

Respect

8800 Eastlake Drive, Burnaby, BC V3J 7X5 <u>Tel:604-296-6870</u> Fax: 604-296-6873 W: mountain.burnabyschools.ca Excellence

Responsibility

Date: Tuesday Sep. 26<sup>th</sup>,2023



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

#### **Student Bulletin**

#### **Student First Aid:**



#### **UBC GIRLsmarts4tech x SAP Canada November 2023 Event**

If you're a <u>Grade 8 girl</u> who is passionate about science and technology, searching for an opportunity to visit one of the most innovative workspaces in the world, or curious about pursuing STEM after high school, register today for UBC GIRLsmarts4tech x SAP Canada's all-day tech workshop on Saturday, November 18, from 9:00am- 4:00pm. This unique event is taking place at SAP's downtown office, where attendees will receive an office tour, robotics and programming tutorials, and more! No experience needed. Register now:

cs.ubc.ca/girlsmarts4tech/registration! Please direct any questions to girlsmarts@gmail.com.

Sep 28 Mr. Rolph

#### **GRADE 8 STUDENT COUNCIL REP APPLICATION:**

Grade 8s, are you looking for an opportunity to meet new students, get involved in your school, make a difference, help others create memories and start working towards making your graduation year amazing? If you said yes to any of the above, you might want to join our student council. Applications are now available from Mr. Rolph in room 213. Completed applications are due on September 29th. If you have questions about student council, come to room 213 or speak to a current member of student council.



#### **CLUB PROPOSAL FORMS AND CLUBS DAY:**

If you are a club leader or someone thinking of starting a club at the school, you need to complete the club proposal form available outside of Mr. Rolph's room (213). This form is for both new and returning clubs. It is a required step before you can have a table to advertise at Clubs, Councils, and Associations Day which will be on October 5th. Get those forms completed ASAP to secure your spot and assure that your club can run this school year.

Sep 29 Ms. Manning

### WORK EXPERIENCE OPPORTUNITY - Please see bottom of bulletin

Oct 20 Ms. Reily Do you love math and enjoy competitions? Math contests are a fun challenge and a great way to get involved in math and extend your learning outside the classroom. We offer different contests for all grade levels throughout the year. Please email Ms. Reily (<a href="Jennifer.Reily@burnabyschools.ca">Jennifer.Reily@burnabyschools.ca</a>), drop by room 307, or scan the QR code and fill out the form if you want to join the Math Contest Team where announcements will be posted.

Our contests in the fall will be the Canadian Open Mathematics Challenge (COMC) on October 26, followed by the American Mathematics Contests 10B and 12B on November 14.



SCHOOL GOALS:

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# Work Experience Opportunities for Grade 11 & 12 Students

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

### **Western Canadian Martial Arts Championships**

The Western Canadian Martial Arts Championships are being held at SFU on Saturday, October 14th from 8:30 am - 5:30 pm. They are seeking volunteers to help as scorekeepers and timekeepers. No experience necessary as they will train you. Come by the Career Centre to sign up. Food provided.

### <u>Low Entropy Thrift Store – Burquitlam Plaza</u>

We are looking for enthusiastic and friendly volunteers to support us in person to operate our thrift store. You will perform a wide range of duties from customer service to sorting donations and organizing the store. Most volunteers work one shift per week. To apply go

to: https://app.betterimpact.com/PublicOrganization/4d580166-d7db-4d55-a867-aabdd6b15b6e/Gvi/72493870-bf25-4090-a5cc-7a927752e6bf/1

## <u>Shoppers Drug Mart – Retail, Pharmacy or Cosmetics Department</u>

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre for more details and to sign up.

### Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Tuesday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at: <a href="https://www.bigbrothersvancouver.com/our-programs/teen-mentor/">https://www.bigbrothersvancouver.com/our-programs/teen-mentor/</a> After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

# <u>Cameray Child and Family Services – Afterschool Program</u>

Cameray Afterschool Program runs at Stoney Elementary on Wednesdays and Cameron Elementary on Fridays from 3:30 – 7pm. Volunteers help support grade 5-7 students with the successful transition from elementary school to high school through group activities, homework help and mentorship. Volunteers also help to prepare a dinner. For more info and to apply stop by the Career Centre.

#### <u>Creekside Youth Centre – Afterschool Program</u>

Creekside Youth Centre, located at Stoney Creek Elementary, is looking for volunteers for their Pre-Teen program afterschool on Mondays and Wednesdays from 3:20 – 5:00pm. This is a great opportunity for students who are planning to go into education, social work or psychology. Minimum commitment is one day a week after school for 8 weeks. For more info and to sign up go to the Career Centre.

### CIBC Run for the Cure – Canadian Cancer Society

Volunteers wanted for the annual Run for the Cure event at Bear Creek Park in Surrey and Concord Community Park in Vancouver on Sunday October 2<sup>1st</sup>. Pick up an info sheet in the Career Center. To apply go to: <a href="https://support.cancer.ca/site/SPageServer/?pagename=RFTC">https://support.cancer.ca/site/SPageServer/?pagename=RFTC</a> NW volunteer

#### **BASES Family Thrift Store**

Located at 7825 Edmonds Street, Burnaby. We provide opportunities for developing cashier and customer service skills, organization, and sorting skills. We work together as a family for our common cause to support our local community. No experience is necessary. We are looking for volunteers who enjoy Thrift Stores and love giving back. For more info and to apply go to: <a href="https://basesburnaby.ca/">https://basesburnaby.ca/</a>

#### **Place des Arts Youth Council**

Place des Arts Youth Arts Council encourages local teens to engage with the arts community. This dedicated group of teen volunteers meets regularly from Sep-Jun to organize and host two youth-oriented events each year and advise Place des Arts on teen engagement. Youth Council members receive mentorship from Place des Arts staff and local arts professionals, gain hands-on event planning experience and develop skills related to leadership, communication and teamwork. For more info and to apply go

to: https://placedesarts.ca/volunteer/youth-arts-council/

### Lucky's Dog Daycare

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Do you like dogs? Would you like to work and play with LOTS of dogs? Lucky's Doggy Daycare is looking for volunteers. They are located a short walk from Gilmour Skytrain Station in Burnaby. Check out their website for more info: <a href="https://www.luckysdaycare.com/">https://www.luckysdaycare.com/</a> They currently have weekday and weekend volunteer placements available (Monday to Friday 3:30 – 6:30pm / Saturday or Sunday 10am – 6:00pm). Spring Break placements are also available. Students volunteer one day per week, for 6 – 8 weeks. You must be comfortable around large groups of dogs of all types and sizes. If you are interested, please stop by the Career Centre to sign up.

### <u>Learning Buddies – ONLINE Work Experience</u>

Learning Buddies Network is a non-profit organization dedicated to helping elementary school students develop essential literacy and math skills through free one-on-one, after-school mentoring in a fun group setting. They are looking volunteers for the Fall 2023 term (October – Dec) The program runs weekdays afterschool on Zoom. There is a choice of days and time you can volunteer. For more information stop by the Career Centre ad pick up a handout. To apply go to: <a href="https://www.learningbuddiesnetwork.com/mentor-application-form">https://www.learningbuddiesnetwork.com/mentor-application-form</a>

# Vancouver Writers Fest

The Vancouver Writers Fest runs from October 16–22, 2022 and takes place almost entirely on Granville Island, with around 14 events happening per day. The Writers Fest is a charitable cultural organization that relies heavily on volunteers. Volunteers are important to us, and we do everything we can to ensure a positive experience. Details about expected commitments, shift times and volunteer benefits can be found on our <u>application page</u>. There will be volunteer orientation evenings on Granville Island on October 10th and 12th. Volunteers will be asked to attend just one of those evenings. Volunteers must be 16 or older to apply. To apply go to: <a href="https://writersfest.bc.ca/volunteer-information">https://writersfest.bc.ca/volunteer-information</a> Applications Close: October 9<sup>th</sup> @ 5pm.

## <u>The Madison – Seniors Care Home</u>

The Madison is a Seniors Care Home located in Coquitlam (just off Como Lake Ave). They are looking for volunteers Monday to Thursday from 5:30 – 7pm to help with their evening social programs. Volunteers attend one day a week for a minimum of 12 weeks. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

## Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to :<a href="https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber">https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber</a>

# New Vista - Seniors Care Home

New Vista is a Seniors Care Home located in Burnaby (near Edmonds Community Centre). They are looking for volunteers on weekends and weekday evenings to help with their social and recreational programs. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

# **Burnaby Hospice Society Thrift Store**

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to: <a href="http://burnabyhospice.org/volunteer/thriftstore/">http://burnabyhospice.org/volunteer/thriftstore/</a>

# **Career Exploration and Leadership Development**

(these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

### **Gairdner High School Symposium**

The Gairdner High School Symposium is a half-day event held each fall that gives secondary students and teachers the opportunity to interact with Gairdner award-winning scientists and BC Children's Hospital researchers.

This event is hosted in conjunction with the Centre for Molecular Medicine and Therapeutics (CMMT) and the Canada Gairdner Foundation, recognizing the world's most creative and accomplished biomedical scientists

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who are advancing humanity and the world. It will be hosted on a school day, registered students will be expected to make their own arrangements to miss a morning of classes. The next Gairdner High School Symposium is scheduled for **Monday, October 23, 2023** - there is an in-person and virtual option. <u>Application deadline is September 24<sup>th</sup>.</u> For more info and to apply go to: <a href="https://cmmt.ubc.ca/2023/08/23/2023-gairdner-high-school-symposium/">https://cmmt.ubc.ca/2023/08/23/2023-gairdner-high-school-symposium/</a>

## Minerva Learn to Lead STEM & TECH Programs - Online:

Learning to Lead™ is a free program that provides Grade 11 students (who identify as female) with the virtual opportunity to increase confidence and explore their leadership potential while creating a network who will support them along their educational and career journeys. There are three Fall programs, one is a GENERAL leadership program, one focuses on STEM careers and the last one focuses on TECH. Participants develop their confidence through workshops that identify their key strengths and core values. They leave the program with greater self-awareness, and the inspiration to take on new challenges and opportunities. The 4-day evening programs program runs October 4 − 25 (GENERAL) on Wednesdays from 6 − 8pm. The 3-day weekend online programs run October 20 -22 (STEM) and November 17- 19 (TECH). To learn more and apply go to: <a href="https://minervabc.ca/learning-to-lead/">https://minervabc.ca/learning-to-lead/</a>.

### JA Business Entrepreneurship Company Program

JA Company Program is a 16-week course that allows students in grades 10-12 to learn about business and entrepreneurship. Students from across B.C. – Join us this fall and walk away with the tools and resources required to build your own start-up! You will be placed in a team and will work collaboratively with other students to learn about human centered design thinking, creative product development, product life cycles, ecommerce, app development and more. You'll also develop your teamwork, decision making and critical thinking skills. There are both On-line and In Person Cohorts. For more info and to apply go to: <a href="https://jabc.ca/companyprogram/">https://jabc.ca/companyprogram/</a>

### <u>SFU STEM Speakers Series – Computer Science - Cybersecurity?</u>

The Science, Technology, Engineering, and Mathematics (STEM) Speaker Series provides secondary school students with the opportunity to meet and interact with university students, faculty members, and/or working professionals in STEM fields. The September Talk is with Jeff Rusk, a Program Director at IBM Security and Site Lead for IBM's Fredericton, New Brunswick Location. His current leadership role focuses on integrating IBM's flagship security products with the wide range of other security services, appliances, and other products in the larger security ecosystem. His recent research interests are focused on automatic security event categorization using machine learning. Join us on September 23 from 1:00 – 2:00pm on Zoom. To register go to: <a href="https://sciencealive.ca/stem-speaker-series">https://sciencealive.ca/stem-speaker-series</a>

# Vancouver Coastal Health Career Pathways Panel

On **September 28** Vancouver Coast Health are holding 5 panel sessions to discuss a variety of healthcare professions including Social Work, Medical Imaging, Nursing, Occupational therapy (Physiotherapy - Recreation therapy - Respiratory therapy) and Medicine: applying for medical school and what to expect when in medical school. Each session will be about 60 minutes long and you can attended as many sessions as you want. This program is offered both in person, at Vancouver General Hospital, and via Zoom. For more info and to register go to: <a href="https://surveys.vch.ca/Survey.aspx?s=d0a225e6bd7f45b9a7172c2119a3123f">https://surveys.vch.ca/Survey.aspx?s=d0a225e6bd7f45b9a7172c2119a3123f</a>

## **UBC Women In Orthopaedics (WORTH)** Workshop

UBC would like to extend an invitation to the Women In Orthopaedics (WORTH) workshop on Saturday, **October 28**<sup>th</sup>, from 9am to Noon. This workshop is open to all young women in high schools (grades 10-12), including women-identifying individuals and non-binary and gender non-conforming students interested in pursuing a career in healthcare. We aim to provide more insight and clarity on careers focused on giving information on different career paths related to Orthopaedics specifically, and science and medicine generally. The workshop will take place at BC Children's Hospital. Details for registration can be found here <a href="https://orthopaedics.med.ubc.ca/women-in-orthopaedics/">https://orthopaedics.med.ubc.ca/women-in-orthopaedics/</a>. The deadline to submit an application is October 13.

# **Post-Secondary Info Sessions**

### <u>UBC (University of British Columbia) – Online Info Sessions</u>

September 26 – Application Workshop September 27 - All About UBC Workshop

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To register go to: <a href="https://account.you.ubc.ca/s/events?information-sessions">https://account.you.ubc.ca/s/events?information-sessions</a>

### Langara College - Online Info Sessions

**September 25** – Criminology and Criminal Justice Program

**September 26** – Education Assistant Programs / Journalism

**September 28** - Bioinformatics

To sign up go to: <a href="https://langara.ca/news-and-events/information-sessions/index.html">https://langara.ca/news-and-events/information-sessions/index.html</a>

## <u>SFU (Simon Fraser University) – Online Info Sessions</u>

October 3 – How to Apply SFU: Admissions and Applications for BC Highschool Students - an overview of how to navigate SFU's admission requirements, our program offerings, and how to submit your application.

October 6 – Ask Me Anything: Do you have questions about becoming an SFU student? If you're curious about anything from the admission process to our programs to student life, chat with a Recruitment Coordinator.

October 13 – A Day in the Life -Ask Me Anything: Curious about the day-to-day at SFU from a student's point of view? Meet a current student who can answer your questions about what it's really like as an SFU student. To register go to: <a href="https://www.sfu.ca/students/admission/tours-events/events.html">https://www.sfu.ca/students/admission/tours-events/events.html</a>

## BCIT Big Info – In Person

<u>Big Info</u> is the largest program expo and information session at BCIT. It's your chance to find out about all our programs – from business and media, computing and IT, engineering, health sciences, trades and apprenticeships, and applied and natural sciences Join us in person on Wednesday, **October 11** from 4:00 – 7:00 p.m. at our Burnaby Campus for this FREE event.

### BCIT (British Columbia Institute of Technology) – Online Info Sessions

**September 25** – Professional Accounting Advanced Diploma

September 26 – Business Administration – Hr + Management / Finance or Financial Planning

September 27 – Healthcare Administration / Insurance and Risk Management

To sign up go to : <a href="https://www.bcit.ca/events/category/infosession/list/">https://www.bcit.ca/events/category/infosession/list/</a>

### <u>Douglas College - Online Info Sessions</u>

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming session **September 26 & 28** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to: <a href="https://www.douglascollege.ca/future-students/explore-douglas/information-sessions">https://www.douglascollege.ca/future-students/explore-douglas/information-sessions</a>

#### UVic (University of Victoria) – Online Info Session

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on Thursday **October 12** at 5pm and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at: <a href="https://www.uvic.ca/undergraduate/tours-events/events/index.php">https://www.uvic.ca/undergraduate/tours-events/events/index.php</a>