



Burnaby Mountain Secondary

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Excellence

Respect

Responsibility






We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin

Date: Friday Jan 6th, 2023

Student First Aid: Gemma Leong and Melissa Luce-Taje

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|  |  Grade 9 Immunizations: All grade 9 students should receive an immunization form during period 2 today (Friday, January 6). Please take your forms home, have your parent or guardian complete and sign the forms, then return them to the school office as soon as possible. Forms are due by January 11, 2023. |
| Jan 6 Ms. Manning | Work Experience Opportunities Please see bottom of bulletin for postings |
| Mr. Ko | Yearbook Surveys, Please complete the appropriate yearbook survey to have your thoughts included in this year's yearbook. Grade 8 , Grade 9 , Grade 10 , Grade 11 , Grade 12 |
| Jan 13 Ms. Der | <u>Attention all Grade 11 and 12 Students!</u> BMSS Senior Winter Formal is Jan 19th Please buy your tickets (\$45) on school cash online or in person (debit or cash) in the main office with Ms. Logan ASAP! Tickets will close Jan 13th!  |

Work Experience Opportunities

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

Port of Vancouver Business Leadership Intern *SUMMER

This summer opportunity is for Grade 10 & 11 students assisting the Port of Vancouver Community Relations Team at various community events throughout the Lower Mainland. Includes training to build leadership skills, develop public speaking and presentation skills & gain knowledge about the Port of Vancouver. Amazing opportunity for anyone interested in business or marketing, or looking to develop leadership and communication skills. Attend the Info Session here at Mountain on Wednesday, February 15th at 3:05 pm in room 200. Applications will be available at the info session.

Burnaby RCMP Youth Academy 2023:

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The Burnaby RCMP is hosting a Youth Academy March 13-17, 2023 at Burnaby Central Secondary School for students in Grade 11 or 12 with an interest in exploring a career in law enforcement. Come by the Career Centre for an application and more information. Deadline to apply is Thursday January 5th.

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Tuesday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at:

<https://www.bigbrothersvancouver.com/our-programs/teen-mentor/> After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

Lucky's Dog Daycare

Do you like dogs? Would you like to work and play with LOTS of dogs? Lucky's Doggy Daycare is looking for volunteers. They are located a short walk from Gilmour Skytrain Station in Burnaby. Check out their website for more info: <https://www.luckysdaycare.com/> They currently have weekday and weekend volunteer placements available (Monday to Friday 3:30 – 6:30pm / Saturday or Sunday 10am – 6:00pm). Students volunteer one day per week, for 6 – 8 weeks. You must be comfortable around large groups of dogs of all types and sizes. If you are interested, please stop by the Career Centre to sign up.

Science World:

Science World is seeking Science Facilitator Assistants for March break. Students are expected to commit to 80 hours of work experience over 3 weeks. If you have a passion for science and want to gain more skills working with the public, this placement is for you. Come by the Career Centre for more info.

The Madison – Seniors Care Home

The Madison is a Seniors Care Home located in Coquitlam (just off Como Lake Ave). They are looking for volunteers Monday to Thursday from 5:30 – 7pm to help with their evening social programs. Volunteers attend one day a week for a minimum of 12 weeks. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Shoppers Drug Mart – Retail, Pharmacy or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre for more details and to sign up.

Burnaby Fire Department Youth Academy:

Are you interested in learning more about a career in firefighting? The Burnaby Fire Department is hosting a 4-day academy, April 24-27th where students will learn firefighting skills, fire hose operations, search and rescue and belay techniques and much more. Come by the Career Centre for an application.

The 30th Annual Wellness Show – Vancouver Convention Centre – Seeking Volunteers:

Are you interested in fitness, nutrition and wellness? Are you interested in events and hospitality? The 30th Annual Wellness Show is seeking volunteers at the Vancouver Convention Centre the weekend of February 11th and 12th, 2023. Positions include information table, coat check, seminar and workshops assistants, greeters, etc. Come by the Career Centre to learn more.

Special Olympics BC

Special Olympics BC is an excellent organization seeking volunteers to help individual with special needs at local events and sports (basketball, aquatics, bowling, etc). Various dates, times and events available. The program schedule for Burnaby is here [Schedules | Special Olympics BC Burnaby \(sobcburnaby.org\)](https://www.sobcburnaby.org) . To sign up to volunteer use this link [VOLUNTEER OPPORTUNITIES \(office.com\)](https://www.sobcburnaby.org/volunteer) .

Port Moody Winter Farmers Market

The Port Moody Farmers Market is currently looking to fill all volunteer positions for the 2023 Winter Farmers Market season. Our winter market season runs November – April, on Sundays (10am - 2pm) at 300 Ioco Road, Port Moody (behind the Port Moody Library). Positions available are: Set Up, Entrance Gate, Power of Produce(PoP) Tent, Kid's Craft Tent, Take Down, Special Events. To sign up go to https://docs.google.com/forms/d/e/1FAIpQLSdS5jvE98OTpeqYQNh3xLY4xQ0d6xzZbn2e9IT-kBM9Z_kZUQ/viewform

Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go

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to : <https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber>

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <http://burnabyhospice.org/volunteer/thriftstore/>

Burnaby Neighbourhood House

Burnaby Neighbourhood House is a community driven and community funded agency with a unique focus on neighbours supporting neighbours. They have a variety of youth volunteer opportunities, including Food Bank Assistant, Office Assistant, Day Camp Helper and Special Events Helper. To find out more about these opportunities register at : <https://burnabynh.ca/get-involved-volunteer/>

SIYSCorps Program - Virtual Volunteering Opportunity

The SIYSCorps program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customized volunteer placement at an organization of their choice that fits their interest and skills. To apply go to : <https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-ambassador-siyscorps-full-virtual-volunteering-opportunity-2>

Place des Arts

Place des Arts, has many volunteer opportunities for youth throughout the year. From working with children at art camps or helping at exhibitions and events, they provide meaningful ways to get involved in the arts and contribute to the community. To apply go to: <https://placedesarts.ca/volunteer/>

The C.O.D.E. Initiative

C.O.D.E. Initiative is a female-founded non-profit organization that stands for Creating Opportunities and Defining Education. We are at the forefront of empowering youth, particularly neurodivergent and autistic youth, through tailored STEM workshops and coding classes. This is a flexible volunteering program where you will be able to set your own hours. You are only required to work 3 hours per week. We are looking for tutors to teach children coding through the online platform Setmore, using our custom made coding curriculum. We currently offer several programs: Scratch, Python, Web Development, Java, AI, Music, and App Development. All lesson plans will be provided, no previous coding or teaching experience is required. This opportunity is open to Grade 12 and post-secondary age students. For more info go to: <https://www.thecodeinitiative.ca/> To apply to be a volunteer go to : <https://www.volunteerconnector.org/port-moody/the-code-initiative-foundation/volunteer-tutor>

Member of Parliament Youth Council

Are you interested in a career in politics or public service? Member of Parliament Terry Beech for Burnaby North-Seymour is renewing his non-partisan Constituency Youth Council this September, and applications are now open for high school students. This unique opportunity offers young people the chance to interact and network with political stakeholders and community leaders. Depending on the group's comfort level, it will be a virtual or hybrid meeting. Here is some information about MP Beech: <http://terrybeechmp.ca>. To apply go to: <https://forms.gle/Vs731EBkMURfv8W68> Once you are accepted as volunteer, please come to the Career Centre to get paperwork so that you can count this towards your work experience hours.

Vancouver Food Bank – Winston Street Location (near Costco)

Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. Volunteers are asked to commit to one shift per week, for a minimum of 2 months – you pick the dates and times that work for you! You can even sign up with a friend! For more details about how to sign up please go to the Career Centre and pick up an info sheet. ***Applications open on January 30th!**

Spring Break Career Exploration Work Experience (Pay Programs)

Vancouver Film School – Creative Break High School Camps

VFS is offering virtual programs over Spring Break. Each program explores related careers in the entertainment industry. Workshops are led by experienced professionals in Visual Art & Design, Animation& Visual Effects, Acting, Makeup, Digital Design, Film Production and Writing. Sign up for the area you are interested in exploring. **March 13-14 or March 15-16 or March 20-21** – 9am – 4pm daily. There is a cost to this program - \$200 - \$225. per workshop. To register go to : <https://vfs.edu/programs/creative-break>

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Structured Work Experience and Training (S.W.E.A.T.) at LaSalle College

Explore creative career opportunities in our high school workshops as you learn to create project-based portfolio work with industry-related technology and equipment. Be inspired! March 20 to 23 – 8:45 a.m. to 5 p.m. Fee : \$150. Participate in one of our hands-on workshops in the following areas and receive 30 hours of work experience: 3D Modeling, Animation & VFX | Game Art & Design | Professional Recording Arts | Photography | Culinary Arts and Baking & Pastry | Fashion Design & Jewelry | Fashion Marketing | Graphic Design | Interior Design To register visit: <https://www.lasallecollegevancouver.com/events/sweat-workshop-mar-2023>

Career Exploration and Leadership Development (these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

Burnaby Neighbourhood House – Future Leaders Program

The Future Leaders program is for youth interested in teaching, or another childcare setting. The 18 week program starts with 8 weeks of training (once a week) including a High Five certificate, and other trainings required to work in a childcare setting. After the trainings, students are placed in one of our childcare centers to gain hands-on experience for 10 weeks (once or twice a week depending on the student's availability.) Students receive a certificate for the training and work experience, and are eligible to be hired by our agency in any of our childcare programs. The cost is \$100 to pay for the High Five certification facilitator (subsidies may be available for those in need) The next cohort runs on Thursdays from 4:00pm-5:30pm. Our start date is January 19 for our south house location at 4460 Beresford St. #100, Burnaby, BC V5H 0B8, and January 18 4:00pm-5:30pm 2055 for our north house location at 2055 Rosser Ave, Burnaby, BC V5C 5Y1. To apply pick up an application in the Career Centre.

Post-Secondary Info Sessions

UBC (University of British Columbia) – Online

January 5, 7 10 & 11 – Application Workshop. To register go to (use Safari browser) : <https://account.you.ubc.ca/s/events?information-sessions>

UBC (University of British Columbia) – Campus Tour

Tours run during the week and on weekends. To register go to (use Safari browser): <https://account.you.ubc.ca/s/events?information-sessions>

Langara College - Online Info Sessions

January 10 – European Field Studies in Italy

January 11 – Social Services Worker

January 16 – Early Childhood Education Certificate / Studio 58 Acting Program

January 18 – Education Assistant / Full Stack Web Development / Internet and Web Technology

To sign up go to: <https://langara.ca/news-and-events/information-sessions/index.html>

University of Victoria – Online Info Session

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **January 25 at 5pm** and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at: <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

BCIT (British Columbia Institute of Technology) – Online Info Sessions

January 16 – Digital Forensics and Cyber Security

January 19 – Security Systems Technician / Software Systems Developer

To sign up go to: <https://www.bcit.ca/events/category/infosession/list/>

Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming session – **January 17 & 19** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to : <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

Justice Institute of BC (JIBC)

Are you a team player? Are you active in your community, physically and mentally fit, and want to be a sought-after graduate pursuing a rewarding career in law enforcement and public safety? Then this program is for you.

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Attend our info session on **February 16th** to learn more about the Law Enforcement Studies Diploma (LESD) and discover what it takes to pursue a career in law enforcement or public safety. Learn about the education, applied skills, and specialized knowledge required to become a superior candidate in the recruiting process. Register at : <https://www.jibc.ca/event/law-enforcement-studies-diploma-info-session-december-7>

SFU (Simon Fraser University) – Campus Tours

For more info and to book a tour go to : <https://www.sfu.ca/students/admission/tours-events/campus-tours.html>

SFU (Simon Fraser University) – Online

January 12, 17, 25 - Application Workshop - In this workshop, you will learn how to successfully complete your application and get answers to frequently asked questions on topics such as: understanding your SFU Student Centre, self-reporting Grades (BC high school students only), submitting documents, key admission dates and timeline, and getting to know SFU.

SFU – Beedie School of Business

Learn more about the program and admission requirements, receive the opportunity to ask questions, find out if SFU Beedie is the right fit for you. Online Info Session **January 10**. To register go to: <https://beedie.sfu.ca/bachelor-of-business-administration-webinars>

SFU – Faculty of Applied Sciences

Join us for an online info session on **January 5th** to learn more about the undergraduate programs in SFU's Faculty of Applied Sciences, including computing science, engineering science, mechatronic systems engineering, and sustainable energy engineering. For more info and to register go to: <https://events.sfu.ca/event/31983-future-student-information-session-learn-about> Pick up a handout in the Career Centre for more Applied Sciences information.

SFU - Exploring Applied Sciences at the Surrey Campus with SFU professors – online

Join us on Wednesday **January 11** at 4:30 for an online info session to learn more about the undergraduate programs in SFU's Faculty of Applied Sciences. Are you interested in becoming a part of a tight-knit community in BC's fastest growing city? Come learn about SFU's Faculty of Applied Sciences at the Surrey Campus, which offers programs in Mechatronic Systems Engineering (MSE), Software Systems (SoSy), and Sustainable Energy Engineering (SEE). In this presentation, you will hear from three of our program heads and professors, Dr. Helen Bailey (MSE), Dr. Manpreet Kaur (SEE) and Dr. Harinder Kangura (SoSy), on the work that is done in their field. You will also have the unique opportunity to ask them any questions you may have on the programs, and life at SFU.

Register at : <https://events.sfu.ca/event/32667-exploring-applied-sciences-surrey-programs-with>

University of Alberta

We are inviting 20 lucky students to get away to the U of A! Attendees will join us in Edmonton, Alberta's capital city - Canada's largest, northernmost metropolis - where they will discover our breathtaking North Campus, nestled atop the lush North Saskatchewan river valley and just steps away from the iconic Whyte Avenue district. Their adventure will include transportation reimbursement*, accommodations, meals and a jam-packed schedule of events. They will stay in residence, explore state-of-the-art facilities, uncover hidden gems on campus and experience U of A student life first-hand. **Who:** 20 Grade 11 Students From Across Canada; **When:** May 26 - 28, 2023; **Where:** University of Alberta, Edmonton, Alberta. Students can learn more and apply at uab.ca/getaway. The application deadline is January 31, 2023.

Canadian Universities Event (CUE) - Virtual Evening

Our Virtual Event will feature representatives from a variety of Canadian universities, who are ready to answer questions and provide resources. This year's event will take place on January 19th from 6:00 – 8:00pm. Participating universities include : Carleton, Concordia, Dalhousie, Emily Carr, Mount Royal, Royal Military College, Queens, Western and Waterloo. To register for this free event go to: <https://cuebc.org/>

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