



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin

Student First Aid: Julia Park and Emily Rusak

Dec 14 Ms. Manning Dec 18-21

Mr. Rolph

Work Experience Opportunities - shown at bottom of bulletin

Snow Dayz are here!









Date: Monday December 18th, 2023

From December 18-21st there will be a holiday spirit week.

We kick the week off on Monday with photos with Santa and Larry the lion.

On Tuesday we have a flannel vs puffer and holiday karaoke.

On Wednesday it's our annual pancake breakfast+ pj day.

We wrap thing up on Thursday with Winter Wonderland.

Enjoy games, entertainment, a photobooth, and use your Holla Dollas to enter draws for amazing prizes. For more information, please check out the BMSS council Instagram page.

Dec 20 Mr. Leung

The CUB (Career UmBrella) club

"Are you interested in hearing from a BMSS graduate and her experience transitioning from high school to university? If so, this event is for you! Career UmBrella will be hosting SPARK Ep-3 with BMSS alumni Michaela Moon at lunch in room 301 on Wednesday, the 20th.

Come to learn more about the university experience, ways to prepare yourself for post-secondary, class workload and Michaela's personal experience!"

Dec 21 Ms. Reily

Attention grade 10 and 11 students:

Are you interested in taking an AP course next year? **Please fill out this survey by Thursday December 21**: https://forms.office.com/r/9uZzmuJWZC. We are looking at running some AP courses with a linear schedule next year and the purpose of the survey is to gather information so we can make some planning decisions ahead of course selection.



If you have any questions, please see Ms. Reily in room 307.

Dec 21 Ms. Belyea

City of Burnaby Bursary Award:

looking for outstanding community involvement and volunteerism. Priority will be given to students who demonstrate financial need (family income below \$50, 000). Due Jan 19.

SCHOOL GOALS:

Goal 1: To foster an educated, responsible and reflective community of Digitally Literate Citizens.

For more information and details of how to apply, please visit the scholarship Team page or go see Ms Belyea in room 304.



(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

<u>Creekside Youth Centre – Afterschool Program NEW</u>

Creekside Youth Centre, located at Stoney Creek Elementary, is looking for volunteers for their Pre-Teen program afterschool on Mondays and Wednesdays from 3:20 – 5:00pm. This is a great opportunity for students who are planning to go into education, social work or psychology. Minimum commitment is one day a week after school for 8 weeks. For more info and to sign up go to the Career Centre.

Code Ninjas NEW

Code Ninjas Coquitlam (1130 Austin Ave) is looking for volunteers for their "Learn to Code" program for kids. Basic understanding of computer programing is an asset. Afterschool and weekend shifts are available. This is a great opportunity to get experience in a computer science industry. Come to the Career Centre to sign up.

Burnaby RCMP Youth Academy 2024:

The Burnaby RCMP is hosting a Youth Academy March 18-22, 2024 at Burnaby Central Secondary School for students in Grade 11 or 12 with an interest in exploring a career in law enforcement. Come by the Career Centre ASAP for an application and more information.

Special Olympics BC

Special Olympics BC is an excellent organization seeking volunteers to help individual with special needs at local events and sports (basketball, aquatics, bowling, etc). Various dates, times and events available. The program schedule for Burnaby is here Schedules | Special Olympics BC Burnaby (sobcburnaby.org). Sign up to volunteer at:

https://www.specialolympics.ca/british-columbia/get-involved/volunteer For Burnaby opportunities, visit: https://sobcburnaby.org/?page_id=381_

Port Moody Winter Farmers Market

The Port Moody Farmers Market is currently looking to fill all volunteer positions for the 2022-23 Winter Farmers Market season. Our winter market season runs November – April, on Sundays (10am - 2pm) at 300 loco Road, Port Moody (behind the Port Moody Library). Positions available are: Set Up, Entrance Gate, Power of Produce(PoP) Tent, Kid's Craft Tent, Take Down, Special Events. To sign up go to: https://makebakegrow.com/get-involved-at-the-market/

Vancouver Art Gallery

Are you interested in art? Are you curious about what goes on behind the scenes at the Vancouver Art Gallery? You can now join their friendly and dedicated team of Gallery Volunteers! Volunteers are an integral part of the visitor experience at the Vancouver Art Gallery. To register for an info session, visit https://www.vanartgallery.bc.ca/volunteer Volunteers must be 16 yrs+.

<u>Shoppers Drug Mart – Pharmacy, Retail or Cosmetics Department</u>

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre for more details and to sign up.

Learning Buddies – ONLINE Work Experience

Learning Buddies Network is a non-profit organization dedicated to helping elementary school students develop essential literacy and math skills through free one-on-one, after-school mentoring in a fun group setting. They are looking volunteers for the Winter/Spring 2024 term (January - May) The program runs weekdays afterschool on Zoom. There is a choice of days and time you can volunteer. For more information stop by the Career Centre ad pick up a handout. Application Deadline Dec 31. To apply go to: https://www.learningbuddiesnetwork.com/mentor-application-form

Wildlife Rescue Association

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The Wildlife Rescue Association volunteer work experience program is currently accepting applications. Students must be 16yrs+ and must commit to 80+ hrs of volunteering (one 4-5 hr shift per week) at the Wildlife Rescue Hospital at Burnaby Lake (5216 Glencarin Dr, Burnaby). For more information about how to apply pick up a handout in the Career Centre.

<u>The Madison & Lakeshore – Seniors Care Homes</u>

The Madison & Lakeshore are Seniors Care Homes located in Coquitlam (just off Como Lake Ave). They are both looking for volunteers Monday to Thursday from 5:30 – 7pm to help with their evening social programs. The Lakeshore Care Centre is seeking volunteers on the weekends as well. Volunteers attend one day a week for a minimum of 12 weeks. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Fly Over Canada Guest Services Intern

Come assist in guest services at one of Vancouver's best tourist attractions during the Winter Break. Fly Over Canada is seeking students interested in gaining work experience in public relations, customer service and business. Come by the Career Centre for a handout with more info on how to apply.

Burnaby Fire Department Youth Academy

Are you interested in learning more about a career in firefighting? The Burnaby Fire Department is hosting a 4-day academy, April 29 – May 2, 2024 where students will learn firefighting skills, fire hose operations, search and rescue and belay techniques and much more. Come by the Career Centre for an application.

Low Entropy Thrift Store – Burquitlam Plaza

We are looking for enthusiastic and friendly volunteers to support us in person to operate our thrift store. You will perform a wide range of duties from customer service to sorting donations and organizing the store. Most volunteers work one shift per week. To apply go

 $to: \underline{https://app.betterimpact.com/PublicOrganization/4d580166-d7db-4d55-a867-aabdd6b15b6e/Gvi/72493870-bf25-4090-a5cc-7a927752e6bf/1$

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Monday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at: https://www.bigbrothersvancouver.com/our-programs/teen-mentor/ After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

<u>Canadian Blood Services – Blood Donor Clinic</u>

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to :https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber

The 31st Annual Wellness Show – Vancouver Convention Centre

Are you interested in fitness, nutrition and wellness? Are you interested in events and hospitality? The 31st Annual Wellness Show is seeking volunteers at the Vancouver Convention Centre the weekend of February 3rd and 4th, 2024. Positions include information table, coat check, seminar and workshops assistants, greeters, etc. Come by the Career Centre to learn more.

New Vista – Seniors Care Home

New Vista is a Seniors Care Home located in Burnaby (near Edmonds Community Centre). They are looking for volunteers on weekends and weekday evenings to help with their social and recreational programs. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to: http://burnabyhospice.org/volunteer/thriftstore/

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Invasive Species Youth Environmental Program

Do you want to make an impact in your community, but don't know where to start? Join the Invasive Species Council of BC Youth Program and help prevent the spread of invasive species and help keep ecosystems healthy.

Learn how to engage the public and build an effective team, gain experience in project management and budget building, get access to training opportunities in habitat restoration, invasive species management, leadership, and more! Design and lead your own community project or join another one and have your project funded – up to \$5,000 available per project. Connect with youth across Canada and grow your network while gaining practical, hands-on work experience in a safe and inclusive space. To apply you must be 15-30 years old and have Canadian citizenship, permanent resident status, or refugee status. To apply go to: https://bcinvasives.ca/take-action/community-science/youth-team-2/

BASES Family Thrift Store

Located at 7825 Edmonds Street, Burnaby. We provide opportunities for developing cashier and customer service skills, organization, and sorting skills. We work together as a family for our common cause to support our local community. No experience is necessary. We are looking for volunteers who enjoy Thrift Stores and love giving back. For more info and to apply go to: https://basesburnaby.ca/

Career Exploration and Leadership Development

(these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

<u>BMSS Career Umbrella Event – The University Experience</u>

Are you interested in hearing from a graduated BMSS student and her experience transitioning from high school to university? If so, this event is for you! Career UmBrella will be hosting SPARK Ep-3 with BMSS alumni Michaela Moon at lunch in room 301 Wednesday, December 20th. Come to learn more about the university experience, ways to prepare yourself for post-secondary, class workload and Michaela's personal experience!

IYSCorps Program - Leadership & Volunteering Opportunity

The **IYSCorps** program is looking for passionate youth between the ages of 15-29 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. IYSC Program provides youth with 5 weeks of essential skills training such as resume writing, financial literacy, stress management, and looking for jobs. Youth are then offered with 12 weeks at a volunteer placement of their choice or have the opportunity to create their own fully funded community project. To apply go

to: https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-ambassador-youth-service-corps-3

<u>SFU STEM Speakers Series – Innovation for a Sustainable Future</u>

The Science, Technology, Engineering, and Mathematics (STEM) Speaker Series provides secondary school students with the opportunity to meet and interact with university students, faculty members, and/or working professionals in STEM fields. The January Talk is with Dr. Rahul Singh, Director of Innovation & Technology at the BC Centre for Agritech Innovation. His passion and expertise lie addressing the pressing challenges posed by climate change, impacting both our communities and the planet. He enjoys discussing cutting-edge science, engineering, and biotechnology and their social, economic, ethical and environmental impacts Join us on January 20 from 1:00 – 2:00pm on Zoom. To register go to: https://sciencealive.ca/stem-speaker-series

Post-Secondary Info Sessions

<u>BCIT (British Columbia Institute of Technology) – Online Info Sessions</u>

December 20 - Railway Training (Conductor or Train Dispatcher)

To register go to: https://www.bcit.ca/events/category/infosession/list/

<u>SFU (Simon Fraser University) – Online Info Sessions</u>

January 11 & 16 – <u>SFU Applicant Workshop:</u> Join this virtual workshop specifically designed to help BC high school students complete their applications. We'll cover admission requirements, how to self-report your grades, important dates, and address topics and frequently asked questions from BC applicants.

To register go to: https://www.sfu.ca/students/admission/tours-events/events.html

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Career Education & District Programs Info Night: NEW

The Burnaby School District has a multitude of programs available to students in their Grade 11 & 12 years. Did you know you can complete post-secondary level training, in a variety of fields, while you are still in high school? If you are interested in learning more about what programs are available, you are invited to attend the Career Education & District Programs Info Night, on January 16 at 6:30pm-8:30pm at Burnaby Central Secondary and drop by the Career Centre for more info. For more info on all the programs: https://burnabyschools.ca/careereducation/

CLC (Career Life Connections) 11

Assignment #1 - Grid + Questions (was due October 31)

Assignment #2 - Post Secondary Fair Assignment #3 - Core Competencies

Assignment # 2 & #3 are DUE December 15th

NEXT CLC11 ASSEMBLY – Friday January 12th

CLC (Career Life Connections) 12

Assignment #1 - Resume
Assignment #2 - Mentorship
Assignment #3 – Cost of Living Awareness
Assignment #4 – Choose Your Own Adventure

All Assignment are DUE January 8th