





We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin

Date: Friday Nov 4th, 2022

Student First Aid: Zachary Alviar and Raveena Billing

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|  Nov 4 Ms. D.C. | <p>Looking for interested students to register for UBC's Black Futures! This experience is specifically for young Black teens from across the lower mainland. This is a chance to explore your passions, hear from young Black leaders, find out what campus life is really like and meet Black teens (grades 10, 11, and 12) from across the lower mainland.</p> <p>Attend a Meeting at lunch on Monday in the MPR or see your counsellor as soon as possible.</p> |
| Nov 4 Ms. Dunne | <p><u>Halloween Carved Pumpkin Drive</u></p> <p>Hey Mountain, this is Earthwise. Did you know that 1.4 billion tons of pumpkins get thrown out every year in the U.S. alone.</p> <p>If you carved a pumpkin this Halloween and don't know what to do with it, Earthwise will be collecting pumpkins during lunch this Wednesday November 2nd until Friday November 4th. Drop off your pumpkins at the green house during lunch. The pumpkins will be properly turned into compost and help us feed our red wiggler worms.</p> |
| Nov 4 Ms. Manning | <p>Work Experience Opportunities</p> <p>Please see below for opportunities</p> |
| Nov 4 Ms. Belyea | <p><u>New Scholarships Posted:</u></p> <p>Terry Fox Humanitarian Award: individuals that are compassionate and altruistic in their intention to improve the lives of others. Candidates who have experienced and overcome insurmountable obstacles and yet are determined and dedicated to helping others will be seriously considered. (\$28,000)</p> <p>Lester B. Pearson International Scholarship at U of T: for an international student beginning U of T in Sept (full ride - tuition, accommodations, books etc.)</p> <p>For more information and details on how to apply, go to the Scholarships Teams page or see Ms. Belyea in Room 304.</p> |
| Nov 4 Mr. Rolph | <div></div> <p>Grade 9 council is hosting a "Spooky Halloween Bake Sale" out in the upper commons during lunch from Wednesday to Friday. Get the treats while they last.</p> |

Work Experience Opportunities

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

Science World - December

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- Goal 1: To foster an educated, responsible and reflective community of Digitally Literate Citizens.
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Science World is seeking Science Facilitator Assistants for the period of December 3-25th. Students are expected to commit to 80 hours of work experience over 3 weeks including a minimum of 2 weekday shifts. If you have a passion for science and want to gain more skills working with the public, this placement is for you. Come by the Career Centre for more info.

Sales & Marketing Business Development Internship:

Are you interested in a sales & marketing and have an entrepreneurial mindset? A local employer is seeking students interested in learning more about market research, prospect research, content creation and social media. Come by the Career Centre to learn more.

The Madison – Seniors Care Home

The Madison is a Seniors Care Home located in Coquitlam (just off Como Lake Ave). They are looking for volunteers Monday to Thursday from 5:30 – 7pm to help with their evening social programs. Volunteers attend one day a week for a minimum of 12 weeks. Group interview and orientation will be organized for November. This is a fantastic work experience for anyone interested in health care. To sign up come to the Career Centre.

Vancouver Art Gallery

Are you interested in art? Are you curious about what goes on behind the scenes at the Vancouver Art Gallery? You can now join their friendly and dedicated team of Gallery Volunteers! Come to the Career Centre to sign up for an in-person **Volunteer Orientation on November 8, 2022** from 6-8pm at the Vancouver Art Gallery where they will go over the different volunteer positions currently available at the Gallery.

Special Olympics BC

Special Olympics BC is an excellent organization seeking volunteers to help individual with special needs at local events and sports (basketball, aquatics, bowling, etc.). Various dates, times and events available. The program schedule for Burnaby is here [Schedules | Special Olympics BC Burnaby \(sobcburnaby.org\)](https://www.sobcburnaby.org/Schedules) . To sign up to volunteer use this link [VOLUNTEER OPPORTUNITIES \(office.com\)](https://www.volunteerburnaby.ca/christmas-gift-wrap-volunteers-wanted/) .

Holiday Gift Wrapping at The Amazing Brentwood Shopping Centre

Volunteer Burnaby is looking for front desk and gift-wrapping volunteers to help us raise funds to support our community programs. We promote and support community development through volunteering. This year we will be in The Amazing Brentwood Shopping Centre from **December 9 to 24** . There are three shift a day to choose from: Opening shift – shopping center opening to 2:00 pm / Afternoon shift – 1:30 – 5:30 pm / Closing shift – 5:00 pm to shopping Centre closing. You must commit to a minimum of 3 shifts. To apply go to : <https://volunteerburnaby.ca/christmas-gift-wrap-volunteers-wanted/>

Forest Grove Elementary - After School Volunteer Math Tutors

Do you like math and are you able to help after school to tutor students at Forest Grove Elementary from 3:30 pm - 4: 30 pm once or twice a week? If so, come by the Career Centre for more info.

Burnaby Fire Department Youth Academy:

Are you interested in learning more about a career in firefighting? The Burnaby Fire Department is hosting a 4-day academy, April 24-27th where students will learn firefighting skills, fire hose operations, search and rescue and belay techniques and much more. Come by the Career Centre for an application.

Burnaby Art Gallery – Artist Apprenticeship Program:

Are you interested in working with professional artists and gallery staff at the Burnaby Art Gallery? You will be taking on the role of an artist creating artwork to be featured in an exhibit at the gallery. The program runs from January - April 2023. Deadline to apply is Monday, November 21st. Come by the Career Centre for an application.

Shoppers Drug Mart – Retail, Pharmacy or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre form more details and to sign up.

Portobello West Roundhouse Holiday Market

Portobello West Artisan Market is looking for friendly and motivated individuals to join our dedicated team of volunteers on **Sat, Nov 26 and/or Sun, Nov 27** at Roundhouse Community Arts + Recreation Centre, (181

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Roundhouse Mews) in Downtown Vancouver! This much-anticipated shopping extravaganza in beautiful Yaletown will feature one-of-a-kind creations from a curated selection of more than 65-local BC artists, designers + producers including: fashion, jewelry, art, home decor, skincare, pet accessories, gourmet treats,+ more! Responsibilities include vendor relations, public relations, setup, + teardown. Flexible schedule + work shifts available. Compensation includes Volunteer Certificate, free Holiday Market admission + complimentary lunch for work shifts over 6-hours per day! To apply go to

: <https://www.volunteerconnector.org/surrey/vancouver-fashion-and-art-market-society/portobello-west-annual-roundhouse-holiday-market-2022>

The 30th Annual Wellness Show – Vancouver Convention Centre – Seeking Volunteers:

Are you interested in fitness, nutrition and wellness? Are you interested in events and hospitality? The 30th Annual Wellness Show is seeking volunteers at the Vancouver Convention Centre the weekend of February 11th and 12th, 2023. Positions include information table, coat check, seminar and workshops assistants, greeters, etc. Come by the Career Centre to learn more.

Place des Arts Youth Council

Place des Arts is a not-for-profit arts education center with a mission to inspire the artist in everyone. Located in the historic Maillardville neighbourhood of Coquitlam, they offer quality instruction for all ages and skill levels in the visual, literary and performing arts. The Youth Arts Council was created by Place des Arts to encourage local teens to engage with the arts community. If you love art, and are looking for a leadership role in the arts community, apply to join the Youth Arts Council. Pick up an application in the Career Centre TODAY!

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Tuesday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at: <https://www.bigbrothersvancouver.com/our-programs/teen-mentor/> After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <http://burnabyhospice.org/volunteer/thriftstore/>

Port Moody Winter Farmers Market

The Port Moody Farmers Market is currently looking to fill all volunteer positions for the 2022-23 Winter Farmers Market season. Our winter market season runs November – April, on Sundays (10am - 2pm) at 300 Ioco Road, Port Moody (behind the Port Moody Library). Positions available are: Set Up, Entrance Gate, Power of Produce(PoP) Tent, Kid's Craft Tent, Take Down, Special Events. To sign up go to : https://docs.google.com/forms/d/e/1FAIpQLSdS5jvE98OTpeqYQNh3xLY4xQ0d6xzZbn2e9IT-kBM9Z_kZUQ/viewform

Burnaby Neighbourhood House

Burnaby Neighbourhood House is a community driven and community funded agency with a unique focus on neighbours supporting neighbours. They have a variety of youth volunteer opportunities, including Food Bank Assistant, Office Assistant, Day Camp Helper and Special Events Helper. To find out more about these opportunities register at : <https://burnabynh.ca/get-involved-volunteer/>

The C.O.D.E. Initiative

C.O.D.E. Initiative is a female-founded non-profit organization that stands for Creating Opportunities and Defining Education. We are at the forefront of empowering youth, particularly neurodivergent and autistic youth, through tailored STEM workshops and coding classes. This is a flexible volunteering program where you will be able to set your own hours. You are only required to work 3 hours per week and can block off your schedule once you receive that many bookings. We are looking for tutors to teach children coding through the online platform Setmore, using our custom made coding curriculum. We currently offer several programs: Scratch, Python, Web Development, Java, AI, Music, and App Development. All lesson plans will be provided and no previous coding or teaching experience is required. This opportunity is open to Grade 12 and post-secondary age students. More information on our courses can be found through our website

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at: <https://www.thecodeinitiative.ca/> To apply to be a volunteer go to
: <https://www.volunteerconnector.org/port-moody/the-code-initiative-foundation/volunteer-tutor>

Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to
: <https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber>

SIYSCorps Program - Virtual Volunteering Opportunity

The **SIYSCorps** program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customized volunteer placement at an organization of their choice that fits their interest and skills. To apply go to : <https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-ambassador-siyscorps-full-virtual-volunteering-opportunity-2>

Member of Parliament Youth Council

Are you interested in a career in politics or public service? Member of Parliament Terry Beech for Burnaby North-Seymour is renewing his non-partisan Constituency Youth Council this September, and applications are now open for high school students. This unique opportunity offers young people the chance to interact and network with political stakeholders and community leaders. Depending on the group's comfort level, it will be a virtual or hybrid meeting. Here is some information about MP Beech: <http://terrybeechmp.ca>. To apply go to: <https://forms.gle/Vs731EBkMURfv8W68> Once you are accepted as volunteer, please come to the Career Centre to get paperwork so that you can count this towards your work experience hours.

Place des Arts

Place des Arts, has many volunteer opportunities for youth throughout the year. From working with children at art camps or helping at exhibitions and events, they provide meaningful ways to get involved in the arts and contribute to the community. To apply go to: <https://placedesarts.ca/volunteer/>

Career Exploration and Leadership Development (these also count for Work Experience Hours – but you **MUST** get paperwork from the Career Center **BEFORE** you go)

Med Connect Conference

Med Connect is sponsored by Simon Fraser University's Medical Fraternity, Phi Delta Epsilon. Our annual conference is a great way for high-school students to get a taste of what medical school and the application process is like. Our conference is educational, fun and a great way to make connections with doctors, nurses and like-minded students! This non-profit event will take place at SFU Burnaby Campus on **Saturday, November 19th**. The cost is **\$25**, with limited registrations available. Registration is now open. at medconnectconference.com. We hope to see you there!

UBC & St-Paul's Hospital Centre for Heart Lung Innovation Lab Work Experience

Grade 11 & 12 students who would like work experience in a life science research lab, this opportunity is for you. Students will have the opportunity to explore microscopy, histology, protein & DNA analysis and careers in the life sciences area. This amazing opportunity will take place at St Paul's Hospital **November 21 – 25**. Come to come by the Career Centre for an application - deadline to apply is November 4th at noon.

JA Business Entrepreneurship Company Program

JA Company Program is a 16-week course that allows students in grades 10-12 to learn about business and entrepreneurship. Students from across B.C. – Join us this fall and walk away with the tools and resources required to build your own start-up! You will be placed in a team and will work collaboratively with other students to learn about human centered design thinking, creative product development, product life cycles, e-commerce, app development and more. You'll also develop your teamwork, decision making and critical

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thinking skills. There are both On-line and In Person Cohorts. For more info and to apply go to: <https://jabc.ca/companyprogram/>

Triumf – Saturday Morning Lecture Series

Frontiers of Modern Physics - Saturday Morning Lecture Series TRIUMF, Canada's Particle Accelerator Centre, in partnership with UBC and SFU, are proud to present the following FREE lectures: visit this link for more info and to register: <https://www.triumf.ca/home/for-public/public-talks-events/saturday-morning-lectures>

- **November 5th** - Matthias Danninger (SFU): From the South Pole to the Edge of the Universe and back to the Coast of British Columbia & Monika Stachura (TRIUMF): Little-known ways to apply nuclear physics to chemistry and medicine

Minerva Learn to Lead TRADES Programs:

Learning to Lead™ is a free program that provides Grade 11 students (who identify as female) with the virtual opportunity to increase confidence and explore their leadership potential while creating a network who will support them along their educational and career journeys. The program will focus on TRADES. Participants develop their confidence through workshops that identify their key strengths and core values. They leave the program with greater self-awareness, and the inspiration to take on new challenges and opportunities. The 3-day online **program runs November 25-27 (TRADES)**. To learn more & apply go to: <https://minervabc.ca/learning-to-lead/>. **Applications due November 14.**

Youth Empowering Youth: FREE Online VIRTUAL Leadership Program

Youth Empowering Youth is a division of Low Entropy, a non-profit organization that is making personal growth accessible to all. Our Youth program consists of nine 1.5-hour sessions. All our sessions are currently being held online via zoom. Each class shares a new concept to help students take accountability for their thoughts, feelings and actions, thus moving them into a place of confidence, security, and self-assurance. The program runs October to December. There are four different cohorts: Mondays 5:30 – 7:00 / Saturdays 10:00 – 11:30 / Sundays 10:00 – 11:30 or 1:30 – 3:00. For more info and to sign up for the FREE program go to: <https://lowentropy.org/programs/youth-empowering-youth/>. Once your registration has been accepted, please stop by the Career Centre so we can give you paperwork to count this for work experience hours

Post-Secondary Info Sessions

Adulting 101 – Personal Finance for Students

High school and university students are facing enormous hurdles when planning for their futures. Rising student debt, increasing housing costs, and surging inflation are barriers to success. Generation Z not only faces the burdens of climate change, the pandemic, and global uncertainty—but costs alone are a barrier to progress in careers and life. So, how can students prepare for the costs of “adulting” and identify opportunities while at university? The Gustavson School of Business at UVic invites high school students to join a free financial literacy workshop. Learn about banking, credit cards, credit scores, apartment rentals, car loans and investing in stocks, bonds and EFT's. This presentation will take place Thursday **November 17** at 6pm on Zoom. To register go to

: <https://uvic.zoom.us/meeting/register/tZEucO2qrjovGN3g5nluCq9ekM6uiUXEfQsG>

UBC (University of British Columbia) – Online Info Session

November 1 & 9 – Application Workshop

November 7 - Virtual Vancouver Campus Tour

November 2, 3, 8– All About UBC Virtual Workshop

To register go to (use Safari browser): <https://account.you.ubc.ca/s/events?information-sessions>

UBC (University of British Columbia) - In Person Campus Tours

Tours run during the week, and on the weekends. Weekend tours book up quickly. The soonest weekend openings are in December. To register go to: <https://account.you.ubc.ca/s/events?information-sessions>

UBC Engineering – In Person Event

Attend the on-campus UBC Engineering Open House at UBC on **Saturday November 5** from 10am – 2pm to discover your future at one of Canada's top engineering schools. Explore all UBC Engineering has to offer through in-person booths and demonstrations. You'll learn about: our 14 engineering programs, student life, and co-op and other work experience. You'll have a chance to explore some of our campus so you can check

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out our student spaces and lecture halls, as well as talk with professors and current students. Sign up at: <https://engineering.ubc.ca/openhouse-ontampus>

University of Victoria – Online Info Session

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **November 9 at 4pm** and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at: <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

Langara College - Online Info Sessions

November 2 - Education Assistant / Full Stack Web Development / Internet & Web Technology

November 10 – Diploma in Applied Social Sciences & Humanities

November 16 – Social Services Worker

To sign up go to : <https://langara.ca/news-and-events/information-sessions/index.html>

BCIT (British Columbia Institute of Technology) – Online Info Sessions

November 1 – Flexible Learning (General Part Time Studies) / HR & Business Management

November 2 – Part Time Business & Media

November 7 – Accounting, Finance & Insurance / Digital Forensics and Cybersecurity

November 8 – Sheet Metal

November 9 – Environmental Engineering / Railway Training

To sign up go to: <https://www.bcit.ca/events/category/infosession/list/>

Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program, so you get to interact and converse with your future instructor(s). Upcoming session – **November 15 & 17** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to : <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

SFU (Simon Fraser University) –Info Sessions

In Person - Come to the Multipurpose Room here at Mountain on **November 18** at lunch to meet an SFU advisor and find out more about SFU!

Online - **November 9, 16 & 22** – Ask Me Anything: Do you have questions about SFU? If you're curious about anything from the admission process to our programs to student life, chat with a Recruitment Coordinator.

Online – **November 15** - Academic Financial Literacy: Learn more about our scholarships, awards, and bursaries. We'll also cover financial support services and tools available to you as an SFU student.

To register for the online sessions go to : <https://www.sfu.ca/students/admission/tours-events/events.html>

Capilano University – Cap U Open House

Wondering what's next after High School? Join us at our next Explore CapU Open House event at our stunning North Vancouver campus and feel how it is being part of a vibrant community! Discover 100+ programs and tour our beautiful campus; learn about financial aid and entrance awards options; participate in our Film and Animation open house and visit our studios; and connect with faculty, peers and current students. Join us on Saturday, **November 19** at our North Vancouver main campus, at any time from 11 a.m. to 4 p.m., for fun activities with program areas, campus tours and a full CapU campus experience! Get to know our world-class labs, studios, talk to faculty and other students, get help preparing your portfolio, tips to make your application to CapU stand out and have all your questions answered! To register go to : https://www.capilanou.ca/programs--courses/get-started/visit-capu/explore-capu-open-house/?gclid=Cj0KCQjw48OaBhDWARIsAMd966AH6BWL0CTV3ri4r-gGJq7LN9ZXjlayO82yVL8pr37onErTwx-vmsaAm8UEALw_wcB

Upcoming Info Sessions at Burnaby Mountain

November 3rd: **Beedie School of Business** Lunch time in Room 317

November 7th: **University of Alberta** 8:30 to 9:30 am. in the MPR.

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November 14th: **BCIT School of Business** Lunch time in the MPR
November 18th : **Simon Fraser University (SFU)** Lunch time in the MPR
November 22nd: **Provincial Mini-Fair.** 1:00 to 3:00 Upper Commons

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