

Respect

8800 Eastlake Drive, Burnaby, BC V3J 7X5 Tel:604-296-6870 Fax: 604-296-6873 W: mountain.burnabyschools.ca Excellence

Responsibility



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin

Date: Monday Oct 24th ,2022







Semester 1 AP Exam fees are due Friday October 28

through school cash online.

No late fees are accepted, so please make sure you pay by this date or we cannot register you for the exam.

Please contact the AP coordinator, Jennifer Reily (<u>Jennifer.Reily@burnabyschools.ca</u>), if you have any questions or concerns.



Work Experience Opportunities - Grade 11 & 12

PLEASE SEE BELOW FOR POSTINGS

Work Experience Opportunities for Gr 11 & 12

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

Shoppers Drug Mart Holiday Decoration Team

Shoppers Drug Mart at Northgate Mall (Cameron Street and North Rd) is seeking student volunteers to help decorate their store for the holidays on Wednesday, November 2 from 4 pm - 8 pm. Come sign up in the Career Centre if you are interested.

Forest Grove Elementary Monster Mash

Volunteers are needed for Forest Grove Elementary's annual Monster Mash Halloween event. The event is on October 28, and volunteers are needed from 3:30 – 11:00pm. Come to the Career Centre ASAP to sign up.

Sales & Marketing Business Development Internship:

Are you interested in a sales & marketing and have an entrepreneurial mindset? A local employer is seeking students interested in learning more about market research, prospect research, content creation and social media. Come by the Career Centre to learn more.

Burnaby Fire Department Youth Academy:

Are you interested in learning more about a career in firefighting? The Burnaby Fire Department is hosting a 4-day academy, April 24-27th where students will learn firefighting skills, fire hose operations, search and rescue and belay techniques and much more. Come by the Career Centre for an application.

<u>Burnaby Art Gallery – Artist Apprenticeship Program:</u>

Are you interested in working with professional artists and gallery staff at the Burnaby Art Gallery? You will be taking on the role of an artist creating artwork to be featured in an exhibit at the gallery. The program runs from January - April 2023. Deadline to apply is Monday, November 21st. Come by the Career Centre for an application.

<u>The 30th Annual Wellness Show – Vancouver Convention Centre – Seeking Volunteers:</u>

Are you interested in fitness, nutrition and wellness? Are you interested in events and hospitality? The 30th Annual Wellness Show is seeking volunteers at the Vancouver Convention Centre the weekend of

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February 11th and 12th, 2023. Positions include information table, coat check, seminar and workshops assistants, greeters, etc. Come by the Career Centre to learn more.

<u>Shoppers Drug Mart – Retail, Pharmacy or Cosmetics Department</u>

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre form more details and to sign up.

Place des Arts

Place des Arts, has many volunteer opportunities for youth throughout the year. From working with children at art camps or helping at exhibitions and events, they provide meaningful ways to get involved in the arts and contribute to the community. To apply go to: https://placedesarts.ca/volunteer/

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Tuesday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at: https://www.bigbrothersvancouver.com/our-programs/teen-mentor/ After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

Burnaby Neighbourhood House

Burnaby Neighbourhood House is a community driven and community funded agency with a unique focus on neighbours supporting neighbours. They have a variety of youth volunteer opportunities, including Food Bank Assistant, Office Assistant, Day Camp Helper and Special Events Helper. To find out more about these opportunities register at: https://burnabynh.ca/get-involved-volunteer/

BC RCMP Youth Advisory Committee

The BC RCMP Youth Advisory Committee brings together up to 30 youth aged 14 to 18 from all across British Columbia to discuss important issues that they face in their respective communities. The purpose of the BC RCMP Advisory Committee is to represent the youth voice within the RCMP and to gain insight on how the RCMP can deliver effective youth strategies and initiatives. For their participation, youth will: be eligible for a letter of reference and play a vital role in the shaping of how the RCMP supports youth. Pick up an application in the Career Centre. Completed applications must be returned by **October 31, 2022.**

Vancouver Asian Film Festival

The Vancouver Asian Film Festival is looking for volunteers to help out at our 26th year festival from November 3 – 13th. We're looking for help with set-up, take down, ticketing, ushering among other tasks. Shifts are usually 4 to 6 hours long with plenty of break time, water & snacks provided. You may catch VAFF event on your day-off or during your shift break time, but space is limited. Come make friends, watch new movies and feel good about giving back to your community:). Please apply online on our site: https://vaff.org/volunteering/. If you are accepted as a volunteer, please stop by the Career Centre to pick up paperwork, BEFORE you volunteer, so you can count this towards you Work Experience hours.

<u>Canadian Blood Services – Blood Donor Clinic</u>

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to : https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber

<u>SIYSCorps Program - Virtual Volunteering Opportunity</u>

The **SIYSCorps** program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customized volunteer placement at an organization of their choice that fits their interest and skills. To apply go to: https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-ambassador-siyscorps-full-virtual-volunteering-opportunity-2

Burnaby Hospice Society Thrift Store

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6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : http://burnabyhospice.org/volunteer/thriftstore/

Member of Parliament Youth Council

Are you interested in a career in politics or public service? Member of Parliament Terry Beech for Burnaby North-Seymour is renewing his non-partisan Constituency Youth Council this September, and applications are now open for high school students. This unique opportunity offers young people the chance to interact and network with political stakeholders and community leaders. The program is tailored to match that year's cohort to ensure the activities meet the needs of our group. Depending on the group's comfort level, it will be a virtual or hybrid meeting. Here is some information about MP Beech: http://terrybeechmp.ca. To apply go to: https://forms.gle/Vs731EBkMURfv8W68 Once you are accepted as volunteer, please come to the Career Centre to get paperwork so that you can count this towards your work experience hours.

Port Moody Winter Farmers Market

The Port Moody Farmers Market is currently looking to fill all volunteer positions for the 2022-23 Winter Farmers Market season. Our winter market season runs November – April, on Sundays (10am - 2pm) at 300 loco Road, Port Moody (behind the Port Moody Library). Positions available are: Set Up, Entrance Gate, Power of Produce(PoP) Tent, Kid's Craft Tent, Take Down, Special Events. To sign up go to: https://docs.google.com/forms/d/e/1FAIpQLSdS5jvE98OTpeqYQNh3xLY4xQ0d6xzZbn2e9IT-kbm9z kZUQ/viewform

Career Exploration and Leadership Development (these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

<u>Discovery Day @ BC Children's Hospital Research Institute:</u>

Discovery Days in Health Sciences is a one-day event held on Wednesday, November 30th, where Grade 11 students have the opportunity to explore a variety of career options in medicine and health sciences. Participants gain a clearer picture of what it would be like to be a health professional by interacting with researchers, clinicians and educators in their real-life work setting. The event includes: a dynamic keynote lecture, an opportunity to attend two interactive workshops pre-selected from a catalogue of options and a 'Health Pros Tell All' career panel discussion. Come by the Career Centre if you are interested in signing up.

BCIT Biotechnology Career Awareness Workshop

Grade 11 & 12 Students - are you interested in a hands-on lab experience at BCIT? This biotechnology workshop includes a gel electrophoresis lab, a DNA fingerprinting lab as well as a visit to a local biotechnology company. Come learn about the biotechnology industry in a fun and engaging way. The workshop runs from December $5-9^{th}$. A fee does apply to this workshop. Visit the Career Centre for more information and an application.

<u>Triumf – Saturday Morning Lecture Series</u>

Frontiers of Modern Physics - Saturday Morning Lecture Series TRIUMF, Canada's Particle Accelerator Centre, in partnership with UBC and SFU, are proud to present the following FREE lectures: visit this link for more info and to register: https://www.triumf.ca/home/for-public/public-talks-events/saturday-morning-lectures

• November 5th - Matthias Danninger (SFU): From the South Pole to the Edge of the Universe and back to the Coast of British Columbia & Monika Stachura (TRIUMF): Little-known ways to apply nuclear physics to chemistry and medicine

JA Business Entrepreneurship Company Program

JA Company Program is a 16-week course that allows students in grades 10-12 to learn about business and entrepreneurship. Students from across B.C. – Join us this fall and walk away with the tools and resources required to build your own start-up! You will be placed in a team and will work collaboratively with other students to learn about human centered design thinking, creative product development, product life cycles, ecommerce, app development and more. You'll also develop your teamwork, decision making and critical thinking skills. There are both On-line and In Person Cohorts. For more info and to apply go to: https://jabc.ca/companyprogram/

Minerva Learn to Lead TRADES Programs:

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Learning to Lead™ is a free program that provides Grade 11 students (who identify as female) with the virtual opportunity to increase confidence and explore their leadership potential while creating a network who will support them along their educational and career journeys. There are two Fall programs, one with a focus on STEM careers and the other with a focus on TRADES. Participants develop their confidence through workshops that identify their key strengths and core values. They leave the program with greater self-awareness, and the inspiration to take on new challenges and opportunities. The 3-day online **program runs November 25-27** (TRADES). To learn more and apply go to: https://minervabc.ca/learning-to-lead/. Applications due November 14 (TRADES).

Youth Empowering Youth: FREE Online VIRTUAL Leadership Program

Youth Empowering Youth is a division of Low Entropy, a non-profit organization that is making personal growth accessible to all. Our Youth program consists of nine 1.5-hour sessions. All our sessions are currently being held online via zoom. Each class shares a new concept to help students take accountability for their thoughts, feelings and actions, thus moving them into a place of confidence, security, and self-assurance. The program runs October to December. There are four different cohorts: Mondays 5:30 – 7:00 / Saturdays 10:00 – 11:30 / Sundays 10:00 – 11:30 or 1:30 – 3:00. For more info and to sign up for the FREE program go to: https://lowentropy.org/programs/youth-empowering-youth/. Once your registration has been accepted, please stop by the Career Centre so we can give you paperwork to count this for work experience hours.

****if you apply online for any of these opportunities, please stop by the Career Centre and let us know so that we can arrange paperwork for you to count this for Work Experience****

Post-Secondary Info Sessions

Adulting 101 – Personal Finance for Students

High school and university students are facing enormous hurdles when planning for their futures. Rising student debt, increasing housing costs, and surging inflation are barriers to success. Generation Z not only faces the burdens of climate change, the pandemic, and global uncertainty—but costs alone are a barrier to progress in careers and life. So, how can students prepare for the costs of "adulting" and identify opportunities while at university? The Gustavson School of Business at UVic invites high school students to join a free financial literacy workshop. Learn about banking, credit cards, credit scores, apartment rentals, car loans and investing in stocks, bonds and EFT's. This presentation will take place Thursday **November 17** at 6pm on Zoom. To register go to

: https://uvic.zoom.us/meeting/register/tZEucO2qrjovGN3g5nluCq9ekM6uiUXEfQsG

<u>UBC (University of British Columbia) – Online Info Session</u>

October 24 - Virtual Campus Tour

October 27 – All About UBC Virtual Workshop

To register go to (use Safari browser): https://account.you.ubc.ca/s/events?information-sessions

UBC (University of British Columbia) - In Person Campus Tours

Tours run during the week, and on the weekends. Weekend tours book up quickly. The soonest weekend openings are in December. To register go to: https://account.you.ubc.ca/s/events?information-sessions

UBC Engineering

Online - Discover some of the ways engineering impacts your life every day and everything you need to know in order to become an engineer, beginning with admissions to UBC Engineering at the Vancouver and Okanagan campuses. Join us **October 26**th at 5:30pm. Register for this event here:

https://engineering.ubc.ca/event/2022/ubc-engineering-everything-you-need-to-know-2022

In Person - Attend the on-campus UBC Engineering Open House at UBC on Saturday November 5 from 10am – 2pm to discover your future at one of Canada's top engineering schools. Explore all UBC Engineering has to offer through in-person booths and demonstrations. You'll learn about: our 14 engineering programs, student life, and co-op and other work experience. You'll have a chance to explore some of our campus so you can check out our student spaces and lecture halls, as well as talk with professors and current students. Sign up at: https://engineering.ubc.ca/openhouse-oncampus

University of Victoria – Online Info Session

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If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **November 9 at 4pm** and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at: https://www.uvic.ca/undergraduate/tours-events/events/index.php

BCIT (British Columbia Institute of Technology) – Online Info Sessions

October 24 – Bachelor of Science in Nursing / Clinical Genetics Technology / Digital Media& Design

October 25 - Radiation Therapy / Software Systems Developer / Broadcast + Media

October 26 – Medical Laboratory Science / Biomedical Engineering Technology / Marketing Management

October 27 - Diagnostic Medical Sonography / Nuclear Medicine / Pilot / Food Technology

October 28 - MRI Program

November 1 – HR & Business Management

To sign up go to: https://www.bcit.ca/events/category/infosession/list/

BCIT (British Columbia Institute of Technology) —In-Person Info Sessions

BCIT is hosting in-person info sessions for a variety of their programs, at their Burnaby Campus on October 26. The following programs will have individual sessions: HVAC (Heating, Ventilation, Air Conditioning and Refrigeration) / Electrical Engineering / Mechanical Engineering / Chemical and Environmental Technology / Millwright / Power Engineering / Technology Teacher Education / Mechatronics and Robotics / Telecommunications Systems Technician / Industrial Network Cybersecurity. To sign up go to: https://www.bcit.ca/events/category/infosession/list/

<u>Langara College</u> - Online Info Sessions

October 24 – Journalism / Studio 58 Acting & Production

October 25 - Nutrition & Food Services /

November 2 - Education Assistant / Full Stack Web Development / Internet & Web Technology

November 10 – Diploma in Applied Social Sciences & Humanities

November 16 – Social Services Worker

To sign up go to: https://langara.ca/news-and-events/information-sessions/index.html

Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is lead by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming session —**October 20** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to : https://www.douglascollege.ca/future-students/explore-douglas/information-sessions

SFU (Simon Fraser University) –Info Sessions

<u>In Person - Come to the Multipurpose Room here at Mountain on **November 18** at lunch to meet an SFU advisor and find out more about SFU!</u>

Online - **November 9, 16 & 22** – <u>Ask Me Anything</u>: Do you have questions about becoming an SFU student? If you're curious about anything from the admission process to our programs to student life, chat with a Recruitment Coordinator.

<u>Online</u> – **November 15** - Academic Financial Literacy: Learn more about our scholarships, awards, and bursaries. We'll also cover financial support services and tools available to you as an SFU student. To register for any of the above go to: https://www.sfu.ca/students/admission/tours-events/events.html

Capilano University – Cap U Open House

Wondering what's next after High School? Join us at our next Explore CapU Open House event at our stunning North Vancouver campus and feel how it is being part of a vibrant community! Discover 100+ programs and tour our beautiful campus; learn about financial aid and entrance awards options; participate in our Film and Animation open house and visit our studios; and connect with faculty, peers and current students. Join us on Saturday, **November 19** at our North Vancouver main campus, at any time from 11 a.m. to 4 p.m., for fun activities with program areas, campus tours and a full CapU campus experience! Get to know our world-class labs, studios, talk to faculty and other students, get help preparing your portfolio, tips to make your application to CapU stand out and have all your questions answered! To register go to

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Upcoming Info Sessions at Burnaby Mountain

October 25th: **UBC Sauder School of Business**. Lunch time in the MPR.

October 28th: **University of Toronto**. Lunch time in the MPR.

November 5th: **Beedie School of Business**. Lunch time in the MPR.

November 7th: **University of Alberta**. 8:30 to 9:30 am. in the MPR.

November 18th: Simon Fraser University (SFU) Lunch time in the MPR

November 22nd: Provincial Mini-Fair. 1:00 to 3:00. Upper Commons