



Burnaby Mountain Secondary



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin






Date: Friday October 27,2023

Student First Aid:

<div><div>NEW</div><div>Mr. Rolph</div></div>	<div>Mon. Oct 30</div> <div>Spooky Movie & Pjs</div>	<ul style="list-style-type: none">To get right into the Halloween spirit, join us in the lower commons at lunch for a spooky movie!Let's all wear our comfy pyjamas, bring our friends along, and fill the commons with our spooky spirit!	
	<div>Tues. Oct 31</div> <div>Halloween Contest</div>	<ul style="list-style-type: none">Do you have a funky costume at home?Do you enjoy getting creative?Well, we have the perfect event for you.Join us in the lower commons for a Halloween costume contest where you can showcase your costumes for a chance to win a prize!	
	<div>Wed. Nov 1</div> <div>Throw Back to An Old Halloween Costume</div>	<ul style="list-style-type: none">Do you have a fond childhood memory from your young trick or treating days? This spirit day is a throwback to your fondest childhood Halloween memories!Come dressed as a classic childhood Halloween costume to relive your best Halloween memories!	
	<div>Thurs. Nov 2</div> <div>Scavenger Hunt + Iconic Duo</div>	<ul style="list-style-type: none">Partner up with a friend and dress as your favourite duo! Student council representatives will be on the lookout to showcase our school spirit, so let's fill the halls with iconic duos from around the world!At lunch Student council is also running a Fall scavenger hunt so keep an eye out for paper pumpkins around the school! If you find one, make sure to grab it, put your name down, then put it into our box in the upper commons for a chance to win a prize!	
	<div>Fri. Nov 3</div> <div>Pumpkin Pie Eating Contest</div>	<ul style="list-style-type: none">Do you love a challenge?A delicious pumpkin pie?Well look no further than our Pumpkin Pie eating contest!Come down to the lower commons at lunch to race against your peers and teachers in a no-handed pie eating contest!We are looking for 2 students from each grade as well as 2 teachers or staff who seek a challenge!Put your name down on the signup sheet outside of Mr. Rolph's classroom for a chance to participate in this year's Pie eating contest!	
<div><div>NEW</div><div>Ms. Williams</div></div>	<div><div>GAME TIME!</div><div></div></div>	<div><div>GAMES DAY !</div><div>Friday, October 27th is the first Games Day Friday in the library at lunch. Come and enjoy our new selection of games.</div></div>	
<div><div>NEW</div><div>Mr. Richardson</div></div>	<div></div>	<div>Senior Girls Basketball Try-outs</div> <div>Wednesday Nov 1st 5-7 pm</div> <div>Thursday Nov 2nd 5-7 pm</div>	<div>Senior Boys Basketball Try-outs</div> <div>Oct 30th 5-7 pm</div> <div>Nov 1st 7-9 pm</div> <div>Nov 2nd 7-9 pm</div>
	<div></div>	<div>Junior Girls Basketball Try-outs</div> <div>Wednesday Nov 1st 5-7 pm</div> <div>Thursday Nov 2nd 5-7 pm</div>	<div>Junior Boys Basketball Try-outs</div> <div>Oct 30th 7-9 pm</div> <div>Nov 1st 5-6 pm</div> <div>Nov 2nd 5-7 pm</div>
	<div></div>	<div>Grade 9 Girls Basketball Try-outs</div> <div>Monday Oct 30th 3-5 pm</div> <div>Friday Nov 3rd 5-7 pm</div>	<div>Grade 9 Boys Basketball Try-outs</div> <div>Nov 1st 3-5 pm</div> <div>Nov 3rd 5-6:30 pm</div>

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		Grade 8 Girls Basketball Try-outs TBA	Grade 8 Boys Basketball Try-outs Nov 2nd 3-5 pm Nov 3rd 3-5 pm
			Open Boys Basketball Practices: Oct 31st 7-8:30 am Nov 2nd 7-8:30 am
		Ski and Snowboard Team/Club Meeting Wednesday Nov 1st in room 214 at lunch	
	Attention all grade 12 students, This is a reminder of next week's Literacy Assessments. ALL grade 12 students are scheduled to write their Literacy 12 assessment on Tuesday, Wednesday, or Thursday next week. The Literacy 12 Assessment is a mandatory graduation requirement. Please check the lists on the windows of the Library to see when and where you are scheduled to write your assessment next week. If you have any questions, please speak to someone in the main office.		
Oct 27 Ms. Gingras	UBC & St-Paul's Hospital Centre for Heart Lung Innovation Lab Work Experience: Grade 11 & 12 students who would like work experience in a life science research lab, this opportunity is for you. Students will have the opportunity to explore microscopy, histology, protein & DNA analysis and careers in the life sciences area. This amazing opportunity will take place at St Paul's Hospital November 20 – 24. Come to come by the Career Centre for an application - deadline to apply is November 6th at noon.		
Oct 27 Ms. Manning	Work Experience Opportunities – Please see bottom of bulletin		
Oct 27 Ms. Manning	Are you a Cadet? We are looking for students in Cadets who would like to participate in this year's Remembrance Day Ceremony. If you are in Cadets, and you would like to be involved in our ceremony, please stop by the Career Centre and see Ms. Manning		
Oct 31 Mr. Gatzke	If You Are A FLUENT LANGUAGE SPEAKER/READER/WRITER Of One Of The Following Languages: <div><div>Farsi, French</div><div>Japanese, Korean</div><div>Mandarin, Punjabi or Spanish</div></div> <ul style="list-style-type: none">➤ then you may want to write the Language Challenge Exam through the Delta School District.➤ If you would like to apply, then you need to fill out the on-line fillable form that is found at https://www.deltasd.bc.ca/schools/secondary/challenge-exams.➤ After you have filled out the application form, print it and the accompanying pages, attach a passport type photo and a cheque for \$50.00 and turn it into Mr. Gatzke in the counselling office by October 31st.➤ The exams will be held in Delta on the weekend of January 27th or 28th 2024. If you have any questions, email, or visit Mr. Gatzke in the counselling area.		
Nov 2 Mr. Rolph		Grade 10 council is bringing you a fall themed bake sale featuring: pumpkin rice krispies and corn candy shortbread for only \$2. come check us out at lunch in the upper commons on Oct. 30, Nov 1 and 2.	

Work Experience Opportunities

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

Vancouver Food Bank – Winston Street Location (near Costco)
 Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. Volunteers are asked to commit to one shift per week, for a minimum of 2 months – you pick the dates and times that work for you! You can even sign up with a friend! For more details about how to sign up please go to the Career Centre and pick up an info sheet. **The application is open from Monday, Oct 16th at 9 a.m. to Friday, Nov 3rd 4 p.m.**

Fly Over Canada Guest Services Intern

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Come assist in guest services at one of Vancouver's best tourist attractions during the Winter Break. Fly Over Canada is seeking students interested in gaining work experience in public relations, customer service and business. Come by the Career Centre for a handout with more info on how to apply.

Charles Rummel Centre Winter Break Camps

Are you interested in helping run an activity-based Winter Break Camp with the City of Burnaby staff at Charles Rummel Centre near Seaforth Elementary during Winter Break. If so, come by the Career Centre for more info.

Burnaby Fire Department Youth Academy

Are you interested in learning more about a career in firefighting? The Burnaby Fire Department is hosting a 4-day academy, April 29 - May, 2024 where students will learn firefighting skills, fire hose operations, search and rescue and belay techniques and much more. Come by the Career Centre for an application.

Science World – Winter Break

Science World is seeking Science Facilitator Assistants for the Winter Break. Students are expected to commit to 80 hours of work experience over 3 weeks, with the majority of shifts happening during the winter break. If you have a passion for science and want to gain more skills working with the public, this placement is for you. Come by the Career Centre for more info.

Low Entropy Thrift Store – Burquitlam Plaza

We are looking for enthusiastic and friendly volunteers to support us in person to operate our thrift store. You will perform a wide range of duties from customer service to sorting donations and organizing the store. Most volunteers work one shift per week. To apply go to : <https://app.betterimpact.com/PublicOrganization/4d580166-d7db-4d55-a867-aabdd6b15b6e/Gvi/72493870-bf25-4090-a5cc-7a927752e6bf/1>

Shoppers Drug Mart – Retail or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre for more details and to sign up.

Grouse Mountain Resort Snow School Leader in Training Program:

Grouse Mountain Snow School - Leaders in Training Work Experience Program Grouse Mountain is pleased to offer students aged 15-18 who have a passion for Skiing and Snowboarding a chance to complete a work experience placement with the Grouse Mountain Resort Snow School. They are excited about helping students train to become better skiers and riders while they take on a leadership role and discover a possible career within the ski or snowboard industry. Applications are now open and can be completed online - come by the Career Centre if you are accepted to get paperwork: <https://can231.dayforcehcm.com/CandidatePortal/en-US/northlandproperties/Site/GROUSEMOUNTAIN/Posting/View/1907>

Forest Grove Elementary Halloween Monster Mash Event

Forest Grove Elementary is looking for volunteers for their annual family Halloween event on October 27 from 3:45pm-midnight and Oct 26 (the night before – for set-up) from 5 pm-9 pm. Volunteers will help with putting up decorations, children's activity assistant (crafts/games) and clean-up. Volunteer for one, or both days. To sign up come to the Career Centre.

Cameron Recreation Complex Halloween Howler Event

Come help out on Saturday, October 28th 9 am - 1 pm at Cameron Recreation Centre. Various positions available including Face Painter, Greeter, Crafts Station and Concession. Dress up in Halloween costume encouraged. Sign up in the Career Centre.

The 31st Annual Wellness Show – Vancouver Convention Centre

Are you interested in fitness, nutrition and wellness? Are you interested in events and hospitality? The 31st Annual Wellness Show is seeking volunteers at the Vancouver Convention Centre the weekend of February 3rd and 4th, 2024. Positions include information table, coat check, seminar and workshops assistants, greeters, etc. Come by the Career Centre to learn more.

Vancouver Asian Film Festival

The 27th edition of the Vancouver Asian Film Festival (VAFF) is being held between Nov 2 and Nov 12 this year. We're thrilled to invite you to become a vital part of the Vancouver Asian Film Festival team. We are actively recruiting volunteers now. Responsibilities include: Set up and tear down rooms, stage, signage, equipment, etc., greetings, box office, crowd control, check-in registration, and answering guest questions, ushering and assisting with the microphone during audience Q&A, as well as clean up. Shifts are usually 4 to 6 hours long, with plenty of break time, water, and snacks provided. To apply to be a volunteer go to: https://docs.google.com/forms/d/e/1FAIpQLSfvoZJT1HZI8IMm2_r9uOh63z23H4P0ra4GSB8eJvNw4pwtQ/viewform

Creekside Youth Centre – Afterschool Program

Creekside Youth Centre, located at Stoney Creek Elementary, is looking for volunteers for their Pre-Teen program afterschool on Mondays from 3:20 – 5:00pm. This is a great opportunity for students who are planning to go into education, social work or psychology. Minimum commitment is one day a week after school for 8 weeks. For more info and to sign up go to the Career Centre.

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Monday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at: <https://www.bigbrothersvancouver.com/our-programs/teen-mentor/> After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

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BASES Family Thrift Store

Located at 7825 Edmonds Street, Burnaby. We provide opportunities for developing cashier and customer service skills, organization, and sorting skills. We work together as a family for our common cause to support our local community. No experience is necessary. We are looking for volunteers who enjoy Thrift Stores and love giving back. For more info and to apply go to: <https://basesburnaby.ca/>

Lucky's Dog Daycare

Do you like dogs? Would you like to work and play with LOTS of dogs? Lucky's Doggy Daycare is looking for volunteers. They are located a short walk from Gilmour Skytrain Station in Burnaby. Check out their website for more info: <https://www.luckysdaycare.com/> They currently have weekday and weekend volunteer placements available (Monday to Friday 3:30 – 6:30pm / Saturday or Sunday 10am – 6:00pm). Winter Break placements are also available. Students volunteer one day per week, for 6 – 8 weeks. You must be comfortable around large groups of dogs of all types and sizes. If you are interested, please stop by the Career Centre to sign up.

Learning Buddies – ONLINE Work Experience

Learning Buddies Network is a non-profit organization dedicated to helping elementary school students develop essential literacy and math skills through free one-on-one, after-school mentoring in a fun group setting. They are looking volunteers for the Fall 2023 term (October – Dec) The program runs weekdays afterschool on Zoom. There is a choice of days and time you can volunteer. For more information stop by the Career Centre and pick up a handout. To apply go to: <https://www.learningbuddiesnetwork.com/mentor-application-form>

The Madison – Seniors Care Home

The Madison is a Seniors Care Home located in Coquitlam (just off Como Lake Ave). They are looking for volunteers Monday to Thursday from 5:30 – 7pm to help with their evening social programs. Volunteers attend one day a week for a minimum of 12 weeks. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to: <https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber>

New Vista – Seniors Care Home

New Vista is a Seniors Care Home located in Burnaby (near Edmonds Community Centre). They are looking for volunteers on weekends and weekday evenings to help with their social and recreational programs. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to: <http://burnabyhospice.org/volunteer/thriftstore/>

Career Exploration and Leadership Development

(these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

BMSS Career Umbrella Event - Come meet an IT/Business Leader

Are you looking towards a career in IT or business? Or would like to learn more about your career options? BMSS Career Umbrella is hosting an event in room 301 on **October 25th** at lunch to listen to a guest speaker Susan Zhai! Susan is a product manager in IT. She has been in IT since graduating from SFU in 2020 with a Bachelor's in Business concentrating in IT (Management of Information Systems). Susan started her career as a project manager and business analyst and recently joined her current company, Alida, where she leads the engineering team releasing the Alida product, which has about 180 million users per day. Interested in events similar to this? Join Career Umbrella to be notified about future events!

BCIT Biotechnology Career Awareness Workshop

Grade 11 & 12 Students - are you interested in a hands-on lab experience at BCIT? This biotechnology workshop includes a gel electrophoresis lab, a DNA fingerprinting lab as well as a visit to a local biotechnology company. Come learn about the biotechnology industry in a fun and engaging way. The workshop runs from December 11-15, 2023. A fee does apply to this workshop. Visit the Career Centre for more information and an application. Applications close October 30th.

TRIUMF– Saturday Morning Lecture Series Frontiers of Modern Physics

TRIUMF, Canada's Particle Accelerator Centre, in partnership with UBC and SFU, are proud to present the following FREE lectures: visit this link for more info and to register: <https://www.triumf.ca/home/for-public/public-talks-events/saturday-morning-lectures>

STEMCon 2023

Join us on **November 18th** from 8:30am – 4:00pm for an exciting and immersive STEM event at the BCIT Downtown Campus! Get ready to dive into the fascinating world of science, technology, engineering, and math. With hands-on workshops, inspiring speakers, and interactive exhibits, STEMCon 2023 is the place to be for all tech enthusiasts and curious minds. Through STEMCon 2023, high school students are given the opportunity to network and collaborate with like-minded individuals, learning the importance of

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technology and its practical applications across a diversity of careers. Tickets are BY DONATION. For more information, visit our conference page at [bit.ly/millenniumstembc](https://www.eventbrite.com/e/stemcon-2023-tickets-719558367447) Register at : <https://www.eventbrite.com/e/stemcon-2023-tickets-719558367447>

Minerva Learn to Lead TECH Program - Online:

Learning to Lead™ is a free program that provides Grade 11 students (who identify as female) with the virtual opportunity to increase confidence and explore their leadership potential while creating a network who will support them along their educational and career journeys. Participants develop their confidence through workshops that identify their key strengths and core values. They leave the program with greater self-awareness, and the inspiration to take on new challenges and opportunities. The 3-day weekend online program runs **November 17- 19 (TECH)**. To learn more and apply go to: <https://minervabc.ca/learning-to-lead/>.

JA Business Entrepreneurship Company Program

JA Company Program is a 16-week course that allows students in grades 10-12 to learn about business and entrepreneurship. Students from across B.C. – Join us this fall and walk away with the tools and resources required to build your own start-up! You will be placed in a team and will work collaboratively with other students to learn about human centered design thinking, creative product development, product life cycles, e-commerce, app development and more. You'll also develop your teamwork, decision making and critical thinking skills. There are both On-line and In Person Cohorts. For more info and to apply go to: <https://jabc.ca/companyprogram/>

SFU STEM Speakers Series – Network Neuroscience

The Science, Technology, Engineering, and Mathematics (STEM) Speaker Series provides secondary school students with the opportunity to meet and interact with university students, faculty members, and/or working professionals in STEM fields. The November Justine Hansen is a graduate student at McGill University in the Network Neuroscience lab. She studies how different spatial scales interact in the brain: from molecular mechanisms to dynamics to cognition. Justine relies on open-source data and software to conduct most of her data analysis and is also a proponent of open-science. Join us on **November 25** from 1:00 – 2:00pm on Zoom. To register go to : <https://sciencealive.ca/stem-speaker-series>

Post-Secondary Info Sessions

Burnaby Mountain Secondary Hosts The Following Info Sessions:

Wednesday, October 25: SFU Beedie School of Business at Lunch in the MPR
Monday, November 6: UVIC Business School at Lunch in the MPR
Tuesday, November 21: PSI Mini-Fair from 2:00-4:00 pm in the Upper Commons

UBC (University of British Columbia) – Online Info Sessions

October 23 – Live Virtual Campus Tour
October 24 & 30 - Application Workshop
October 26 - All About UBC Workshop

To register go to : <https://account.you.ubc.ca/s/events?information-sessions>

Langara College - Online Info Sessions

October 23 -- Education Assistant Programs
November 6 – Nutrition and Food Services Management
November 7 – Design Formation / Fine Arts Info Session and Studio Tour

To sign up go to: <https://langara.ca/news-and-events/information-sessions/index.html>

SFU (Simon Fraser University) – Online Info Sessions

October 25 / November 9 – A Day in the Life -Ask Me Anything: Curious about the day-to-day at SFU from a student's point of view? Meet a current student who can answer your questions about what it's really like as an SFU student.

November 14 & 16 – Ask Me Anything: Do you have questions about becoming an SFU student? If you're curious about anything from the admission process to our programs to student life, chat with a Recruitment Coordinator.

November 16 – How to Apply SFU : Admissions and Applications for BC Highschool Students - an overview of how to navigate SFU's admission requirements, our program offerings, and how to submit your application.

To register go to : <https://www.sfu.ca/students/admission/tours-events/events.html>

UVic (University of Victoria) – Online Info Session

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **November 8** at 4pm and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at: <https://www.uvic.ca/undergraduate/tours-events/events/events/index.php>

Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming session **November 15** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

CLC (Career Life Connections) 12

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All grade 12 students should be registered in a CLC class. The course should appear on your timetable as a block 14 class. This means the class meets outside of the regular timetable. Both CLC11 and CLC12 will meet periodically throughout the school year, with most classes held during the longer Friday Flex time.

The first **CLC12** class will be on **November 17 at 8:40am** in the Small Gym

If you do not have a CLC course on your timetable please stop by the Career Centre ASAP. If you have a questions about these courses, please see Ms. Manning or Ms. Gingras.

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