

Respect

8800 Eastlake Drive, Burnaby, BC V3J 7X5 Tel:604-296-6870 Fax: 604-296-6873 W: mountain.burnabyschools.ca Excellence

Second

Responsibility



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Mountain

Student Bulletin

Date:Wednesday Dec 14th ,2022

Student First Aid: Tijana Keen-Miholjcic and Cailee Leggett

Burnaby

NEW	Ald: Tijana Keen-Minolj			
Dec 16 Ms. Manning	Work Experience Opportunities Postings at bottom of page 2.			
Dec 15 Mr. Rolph	Lucky Spin:Come down to the upper commons to Spin the Wheel with a variety of prizes hosted by the grade 9 council from the 12-15 (Monday to Thursday.) \$2 / spin.			
Dec 15 Mr. Rolph	 Monday 12th: With all the decorating and advertising, it's hard to miss the Christmas story and traditions. As such, this week the Racial Equity and Cultural Heritage Club is going to be sharing information about different cultural events that take place in December! December 8 was Bodhi Day. Bodhi day is a Buddhist tradition that marks the day that Siddhartha Gautama who legend says founded Buddhism in India became the Buddha December 21 marks Winter Solstice Day which many Indigenous peoples celebrate as it is the day of fewest hours of sunlight and the days ahead begin to be brighter. Tuesday 13th: Salgirah Mubarak! Today is Salgirah Khushali which is a Nizari Ismaili Muslim tradition to celebrate the Ismaili Muslims religious leader, the present living Imam, Aga Khan Shah Karim al-Husayni's Birthday. Wednesday 14th: Hanukkah which takes place from December 18th to 26th is a Jewish tradition that commemorates the Jewish people's rededication to the second Temple in Jerusalem Thursday 15th: Kwanzaa which takes place from December 26 to January 1st is an African Canadian and African American event that takes place to honour African heritage. 			
Dec 16 Mr. Rolph		Week Update For		
	Tuesday W – E – A - R	Wednesday W – E – A - R	Thursday	Friday
	w – E – A - R red and green and come out for karaoke at lunch in the commons.	W – E – A - R a cozy sweater ugly sweater festive socks and come to the commons at lunch for grade council winter market	come to school in PJs and enjoy a free pancake breakfast in the lower commons from 8:15-9 am.	We wrap the week up on with our Winter Fair.
Dec 16 Ms. Belyea	New scholarships pos	ted on the Scholarship Team:		

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	• BC Excellence Award: demonstrate service and leadership, both at school and in their communities, shows aptitude and commitment to their chosen career paths.			
	 Energy Rates Scholarship: to see what the next great minds bring to the energy industry and to assist them achieve their goals and dreams 			
	• Kin Bursaries : community and school involvement, knowledge of Kin Canada and financial need.			
	Burger King Scholars: Integrity, high standards, entrepreneurial spirit, good citizenship			
	Sobey's Food for Thought: Enrolled in a Canadian University, college or high school			
	See Ms Belyea (Room 304) if you have any questions after you check out the details on Teams.			
Dec 16 Mr. Ko	YEARBOOK DEADLINES			
	Grad Yearbook Quotes			
	Please email your Grad Quotes to bmssyb2023@gmail.com. Deadline - Feb 1, 2023			
	Baby Photos			
	Please send your Baby Photos to bmssyb2023@gmail.com. Deadline - December 16, 2022			
	Grade 12 Superlatives Survey			
	Follow the link to complete the Grad Superlatives			
	Survey https://forms.office.com/pages/responsepage.aspx?id=LV7swROUrEqeab99Ida2QIQzD1IU			
	WLFEqxoZ9vSxFWJUOUw4TVo5MkdPQ0IISFREQ1VOUTQyVEg0Ui4u. Deadline - January 31, 2023			
Dec 16 Mr. Rolph	Winter Fair 2022:			
	Student council invites you to celebrate the season, and the fact that we made it to Winter Break,			
	with games, entertainment, a photobooth, and prizes at Winter Fair 2022. Staff will be on the			
	lookout for acts of kindness, for examples of spreading joy, for instances of unsolicited goodwill.			
	When these acts are witnessed, they may be rewarded with Holla Dollas that you can use to enter			
	our prize draws. This year's prizes include an X-Box Series S, Air Pods, Bose Bluetooth speaker,			
	Massage gun, an adorable Squishmallow, and many other items and experiences.			

Work Experience Opportunities

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

UBC Engineering 2023 STEM Leadership Program and Work Experience

Calling all high school students! Interested in learning hands-on engineering skills? Passionate about STEM Outreach? The STEM Leadership Program is perfect for you! The STEM-LP Program provides the opportunity to:

Learn technical engineering skills (Python, JavaScript, HTML, C++, Arduinos, CAD...), Apply the Engineering Design Cycle through a summer-long project, Understand the real-world applications of Engineering, Gain experience teaching others, Work with a team of like-minded peers, Facilitate STEM education in week-long camps and

Present projects and findings in an end of summer gala. Learn more about the program and how to apply on Geering Up's website! Application period is from December 2, 2022 to January 3, 2023. To find out more, and to apply go to : <u>https://geeringup.apsc.ubc.ca/join-us/general-information/volunteering/stem-leadership-program/</u>

Burnaby RCMP Youth Academy 2023:

The Burnaby RCMP is hosting a Youth Academy March 13-17, 2023 at Burnaby Central Secondary School for students in Grade 11 or 12 with an interest in exploring a career in law enforcement. Come by the Career Centre for an application and more information. Deadline to apply is Friday, December 16th.

New Vista – Seniors Care Home

New Vista is a Seniors Care Home located in Burnaby (near Edmonds Community Centre). They are looking for volunteers on weekends and weekday evenings to help with their social and recreational programs. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Shoppers Drug Mart – Retail, Pharmacy or Cosmetics Department

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Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre for more details and to sign up.

The Madison – Seniors Care Home

The Madison is a Seniors Care Home located in Coquitlam (just off Como Lake Ave). They are looking for volunteers Monday to Thursday from 5:30 – 7pm to help with their evening social programs. Volunteers attend one day a week for a minimum of 12 weeks. Group interview and orientation is on November 9th. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

The 30th Annual Wellness Show – Vancouver Convention Centre – Seeking Volunteers:

Are you interested in fitness, nutrition and wellness? Are you interested in events and hospitality? The 30th Annual Wellness Show is seeking volunteers at the Vancouver Convention Centre the weekend of February 11th and 12th, 2023. Positions include information table, coat check, seminar and workshops assistants, greeters, etc. Come by the Career Centre to learn more.

Special Olympics BC

Special Olympics BC is an excellent organization seeking volunteers to help individual with special needs at local events and sports (basketball, aquatics, bowling, etc). Various dates, times and events available. The program schedule for Burnaby is here <u>Schedules | Special Olympics BC Burnaby (sobcburnaby.org)</u>. To sign up to volunteer use this link <u>VOLUNTEER OPPORTUNITIES (office.com)</u>.

Burnaby Fire Department Youth Academy:

Are you interested in learning more about a career in firefighting? The Burnaby Fire Department is hosting a 4-day academy, April 24-27th where students will learn firefighting skills, fire hose operations, search and rescue and belay techniques and much more. Come by the Career Centre for an application.

Port Moody Winter Farmers Market

The Port Moody Farmers Market is currently looking to fill all volunteer positions for the 2022-23 Winter Farmers Market season. Our winter market season runs November – April, on Sundays (10am - 2pm) at 300 loco Road, Port Moody (behind the Port Moody Library). Positions available are: Set Up, Entrance Gate, Power of Produce(PoP) Tent, Kid's Craft Tent, Take Down, Special Events. To sign up go to :<u>https://docs.google.com/forms/d/e/1FAIpQLSdS5jvE98OTpeqYQNh3xLY4xQ0d6xzZbn2e9ITkBM9Z_kZUQ/viewform</u>

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Tuesday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at: https://www.bigbrothersvancouver.com/our-programs/teen-mentor/ After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to :<u>https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber</u>_

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <u>http://burnabyhospice.org/volunteer/thriftstore/</u>

Burnaby Neighbourhood House

Burnaby Neighbourhood House is a community driven and community funded agency with a unique focus on neighbours supporting neighbours. They have a variety of youth volunteer opportunities, including Food Bank Assistant, Office Assistant, Day Camp Helper and Special Events Helper. To find out more about these opportunities register at : <u>https://burnabynh.ca/get-involved-volunteer/</u>

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SIYSCorps Program - Virtual Volunteering Opportunity

The **SIYSCorps** program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customized volunteer placement at an organization of their choice that fits their interest and skills. To apply go to :<u>https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-ambassador-siyscorps-full-virtual-volunteering-opportunity-2</u>

The C.O.D.E. Initiative

C.O.D.E. Initiative is a female-founded non-profit organization that stands for Creating Opportunities and Defining Education. We are at the forefront of empowering youth, particularly neurodivergent and autistic youth, through tailored STEM workshops and coding classes. This is a flexible volunteering program where you will be able to set your own hours. You are only required to work 3 hours per week. We are looking for tutors to teach children coding through the online platform Setmore, using our custom made coding curriculum. We currently offer several programs: Scratch, Python, Web Development, Java, AI, Music, and App Development. All lesson plans will be provided, no previous coding or teaching experience is required. This opportunity is open to Grade 12 and post-secondary age students. For more info go to: https://www.thecodeinitiative.ca/ To apply to be a volunteer go to :https://www.volunteerconnector.org/port-moody/the-code-initiative-ca/ To

Place des Arts

Place des Arts, has many volunteer opportunities for youth throughout the year. From working with children at art camps or helping at exhibitions and events, they provide meaningful ways to get involved in the arts and contribute to the community. To apply go to: <u>https://placedesarts.ca/volunteer/</u>

Member of Parliament Youth Council

Are you interested in a career in politics or public service? Member of Parliament Terry Beech for Burnaby North-Seymour is renewing his non-partisan Constituency Youth Council this September, and applications are now open for high school students. This unique opportunity offers young people the chance to interact and network with political stakeholders and community leaders. Depending on the group's comfort level, it will be a virtual or hybrid meeting. Here is some information about MP Beech: http://terrybeechmp.ca. To apply go to: https://terrybeechmp.ca. To apply go to: https://terrybeechmp.ca.

Career Exploration and Leadership Development (these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

The Future Leaders program is for youth interested in teaching, or another childcare setting. The program is 18 weeks total. Starting with 8 weeks of training (once a week) including a High Five certificate, and other licensing trainings required to work in a childcare setting. After the trainings, students are placed in one of our childcare centers to gain hands-on experience for 10 weeks (once or twice a week depending on the student's availability.) Students receive a certificate for the trainings and the work experience, and are eligible to be hired by our agency in any of our childcare programs. The cost is \$100 to pay for the High Five certification facilitator (subsidies may be available for those in need) The next cohort runs on Thursdays after school from 4:00pm-5:30pm. Our start date is January 19 for our south house location at 4460 Beresford St. #100, Burnaby, BC V5H 0B8, and January 18 4:00pm-5:30pm 2055 for our north house location at 2055 Rosser Ave, Burnaby, BC V5C 5Y1. To apply pick up an application in the Career Centre.

Post-Secondary Info Sessions

UBC Women in Engineering High School Mentorship Program:

This virtual program is open to all students who identify as female and open to students in Grades 10-12. This program runs January - April 2023 and registration closes on December 7. More info and to register go to: <u>https://forms.gle/nWe5qA1XSLNeWZoq9</u>

UBC (University of British Columbia) - Online

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December 12- Virtual Campus Tour

To register go to (use Safari browser): <u>https://account.you.ubc.ca/s/events?information-sessions</u>

UBC (University of British Columbia) - In Person Campus Tours

Tours run during the week, and on the weekends. There are also tours during the first week of winter break. To register go to: <u>https://account.you.ubc.ca/s/events?information-sessions</u>

Langara College - Online Info Sessions

December 12 – Journalism **January 10** – European Field Studies in Italy To sign up go to: <u>https://langara.ca/news-and-events/information-sessions/index.html</u>

University of Victoria – Online Info Session

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **December 12 at 4pm** and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at:<u>https://www.uvic.ca/undergraduate/tours-</u> <u>events/events/index.php</u>

BCIT (British Columbia Institute of Technology) – Online Info Sessions

December 13 – Sheet Metal
 December 14 – Office Administration
 December 15 - Airline and Flight Operations Commercial Pilot Diploma / Software Systems Developer
 December 19 – Railway Training
 To sign up go to: https://www.bcit.ca/events/category/infosession/list/

Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming session –**December 13 & 15** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to :<u>https://www.douglascollege.ca/future-students/explore-douglas/information-sessions</u>

Justice Institute of BC (JIBC)

Are you a team player? Are you active in your community, physically and mentally fit, and want to be a sought-after graduate pursuing a rewarding career in law enforcement and public safety? Then this program is for you.

Attend our info session on **December 7**th to learn more about the Law Enforcement Studies Diploma (LESD) and discover what it takes to pursue a career in law enforcement or public safety. Learn about the education, applied skills, and specialized knowledge required to become a superior candidate in the recruiting process. Register at : <u>https://www.jibc.ca/event/law-enforcement-studies-diploma-info-session-december-7</u>

SFU (Simon Fraser University) – Campus Tours

For more info and to book a tour go to : <u>https://www.sfu.ca/students/admission/tours-events/campus-tours.html</u>

<u>SFU – Beedie School of Business</u>

Learn more about the program and admission requirements, receive the opportunity to ask questions, find out if SFU Beedie is the right fit for you. Online Info Session **December 14** & **January 10**. To register go to: <u>https://beedie.sfu.ca/bachelor-of-business-administration-webinars</u>

<u>SFU – Faculty of Applied Sciences</u>

Join us for an online info session on **January 5**th to learn more about the undergraduate programs in SFU's Faculty of Applied Sciences, including computing science, engineering science, mechatronic systems engineering, and sustainable energy engineering. For more info and to register go to: <u>https://events.sfu.ca/event/31983-future-student-information-session-learn-aboutPick up a handout in</u> <u>the Career Centre for more Applied Sciences information.</u>

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SFU - Exploring Applied Sciences at the Surrey Campus with SFU professors – online

Join us on Wednesday January 11 at 4:30 for an online info session to learn more about the undergraduate programs in SFU's Faculty of Applied Sciences. Are you interested in becoming a part of a tight-knit community in BC's fastest growing city? Come learn about SFU's Faculty of Applied Sciences at the Surrey Campus, which offers programs in Mechatronic Systems Engineering (MSE), Software Systems (SoSy), and Sustainable Energy Engineering (SEE). In this presentation, you will hear from three of our program heads and professors, Dr. Helen Bailey (MSE), Dr. Manpreet Kaur (SEE) and Dr. Harinder Kangura (SoSy), on the work that is done in their field. You will also have the unique opportunity to ask them any questions you may have on the programs, and life at SFU.

Register at : <u>https://events.sfu.ca/event/32667-exploring-applied-sciences-surrey-programs-with</u>

University of Alberta

We are inviting 20 lucky students to get away to the U of A! Attendees will join us in Edmonton, Alberta's capital city - Canada's largest, northernmost metropolis - where they will discover our breathtaking North Campus, nestled atop the lush North Saskatchewan river valley and just steps away from the iconic Whyte Avenue district.

Their adventure will include transportation reimbursement*, accommodations, meals and a jam-packed schedule of events. They will stay in residence, explore state-of-the-art facilities, uncover hidden gems on campus and experience U of A student life first-hand. **Who:** 20 Grade 11 Students From Across Canada; **When:** May 26 - 28, 2023; **Where:** University of Alberta, Edmonton, Alberta. Students can learn more and apply at <u>uab.ca/getaway</u>. The application deadline is January 31, 2023.

Job Opportunities:

The Caterer – local catering company with after school shifts available – info flyer in Career Centre Pedalheads – March Break Bike Camps - <u>https://www.pedalheads.com/join-the-team</u>