



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin

Date: Wednesday December 6th,2023

Student First Aid: Hanyoung Lee and Artin Mirzaaghaei

Dec 13 Mr. Richardson On Monday Dec 11th and Wednesday Dec 13th Burnaby Mountain's Athletic Department is hosting Silent Night's for the JR and SR Boys and Girls Basketball teams.

Who is playing?

- Monday December 11th
 - 5:30 pm Junior Boys v Moscrop
 - o 7:00 pm Senior Boys v Moscrop
- Wednesday December 13th
 - 5:30 pm Junior Girls v NWSS
 - o 7:00 pm Senior Girls v NWSS

What is Silent Night?

Silent Night is a food drive for the Greater Vancouver Food Bank. Please bring non-perishable food item to gain entry into the gym. Spectators are encouraged to arrive before the games start. From the first tip off all spectators fall silent (those who are unable to do so will be asked to leave the gym and spectate from the Gym 1 windows). When Mountain hits 10 points there will be a loud celebration including chants and the unveiling of our winter season song. In addition, these are themed nights. Everyone is encouraged to wear all white on Dec 11th and all green on Dec 13th. This is an event you do not want to miss.

Dec 6 Mr. Kushlick

Ski and Snowboard club meeting

Thursday Dec 7th in Mr. Kushlick's room (214)

Mr. Leung



Hello Lions!

This year's Kryptos' Lockbox has begun! If you are unfamiliar, this is a **12-day** scavenger hunt / puzzle challenge with awesome prizes opened to all students here at Burnaby Mountain.

None of the problems will require higher-level mathematics, so students from all grade levels can participate.

The Lockbox itself, along with the rules and the first puzzles, is displayed in the office's waiting area.

Good Luck, Have Fun!





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Dec 8
Ms. Manning

Work Experience Opportunities – see bottom of bulletin

Work Experience Opportunities

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

Code Ninjas

Code Ninjas Coquitlam (1130 Austin Ave) is looking for volunteers for their "Learn to Code" program for kids. This is a great opportunity to get experience in a computer science industry. The next orientation is scheduled for December 4 from 4 - 5pm. Come to the Career Centre to sign up.

Burnaby RCMP Youth Academy 2024: NEW

The Burnaby RCMP is hosting a Youth Academy March 18-22, 2024 at Burnaby Central Secondary School for students in Grade 11 or 12 with an interest in exploring a career in law enforcement. Come by the Career Centre ASAP for an application and more information.

Special Olympics BC NEW

Special Olympics BC is an excellent organization seeking volunteers to help individual with special needs at local events and sports (basketball, aquatics, bowling, etc). Various dates, times and events available. The program schedule for Burnaby is here Schedules | Special Olympics BC Burnaby (sobcburnaby.org). Sign up to volunteer at: https://www.specialolympics.ca/british-columbia/get-involved/volunteer For Burnaby opportunities, visit: https://sobcburnaby.org/?page_id=381

Port Moody Winter Farmers Market NEW

The Port Moody Farmers Market is currently looking to fill all volunteer positions for the 2022-23 Winter Farmers Market season. Our winter market season runs November – April, on Sundays (10am - 2pm) at 300 loco Road, Port Moody (behind the Port Moody Library). Positions available are: Set Up, Entrance Gate, Power of Produce(PoP) Tent, Kid's Craft Tent, Take Down, Special Events. To sign up go to: https://makebakegrow.com/get-involved-at-the-market/

Vancouver Art Gallery NEW

Are you interested in art? Are you curious about what goes on behind the scenes at the Vancouver Art Gallery? You can now join their friendly and dedicated team of Gallery Volunteers! Volunteers are an integral part of the visitor experience at the Vancouver Art Gallery. To register for an info session, visit https://www.vanartgallery.bc.ca/volunteer Volunteers must be 16 yrs+.

Aunt Leah's Charity Tree Lot

Aunt Leah's Place is a registered charity that, for over 30 years, has been helping prevent children in foster care from becoming homeless by providing supported housing, education, employment training and coaching. Their Christmas tree sales support their projects. All volunteer training and orientation takes place onsite. There are locations in Coquitlam and Burnaby with after school shifts every Monday-Friday from 4-8 pm and weekend shifts from 10-2, 1-5 and 4-8. Students must be 16 years of age and older to volunteer. Some of the tasks include: track sales, handle cash, operate debit/credit machine, reconcile sales after shift, answer customer questions, explain Aunt Leah's vision. Volunteers can sign up for shifts online at (make sure you indicate that you are a Burnaby Mountain Secondary School Student when filling in the form): https://www.auntleahs.org/get-involved/tree-lots/

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<u>The Madison & Lakeshore – Seniors Care Homes</u>

The Madison & Lakeshore are Seniors Care Homes located in Coquitlam (just off Como Lake Ave). They are both looking for volunteers Monday to Thursday from 5:30 – 7pm to help with their evening social programs. The Lakeshore Care Centre is seeking volunteers on the weekends as well. Volunteers attend one day a week for a minimum of 12 weeks. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Fly Over Canada Guest Services Intern

Come assist in guest services at one of Vancouver's best tourist attractions during the Winter Break. Fly Over Canada is seeking students interested in gaining work experience in public relations, customer service and business. Come by the Career Centre for a handout with more info on how to apply.

Shoppers Drug Mart – Retail or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre for more details and to sign up.

Burnaby Fire Department Youth Academy

Are you interested in learning more about a career in firefighting? The Burnaby Fire Department is hosting a 4-day academy, April 29 – May 2, 2024 where students will learn firefighting skills, fire hose operations, search and rescue and belay techniques and much more. Come by the Career Centre for an application.

Low Entropy Thrift Store – Burquitlam Plaza

We are looking for enthusiastic and friendly volunteers to support us in person to operate our thrift store. You will perform a wide range of duties from customer service to sorting donations and organizing the store. Most volunteers work one shift per week. To apply go

to: https://app.betterimpact.com/PublicOrganization/4d580166-d7db-4d55-a867-aabdd6b15b6e/Gvi/72493870-bf25-4090-a5cc-7a927752e6bf/1

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Monday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at: https://www.bigbrothersvancouver.com/our-programs/teen-mentor/ After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

The 31st Annual Wellness Show – Vancouver Convention Centre

Are you interested in fitness, nutrition and wellness? Are you interested in events and hospitality? The 31st Annual Wellness Show is seeking volunteers at the Vancouver Convention Centre the weekend of February 3rd and 4th, 2024. Positions include information table, coat check, seminar and workshops assistants, greeters, etc. Come by the Career Centre to learn more.

Invasive Species Youth Environmental Program

Do you want to make an impact in your community, but don't know where to start? Join the Invasive Species Council of BC Youth Program and help prevent the spread of invasive species and help keep ecosystems healthy.

Learn how to engage the public and build an effective team, gain experience in project management and budget building, get access to training opportunities in habitat restoration, invasive species management, leadership, and more! Design and lead your own community project or join another one and have your project funded – up to \$5,000 available per project. Connect with youth across Canada and grow your network while gaining practical, hands-on work experience in a safe and inclusive space. To apply you must be 15-30 years old and have Canadian citizenship, permanent resident status, or refugee status. To apply go to: https://bcinvasives.ca/take-action/community-science/youth-team-2/

BASES Family Thrift Store

Located at 7825 Edmonds Street, Burnaby. We provide opportunities for developing cashier and customer service skills, organization, and sorting skills. We work together as a family for our common cause to support

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our local community. No experience is necessary. We are looking for volunteers who enjoy Thrift Stores and love giving back. For more info and to apply go to: https://basesburnaby.ca/

<u>Canadian Blood Services – Blood Donor Clinic</u>

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to :https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber

New Vista – Seniors Care Home

New Vista is a Seniors Care Home located in Burnaby (near Edmonds Community Centre). They are looking for volunteers on weekends and weekday evenings to help with their social and recreational programs. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to: http://burnabyhospice.org/volunteer/thriftstore/

Paid Work

Pedalheads Swim

Pedalheads Swim operates year-round, and we are continually looking for energetic, fun staff who have a love for working with children and are ready to dive into their Aquatic career! We have two Burnaby locations - Fitness 2000 [9304 Salish Court, Burnaby (near Lougheed Mall) and Greentree Village [4295 Garden Grove Dr, Burnaby]. Please note we require the following pre-requisites: Standard First Aid with CPR - C and a Swim For Life Instructor both of these MUST be valid. Have your certificates Apply to be a Swim Instructor Today! Just missing your Instructor certification Apply for our FREE Instructor Course! Or go to: https://pedalheads-bike-camps.breezy.hr/p/cc39a1376d09-swim-instructor

Post-Secondary Info Sessions

BCIT (British Columbia Institute of Technology) - Online Info Sessions

December 12 - Office Administration / Commercial Airline or Helicopter Pilot

December 14 – Software Systems Developer

December 20 - Railway Training (Conductor or Train Dispatcher)

To register go to : https://www.bcit.ca/events/category/infosession/list/

SFU (Simon Fraser University) – Online Info Sessions

January 11 & 16 – <u>SFU Applicant Workshop</u>: Join this virtual workshop specifically designed to help BC high school students complete their applications. We'll cover admission requirements, how to self-report your grades, important dates, and address topics and frequently asked questions from BC applicants. To register go to: https://www.sfu.ca/students/admission/tours-events/events.html

<u>UBC (University of British Columbia) – Online Info Sessions & Campus Tours</u>

To register go to: https://account.you.ubc.ca/s/events?information-sessions

UVic (University of Victoria) – Online Info Session

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **December 12** at 5pm and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at: https://www.uvic.ca/undergraduate/tours-events/events/index.php

<u>Douglas College - Online Info Sessions</u>

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Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming session **December 5** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to: https://www.douglascollege.ca/future-students/explore-douglas/information-sessions

<u>Langara College - Online Info Sessions</u>

December 5 – Design Formation

To sign up go to: https://langara.ca/news-and-events/information-sessions/index.html

Career Education & District Programs Info Night: NEW

The Burnaby School District has a multitude of programs available to students in their Grade 11 & 12 years. Did you know you can complete post-secondary level training, in a variety of fields, while you are still in high school? If you are interested in learning more about what programs are available, you are invited to attend the Career Education & District Programs Info Night, on January 16 at 6:30pm-8:30pm at Burnaby Central Secondary and drop by the Career Centre for more info. For more info on all the programs: https://burnabyschools.ca/careereducation/