





We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin
Date: Thursday November 23rd,2023






Student First Aid: Reina Fung and Amal Hamed

<div> <div>NEW</div> <div>Nov 23</div> <div>Ms. Barsky</div> </div>	<div> <div> GRADE 8 COUNCIL MEETING TODAY!! Come to Ms. Barsky's room (202) today, (Thursday) at lunch for a quick Grade 8 council meeting, if you are interested in helping plan and run cool events for Grade 8s this year. We will add you to our Grade 8 Council Team and you can be part of the fun! </div> </div>
<div> <div>Nov 23</div> <div>Ms. Sullivan</div> </div>	<div> <div> <div>CELEBRATE LITERACY WEEK!</div> <div> <div>Thursday: Nov 23</div> <div>Zine Making at lunch in the library with Ms. Lucken!</div> </div> </div> <div>Exciting activities will be offered all week for a chance to explore all areas of Literacy!</div> </div>
<div> <div>Nov 23</div> <div>Mr. Rolph</div> <div>  </div> </div>	<div> <div>Culture Fest Tickets!</div> <ul style="list-style-type: none"> Culture Fest is returning to Burnaby Mountain! This is an event celebrating the different cultures at Mountain, and we are inviting you to join us to celebrate our diversity! Different performances as well as food will be available on this day for you to enjoy. Come to the upper commons to buy your tickets! Tickets will be sold from November 8-22 at lunch for \$3 for one and \$5 for two Doors will open to enjoy some food at 5:00pm and performances will start at 6:00pm on Thursday November 23rd All proceeds from this event will go towards UNICEF (United Nations International Children’s Emergency Fund) </div>
<div> <div>Nov 24</div> <div>Ms. Manning</div> </div>	<div> <div>Work Experience Opportunities see bottom of bulletin</div> </div>
<div> <div>Dec 4</div> <div>Ms. Williams</div> </div>	<div> <div> <div>  </div> <div> <div>Let your inner artist out!</div> <div>It's time for the annual BMSS Library bookmark contest. Pick up your entry from the library and design away! Entries are due Monday, December 4.</div> </div> </div> </div>
<div> <div>Nov 30</div> <div>Ms. Belyea</div> </div>	<div> <div>Scholarships</div> <div>We've got some BIG ones here!!! These awards all have deadlines early in January. Visit the Scholarship Team for more information.</div> </div>

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	<p>Schulich Leader Scholarships: Canada’s most coveted undergraduate STEM scholarships. Every high school in Canada can nominate one graduating student each year to apply for the scholarship. For someone who plans to pursue a career in one or more of the following areas: technology, engineering, entrepreneurship and business enterprise, applied scientific research (\$80,000 - \$100, 000)</p> <p>Beedie Luminaries Scholarship: is for BC students with potential who are facing financial adversity. Students who are smart but constrained by circumstance. Students who are resilient, gritty. and ready to make a positive change in their lives. (\$44, 000)</p> <p>Cmolik Scholarship: Awards scholarships to BC youth who have faced adversity in their lives and demonstrated tenacity. Each school can nominate one candidate. (\$45,000)</p> <p>BC Excellence Scholarship: available to recognize well-rounded B.C. graduates. Winners demonstrate service and leadership, both at school and in their communities. Winners also show aptitude and commitment to their chosen career paths. Each school can nominate one candidate. (\$5,000)</p> <p>Reminder that the Lester B. Pearson International Scholarship for U of T is due to Ms. Belyea (Room 304) by NOV 16!</p> <p> Langara Regional International Entrance Scholarship: established to financially support international students coming to Langara College in pursuit of higher education. (\$7,500)</p> <p> Energy Rates Scholarship: To see what the next great minds bring to this ever-transforming industry and want to assist those great minds achieve their goals and dreams. (\$500)</p> <p> BC TEAL Refugee Award: for a refugee who has shown courage and determination while adapting to a new language and culture in Canada. (\$3,000)</p> <p> David Lam/ TFC ELL Scholarship: awarded annually to an English language student who wishes to study at a post-secondary institution, has excelled academically and has taken an active part in community and/or school service. (\$4,000)</p> <p> Jeremy Dias Scholarship seeks to recognize a youth who has taken initiative in addressing discrimination towards 2SLGBTQIA+ folks in their school or community. (Due December 31)</p>
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Work Experience Opportunities

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

Forest Grove Elementary Movie Night Event

Forest Grove Elementary is looking for volunteers for their first movie night event on Friday, December 8 from 5:00 pm - 9:00 pm. To sign up come to the Career Centre.

The Madison – Seniors Care Home

The Madison is a Seniors Care Home located in Coquitlam (just off Como Lake Ave). They are looking for volunteers Monday to Thursday from 5:30 – 7pm to help with their evening social programs. Volunteers attend one day a week for a minimum of 12 weeks. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

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Burnaby Art Gallery – Artist Apprenticeship Program

Are you interested in working with professional artists and gallery staff at the Burnaby Art Gallery? You will be taking on the role of an artist creating artwork to be featured in an exhibit at the gallery. The program runs from January - April 2024. Deadline to apply is Friday, December 1st. Come by the Career Centre for an application.

Code Ninjas

Code Ninjas Coquitlam (1130 Austin Ave) is looking for volunteers for their "Learn to Code" program for kids. This is a great opportunity to get experience in a computer science industry. The next orientation is scheduled for December 4 from 4 - 5pm. Come to the Career centre to sign up.

Seasonal Gift Wrap Volunteer at Lougheed Mall

Lougheed Mall Gift Wrap Lounge is seeking volunteers during the month of December. Students will be gift wrapping, handling cash, and answering guest inquiries. Interested candidates must be available for a few shifts between December 2-24 as well as the training session on November 30 from 4 – 6PM. An info sheet with more details about how to sign up is available in the Career Centre.

Aunt Leah's Charity Tree Lot

Aunt Leah's Place is a registered charity that, for over 30 years, has been helping prevent children in foster care from becoming homeless by providing supported housing, education, employment training and coaching. Their Christmas tree sales support their projects. All volunteer training and orientation takes place onsite. There are locations in Coquitlam and Burnaby with after school shifts every Monday-Friday from 4-8 pm and weekend shifts from 10-2, 1-5 and 4-8. Students must be 16 years of age and older to volunteer. Some of the tasks include: track sales, handle cash, operate debit/credit machine, reconcile sales after shift, answer customer questions, explain Aunt Leah's vision. Volunteers can sign up for shifts online at (make sure you indicate that you are a Burnaby Mountain Secondary School Student when filling in the form):

<https://www.auntleahs.org/get-involved/tree-lots/>

Shoppers Drug Mart – Retail or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre for more details and to sign up.

Bright Nights at Stanley Park

Be a part of one of Vancouver's most loved attractions by volunteering to help at Bright Nights in Stanley Park 2023! The train and plaza will be sparkling with three million lights offering guests an illuminated experience like no other. As a volunteer you will get to help the train staff check and scan tickets, assist with Santa photos in Santa's workshop and help to create a magical experience for our guests. Volunteer shifts will be 4:30pm to 9:30 pm nightly from November 30, 2023 - January 1, 2024 . To sign up to volunteer go to: <https://www.eventbrite.ca/e/high-school-volunteers-sign-up-bright-nights-in-stanley-park-2023-tickets-759926870727?aff=oddtcreator>

Fly Over Canada Guest Services Intern

Come assist in guest services at one of Vancouver's best tourist attractions during the Winter Break. Fly Over Canada is seeking students interested in gaining work experience in public relations, customer service and business. Come by the Career Centre for a handout with more info on how to apply.

Burnaby Fire Department Youth Academy

Are you interested in learning more about a career in firefighting? The Burnaby Fire Department is hosting a 4-day academy, April 29 - May, 2024 where students will learn firefighting skills, fire hose operations, search and rescue and belay techniques and much more. Come by the Career Centre for an application.

Low Entropy Thrift Store – Burquitlam Plaza

We are looking for enthusiastic and friendly volunteers to support us in person to operate our thrift store. You will perform a wide range of duties from customer service to sorting donations and organizing the store. Most volunteers work one shift per week. To apply go to : <https://app.betterimpact.com/PublicOrganization/4d580166-d7db-4d55-a867-aabdd6b15b6e/Gvi/72493870-bf25-4090-a5cc-7a927752e6bf/1>

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Monday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at: <https://www.bigbrothersvancouver.com/our-programs/teen-mentor/> After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

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Invasive Species Youth Environmental Program

Do you want to make an impact in your community, but don't know where to start? Join the Invasive Species Council of BC Youth Program and help prevent the spread of invasive species and help keep ecosystems healthy. Learn how to engage the public and build an effective team, gain experience in project management and budget building, get access to training opportunities in habitat restoration, invasive species management, leadership, and more! Design and lead your own community project or join another one and have your project funded – up to \$5,000 available per project. Connect with youth across Canada and grow your network while gaining practical, hands-on work experience in a safe and inclusive space. To apply you must be 15-30 years old and have Canadian citizenship, permanent resident status, or refugee status. To apply go to: <https://bcinvasives.ca/take-action/community-science/youth-team-2/>

Grouse Mountain Resort Snow School Leader in Training Program:

Grouse Mountain Snow School - Leaders in Training Work Experience Program Grouse Mountain is pleased to offer students aged 15-18 who have a passion for Skiing and Snowboarding a chance to complete a work experience placement with the Grouse Mountain Resort Snow School. They are excited about helping students train to become better skiers and riders while they take on a leadership role and discover a possible career within the ski or snowboard industry. Applications are now open and can be completed online - come by the Career Centre if you are accepted to get paperwork: <https://can231.dayforcehcm.com/CandidatePortal/en-US/northlandproperties/Site/GROUSEMOUNTAIN/Posting/View/1907>

The 31st Annual Wellness Show – Vancouver Convention Centre

Are you interested in fitness, nutrition and wellness? Are you interested in events and hospitality? The 31st Annual Wellness Show is seeking volunteers at the Vancouver Convention Centre the weekend of February 3rd and 4th, 2024. Positions include information table, coat check, seminar and workshops assistants, greeters, etc. Come by the Career Centre to learn more.

BASES Family Thrift Store

Located at 7825 Edmonds Street, Burnaby. We provide opportunities for developing cashier and customer service skills, organization, and sorting skills. We work together as a family for our common cause to support our local community. No experience is necessary. We are looking for volunteers who enjoy Thrift Stores and love giving back. For more info and to apply go to: <https://basesburnaby.ca/>

Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to [:https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber](https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber)

New Vista – Seniors Care Home

New Vista is a Seniors Care Home located in Burnaby (near Edmonds Community Centre). They are looking for volunteers on weekends and weekday evenings to help with their social and recreational programs. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to [: http://burnabyhospice.org/volunteer/thriftstore/](http://burnabyhospice.org/volunteer/thriftstore/)

Career Exploration and Leadership Development

(these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

TRIUMF– Saturday Morning Lecture Series Frontiers of Modern Physics

TRIUMF, Canada's Particle Accelerator Centre, in partnership with UBC and SFU, are proud to present the following FREE lectures: visit this link for more info and to register: <https://www.triumf.ca/home/for-public/public-talks-events/saturday-morning-lectures>

SFU STEM Speakers Series –Network Neuroscience

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The Science, Technology, Engineering, and Mathematics (STEM) Speaker Series provides secondary school students with the opportunity to meet and interact with university students, faculty members, and/or working professionals in STEM fields. The November Justine Hansen is a graduate student at McGill University in the Network Neuroscience lab. She studies how different spatial scales interact in the brain: from molecular mechanisms to dynamics to cognition. Justine relies on open-source data and software to conduct most of her data analysis and is also a proponent of open-science. Join us on **November 25** from 1:00 – 2:00pm on Zoom. To register go to : <https://sciencealive.ca/stem-speaker-series>

In-School Volunteer Opportunity – open to grade 8 -12

Culture Fest 2023

Culture Fest 2023 is looking for volunteers for our annual event held at Burnaby Mountain Secondary to celebrate and appreciate various cultures, through performances and cuisine. The event is held on **Thursday, November 23**, at 6:00 pm. Volunteers are expected to be present at **4:30 pm until 9:00 pm**, to help set-up, take-down, serve food, and other tasks if needed. To sign up, please go to the Career Centre.

Paid Work

Pedalheads Swim

Pedalheads Swim operates year-round, and we are continually looking for energetic, fun staff who have a love for working with children and are ready to dive into their Aquatic career! We have two Burnaby locations - Fitness 2000 [9304 Salish Court, Burnaby (near Lougheed Mall) and Greentree Village [4295 Garden Grove Dr, Burnaby]. Please note we require the following pre-requisites: Standard First Aid with CPR - C and a Swim For Life Instructor both of these MUST be valid. Have your certificates [Apply to be a Swim Instructor](#) Today ! Just missing your Instructor certification [Apply for our FREE Instructor Course!](#) Or go to : <https://pedalheads-bike-camps.breezy.hr/p/cc39a1376d09-swim-instructor>

Post-Secondary Info Sessions

Burnaby Mountain Secondary PSI Mini Fair

Tuesday, **November 21**: PSI Mini-Fair from 2:00-4:00 pm in the Upper Commons – schools in attendance: Fairleigh Dickinson University, Canadian Coast Guard College, University of Northern British Columbia, Kwantlen Polytechnic University, Canadian Armed Forces - Royal Military College, Corpus Christi and St. Mark's Colleges,, British Columbia Insititute of Technology, Nicola Valley Institute of Technology, University of Victoria, Simon Fraser University, Trinity Western University, Douglas College , Capilano University, Langara College, Vancouver Community College, Thompson Rivers University, Vancouver Island University.

BCIT (British Columbia Institute of Technology) – Online Info Sessions

November 14 – Digital Forensics & Cybersecurity
November 15 – Railway Training
November 16 – Office Administration with Technology / Software System Developer
November 22 – Environmental Engineering
To register go to : <https://www.bcit.ca/events/category/infosession/list/>

UBC (University of British Columbia) – Online Info Sessions

November 15 – Virtual Application Workshop
November 21 - Bachelor of Pharmaceutical Sciences
To register go to : <https://account.you.ubc.ca/s/events?information-sessions>

SFU (Simon Fraser University) – Online Info Sessions

November 14 &16 – Ask Me Anything: Do you have questions about becoming an SFU student? If you're curious about anything from the admission process to our programs to student life, chat with a Recruitment Coordinator.
November 16 – How to Apply SFU : Admissions and Applications for BC Highschool Students - an overview of how to navigate SFU's admission requirements, our program offerings, and how to submit your application.
November 20 – A Day in the Life -Ask Me Anything: Curious about the day-to-day at SFU from a student's point of view? Meet a current student who can answer your questions about what it's really like as an SFU student.
To register go to : <https://www.sfu.ca/students/admission/tours-events/events.html>

UVic (University of Victoria) – Online Info Session

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If you’re thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **December 12** at 5pm and learn what it really means to be a UVic student. More than just getting into university, we’ll explore the possibilities and what your education can be. You’ll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at : <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming session **November 15** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to: <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

CapU (Capilano University) – Open House

Join us on Saturday, **November 25**, at our North Vancouver main campus from 11 a.m. to 2 p.m., for exciting activities during our Explore CapU Open House! Discover over 100 diverse programs and take a guided tour of our stunning campus. For more info go to : <https://www.capilanou.ca/programs--courses/get-started/visit-capu/explore-capu-open-house/>

Langara College - Online Info Sessions

November 15 – Programs in Gerontology
November 21 – ECE (Early Childhood Educator) & EA (Education Assistant)
To sign up go to: <https://langara.ca/news-and-events/information-sessions/index.html>

CLC (Career Life Connections) 11

Grid + Questions Assignment was DUE October 31
Post Secondary Fair Assignment is Due Dec 15 *
Core Competencies is Due Dec 15

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