Session

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on Monday **September 23** at 5pm and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at : <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

UVic (University of Victoria) – In Person

Join us on campus for EXPLORE UVic! Saturday, November 30, 2024 | 10 a.m. - 5:15 p.m. Don't miss this in-person, on-campus event! See what the UVic experience is like through lectures, student panels, tours, information fairs and more. High school students and families are welcome! Take a campus tour with a current UVic student, attend recruitment, participate in a student-experience panel and meet current UVic students, learn about their experiences and ask questions about student life at UVic, attend sample lectures given by UVic professors to get a real university classroom experience, learn about academic programs and student support services at our information fair and take a tour of faculty-specific buildings and facilities. To register go to : <https://www.uvic.ca/undergraduate/tours-events/explore-uvic/index.php>

Paid Work Opportunity

Youth at the Booth – Elections BC

Youth at the Booth is Elections BC's program to hire high school students as election officials in the provincial elections and by-elections. B.C.'s next provincial general election is scheduled for October 19, 2024. We're looking for students who are: between 15 and 19, interested in community service, student government or service clubs, able to work in a neutral and impartial way, and comfortable using technology. Applicants must be legally entitled to work in Canada, have a valid SIN and their parent or guardian's approval to apply. Pick up an info sheet in the Career Centre. Apply online at : <https://elections.bc.ca/news/youth-at-the-booth/>

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