





We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin


Date: Wednesday December 13th, 2023

Student First Aid: Rio Onda and Mini Pang

	
<p>Dec 13 Mr. Richardson</p>	<p>On Monday Dec 11th and Wednesday Dec 13th Burnaby Mountain's Athletic Department is hosting Silent Night's for the JR and SR Boys and Girls Basketball teams.</p> <p>Who is playing? Wednesday December 13th</p> <ul style="list-style-type: none"> 5:30 pm Junior Girls v NWSS 7:00 pm Senior Girls v NWSS <p>What is Silent Night?</p> <ul style="list-style-type: none"> Silent Night is a food drive for the Greater Vancouver Food Bank. Please bring non-perishable food item to gain entry into the gym. Spectators are encouraged to arrive before the games start. From the first tip off all spectators fall silent (those who are unable to do so will be asked to leave the gym and spectate from the Gym 1 windows). When Mountain hits 10 points there will be a loud celebration including chants and the unveiling of our winter season song. In addition, these are themed nights. Everyone is encouraged to wear all white on Dec 11th and all green on Dec 13th. This is an event you do not want to miss.
<p>Dec 15 Mr. Rolph</p>	<p>Snow Dayz are coming!</p> <div data-bbox="472 1419 1333 1553">  </div> <p>Snow Dayz are coming! From December 18-21st there will be a holiday spirit week. We kick the week off on Monday with photos with Santa and Larry the lion. On Tuesday we have a flannel vs puffer and holiday karaoke. On Wednesday it's our annual pancake breakfast+ pj day. We wrap thing up on Thursday with Winter Wonderland. Enjoy games, entertainment, a photobooth, and use your Holla Dollars to enter draws for amazing prizes. For more information, please check out the BMSS council Instagram page.</p>
<p>Dec 15 Ms Manning</p>	<p>CLC (Career Life Connections) 11 Reminder to all grade 11 students your CLC Assignment #2 - Post Secondary Fair and Assignment #3 - Core Competencies are DUE December 15th. Please come to the Career Centre if you have any questions.</p>
<p>Dec 15 Mr. Culbert</p>	<p>For the holiday season, Youth in Action is taking part in the Shoebox Project. The Shoebox Project is a charity based project aimed towards helping women in need. In the week of December 11-15, Youth in Action will be hosting a charity drive for any hygiene products, gloves, hats, socks, scarfs, and candy or chocolates. A more detailed list is available on the bmss youth in action page as well as the shoebox project website. We will also accept cash donations as well as any empty</p>

SCHOOL GOALS:

- Goal 1: To foster an educated, responsible and reflective community of Digitally Literate Citizens.
 Goal 2: To increase student awareness, understanding and practice of healthy living.

	shoeboxes. Even the smallest donation counts! Help us make this holiday season just a little better for those in need in our community
Mr. Leung 	<p style="text-align: right;">Hello Lions!</p> <p>This year's Kryptos' Lockbox has begun! If you are unfamiliar, this is a 12-day scavenger hunt / puzzle challenge with awesome prizes opened to all students here at Burnaby Mountain.</p> <p>None of the problems will require higher-level mathematics, so students from all grade levels can participate.</p> <p>The Lockbox itself, along with the rules and the first puzzles, is displayed in the office's waiting area.</p> <p style="text-align: right;">Good Luck, Have Fun!</p>



Work Experience Opportunities

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

Burnaby RCMP Youth Academy 2024: **NEW**

The Burnaby RCMP is hosting a Youth Academy March 18-22, 2024 at Burnaby Central Secondary School for students in Grade 11 or 12 with an interest in exploring a career in law enforcement. Come by the Career Centre ASAP for an application and more information.

Special Olympics BC **NEW**

Special Olympics BC is an excellent organization seeking volunteers to help individual with special needs at local events and sports (basketball, aquatics, bowling, etc). Various dates, times and events available. The program schedule for Burnaby is here [Schedules | Special Olympics BC Burnaby \(sobcburnaby.org\)](#). Sign up to volunteer at:

<https://www.specialolympics.ca/british-columbia/get-involved/volunteer> For Burnaby opportunities, visit: https://sobcburnaby.org/?page_id=381

Port Moody Winter Farmers Market **NEW**

The Port Moody Farmers Market is currently looking to fill all volunteer positions for the 2022-23 Winter Farmers Market season. Our winter market season runs November – April, on Sundays (10am - 2pm) at 300 Ioco Road, Port Moody (behind the Port Moody Library). Positions available are: Set Up, Entrance Gate, Power of Produce(PoP) Tent, Kid's Craft Tent, Take Down, Special Events. To sign up go to: <https://makebakegrow.com/get-involved-at-the-market/>

Vancouver Art Gallery **NEW**

Are you interested in art? Are you curious about what goes on behind the scenes at the Vancouver Art Gallery? You can now join their friendly and dedicated team of Gallery Volunteers! Volunteers are an integral part of the visitor experience at the Vancouver Art Gallery. To register for an info session, visit <https://www.vanartgallery.bc.ca/volunteer> Volunteers must be 16 yrs+.

Learning Buddies – ONLINE Work Experience **NEW**

Learning Buddies Network is a non-profit organization dedicated to helping elementary school students develop essential literacy and math skills through free one-on-one, after-school mentoring in a fun group setting. They are looking volunteers for the Winter/Spring 2024 term (January - May) The program runs weekdays afterschool on Zoom. There is a choice of days and time you can volunteer. For more information stop by the Career Centre ad pick up a handout. Application Deadline Dec 31. To apply go to: <https://www.learningbuddiesnetwork.com/mentor-application-form>

Wildlife Rescue Association **NEW**

The Wildlife Rescue Association volunteer work experience program is currently accepting applications. Students must be 16yrs+ and must commit to 80+ hrs of volunteering (one 4-5 hr shift per week) at the Wildlife Rescue Hospital at Burnaby Lake (5216 Glencarin Dr, Burnaby). For more information about how to apply pick up a handout in the Career Centre.

SCHOOL GOALS:
Goal 1: To foster an educated, responsible and reflective community of Digitally Literate Citizens.
Goal 2: To increase student awareness, understanding and practice of healthy living.

The Madison & Lakeshore – Seniors Care Homes

The Madison & Lakeshore are Seniors Care Homes located in Coquitlam (just off Como Lake Ave). They are both looking for volunteers Monday to Thursday from 5:30 – 7pm to help with their evening social programs. The Lakeshore Care Centre is seeking volunteers on the weekends as well. Volunteers attend one day a week for a minimum of 12 weeks. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Fly Over Canada Guest Services Intern

Come assist in guest services at one of Vancouver's best tourist attractions during the Winter Break. Fly Over Canada is seeking students interested in gaining work experience in public relations, customer service and business. Come by the Career Centre for a handout with more info on how to apply.

Shoppers Drug Mart – Retail or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre for more details and to sign up.

Burnaby Fire Department Youth Academy

Are you interested in learning more about a career in firefighting? The Burnaby Fire Department is hosting a 4-day academy, April 29 – May 2, 2024 where students will learn firefighting skills, fire hose operations, search and rescue and belay techniques and much more. Come by the Career Centre for an application.

Low Entropy Thrift Store – Burquitlam Plaza

We are looking for enthusiastic and friendly volunteers to support us in person to operate our thrift store. You will perform a wide range of duties from customer service to sorting donations and organizing the store. Most volunteers work one shift per week. To apply go

to : <https://app.betterimpact.com/PublicOrganization/4d580166-d7db-4d55-a867-aabdd6b15b6e/Gvi/72493870-bf25-4090-a5cc-7a927752e6bf/1>

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Monday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at:

<https://www.bigbrothersvancouver.com/our-programs/teen-mentor/> After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go

to : <https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber>

The 31st Annual Wellness Show – Vancouver Convention Centre

Are you interested in fitness, nutrition and wellness? Are you interested in events and hospitality? The 31st Annual Wellness Show is seeking volunteers at the Vancouver Convention Centre the weekend of February 3rd and 4th, 2024. Positions include information table, coat check, seminar and workshops assistants, greeters, etc. Come by the Career Centre to learn more.

New Vista – Seniors Care Home

New Vista is a Seniors Care Home located in Burnaby (near Edmonds Community Centre). They are looking for volunteers on weekends and weekday evenings to help with their social and recreational programs. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go

to : <http://burnabyhospice.org/volunteer/thriftstore/>

SCHOOL GOALS:

Goal 1: To foster an educated, responsible and reflective community of Digitally Literate Citizens.

Goal 2: To increase student awareness, understanding and practice of healthy living.

Invasive Species Youth Environmental Program

Do you want to make an impact in your community, but don't know where to start? Join the Invasive Species Council of BC Youth Program and help prevent the spread of invasive species and help keep ecosystems healthy.

Learn how to engage the public and build an effective team, gain experience in project management and budget building, get access to training opportunities in habitat restoration, invasive species management, leadership, and more! Design and lead your own community project or join another one and have your project funded – up to \$5,000 available per project. Connect with youth across Canada and grow your network while gaining practical, hands-on work experience in a safe and inclusive space. To apply you must be 15-30 years old and have Canadian citizenship, permanent resident status, or refugee status. To apply go to: <https://bcinvasives.ca/take-action/community-science/youth-team-2/>

BASES Family Thrift Store

Located at 7825 Edmonds Street, Burnaby. We provide opportunities for developing cashier and customer service skills, organization, and sorting skills. We work together as a family for our common cause to support our local community. No experience is necessary. We are looking for volunteers who enjoy Thrift Stores and love giving back. For more info and to apply go to: <https://basesburnaby.ca/>

Career Exploration and Leadership Development

(these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

IYSCorps Program - Leadership & Volunteering Opportunity **NEW**

The IYSCorps program is looking for passionate youth between the ages of 15-29 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. IYSC Program provides youth with 5 weeks of essential skills training such as resume writing, financial literacy, stress management, and looking for jobs. Youth are then offered with 12 weeks at a volunteer placement of their choice or have the opportunity to create their own fully funded community project. To apply go

to: <https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-ambassador-youth-service-corps-3>

SFU STEM Speakers Series – Innovation for a Sustainable Future **NEW**

The Science, Technology, Engineering, and Mathematics (STEM) Speaker Series provides secondary school students with the opportunity to meet and interact with university students, faculty members, and/or working professionals in STEM fields. The January Talk is with Dr. Rahul Singh, Director of Innovation & Technology at the BC Centre for Agritech Innovation. His passion and expertise lie addressing the pressing challenges posed by climate change, impacting both our communities and the planet. He enjoys discussing cutting-edge science, engineering, and biotechnology and their social, economic, ethical and environmental impacts. Join us on **January 20** from 1:00 – 2:00pm on Zoom. To register go to : <https://sciencealive.ca/stem-speaker-series>

Post-Secondary Info Sessions

BCIT (British Columbia Institute of Technology) – Online Info Sessions

December 12 – Office Administration / Commercial Airline or Helicopter Pilot

December 14 – Software Systems Developer

December 20 - Railway Training (Conductor or Train Dispatcher)

To register go to : <https://www.bcit.ca/events/category/info-session/list/>

SFU (Simon Fraser University) – Online Info Sessions

January 11 & 16 – SFU Applicant Workshop: Join this virtual workshop specifically designed to help BC high school students complete their applications. We'll cover admission requirements, how to self-report your grades, important dates, and address topics and frequently asked questions from BC applicants.

To register go to: <https://www.sfu.ca/students/admission/tours-events/events.html>

UVic (University of Victoria) – Online Info Session

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **December 12** at 5pm and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program

SCHOOL GOALS:

Goal 1: To foster an educated, responsible and reflective community of Digitally Literate Citizens.

Goal 2: To increase student awareness, understanding and practice of healthy living.

and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at: <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

Career Education & District Programs Info Night: **NEW**

The Burnaby School District has a multitude of programs available to students in their Grade 11 & 12 years. Did you know you can complete post-secondary level training, in a variety of fields, while you are still in high school? If you are interested in learning more about what programs are available, you are invited to attend the Career Education & District Programs Info Night, on **January 16 at 6:30pm-8:30pm at Burnaby Central Secondary** and drop by the Career Centre for more info. For more info on all the programs: <https://burnabyschools.ca/careereducation/>

SCHOOL GOALS:
Goal 1: To foster an educated, responsible and reflective community of Digitally Literate Citizens.
Goal 2: To increase student awareness, understanding and practice of healthy living.