




We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin

Date: Friday Oct 14th, 2022

Student First Aid:

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| Oct 14 Ms. Gingras | <u>Grade 11 Students - CLC 11 Mandatory Session - Friday, October 14th at 8:35 am:</u> Reminder to all Grade 11 students that the first mandatory session for your Career Life Connections 11 course is Friday October 14 th at 8:35 am. Students whose last name is between A-La, please report to the Large Gym with Ms. Gingras & Ms. Manning and students whose last name is between Le-Z, please report to the Small Gym with Ms. Deitch. See you there! |
| Oct 14 Ms. Manning | Work Experience Opportunities PLEASE SEE BELOW |
| Oct 14 Mr. Gatzke | If you are interested in writing the Language Challenge exam in one of the following languages: French 11/12, Spanish 11/12, Japanese 11/12, Korean 11/12, Mandarin 11/12 Punjabi 11/12 Then please see Mr. Gatzke in the counselling area. The fillable on-line applications can be found on the Delta School District Language Challenge exam web-site. Fill it out on line, print it, attach a passport size phot of yourself and a refundable cheque for \$50 and turn it in to Mr. Gatzke in the counseling office by October 20th. If you have difficulties with the site or the instructions, see Mr. Gatzke. |
| Oct 14 th Ms. Reily | <u>MATH CONTESTS:</u> Any students interested in writing math contests this year, please let Ms. Reily know so you can be added to the Team. On the Team you'll find contest resources and sign-up information. To join, see Ms. Reily in person (room 307) or let her know by email (Jennifer.Reily@burnabyschools.ca). Our first contest will be the COMC on October 27, followed by the AMC 10 and AMC 12 on November 16. |
| Oct 17 Ms. Singh | <u>Hey Mountain!</u> The Good Guys Organization is coming to Burnaby Mountain. We are a youth led, non-profit organization aiming to support the less fortunate throughout the lower mainland. First meeting will be in room 306 on Wednesday, October 12th. Come visit us on clubs day to sign up or visit our Instagram @goodguys.bmss ! |
| Oct 21 Mr. Rolph | <u>Culture Fest Auditions:</u> Culture Fest is back this year. This is an evening event that celebrates our diversity. Part of the event is a talent showcase. Share elements of culture through dance, song, or other performance. We are holding auditions on the following dates: |

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| | <ul style="list-style-type: none"> Dance Auditions on Wednesday, October 19th, 2022 at lunch (room 102) Song/Music auditions on Wednesday, October 19th, 2022 afterschool (room 109/110) <p style="text-align: center;">Sign up to audition in room 213</p> <p style="text-align: center;">Culture Fest is on Thursday, November 24th, 2022, at 6:00pm (Gym 1)</p> |
| Oct 21 Ms. Manning | <p>Are you a Cadet?</p> <p>We are looking for students in Cadets who would like to participate in this year's Remembrance Day Ceremony. If you are in Cadets, and you would like to be involved in our ceremony, please stop by the Career Centre and see Ms Manning.</p> |

Work Experience Opportunities

Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go

Burnaby Art Gallery – Artist Apprenticeship Program:

Are you interested in working with professional artists and gallery staff at the Burnaby Art Gallery? You will be taking on the role of an artist creating artwork to be featured in an exhibit at the gallery. The program runs from January - April 2023. Deadline to apply is Monday, November 21st. Come by the Career Centre for an application.

Place des Arts

Place des Arts, has many volunteer opportunities for youth throughout the year. From working with children at art camps or helping at exhibitions and events, they provide meaningful ways to get involved in the arts and contribute to the community. To apply go to: <https://placedesarts.ca/volunteer/>

Shoppers Drug Mart – Retail, Pharmacy or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre form more details and to sign up.

Lucky’s Dog Daycare

Do you like dogs? Would you like to work and play with LOTS of dogs? Lucky’s Doggy Daycare is looking for volunteers. They are located a short walk from Gilmour Skytrain Station in Burnaby. Check out their website for more info: <https://www.luckysdaycare.com/> They currently have weekday and weekend volunteer placements available (Fridays 3:30 – 6:30pm / Saturday or Sunday 10am – 6:00pm). You must be comfortable around large groups of dogs of all types and sizes. If you are interested, please stop by the Career Centre to sign up.

Cameray Child and Family Services – Afterschool Program

Cameray Afterschool Program runs at Stoney Creek Elementary on Wednesdays from 3:30 – 7pm. Volunteers help support grade 5-7 students with the successful transition from elementary school to high school through group activities, homework help and mentorship. Volunteers also help to prepare a dinner. For more info and to apply stop by the Career Centre.

Creekside Youth Centre – Afterschool Program

Creekside Youth Centre, located at Stoney Creek Elementary, is looking for volunteers for their Pre-Teen program on Mondays and Wednesdays from 3:20 – 5:00pm. This is a great opportunity for students who are planning to go into education, social work or psychology. For more info and to sign up go to the Career Centre.

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Monday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW at: <https://www.bigbrothersvancouver.com/our-programs/teen-mentor/> After you have completed your online application, please come to the Career Centre so we can arrange work experience paperwork.

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <http://burnabyhospice.org/volunteer/thriftstore/>

BC RCMP Youth Advisory Committee

The BC RCMP Youth Advisory Committee brings together up to 30 youth aged 14 to 18 from all across British Columbia to discuss important issues that they face in their respective communities. The purpose of the BC RCMP

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Advisory Committee is to represent the youth voice within the RCMP and to gain insight on how the RCMP can deliver effective youth strategies and initiatives. For their participation, youth will: be eligible for a letter of reference and play a vital role in the shaping of how the RCMP supports youth. Pick up an application in the Career Centre. Completed applications must be returned by **October 31, 2022**.

Deer Lake Youth Council

Deer Lake Youth Council (DLYC) is a partisan, youth-based council, under the guidance of Anne Kang, the Member of Legislative Assembly (MLA) for Burnaby – Deer Lake. DLYC seeks to stimulate interest in civic engagement and provides insight into federal, provincial, and municipal governments. The deadline to sign up is October 15:

https://docs.google.com/forms/d/e/1FAIpQLSdy1jNA82_PH364tyt_6T8R3QwbXCLeThirwll6v2_TMKOCSQ/viewform?usp=sf_link

Learning Buddies

Learning Buddies Network is a non-profit organization dedicated to helping elementary school students develop essential literacy and math skills through free one-on-one, after-school mentoring in a fun group setting. We are looking for volunteers for our Fall programs. Our online fall program runs October to December: Monday & Wednesdays, 3:45-5pm or 5:20 – 6:35pm, or Tuesday and Thursday 3:45 – 5pm or 5:20 – 6:35pm.

To apply go to: <https://www.learningbuddiesnetwork.com/mentor-application-form>

Vancouver Asian Film Festival

The Vancouver Asian Film Festival is looking for volunteers to help out at our 26th year festival from November 3 – 13th. We're looking for help with set-up, take down, ticketing, ushering among other tasks. Shifts are usually 4 to 6 hours long with plenty of break time, water & snacks provided. You may catch VAFF event on your day-off or during your shift break time, but space is limited. Come make friends, watch new movies and feel good about giving back to your community :). Please apply online on our site: <https://vaff.org/volunteering/>. If you are accepted as a volunteer, please stop by the Career Centre to pick up paperwork, BEFORE you volunteer, so you can count this towards your Work Experience hours.

Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to

: <https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber>

SIYSCorps Program - Virtual Volunteering Opportunity

The **SIYSCorps** program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customized volunteer placement at an organization of their choice that fits their interest and skills. To apply go to

: <https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-ambassador-siyscorps-full-virtual-volunteering-opportunity-2>

Member of Parliament Youth Council

Are you interested in a career in politics or public service? Member of Parliament Terry Beech for Burnaby North-Seymour is renewing his non-partisan Constituency Youth Council this September, and applications are now open for high school students. This unique opportunity offers young people the chance to interact and network with political stakeholders and community leaders. The program is tailored to match that year's cohort to ensure the activities meet the needs of our group. Depending on the group's comfort level, it will be a virtual or hybrid meeting. Here is some information about MP Beech: <http://terrybeechmp.ca>. To apply go to: <https://forms.gle/Vs731EBkMURfv8W68> Once you are accepted as volunteer, please come to the Career Centre to get paperwork so that you can count this towards your work experience hours.

Career Exploration and Leadership Development (these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

Discovery Day @ BC Children's Hospital Research Institute:

Discovery Days in Health Sciences is a one-day event held on Wednesday, November 30th, where Grade 11 students have the opportunity to explore a variety of career options in medicine and health sciences. Participants gain a clearer picture of what it would be like to be a health professional by interacting with researchers, clinicians and educators in their real-life work setting. The event includes: **a dynamic keynote lecture, an opportunity to attend two interactive**

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workshops pre-selected from a catalogue of options and a 'Health Pros Tell All' career panel discussion. Come by the Career Centre if you are interested in signing up

Try/CATCH (Computing and Technology Conference for Her)

Try/CATCH is an annual event put on by SFU Women in Computing Science (WiCS) for high school girls/non-binary students. This year's event is on October 22 from 9am – 5:30pm at SFU. Attendees will have a fun and exciting opportunity to learn about Computing Science and Technology for free! Throughout the event, students will participate in a variety of hands-on workshops in programming, robotics, microcontrollers, and other applications of code. A keynote and panel session provide students with opportunities to hear from or network with females studying or working in technical fields. To register go to

: https://docs.google.com/forms/d/e/1FAIpQLSddvUZ_Fai_6WukNvoSd0WGrofR2SBuS2trs5o6k-lCrTFEmA/viewform

Triumf – Saturday Morning Lecture Series

Frontiers of Modern Physics - Saturday Morning Lecture Series TRIUMF, Canada's Particle Accelerator Centre, in partnership with UBC and SFU, are proud to present the following FREE lectures: visit this link for more info and to register: <https://www.triumf.ca/home/for-public/public-talks-events/saturday-morning-lectures>

- October 15th - Ryley Hill (UBC): **Studying galaxies in the early Universe with the James Webb Space Telescope & Dr. Hoi-Kwan (Kero) Lau (SFU): What should we care about quantum technologies?**
- November 5th - Matthias Danninger (SFU): **From the South Pole to the Edge of the Universe and back to the Coast of British Columbia & Monika Stachura (TRIUMF): Little-known ways to apply nuclear physics to chemistry and medicine**

BCIT Biotechnology Career Awareness Workshop

Grade 11 & 12 Students - are you interested in a hands-on lab experience at BCIT? This biotechnology workshop includes a gel electrophoresis lab, a DNA fingerprinting lab as well as a visit to a local biotechnology company. Come learn about the biotechnology industry in a fun and engaging way. The workshop runs from December 5 – 9th. A fee does apply to this workshop. Visit the Career Centre for more information and an application.

Burnaby Neighbourhood House – Future Leaders Training to Work with Children

Burnaby Neighbourhood House are currently running a Future Leaders program for youth interested in teaching, ECE or any another childcare setting. The program is 18 weeks total. Starting with 8 weeks of training (once a week) including a High Five certificate, and other licensing trainings required to work in a childcare setting. After the trainings, students are placed in one of our childcare centers to gain hands-on experience for 10 weeks (once or twice a week depending on the student's availability.) The students then receive a certificate for the trainings and the work experience, and are eligible to be hired by our agency in any of our childcare programs. The **cost is \$100** to pay for the High Five certification facilitator. The program runs Mondays after school from 4:00-5:30pm, starting October 17th, at our south house location at 4460 Beresford St. #100, Burnaby. We also run a program on Wednesdays after school from 4:00-5:30pm, starting October 19th, at our north house location at 2055 Rosser Ave, Burnaby. To apply pick up an application in the Career Centre.

JA Business Entrepreneurship Company Program

JA Company Program is a 16-week course that allows students in grades 10-12 to learn about business and entrepreneurship. Students from across B.C. – Join us this fall and walk away with the tools and resources required to build your own start-up! You will be placed in a team and will work collaboratively with other students to learn about human centered design thinking, creative product development, product life cycles, e-commerce, app development and more. You'll also develop your teamwork, decision making and critical thinking skills. There are both On-line and In Person Cohorts. For more info and to apply go to: <https://jabc.ca/companyprogram/>

Minerva Learn to Lead STEM & TRADES Programs:

Learning to Lead™ is a free program that provides Grade 11 students (who identify as female) with the virtual opportunity to increase confidence and explore their leadership potential while creating a network who will support them along their educational and career journeys. There are two Fall programs, one with a focus on STEM careers and the other with a focus on TRADES. Participants develop their confidence through workshops that identify their key strengths and core values. They leave the program with greater self-awareness, and the inspiration to take on new challenges and opportunities. The 3-day online **programs run October 14-16 (STEM) and November 25-27 (TRADES)**. To learn more and apply go to: <https://minervabc.ca/learning-to-lead/>. **Applications due October 7 (STEM) & November 14 (TRADES).**

Youth Empowering Youth: FREE Online VIRTUAL Leadership Program

Youth Empowering Youth is a division of Low Entropy, a non-profit organization that is making personal growth accessible to all. Our Youth program consists of nine 1.5-hour sessions. All our sessions are currently being held online via zoom. Each class shares a new concept to help students take accountability for their thoughts, feelings and actions, thus moving them into a place of confidence, security, and self-assurance. The program runs October to December.

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There are four different cohorts: Mondays 5:30 – 7:00 / Saturdays 10:00 – 11:30 / Sundays 10:00 – 11:30 or 1:30 – 3:00. For more info and to sign up for the FREE program go to: <https://lowentropy.org/programs/youth-empowering-youth/>. Once your registration has been accepted, please stop by the Career Centre so we can give you paperwork to count this for work experience hours.

YWCA High School Mentorship Program Info Sessions

This virtual program matches young cis and trans women, and gender-diverse youth in Grades 11 and 12 with volunteer professionals for a **one-to-one mentoring relationship**. Matches are based on career and education goals, hobbies and the level of support required. Mentees and mentors meet a minimum of once a month and attend a minimum of one workshop offered by the YWCA team over the course of the program. For more info and to apply go to: <https://ywcavan.org/programs/mentorship/high-school-mentorship>. Come by the Career Centre for paperwork once you are accepted.

******if you apply online for any of these opportunities please stop by the Career Centre and let us know so that we can arrange paperwork for you to count this for Work Experience******

Post-Secondary Info Sessions

Canadian Universities Event

Our in-person Public Events will feature representatives from a variety of Canadian universities, who are ready to answer questions and provide resources. This year Burnaby's event will take place on October 11 from 6:30 – 9:00pm at the Delta Burnaby Hotel (4409 Dominion St). Participating universities include: Carleton, Concordia, Dalhousie, Mount Royal, Royal Military College, Queens, Western and Waterloo. To register for this free event, go to: <https://cuebc.org/>

UBC Engineering Open House

Online - Attend the Online UBC Engineering Open House to discover your future at one of Canada's top engineering schools. The event will run over three days: Thursday, **October 13**, 6:00-8:00 pm, **Friday, October 14**, 4:00-6:15 pm and Saturday, **October 15**, 9:00-11:00am. There will be several sessions each day of the event and for the best experience we encourage you to attend all, but it is not a requirement. Sign up at : <https://engineering.ubc.ca/openhouse>

In Person - Attend the on-campus UBC Engineering Open House at UBC on Saturday November 5 from 10am – 2pm to discover your future at one of Canada's top engineering schools. Explore all UBC Engineering has to offer through in-person booths and demonstrations. You'll learn about: our 14 engineering programs, student life, and co-op and other work experience. You'll have a chance to explore some of our campus so you can check out our student spaces and lecture halls, as well as talk with professors and current students. Sign up at: <https://engineering.ubc.ca/openhouse-oncampus>

UBC (University of British Columbia) – Online Info Session

October 12 – Application Workshop

October 14 – All About UBC Workshop

To register go to : <https://account.you.ubc.ca/s/events?information-sessions>

UBC (University of British Columbia) - In Person Campus Tours

Tours run during the week, and on the weekends. Weekend tours book up quickly. The soonest weekend openings are in November. To register go to: <https://account.you.ubc.ca/s/events?information-sessions>

University of Victoria – Online Info Session

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **November 9 at 4pm** and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at: <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

BCIT (British Columbia Institute of Technology) – Online Info Sessions

October 11 - Railway Training

October 13 – Part Time Digital Arts Media and Design / Part Time Computing Studies

October 17 – Part Time Accounting & Finance / Forensic Science & Technology

October 19 – Civil Engineering

October 24 – Bachelor of Science in Nursing

To sign up go to: <https://www.bcit.ca/events/category/infosession/list/>

BCIT (British Columbia Institute of Technology) BIG INFO Night

BIG INFO is the largest program expo and information session at BCIT. It's your chance to find out about all our programs – from business and media, computing and IT, engineering, health sciences, trades and apprenticeships, and applied and natural sciences. Join us **Online on Monday October 17** from 4 – 7pm. Register at: <https://www.bcit.ca/about/visit/big-info/>

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Langara College - Online Info Sessions

October 24 – Journalism

Education Assistant – November 2

To sign up go to : <https://langara.ca/news-and-events/information-sessions/index.html>

Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program, so you get to interact and converse with your future instructor(s).

Upcoming session –**October 20 & 22** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to : [https://www.douglascollege.ca/future-students/explore-](https://www.douglascollege.ca/future-students/explore-douglas/information-sessions)

[douglas/information-sessions](https://www.douglascollege.ca/future-students/explore-douglas/information-sessions)

SFU (Simon Fraser University) – Online Info Sessions

October 12 - Ask Me Anything: Do you have questions about becoming an SFU student? If you're curious about anything from the admission process to our programs to student life, chat with a Recruitment Coordinator

October 18 – A Day in the Life of an SFU Student - Curious about the SFU student experience? This session is for you! We'll cover student life, the residence experience, and our three campuses.

To register go to : <https://www.sfu.ca/students/admission/tours-events/events.html>

Upcoming Info Sessions at Burnaby Mountain

October 25th: **UBC Sauder School of Business**. Lunch time in the MPR.

November 5th: **Beedie School of Business**. Lunch time in the MPR.

November 7th: **University of Alberta**. 8:30 to 9:30 am. in the MPR.

November 22: **Provincial Mini-Fair**. 1:00 to 3:00. Upper Commons

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