



Burnaby Mountain Secondary

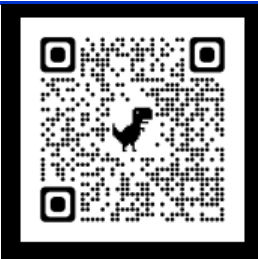


We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin

Date: Monday February 12th, 2024



Student First Aid: Kayla Ji and Nadja Karolewska

NEW Feb 13 Ms. Gingras	Volunteers Needed - February 14th After School at BMSS: Our school is seeking volunteer helpers on February 14 th from after school to 4:30 pm in the Multipurpose Room to put together promotional materials and snack bags for an upcoming conference here at our school. Come to the Career Centre to sign up.
NEW Feb 15 Mr. Rolph	<h3>Celebrate spirit with valentine's week</h3> <p>♥♥♥♥♥♥♥♥♥♥</p> <p>Monday Taking pictures with the love globe (lower commons) show your valentine's day spirit with your friends and take some pictures in the lower commons!</p> <p>Tuesday student and teacher karaoke! SING YOUR HEART OUT sing some of your favourite love songs students vs teachers sign up at mr rolphs room solo or groups(213)</p> <p>Wednesday On Wednesdays we wear pink! (or red) To show your valentine's day spirit dress up in Pink And Red for a Candy!</p> <p>Thursday To end the week off dress up in comfy clothes and bring your favourite stuffed animal! Get Outlook for iOS</p>
NEW Feb 15 Ms. Barsky	The Gr. 8 Council presents customizable Valentine day cards with a lollipop for \$1. Perfect for anyone! You choose the message you want to send. Happening February 12-15 in the commons!
Feb 12 Ms. Reily	 <p>The Waterloo Pascal, Cayley, and Fermat math contests for grade 9 - 11 students are happening on Wednesday February 28 during periods 5 and 6. If you are applying for enriched math next year, writing contests is a fun challenge and it does look favorable on your application. Please get a form from outside Ms. Reily's door (room 307). The forms are due Monday Feb 12th. Use the QR code to get resources for preparing for the contests:</p>
Feb13 Mr. Leung	Career UmBrella Interested in what a day in the life of an engineer looks like? Career UmBrella is hosting their fifth SPARK episode on FEBRUARY 13th, with their guest speaker, JOOMIN YEOM, in engineering! Joomin has been working at BC Hydro for the past 10 years and is currently working to make sure that BC hydro will produce enough power for the province to meet electricity demands for the

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	<p>next 20 years. She will be sharing about her interests in high school, how she turned them into a career, and what she does at work now. Come to ROOM 301 on TUESDAY, FEBRUARY 13th to learn about her remarkable journey and how to pursue a career in the field of engineering as a student!</p>
<p>Feb 15 Ms. Mehta</p>	<div>  <p>Attention Ms. Mehta's Semester 1 Art Students</p> <p>Please come and collect your artwork from room 116 during flex , nutrition break or lunch by next week else it will be recycled.</p> </div>
<p>Feb 15 Ms. Belyea</p> <div>  </div>	<p><u>New Scholarships:</u></p> <p>BC Government and Services Employees' Union offering scholarships for post secondary studies undertaken by BCGEU members, staff and their families (there is also an additional scholarship for Indigenous students this year) Deadline Feb 15</p> <p>Leila Nair Mathematics Award recognizes and celebrates the sincere commitment to further studies in mathematics by <u>a female student</u> who demonstrates proficiency in Mathematics and academic excellence more broadly Deadline Feb 15</p> <p>For more information and how to apply, go to the scholarship Teams page or see Ms. Belyea in room 304.</p>
<p>Mar 5 Ms. Costa</p>	<p><u>Diversity Dance 2024:</u></p> <p>Attention All Students, on Wednesday March 6th the Burnaby School District will be hosting our annual District Diversity Dance. This dance is open to all high school students in the Burnaby school district, in the spirit of celebrating the diversity and inclusivity of our students. The dance will be held from 6pm-9pm at Byrne Creek Community School. Tickets will be on sale in the school office from Tuesday February 6th until Tuesday March 5th for \$10. There are only 35 tickets available per school, so buy them early to avoid missing out. The theme of the dance is “Enchanted Forest” so wear your best themed outfits! Hope to see you all there!</p>

Work Experience Opportunities

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

Code Ninjas

Code Ninjas Coquitlam (1130 Austin Ave) is looking for volunteers for their "Learn to Code" program for kids. Basic understanding of computer programing is an asset. Afterschool, weekend and **Spring Break** shifts are available. This is a great opportunity to get experience in a computer science industry. **Group orientation on February 28** after school. Come to the Career Centre to sign up.

Burnaby Art Gallery - Arts Alive Program ***Spring Break**

The Burnaby Art Gallery is offering three different work experience opportunities during March Break: Virtual Exhibit Creation, Photo Documentation and Records and Labels Management. Spots will fill quickly. Deadline to apply is February 14. Come by the Career Centre for more info and to pick up an application.

Cameray Child and Family Services – Afterschool Program - University Highlands

Cameray Afterschool Program is starting up at University Highlands Elementary School on Mondays from 3:30 – 6pm. Volunteers help support grade 5-7 students with the successful transition from elementary school to high school through group activities, homework help and mentorship. Volunteers also help to prepare a dinner. For more info and to apply stop by the Career Centre.

Pedalheads Junior Instructor ***Spring Break**

Our Junior Instructor program accepts applicants who are interested in gaining work experience in children’s recreation by volunteering at our March Break bike camps. Our bike camps concentrate on bike safety and

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skills for kids ages 2 -12. We have 6 levels teaching everything from training wheels to trail riding. During camp, volunteers will be paired up with an experienced instructor to provide leadership, motivation, encouragement, and comfort to the kids under our care. There are camp locations in Burnaby, Port Moody, Coquitlam and Vancouver. Please note that applying does not guarantee a spot. *Pedalheads is committed to creating and upholding a diverse, inclusive and equitable environment that is respectful and welcoming to everyone* To apply go

to: https://workforcenow.adp.com/mascsr/default/mdf/recruitment/recruitment.html?cid=f9bd9e7e-6e77-4e73-b320-a15025f315ac&cclid=19000101_000001&lang=en_CA&jobId=487044

SFU Summer Camps *SUMMER

Volunteering for SFU Camps offers practical experience in a safe and fun environment. SFU Camps offers a range of educational, sports, and recreational camps. Volunteers will get an opportunity to work with children and youth, build leadership skills, meet new people and have a rewarding summer as part of SFU Camps & Youth Programs! The minimum commitment is 2 weeks, which can be consecutive or separate. If accepted, volunteers receive a minimum of 80 hours* (2 weeks of volunteering) and may be eligible for additional weeks. Volunteers must also commit one on-site training either June 26 or 27. Previous SFU Camps volunteers are encourage to apply to be a lead volunteer. To apply go

to : <https://www.sfu.ca/camps/opportunities/volunteer-opportunities.html>

Vancouver Food Bank – Winston Street Location (near Costco)

Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. Volunteers are asked to commit to one shift per week, for a minimum of 2 months – you pick the dates and times that work for you! You can even sign up with a friend! For more details about how to sign up please go to the Career Centre and pick up an info sheet. ***Applications OPEN February 16th – March 1.**

1. <https://foodbank.bc.ca/volunteer/individual-volunteers/>

IKEA

Are you interested in gaining experience working with a sales team? Do you love IKEA and their products? Are you interested in interior design? If any of these questions appeal to you, then a work experience placement at IKEA is for you. Come by the Career Centre to learn more.

Festival Du Bois

For over thirty years, Festival du Bois has been proud to present the music and culture of French Canada and from the francophone world in Maillardville, a BC community settled by French Canadian loggers and their families over 100 years ago. Our community has powered a yearly event that welcomes folks of all ages, cultures and backgrounds to Coquitlam's Mackin Park for a weekend of great live music and dance, fabulous food, performances for kids, fun activities – and to experience its special spirit of warmth and vitality, its *joie de vivre*.

We are looking for dynamic, dedicated and enthusiastic volunteers who would like to help us over the Festival du Bois weekend, **March 8, 9 & 10**. If you'd like to get involved and volunteer, please fill out the online Volunteer Form: <https://www.festivaldubois.ca/volunteer-form/>

Royal Soccer Camp *SUMMER

The Royal Soccer Club (RSC) is a non-profit, community organization who has hosted unique soccer camp experiences in Burnaby and Coquitlam. Camps operates Monday to Friday from July 3 until September 1, 2023. Volunteers can apply for: morning sessions 8:30am – 12:30pm, afternoon sessions 12:30pm – 4:30pm or full days sessions Mon-Fri, 8:30am – 4:30pm. Minimum volunteer time is one week. Volunteers at our summer day camps may assist staff with coaching and supervising children at camp and help with equipment collection and maintenance. For more info go to: <https://royalsoccerclub.com/employment/jobs/british-columbia/>. To apply go to : <https://royalbc.campbrainstaff.com/> Pick up a handout in the Career Centre for more details.

Creekside Youth Centre – Afterschool Program

Creekside Youth Centre, located at Stoney Creek Elementary, is looking for volunteers for their Pre-Teen program afterschool on Mondays and Wednesdays from 3:20 – 5:00pm. This is a great opportunity for students who are planning to go into education, social work or psychology. Minimum commitment is one day a week after school for 8 weeks. For more info and to sign up go to the Career Centre.

Vancouver Art Gallery

Are you interested in art? Are you curious about what goes on behind the scenes at the Vancouver Art Gallery? You can now join their friendly and dedicated team of Gallery Volunteers! Volunteers

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are an integral part of the visitor experience at the Vancouver Art Gallery. To register for an info session, visit <https://www.vanartgallery.bc.ca/volunteer> Volunteers must be 16 yrs+.

Burnaby Fire Department Youth Academy

Are you interested in learning more about a career in firefighting? The Burnaby Fire Department is hosting a 4-day academy, April 29 – May 2, 2024 where students will learn firefighting skills, fire hose operations, search and rescue and belay techniques and much more. Come by the Career Centre for an application.

Shoppers Drug Mart – Pharmacy, Retail or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre for more details and to sign up.

The Madison & Lakeshore – Seniors Care Homes

The Madison & Lakeshore are Seniors Care Homes located in Coquitlam (just off Como Lake Ave). They are both looking for volunteers Monday to Thursday from 5:30 – 7pm to help with their evening social programs. The Lakeshore Care Centre is seeking volunteers on the weekends as well. Volunteers attend one day a week for a minimum of 12 weeks. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Low Entropy Thrift Store – Burquitlam Plaza

We are looking for enthusiastic and friendly volunteers to support us in person to operate our thrift store. You will perform a wide range of duties from customer service to sorting donations and organizing the store. Most volunteers work one shift per week. To apply go

to : <https://app.betterimpact.com/PublicOrganization/4d580166-d7db-4d55-a867-aabdd6b15b6e/Gvi/72493870-bf25-4090-a5cc-7a927752e6bf/1>

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Monday from 3:30 pm- 4:30pm, January to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at: <https://www.bigbrothersvancouver.com/our-programs/teen-mentor/> After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go

to : <https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber>

New Vista – Seniors Care Home

New Vista is a Seniors Care Home located in Burnaby (near Edmonds Community Centre). They are looking for volunteers on weekends and weekday evenings to help with their social and recreational programs. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <http://burnabyhospice.org/volunteer/thriftstore/>

Invasive Species Youth Environmental Program

Do you want to make an impact in your community, but don't know where to start? Join the Invasive Species Council of BC Youth Program and help prevent the spread of invasive species and help keep ecosystems healthy.

Learn how to engage the public and build an effective team, gain experience in project management and budget building, get access to training opportunities in habitat restoration, invasive species management, leadership, and more! Design and lead your own community project or join another one and have your project funded – up to \$5,000 available per project. Connect with youth across Canada and grow your network while gaining practical, hands-on work experience in a safe and inclusive space. To apply you must be 15-30 years

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old and have Canadian citizenship, permanent resident status, or refugee status. To apply go to: <https://bcinvasives.ca/take-action/community-science/youth-team-2/>

Career Exploration and Leadership Development

(these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

Engineering Job Shadow Day for Girls

Join us for Introduce a Girl to Engineering Day on Tuesday **February 20th** from 8:30am – 2:00pm at Binnie Civil Engineering, #300-4940 Canada Way, Burnaby. This job shadow opportunity is hosted by Binnie and lead by RISE, a staff lead initiative supporting female identifying experiences in the engineering workplace. For more info and to apply stop by the Career Centre.

IYSCorps Program - Leadership & Volunteering Opportunity

The **IYSCorps** program is looking for passionate youth between the ages of 15-29 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. IYSC Program provides youth with 5 weeks of essential skills training such as resume writing, financial literacy, stress management, and looking for jobs. Youth are then offered with 12 weeks at a volunteer placement of their choice or have the opportunity to create their own fully funded community project. To apply go

to: <https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-ambassador-youth-service-corps-3>

SFU STEM Speakers Series – Critical Care Nursing

The Science, Technology, Engineering, and Mathematics (STEM) Speaker Series provides secondary school students with the opportunity to meet and interact with university students, faculty members, and/or working professionals in STEM fields. The February Talk is with Evelyn Yap, a registered nurse, specializing in critical care. Her diverse expertise spans across working in different hospital units and at health centers in northern Indigenous communities. She specializes in critical care, which is a demanding field of nursing that involves caring for patients who are seriously injured or face life-threatening diseases. Join us on **February 24** from 1:00 – 2:00pm on Zoom. To register go to : <https://sciencealive.ca/stem-speaker-series>

ATLAS Masterclass – High Energy Physics

Discover the world of High Energy Particle Physics by analyzing real data from the ATLAS Experiment at CERN. To help unravel the mysteries of particle physics, student will learn about research methods and topics, analyze real experimental data, and share results with other provincial sites. ATLAS Masterclass takes place on **Saturday April 27**, from 9am to 2pm. You can choose to attend the SFU location or the UBC TRIUMF location. Registration is FREE on a first-come basis with a managed waitlist. Tickets and additional information is available at:

<https://www.eventbrite.ca/e/atlas-masterclass-2024-tickets-798906038467?aff=oddtcreator>. This masterclass is suggested for secondary school-aged students grade 10-12, plan to enrolled in or have completed an AP science. Space at TRIUMF is limited to the first 25 students who enroll, allowing researchers to maintain small virtual group tutoring.

The Sky's No Limit – She is Anything! Aviation Event

Join us on April 27-28, 2024 at the Abbotsford International Airport in B.C., Canada for the world's largest diversity outreach event of its kind to inspire female future leaders from shop floor to top floor in Aviation, Aerospace, Marine & Defence. Everyone of any age, gender or citizenship is welcome to attend - it's completely FREE!

Green Collar Futures – “Green Economy” Conference

The “green economy” is changing the face of the workplace in B.C. and around the world. Students are invited to experience new career opportunities at this FREE career conference held remotely on Saturday, **February 10, 2024** from 9:00am – 2:30pm. This day allows you to interact with career mentors who have excelled in and are passionate about their green careers. Many careers are represented like hydrologist, environmental lawyer, affordable housing developer, interior designer, landscape architect, sustainable fashion entrepreneur, robotics engineer, lighting physicist and sustainable financial advisor. For more info and to apply: www.greenbricks.ca

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Career Exploration Work Experience (Pay to attend Programs)

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Structured Work Experience and Training (S.W.E.A.T.) at LaSalle College – Spring Break

Explore creative career opportunities in our high school workshops as you learn to create project-based portfolio work with industry-related technology and equipment. Be inspired! March 25 to 28– 8:45 a.m. to 5 p.m. Fee : \$150. Participate in one of our hands-on workshops in the following areas and receive 30 hours of work experience: 3D Modeling, Animation & VFX | Game Art & Design | Professional Recording Arts | Photography | Culinary Arts and Baking & Pastry | Fashion Design & Jewelry | Fashion Marketing | Graphic Design | Interior Design To register visit: <https://www.lasallecollegevancouver.com/events/sweat-workshop-mar-2024>

Vancouver Film School – Creative Break High School Camps – Spring Break

VFS is offering virtual programs over March Break. Each program explores related careers in the entertainment industry. Workshops are led by experienced professionals in Visual Art & Design, Animation & Visual Effects, Acting, Makeup, Digital Design, Film Production and Writing. Sign up for the area you are interested in exploring. March 18-19 or March 20-21 or March 25-26 – 9am – 4pm daily. There is a cost to this program - \$200 - \$225. per workshop. To register go to: <https://vfs.edu/programs/creative-break>

Emily Carr Spring Break High School Art Camps – Spring Break

Explore popular studio practices in art + design in these hands-on courses taught by experienced instructors. With a focus on foundational skills and creative process, these courses are designed to engage students ages 15-18 across all levels of experience. Fee for each course \$315 or \$363. March 18-22 and March 25- 28. Courses: Architecture: Spatial Design, Board Game Design, Character Illustration, Environment Concept Art, Code Art, Industrial Design: Prototyping Storyboarding Stop-Motion Animation and Visual Design . To register go to : <https://www.ecuad.ca/academics/teen-programs/spring-break-art-camp>

Post-Secondary Info Sessions

BCIT Big Info

Big Info is the largest program expo and information session at BCIT. It's your chance to find out about all our programs – from business and media, computing and IT, engineering, health sciences, trades and apprenticeships, and applied and natural sciences. Join us in person on Wednesday, February 21 from 4:00 – 7:00 p.m. at our Burnaby Campus. For more info go to : <https://www.bcit.ca/about/visit/big-info/>

BCIT (British Columbia Institute of Technology) – Online Info Sessions

January 31 – Environmental Engineering

February 1 – Heavy Mechanical Trades

February 12 - Computer Systems Technology (CST)

February 13 – Interior Design / Front End Web Developer

February 22 – Office Administration

To register go to : <https://www.bcit.ca/events/category/info-session/list/>

Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming session **February 7** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to: <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

Study and Go Abroad Fair

Canada's largest International university and student travel expo is happening on Thursday **February 29** at the Vancouver Convention Centre. Meet with top universities and professional schools from Canada and around the world. For more info go to : <https://www.studyandgoabroad.com/vancouver/>

SFU (Simon Fraser University) – Online Info Sessions

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February 1 & 8 – SFU Applicant Workshop: Join this virtual workshop specifically designed to help BC high school students complete their applications. We'll cover admission requirements, how to self-report your grades, important dates, and address topics and frequently asked questions from BC applicants. To register go to: <https://www.sfu.ca/students/admission/tours-events/events.html>

- **Langara College - Online Info Sessions**

- February 2** – Bachelor of Science in Nursing
 - February 5** – Marketing Management
 - February 6** – Design Formation / Food & Nutrition / Social Services Worker / Studio 58 Acting & Production
 - January 16** – Programs in Gerontology
 - February 8** – Journalism
 - February 15** – Recreation Programs
 - February 26**- EA (Education Assistant)
 - February 27** – Engineering Programs
- To sign up go to: <https://langara.ca/news-and-events/information-sessions/index.html>

- **UVic (University of Victoria) – Online Info Session**

If you’re thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **February 12 & March 14** at 5pm and learn what it really means to be a UVic student. More than just getting into university, we’ll explore the possibilities and what your education can be. You’ll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at : <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

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