



Burnaby Mountain Secondary

8800 Eastlake Drive, Burnaby, BC V3J 7X5 Tel: 604-296-6870 Fax: 604-296-6873 W: mountain.burnabyschools.ca
Excellence

Respect

Responsibility



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin

Date: Thursday Jan 19th, 2023

Student First Aid: Sol Park and Jiwon Ryu

NEW

Jan 31
Mr. Richardson

We hope that you all are having a great winter athletics season. There is still lots of action to come, so stay tuned to our Instagram page for more frequent updates @bmssathletics. It is time for our athletes to express their interest in our spring teams so that we can get in touch with them about try-outs and team meetings. Sign up link below:

<https://mountainathletics.wordpress.com/>



Mountain Athletics | Home of the LIONS!

We are planning for a full return to sport for the 2022/23 school year. To assist with set up and organizing communication with our student athletes and guardians, the Athletics department has created a number of forms.

mountainathletics.wordpress.com

Jan 20
Ms. Manning

Work Experience Opportunities please see bottom of bulletin

Jan 27
Mr. Ko



BMSS Photoshoot

Yearbook students will be hosting Group Photo Sessions in the Multi-Purpose Room. Group Photo Sessions will be available to all grades. Sessions for up to 6 people cost \$15 for 15 minutes.



calendly.com

[BMSS Photo Session - Bmss Yearbook](#)

Available Dates are

- February 28: 5 pm - 6 pm
- March 1: 4 pm - 6 pm
- March 2: 4 pm - 6 pm
- March 3: 4 pm - 6 pm

Book now to reserve your spot <https://calendly.com/bmssyb2023/bmss-photo-session?month=2023-02>

Feb 8

Green Bricks is very pleased to offer to grade 9-12 students FREE participation in the annual **GREEN COLLAR FUTURES CAREER CONFERENCE**

Saturday February 11, 2023 held virtually via Zoom this year.

Space is VERY LIMITED so students **MUST be registered by February 8, 2023** (or earlier as spaces will fill up) to attend this event.

Are you a student in grades 9-12?

Explore your options at this **FREE** [green collar career conference](#) for secondary students on **Saturday February 11, 2023 from 9:00 - 2:30** held virtually this year.

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Walk on **May 7, 2023!** If you have an interest in psychology, mental health, social work and/or community support networks this is a fantastic opportunity. To apply: <https://forms.office.com/pages/responsepage.aspx?id=AdehSEnUIUSyyAij5a29fUmcWaFh-JFNqZ8bmXuYsD5UNFpWS1NTUExDRk9XRzdXVksyNjA4OEdWQS4u>

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Tuesday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at:

<https://www.bigbrothersvancouver.com/our-programs/teen-mentor/> After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

Lucky's Dog Daycare

Do you like dogs? Would you like to work and play with LOTS of dogs? Lucky's Doggy Daycare is looking for volunteers. They are located a short walk from Gilmour Skytrain Station in Burnaby. Check out their website for more

info: <https://www.luckysdaycare.com/> They currently have weekday and weekend volunteer placements available (Monday to Friday 3:30 – 6:30pm / Saturday or Sunday 10am – 6:00pm). Students volunteer one day per week, for 6 – 8 weeks. You must be comfortable around large groups of dogs of all types and sizes. If you are interested, please stop by the Career Centre to sign up.

The Madison – Seniors Care Home

The Madison is a Seniors Care Home located in Coquitlam (just off Como Lake Ave). They are looking for volunteers Monday to Thursday from 5:30 – 7pm to help with their evening social programs. Volunteers attend one day a week for a minimum of 12 weeks. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Shoppers Drug Mart – Retail, Pharmacy or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre for more details and to sign up.

Burnaby Fire Department Youth Academy:

Are you interested in learning more about a career in firefighting? The Burnaby Fire Department is hosting a 4-day academy, April 24-27th where students will learn firefighting skills, fire hose operations, search and rescue and belay techniques and much more. Come by the Career Centre for an application.

Special Olympics BC

Special Olympics BC is an excellent organization seeking volunteers to help individual with special needs at local events and sports (basketball, aquatics, bowling, etc). Various dates, times and events available. The program schedule for Burnaby is here [Schedules | Special Olympics BC Burnaby \(sobcburnaby.org\)](#) . To sign up to volunteer use this link [VOLUNTEER OPPORTUNITIES \(office.com\)](#) .

Port Moody Winter Farmers Market

The Port Moody Farmers Market is currently looking to fill all volunteer positions for the 2023 Winter Farmers Market season. Our winter market season runs November – April, on Sundays (10am - 2pm) at 300 Ioco Road, Port Moody (behind the Port Moody Library). Positions available are: Set Up, Entrance Gate, Power of Produce (PoP) Tent, Kid's Craft Tent, Take Down, Special Events. To sign up go to : https://docs.google.com/forms/d/e/1FAIpQLSdS5jvE98OTpeqYQNh3xLY4xQ0d6xzZbn2e9IT-kBM9Z_kZUQ/viewform

Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to : <https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber>

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <http://burnabyhospice.org/volunteer/thriftstore/>

Burnaby Neighbourhood House

Burnaby Neighbourhood House is a community driven and community funded agency with a unique focus on neighbours supporting neighbours. They have a variety of youth volunteer opportunities, including Food Bank Assistant, Office Assistant, Day Camp Helper and Special Events Helper. To find out more about these opportunities register at : <https://burnabynh.ca/get-involved-volunteer/>

Place des Arts

Place des Arts, has many volunteer opportunities for youth throughout the year. From working with children at art camps or helping at exhibitions and events, they provide meaningful ways to get involved in the arts and contribute to the community. To apply go to: <https://placedesarts.ca/volunteer/>

SIYSCorps Program - Virtual Volunteering Opportunity

The SIYSCorps program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become

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active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customized volunteer placement at an organization of their choice that fits their interest and skills. To apply go to :<https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-ambassador-siyscorps-full-virtual-volunteering-opportunity-2>

The C.O.D.E. Initiative

C.O.D.E. Initiative is a female-founded non-profit organization that stands for Creating Opportunities and Defining Education. We are at the forefront of empowering youth, particularly neurodivergent and autistic youth, through tailored STEM workshops and coding classes. This is a flexible volunteering program where you will be able to set your own hours. You are only required to work 3 hours per week. We are looking for tutors to teach children coding through the online platform Setmore, using our custom made coding curriculum. We currently offer several programs: Scratch, Python, Web Development, Java, AI, Music, and App Development. All lesson plans will be provided, no previous coding or teaching experience is required. This opportunity is open to Grade 12 and post-secondary age students. For more info go to: <https://www.thecodeinitiative.ca/> To apply to be a volunteer go to :<https://www.volunteerconnector.org/port-moody/the-code-initiative-foundation/volunteer-tutor>

Member of Parliament Youth Council

Are you interested in a career in politics or public service? Member of Parliament Terry Beech for Burnaby North-Seymour is renewing his non-partisan Constituency Youth Council this September, and applications are now open for high school students. This unique opportunity offers young people the chance to interact and network with political stakeholders and community leaders. Depending on the group's comfort level, it will be a virtual or hybrid meeting. Here is some information about MP Beech: <http://terrybeechmp.ca>. To apply go to: <https://forms.gle/Vs731EBkMURfv8W68> Once you are accepted as volunteer, please come to the Career Centre to get paperwork so that you can count this towards your work experience hours.

Vancouver Food Bank – Winston Street Location (near Costco)

Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. Volunteers are asked to commit to one shift per week, for a minimum of 2 months – you pick the dates and times that work for you! You can even sign up with a friend! For more details about how to sign up please go to the Career Centre and pick up an info sheet. ***Applications open on January 30th!**

Career Exploration Work Experience (Pay Programs)

Vancouver Film School – Creative Break High School Camps – Spring Break

VFS is offering virtual programs over Spring Break. Each program explores related careers in the entertainment industry. Workshops are led by experienced professionals in Visual Art & Design, Animation & Visual Effects, Acting, Makeup, Digital Design, Film Production and Writing. Sign up for the area you are interested in exploring. **March 13-14** or **March 15-16** or **March 20-21** – 9am – 4pm daily. There is a cost to this program - \$200 - \$225. per workshop. To register go to : <https://vfs.edu/programs/creative-break>

Structured Work Experience and Training (S.W.E.A.T.) at LaSalle College – Spring Break

Explore creative career opportunities in our high school workshops as you learn to create project-based portfolio work with industry-related technology and equipment. Be inspired! March 20 to 23 – 8:45 a.m. to 5 p.m. Fee : \$150. Participate in one of our hands-on workshops in the following areas and receive 30 hours of work experience: 3D Modeling, Animation & VFX | Game Art & Design | Professional Recording Arts | Photography | Culinary Arts and Baking & Pastry | Fashion Design & Jewelry | Fashion Marketing | Graphic Design | Interior Design To register visit: <https://www.lasallecollegevancouver.com/events/sweat-workshop-mar-2023>

Emily Carr Spring Break High School Art Camps – Spring Break

Explore popular studio practices in art + design in these hands-on courses taught by experienced instructors. With a focus on foundational skills and creative process, these courses are designed to engage students ages 15-18 across all levels of experience. Fee for each course \$316. **March 13-17 and March 20- 24. Courses:** Architecture: Spatial Design, Board Game Design, Character Illustration, Environment Concept Art, Code Art, Industrial Design: Prototyping Storyboarding Stop-Motion Animation and Visual Design . To register go to : <https://www.ecuad.ca/academics/teen-programs/spring-break-art-camp>

Invent the Future – Artificial Intelligence Program for Women (cisgender, trans, non-binary and two-spirit)

Invent the Future is Canada's first and only **summer** enrichment program focused on bringing Artificial Intelligence (AI) expertise, community, and mentorship to trans and cisgender women, non-binary and two-spirit high school students. Join the Info Session on **January 25th** from 5-6:30 online, to see if the program is right for you. Sign-up link: <http://websurvey.sfu.ca/survey/434579338>. Join the online Help Session on **January 27th** from 5-6:30 to get tips and feedback on how to submit a strong and comprehensive application to the Invent the Future 2023 program. Sign-up link: <http://websurvey.sfu.ca/survey/434588544>

Career Exploration and Leadership Development (these also count for Work Experience Hours – but you **MUST** get paperwork from the Career Center **BEFORE** you go)

Green Collar Futures – “Green Economy” Conference

The “green economy” is changing the face of the workplace in B.C. and around the world. Students are invited to experience new career opportunities at this **FREE** career conference held remotely on Saturday, **February 11, 2023** from 9:00am – 2:30pm. This day allows you to interact with career mentors who have excelled in and are passionate about their green careers. Many careers are represented like hydrologist, environmental lawyer, affordable housing developer, interior designer, landscape architect, sustainable fashion entrepreneur, robotics engineer, lighting physicist and sustainable financial advisor. For more info and to apply: www.greenbricks.ca

BC Children's Hospital – Women in Science

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Join us as we celebrate the upcoming International Day of Women and Girls in Science on Thursday **February 9th** from 7 – 8:30pm (in person and online attendance options). In 2015, [UNESCO](#) and [UN Women](#) established an annual day to honour the important role women and girls play in science and technology. Together they are making a [global call](#) to “smash stereotypes, defy gender biases and defeat discrimination that hold women and girls back in STEM fields.” At BC Children’s Hospital and BC Women’s Hospital & Health Centre, we are proud to support our inspiring female leaders who are making groundbreaking discoveries and innovations in research. At this unique evening event, we will be showcasing the important contributions of six of these women. Our Women in Science evening strives to empower the community and promote an equitable and inclusive learning environment. We interpret women in the broadest sense and respect all ways in which people choose to self-identify including female-identified, agender, non-binary and women across the LGBTQIA2S+ spectrum. Registration closes January 22. To register go to : <https://bcchr.ca/women-in-science>

UBC Sauder CAP Case Competition and Networking Event

The UBC Case Competition and Networking Event is designed specifically for high school students. The purpose of this event is to introduce students to business frameworks and give them the opportunity to apply their learnings in a supportive environment. The workshops will be taught by Sauder students and the event will include an opportunity to network with UBC Campus Ambassadors and Sauder Staff. When: Wednesday, **February 22, 2023**; 9:30 am - 3 pm Where: In person at UBC Sauder School of Business; 2053 Main Mall, Vancouver, BC. You can sign up as an individual or as a team of 4-5 people. For more info stop by the Career Centre. To register go to: [RSVP by January 19th, 2023 by using this link](#) (link is clickable in Teams).

Burnaby Neighbourhood House – Future Leaders Program

The Future Leaders program is for youth interested in teaching, or another childcare setting. The 18 week program starts with 8 weeks of training (once a week) including a High Five certificate, and other trainings required to work in a childcare setting. After the trainings, students are placed in one of our childcare centers to gain hands-on experience for 10 weeks (once or twice a week depending on the student's availability.) Students receive a certificate for the training and work experience, and are eligible to be hired by our agency in any of our childcare programs. The cost is \$100 to pay for the High Five certification facilitator (subsidies may be available for those in need) The next cohort runs on Thursdays from 4:00pm-5:30pm. Our start date is January 19 for our [south house location](#) at 4460 Beresford St. #100, Burnaby, BC V5H 0B8, and early February for our [north house location](#) at 2055 Rosser Ave, Burnaby, BC V5C 5Y1. To apply pick up an application in the Career Centre.

Post-Secondary Info Sessions

Langara College - Online Info Sessions

January 16 – Early Childhood Education Certificate / Studio 58 Acting Program

January 18 – Education Assistant / Full Stack Web Development / Internet and Web Technology

To sign up go to: <https://langara.ca/news-and-events/information-sessions/index.html>

University of Victoria – Online Info Session

If you’re thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **January 25 at 5pm** and learn what it really means to be a UVic student. More than just getting into university, we’ll explore the possibilities and what your education can be. You’ll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at: <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

BCIT (British Columbia Institute of Technology) – Online Info Sessions

January 16 – Digital Forensics and Cyber Security

January 19 – Security Systems Technician / Software Systems Developer

To sign up go to: <https://www.bcit.ca/events/category/infosession/list/>

Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming session –**January 17 & 19** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to : <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

Justice Institute of BC (JIBC)

Are you a team player? Are you active in your community, physically and mentally fit, and want to be a sought-after graduate pursuing a rewarding career in law enforcement and public safety? Then this program is for you.

Attend our info session on **February 16th** to learn more about the Law Enforcement Studies Diploma (LESD) and discover what it takes to pursue a career in law enforcement or public safety. Learn about the education, applied skills, and specialized knowledge required to become a superior candidate in the recruiting process. Register at : <https://www.jibc.ca/event/law-enforcement-studies-diploma-info-session-december-7>

Canadian Universities Event (CUE) - Virtual Evening

Our Virtual Event will feature representatives from a variety of Canadian universities, who are ready to answer questions and provide resources. This year’s event will take place on **January 19th** from 6:00 – 8:00pm. Participating universities include : Carleton, Concordia, Dalhousie, Emily Carr, Mount Royal, Royal Military College, Queens, Western and Waterloo. To register for this free event go to: <https://cuebc.org/>

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SFU (Simon Fraser University) – Online

January 17 & 25 - Application Workshop - In this workshop, you will learn how to successfully complete your application and get answers to frequently asked questions on topics such as: understanding your SFU Student Centre, self-reporting Grades (BC high school students only), submitting documents, key admission dates and timeline, and getting to know SFU. Register at : <https://www.sfu.ca/students/admission/tours-events/events.html>

SFU (Simon Fraser University) – Campus Tours

For more info and to book a tour go to : <https://www.sfu.ca/students/admission/tours-events/campus-tours.html>

University of Alberta

We are inviting 20 lucky students to get away to the U of A! Attendees will join us in Edmonton, Alberta's capital city - Canada's largest, northernmost metropolis - where they will discover our breathtaking North Campus, nestled atop the lush North Saskatchewan river valley and just steps away from the iconic Whyte Avenue district.

Their adventure will include transportation reimbursement*, accommodations, meals and a jam-packed schedule of events. They will stay in residence, explore state-of-the-art facilities, uncover hidden gems on campus and experience U of A student life first-hand. **Who:** 20 Grade 11 Students From Across Canada; **When:** May 26 - 28, 2023; **Where:** University of Alberta, Edmonton, Alberta. Students can learn more and apply at uab.ca/getaway. The application deadline is January 31, 2023.

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