











We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin

Date: Wednesday Nov 23rd,2022

Student First Aid: Eugene Cho and Sidney Fan

<div> <div>NEW</div> <div>Nov 25</div> <div>Ms. Pattenaude</div> </div>	<div>  <div> <div>SKI AND SNOWBOARD</div> <div> All students who are planning on participating in both the Cypress Club and Whistler Teams need to register by THIS FRIDAY! Both forms will not be available for registration after Friday Nov 25th. All payments are due on Monday Nov. 28th. You snooze you lose! </div> </div> </div>
<div> <div>NEW</div> <div>Dec 2</div> <div>Mx. Williams</div> </div>	<div>  <div> <div>It's time for this year's Bookmark contest.</div> <div> Design a bookmark celebrating your favourite genre. What kind of story do you like best - mystery, horror, sci-fi, romance, thriller, friendship,...? Templates are available in the library. Winners will be printed and be available to the whole school community. </div> </div> </div>
<div> <div>Nov 24</div> <div>Ms. Gingras</div> </div>	<div> <div>Work Experience Opportunities</div> <div>Please see below for posting</div> </div>
<div> <div>Nov 24</div> <div>Ms. Sullivan</div> <div>    </div> </div>	<div> <div>Literacy Week</div> <div> <ul style="list-style-type: none"> Literacy Week is fast approaching, starting MON. 21ST RUNNING TO THURSDAY 24TH. Participate often to be entered into a draw for a class pizza party! Also, new this year: A Chapters gift card will be awarded to the teacher who is most engaged with their classes in the activities! Back by popular demand is the library escape room with a new "Stranger Things" theme! Teachers: Be on the lookout for the sign-up sheet for your classes. Popcorn and a movie will take place on Thursday in the MPR. Our updated choice board filled with literacy activities will be sent to teachers to choose activities that work for their classes when it works for them! <div>More info to follow!</div> </div> </div>
<div> <div>Nov 24</div> <div>Ms. Gingras</div> <div>  </div> </div>	<div> <div>Culture Fest Volunteers Needed - Thursday, November 24th 4:30 pm - 10:00 pm.</div> <div> Student Council needs 15 student volunteers to help out with Culture Fest on Thursday, November 24th, 2022. Volunteers are required to be at school at 4:30 pm as doors will open at 5:00 pm. Volunteers will be assigned to a station to hand out food portions to event attendees; more information and specific details will be given on the day of. You are able to gain volunteer hours from this event. Sign up online at the following Link </div> </div>

<p>Nov 24 Mr. Rolph</p>	<div>  <p><u>Culture Fest Tickets:</u></p> <p>Culture Fest is returning to Burnaby Mountain! This is an event at BMSS that celebrates the different cultures that make up our school. It's an invitation to come together and celebrate. Different performances as well as food will be available on this day. Come to the upper commons to buy your tickets!</p> <ul style="list-style-type: none"> • Tickets will be sold from November 14-24 at lunch for \$3 for one and \$5 for two • Doors will open to enjoy some food at 5:00pm and performances will start at 6:00pm on Thursday November 24th • All proceeds from this event will go towards the Greater Vancouver Food Bank. <p>We are looking forward to seeing you there.</p> </div>
<p>Nov 24 Ms. Der</p>	<div> <p>Winter Games next week Nov 21-24 at lunch</p>  <div> <p>All grades to sign up upper commons</p> <p>Thurs. Nov 17 & Friday Nov 18.</p> <p>Mon/Tues Games include dodgeball \$12 a team 6 people on a team</p> <p>Wednesday 3 point contest basketball \$2 a player</p> <p>Thursday tug of war \$2 per player 10 players on a team.</p> </div> </div>
<p>Nov 24 Ms. Belyea</p>	<p><u>New Scholarships posted:</u></p> <ul style="list-style-type: none"> • Beedie Luminaries Scholarship (<i>facing financial adversity smart, but constrained by circumstance, resilient</i>) • Cmolik Scholarship (<i>faced adversity in their lives and demonstrated tenacity</i>) • Schulich Leaders Award (<i>Canada's most coveted undergraduate STEM scholarships.</i>) <p>For more information, go to the Scholarship Team page, under files select November and December posts OR see Ms Belyea in room 304!</p>

Work Experience Opportunities

Burnaby RCMP Youth Academy 2023:

The Burnaby RCMP is hosting a Youth Academy March 13-17, 2023 at Burnaby Central Secondary School for students in Grade 11 or 12 with an interest in exploring a career in law enforcement. Come by the Career Centre for an application and more information. Deadline to apply is Friday, December 16th.

Creekside – Pro-D

Come and join a field trip with the preteen group at Creekside Youth Centre on the Pro-D Day, Friday, November 25th. They are seeking 2 volunteers. Come by the Career Centre to sign up.

Seasonal Gift Wrap Volunteer at Lougheed Mall

Lougheed Mall Gift Wrap Lounge is seeking volunteers during the month of December. Students will be gift wrapping, handling cash, and answering guest inquiries. Interested candidates must be available for a few shifts between December 3-24 as well as the training session on December 3rd from 10 am-12 pm. **Please**

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apply with a resume to the Guest Services Supervisor, Amir at amir.nikravan@shape.ca by November 20, 2022. Along with your resume, please indicate 2-3 times you would be available for a 10-minute phone call interview. If you are accepted as a volunteer, please stop by the Career Centre to pick up paperwork, BEFORE you volunteer, so you can count this towards your Work Experience hours.

Aunt Leah's Charity Tree Lot

Aunt Leah's Place is a registered charity that, for over 30 years, has been helping prevent children in foster care from becoming homeless by providing supported housing, education, employment training and coaching. Their Christmas tree sales support their projects. All volunteer training and orientation takes place onsite. There are locations in Coquitlam and Burnaby with after school shifts every Monday-Friday from 4-8 pm and weekend shifts from 10-2, 1-5 and 4-8. Students must be 16 years of age and older to volunteer. Some of the tasks include: track sales, handle cash, operate debit/credit machine, reconcile sales after shift, answer customer questions, explain Aunt Leah's vision. Volunteers can sign up for shifts online at (make sure you indicate that you are a Burnaby Mountain Secondary School Student when filling in the form): <https://www.auntleahs.org/get-involved/tree-lots/>

New Vista – Seniors Care Home

New Vista is a Seniors Care Home located in Burnaby (near Edmonds Community Centre). They are looking for volunteers on weekends and weekday evenings to help with their social and recreational programs. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Sales & Marketing Business Development Internship

Are you interested in a sales & marketing and have an entrepreneurial mindset? A local employer is seeking students interested in learning more about market research, prospect research, content creation and social media. Come by the Career Centre to learn more.

The Madison – Seniors Care Home

The Madison is a Seniors Care Home located in Coquitlam (just off Como Lake Ave). They are looking for volunteers Monday to Thursday from 5:30 – 7pm to help with their evening social programs. Volunteers attend one day a week for a minimum of 12 weeks. Group interview and orientation is on November 9th. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Special Olympics BC

Special Olympics BC is an excellent organization seeking volunteers to help individual with special needs at local events and sports (basketball, aquatics, bowling, etc.). Various dates, times and events available. The program schedule for Burnaby is here [Schedules | Special Olympics BC Burnaby \(sobcburnaby.org\)](https://www.sobcburnaby.org/Schedules) . To sign up to volunteer use this link [VOLUNTEER OPPORTUNITIES \(office.com\)](https://www.sobcburnaby.org/VOLUNTEER-OPPORTUNITIES) .

Holiday Gift Wrapping at The Amazing Brentwood Shopping Centre

Volunteer Burnaby is looking for front desk and gift-wrapping volunteers to help us raise funds to support our community programs. We promote and support community development through volunteering. This year we will be in The Amazing Brentwood Shopping Centre from **December 9 to 24**. There are three shift a day to choose from: Opening shift – shopping center opening to 2:00 pm / Afternoon shift – 1:30 – 5:30 pm / Closing shift – 5:00 pm to shopping center closing. You must commit to a minimum of 3 shifts. To apply go to : <https://volunteerburnaby.ca/christmas-gift-wrap-volunteers-wanted/>

Burnaby Fire Department Youth Academy:

Are you interested in learning more about a career in firefighting? The Burnaby Fire Department is hosting a 4-day academy, April 24-27th where students will learn firefighting skills, fire hose operations, search and rescue and belay techniques and much more. Come by the Career Centre for an application.

Burnaby Art Gallery – Artist Apprenticeship Program:

Are you interested in working with professional artists and gallery staff at the Burnaby Art Gallery? You will be taking on the role of an artist creating artwork to be featured in an exhibit at the gallery. The program runs from January - April 2023. **Deadline to apply is Monday, November 21st.** Come by the Career Centre for an application.

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Shoppers Drug Mart – Retail, Pharmacy or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre form more details and to sign up.

Portobello West Roundhouse Holiday Market

Portobello West Artisan Market is looking for friendly and motivated individuals to join our dedicated team of volunteers on **Sat, Nov 26 and/or Sun, Nov 27** at Roundhouse Community Arts + Recreation Centre, (181 Roundhouse Mews) in Downtown Vancouver! This much-anticipated shopping extravaganza in beautiful Yaletown will feature one-of-a-kind creations from a curated selection of more than 65-local BC artists, designers + producers including: fashion, jewelry, art, home decor, skincare, pet accessories, gourmet treats, + more! Responsibilities include vendor relations, public relations, setup, + teardown. Flexible schedule + work shifts available. Compensation includes Volunteer Certificate, free Holiday Market admission + complimentary lunch for work shifts over 6-hours per day! To apply go to

[:https://www.volunteerconnector.org/surrey/vancouver-fashion-and-art-market-society/portobello-west-annual-roundhouse-holiday-market-2022](https://www.volunteerconnector.org/surrey/vancouver-fashion-and-art-market-society/portobello-west-annual-roundhouse-holiday-market-2022)

The 30th Annual Wellness Show – Vancouver Convention Centre – Seeking Volunteers:

Are you interested in fitness, nutrition and wellness? Are you interested in events and hospitality? The 30th Annual Wellness Show is seeking volunteers at the Vancouver Convention Centre the weekend of February 11th and 12th, 2023. Positions include information table, coat check, seminar and workshops assistants, greeters, etc. Come by the Career Centre to learn more.

Port Moody Winter Farmers Market

The Port Moody Farmers Market is currently looking to fill all volunteer positions for the 2022-23 Winter Farmers Market season. Our winter market season runs November – April, on Sundays (10am - 2pm) at 300 Ioco Road, Port Moody (behind the Port Moody Library). Positions available are: Set Up, Entrance Gate, Power of Produce(PoP) Tent, Kid's Craft Tent, Take Down, Special Events. To sign up go to

[:https://docs.google.com/forms/d/e/1FAIpQLSdS5jvE98OTpeqYQNh3xLY4xQ0d6xzZbn2e9IT-kBM9Z_kZUQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdS5jvE98OTpeqYQNh3xLY4xQ0d6xzZbn2e9IT-kBM9Z_kZUQ/viewform)

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Tuesday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at:

<https://www.bigbrothersvancouver.com/our-programs/teen-mentor/> After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <http://burnabyhospice.org/volunteer/thriftstore/>

Burnaby Neighbourhood House

Burnaby Neighbourhood House is a community driven and community funded agency with a unique focus on neighbours supporting neighbours. They have a variety of youth volunteer opportunities, including Food Bank Assistant, Office Assistant, Day Camp Helper and Special Events Helper. To find out more about these opportunities register at : <https://burnabynh.ca/get-involved-volunteer/>

The C.O.D.E. Initiative

C.O.D.E. Initiative is a female-founded non-profit organization that stands for Creating Opportunities and Defining Education. We are at the forefront of empowering youth, particularly neurodivergent and autistic youth, through tailored STEM workshops and coding classes. This is a flexible volunteering program where you will be able to set your own hours. You are only required to work 3 hours per week and can block off your schedule once you receive that many bookings. We are looking for tutors to teach children coding through the online platform Setmore, using our custom made coding curriculum. We currently offer several programs: Scratch, Python, Web Development, Java, AI, Music, and App Development. All lesson plans will be provided, no previous coding or teaching experience is required. This opportunity is open to Grade 12 and post-secondary age students. More information can be found through our website

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at: <https://www.thecodeinitiative.ca/> To apply to be a volunteer go to
: <https://www.volunteerconnector.org/port-moody/the-code-initiative-foundation/volunteer-tutor>

Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to
: <https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber>

SIYSCorps Program - Virtual Volunteering Opportunity

The **SIYSCorps** program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customized volunteer placement at an organization of their choice that fits their interest and skills. To apply go to : <https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-ambassador-siyscorps-full-virtual-volunteering-opportunity-2>

Place des Arts

Place des Arts, has many volunteer opportunities for youth throughout the year. From working with children at art camps or helping at exhibitions and events, they provide meaningful ways to get involved in the arts and contribute to the community. To apply go to: <https://placedesarts.ca/volunteer/>

Member of Parliament Youth Council

Are you interested in a career in politics or public service? Member of Parliament Terry Beech for Burnaby North-Seymour is renewing his non-partisan Constituency Youth Council this September, and applications are now open for high school students. This unique opportunity offers young people the chance to interact and network with political stakeholders and community leaders. Depending on the group's comfort level, it will be a virtual or hybrid meeting. Here is some information about MP Beech: <http://terrybeechmp.ca>. To apply go to: <https://forms.gle/Vs731EBkMURfv8W68> Once you are accepted as volunteer, please come to the Career Centre to get paperwork so that you can count this towards your work experience hours.

Career Exploration and Leadership Development (these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

JA Business Entrepreneurship Company Program

JA Company Program is a 16-week course that allows students in grades 10-12 to learn about business and entrepreneurship. Students from across B.C. – Join us this fall and walk away with the tools and resources required to build your own start-up! You will be placed in a team and will work collaboratively with other students to learn about human centered design thinking, creative product development, product life cycles, e-commerce, app development and more. You'll also develop your teamwork, decision making and critical thinking skills. There are both On-line and In Person Cohorts. For more info and to apply go to: <https://jabc.ca/companyprogram/>

Triumf – Saturday Morning Lecture Series

Frontiers of Modern Physics - Saturday Morning Lecture Series TRIUMF, Canada's Particle Accelerator Centre, in partnership with UBC and SFU, are proud to present the following FREE lectures: visit this link for more info and to register: <https://www.triumf.ca/home/for-public/public-talks-events/saturday-morning-lectures>
December 3 – Studying galaxies in the early Universe with the James Webb Space Telescope and Building the Quantum Internet.

Youth Empowering Youth: FREE Online VIRTUAL Leadership Program

Youth Empowering Youth is a division of Low Entropy, a non-profit organization that is making personal growth accessible to all. Our Youth program consists of nine 1.5-hour sessions. All our sessions are currently

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being held online via zoom. Each class shares a new concept to help students take accountability for their thoughts, feelings and actions, thus moving them into a place of confidence, security, and self-assurance. The program runs October to December. There are four different cohorts: Mondays 5:30 – 7:00 / Saturdays 10:00 – 11:30 / Sundays 10:00 – 11:30 or 1:30 – 3:00. For more info and to sign up for the FREE program go to: <https://lowentropy.org/programs/youth-empowering-youth/> . Once your registration has been accepted, please stop by the Career Centre so we can give you paperwork to count this for work experience hours

Post-Secondary Info Sessions

Adulthood 101 – Personal Finance for Students

High school and university students are facing enormous hurdles when planning for their futures. Rising student debt, increasing housing costs, and surging inflation are barriers to success. Generation Z not only faces the burdens of climate change, the pandemic, and global uncertainty—but costs alone are a barrier to progress in careers and life. So, how can students prepare for the costs of “adulthood” and identify opportunities while at university? The Gustavson School of Business at UVic invites high school students to join a free financial literacy workshop. Learn about banking, credit cards, credit scores, apartment rentals, car loans and investing in stocks, bonds and EFT’s. This presentation will take place Thursday **November 17** at 6pm on Zoom. To register go to

[:https://uvic.zoom.us/meeting/register/tZEucO2qrjovGN3g5nluCq9ekM6uiUXEfQsG](https://uvic.zoom.us/meeting/register/tZEucO2qrjovGN3g5nluCq9ekM6uiUXEfQsG)

UBC (University of British Columbia) – Online Info Session

November 19 – Your Degree at UBC – Discover why UBC might be Right for You

To register go to (use Safari browser): <https://account.you.ubc.ca/s/events?information-sessions>

UBC (University of British Columbia) - In Person Campus Tours

Tours run during the week, and on the weekends. Weekend tours book up quickly. The soonest weekend openings are in December. To register go to: <https://account.you.ubc.ca/s/events?information-sessions>

UBC Sauder School of Business - Business Fundamentals Workshop

The event will also consist of a panel discussion where students can ask upper-year Sauder students questions about their careers and their BCom journey. The virtual event is on Wednesday, **November 23**, 2022 - 8 PM to 9 PM Zoom (link will be sent to participants who RSVP). RSVP by November 21, 2022

at <https://docs.google.com/forms/d/e/1FAIpQLSfqpqyx8wO4FvOGkSF74L59aGuayQgj35OrICZKWcn8aQ/viewform>

University of Victoria – Online Info Session

If you’re thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **December 12 at 4pm** and learn what it really means to be a UVic student. More than just getting into university, we’ll explore the possibilities and what your education can be. You’ll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at: <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

BCIT (British Columbia Institute of Technology) – Online Info Sessions

November 24 – Airline & Flight Operations Commercial Pilot

November 28 – Digital Arts, Media & Design

To sign up go to: <https://www.bcit.ca/events/category/info-session/list/>

Langara College - Online Info Sessions

November 21 – Early Childhood Educator (ECE)

November 23 – Full Stack Web Development / Internet and Web Technology

To sign up go to : <https://langara.ca/news-and-events/information-sessions/index.html>

Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program, so you get to interact and

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converse with your future instructor(s). Upcoming session –**December 13 & 15** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to : <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

SFU (Simon Fraser University) –Info Sessions

In Person - Come to the Multipurpose Room here at Mountain on **November 18** at lunch to meet an SFU advisor and find out more about SFU!

Online - **November 22** – Ask Me Anything: Do you have questions about SFU? If you're curious about anything from the admission process to our programs to student life, chat with a Recruitment Coordinator.

To register for the online sessions go to : <https://www.sfu.ca/students/admission/tours-events/events.html>

Justice Institute of BC (JIBC)

Are you a team player? Are you active in your community, physically and mentally fit, and want to be a sought-after graduate pursuing a rewarding career in law enforcement and public safety? Then this program is for you.

Attend our info session on **December 7th** to learn more about the Law Enforcement Studies Diploma (LESD) and discover what it takes to pursue a career in law enforcement or public safety. Learn about the education, applied skills, and specialized knowledge required to become a superior candidate in the recruiting process.

Register at : <https://www.jibc.ca/event/law-enforcement-studies-diploma-info-session-december-7>

Upcoming Info Sessions at Burnaby Mountain

November 22nd: **Provincial Mini-Fair.** 1:00 to 3:00 Upper Commons

Job Opportunities:

The Caterer – local catering company with after school shifts available – info flyer in Career Centre Earls – Bridge Park location

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