

Burnaby Mountain Secondar

Respect

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Responsibility



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

# Student Bulletin

# Date: Monday Oct 3<sup>rd</sup>,2022

Student First	Aid:				
Oct 7 Ms. Deitch	<u>ATTENTION ALL CLC 12 students:</u> There is a MANDATORY assembly during Flextime(8:35-9:20am) on Friday, October 7th. CLC assignments and due dates will be discussed at this time.				
Oct 3 Ms. Manning	Work Experience Opportunities Please see below for information				
Oct 7 Mr. Rolph	Kickoff Week! Oct 3 to 7 Now that we're settled, student council invites you to participate in our official kickoff to the 2022-23 school year. Let's make it a great one Lions!				
	Monday Oct 3	Tuesday Oct 4	Wednesday Oct 5	Thursday Oct 6	Friday Oct 7
	Skittles Day Dress the rainbow with your grade gr 8- yellow gr 9- orange gr 10- red gr 11- green gr 12- purple Council members will be on the lookout with treats for our participants. You'll never guess what those treats will be	Karaoke Sing Along Join us in the commons to sing along with iconic songs.	Photo booth in lower commons. Celebrate the new school year with photos with friends. Props will be available as well.	Club's Day: Join us outside (weather permitting) to find out what's going on at our school this year and find opportunities to get involved.	Grad BBQ: Grade 12s, come out to the front of the school for a free hot dog (beef or veggie), juice, and chips to help you begin to celebrate your grad year.
Oct 14 <sup>th</sup> Ms. Reily	MATH CONTESTS: Any students interested in writing math contests this year, please let Ms. Reily know so you of be added to the Team. On the Team you'll find contest resources and sign-up information. To join, see Ms. Reily in person (room 307) or let her know by email (Jennifer.Reily@burnabyschools.ca). Our first contest will be the COMC on October 27, followed by the AMC 10 and AMC 12 on November 16.				

# **Work Experience Opportunities**

(Yes - these all count for work experience hours - make sure you get paperwork from the

#### Career Centre BEFORE you go)

SCHOOL GOALS:

Goal 1: To foster an educated, responsible and reflective community of Digitally Literate Citizens. Goal 2: To increase student awareness, understanding and practice of healthy living.

#### Shoppers Drug Mart – Retail, Pharmacy or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre form more details and to sign up.

#### Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Monday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun! Apply NOW: <u>https://www.bigbrothersvancouver.com/our-programs/teen-mentor/</u> After you have completed your online application please come to the Career Centre so we can arrange work experience paperwork.

#### Member of Parliament Youth Council

Are you interested in a career in politics or public service? Member of Parliament Terry Beech for Burnaby North-Seymour is renewing his non-partisan Constituency Youth Council this September, and applications are now open for high school students. This unique opportunity offers young people the chance to interact and network with political stakeholders and community leaders. The program is tailored to match that year's cohort to ensure the activities meet the needs of our group. Depending on the group's comfort level, it will be a virtual or hybrid meeting. Here is some information about MP Beech: <a href="http://terrybeechmp.ca">http://terrybeechmp.ca</a>. To apply go to: <a href="https://terrybeechmp.ca">https://terrybeechmp.ca</a>. To apply go to: <a href="https://terrybeechmp.ca">https://terrybeechmp.ca</a>.

#### Deer Lake Youth Council

Deer Lake Youth Council (DLYC) is a partisan, youth-based council, under the guidance of Anne Kang, the Member of Legislative Assembly (MLA) for Burnaby – Deer Lake. DLYC seeks to stimulate interest in civic engagement and provides insight into federal, provincial, and municipal governments. Join us Saturday, September 24 or Tuesday, September 27 at our Fall 2022 Information Session! To register go to : <u>https://docs.google.com/forms/d/e/1FAIpQLSe4uBebF3-IzHPtp62Y3G1py9FMm2eHnA0ThY\_It-WJmaXVOg/viewform</u>

#### Down Syndrome Resource Foundation: Let's Interact Program

The DSRF is seeking volunteers who have an interest in the performing arts, working with people with developmental disabilities or are considering going into a healthcare profession with their theatre/improv program in Burnaby on Wednesdays from 3:30 pm- 5:00 pm. Come by the Career Centre for a flyer if you are interested.

#### Vancouver International Film Festival

Join a community of film-lovers in supporting exceptional cinema the way it was meant to be seen! Come volunteer at this year's Vancouver International Film Festival running September 29 - October 9 at various locations in Vancouver. For more info and to sign up go to : <u>https://viff.org/volunteer/</u>.

#### BC RCMP Youth Advisory Committee

The BC RCMP Youth Advisory Committee brings together up to 30 youth aged 14 to 18 from all across British Columbia to discuss important issues that they face in their respective communities. The purpose of the BC RCMP Advisory Committee is to represent the youth voice within the RCMP and to gain insight on how the RCMP can deliver effective youth strategies and initiatives. For their participation, youth will: be eligible for a letter of reference and play a vital role in the shaping of how the RCMP supports youth. Pick up an application in the Career Centre. Completed applications must be returned by **October 31, 2022.** 

#### 35th Annual Vancouver Writers Fest

The Vancouver Writers Fest runs from October 17–23, 2022 and takes place almost entirely on Granville Island, with around 14 events happening per day. The Writers Fest is a charitable cultural organization that relies heavily on volunteers. Volunteers are important to us, and we do everything we can to ensure a positive experience. Details about expected commitments, shift times and volunteer benefits can be found on our <u>application page</u>. There will be volunteer orientation evenings on Granville Island on October 11th and 13th. Volunteers will be asked to attend just one of those evenings. Volunteers must be 16 or older to apply. To apply go to : <u>https://writersfest.bc.ca/volunteer-information</u>

#### CIBC Run for the Cure – Canadian Cancer Society

SCHOOL GOALS: Goal 1: To foster an educated, responsible and reflective community of Digitally Literate Citizens. Goal 2: To increase student awareness, understanding and practice of healthy living. Volunteers wanted for the annual Run for the Cure event at South Surrey Athletic Park on Sunday October 2<sup>nd</sup>. Pick up an info sheet in the Career Center.

### Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to : <u>https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber</u>

#### SIYSCorps Program - Virtual Volunteering Opportunity

The **SIYSCorps** program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customized volunteer placement at an organization of their choice that fits their interest and skills. To apply go to : <u>https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-ambassador-siyscorps-full-virtual-volunteering-opportunity-2</u>

#### Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <u>http://burnabyhospice.org/volunteer/thriftstore/</u>

# Career Exploration and Leadership Development (these also count for

Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

#### Burnaby Neighbourhood House – Future Leaders Training to Work with Children

Burnaby Neighbourhood House are currently running a Future Leaders program for youth interested in teaching, ECE or any another childcare setting. The program is 18 weeks total. Starting with 8 weeks of training (once a week) including a High Five certificate, and other licensing trainings required to work in a childcare setting. After the trainings, students are placed in one of our childcare centers to gain hands-on experience for 10 weeks (once or twice a week depending on the student's availability.) The students then receive a certificate for the trainings and the work experience and are eligible to be hired by our agency in any of our childcare programs. The **cost is \$100** to pay for the High Five certification facilitator. The program runs Mondays after school from 4:00-5:30pm, starting October 17<sup>th,</sup> at our south house location at 4460 Beresford St. #100, Burnaby. We also run a program on Wednesdays after school from 4:00-5:30pm, starting October 19<sup>th</sup>, at our north house location at 2055 Rosser Ave, Burnaby. To apply pick up an application in the Career Centre.

#### BCIT Biotechnology Career Awareness Workshop

Grade 11 & 12 Students - are you interested in a hands-on lab experience at BCIT? This biotechnology workshop includes a gel electrophoresis lab, a DNA fingerprinting lab as well as a visit to a local biotechnology company. Come learn about the biotechnology industry in a fun and engaging way. The workshop runs from December 5 – 9<sup>th</sup>. A fee does apply to this workshop. Visit the Career Centre for more information and an application.

#### JA Business Entrepreneurship Company Program

JA Company Program is a 16-week course that allows students in grades 10-12 to learn about business and entrepreneurship. Students from across B.C. – Join us this fall and walk away with the tools and resources required to build your own start-up! You will be placed in a team and will work collaboratively with other students to learn about human centered design thinking, creative product development, product life cycles, e-commerce, app development and more. You'll also develop your teamwork, decision making and critical thinking skills. There are both On-line and In Person Cohorts. For more info and to apply go to: <a href="https://jabc.ca/companyprogram/">https://jabc.ca/companyprogram/</a>

### Minerva Learn to Lead STEM & TRADES Programs:

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#### <u>The Sky's No Limit – Girls Fly Too!</u>

Join us on **October 1-2**, 2022 at the Abbotsford International Airport. This epic annual event is not an air show and the event is not just for "girls". In fact, it's the world's largest gender diversity outreach event of its kind in Aviation, Aerospace, Marine and Defense. Everyone is welcome regardless of age, gender or citizenship. The event is completely free to ensure there are no barriers to participation, thanks to the generous support of agency, industry, education, and other community partners. For more info go to : <u>https://www.girlsfly2.ca/events.html</u>

#### YWCA High School Mentorship Program Info Sessions

This virtual program matches young cis and trans women, and gender-diverse youth in Grades 11 and 12 with volunteer professionals for **a one-to-one mentoring relationship**. Matches are based on career and education goals, hobbies and the level of support required. Mentees and mentors meet a minimum of once a month and attend a minimum of one workshop offered by the YWCA team over the course of the program. For more info and to apply go to : <u>https://ywcavan.org/programs/mentorship/high-school-mentorship</u>. Come by the Career Centre for paperwork once you are accepted.

#### Youth Empowering Youth: FREE Online VIRTUAL Leadership Program

Youth Empowering Youth is a division of Low Entropy, a non-profit organization that is making personal growth accessible to all. Our Youth program consists of nine 1.5-hour sessions. All our sessions are currently being held online via zoom. Each class shares a new concept to help students take accountability for their thoughts, feelings and actions, thus moving them into a place of confidence, security, and self-assurance. The program runs October to December. There are four different cohorts: Mondays 5:30 – 7:00 / Saturdays 10:00 – 11:30 / Sundays 10:00 – 11:30 or 1:30 – 3:00. For more info and to sign up for the FREE program go to: <a href="https://lowentropy.org/programs/youth-empowering-youth/">https://lowentropy.org/programs/youth-empowering-youth/</a>. Once your registration has been accepted, please stop by the Career Centre so we can give you paperwork to count this for work experience hours.

# \*\*\*\*if you apply online for any of these opportunities please stop by the Career Centre and let us know so that we can arrange paperwork for you to count this for Work Experience\*\*\*\*

# **Post-Secondary Info Sessions**

#### UBC Engineering Open House

**Online** - Attend the Online UBC Engineering Open House to discover your future at one of Canada's top engineering schools. The event will run over three days: Thursday, **October 13**, 6:00-8:00 pm, **Friday**, **October 14**, 4:00-6:15 pm and Saturday, **October 15**, 9:00-11:00am. There will be several sessions each day of the event and for the best experience we encourage you to attend all, but it is not a requirement. Sign up at : <u>https://engineering.ubc.ca/openhouse</u>

**In Person** - Attend the on-campus UBC Engineering Open House at UBC on Saturday November 5 from 10am – 2pm to discover your future at one of Canada's top engineering schools. Explore all UBC Engineering has to offer through in-person booths and demonstrations. You'll learn about: our 14 engineering programs, student life, and co-op and other work experience. You'll have a chance to explore some of our campus so you can check out our student spaces and lecture halls, as well as talk with professors and current students. Sign up at: <a href="https://engineering.ubc.ca/openhouse-oncampus">https://engineering.ubc.ca/openhouse-oncampus</a>

### UBC (University of British Columbia) – Online Info Session

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### UBC (University of British Columbia) - In Person Campus Tours

Tours run during the week, and on the weekends. Weekend tours book up quickly. The soonest weekend openings are in November. To register go to: <u>https://account.you.ubc.ca/s/events?information-sessions</u>

#### BCIT (British Columbia Institute of Technology) – Online Info Sessions

September 28 – Medical Office Assistant
October 11 - Railway Training
October 13 – Part Time Digital Arts Media and Design / Part Time Computing Studies
October 17 – Part Time Accounting & Finance / Forensic Science & Technology
To sign up go to : <u>https://www.bcit.ca/events/category/infosession/list/</u>

#### BCIT (British Columbia Institute of Technology) BIG INFO Night

BIG INFO is the largest program expo and information session at BCIT. It's your chance to find out about all our programs – from business and media, computing and IT, engineering, health sciences, trades and apprenticeships, and applied and natural sciences. Join us in person on Wednesday, **October 5** from 4:00 – 6:30 p.m. at our Burnaby Campus. Register at: <u>https://www.bcit.ca/event/big-info/</u>

#### Langara College - Online Info Sessions

September 27 – Applied Social Sciences and Humanities
 September 28 – Engineering Programs
 October 3 – Education Assistant
 October 11 – Studio 58 Acting and Production
 To sign up go to : <a href="https://langara.ca/news-and-events/information-sessions/index.html">https://langara.ca/news-and-events/information-sessions/index.html</a>

### University of Victoria – Online Info Session

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on Monday **September 26** at 5pm and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at : <u>https://www.uvic.ca/undergraduate/tours-events/events/index.php</u>

#### Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program, so you get to interact and converse with your future instructor(s). Upcoming session –**October 20 & 22** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to : <a href="https://www.douglascollege.ca/future-students/explore-douglas/information-sessions">https://www.douglascollege.ca/future-students/explore-douglas/information-sessions</a>

#### SFU (Simon Fraser University) – Online Info Sessions

**September 26** – Ask Me Anything: Do you have questions about becoming an SFU student? If you're curious about anything from the admission process to our programs to student life, chat with a Recruitment Coordinator.

**October 4** – How to Apply SFU : Admissions and Applications for BC Highschool Students - an overview of how to navigate SFU's admission requirements, our program offerings, and how to submit your application. <u>October 12</u> – Ask Me Anything: Do you have questions about becoming an SFU student? If you're curious about anything from the admission process to our programs to student life, chat with a Recruitment Coordinator

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**October 18** – A Day in the Life of an SFU Student - Curious about the SFU student experience? This session is for you! We'll cover student life, the residence experience, and our three campuses. To register go to : <u>https://www.sfu.ca/students/admission/tours-events/events.html</u>

## Upcoming Info Sessions at Burnaby Mountain

November 3rd: Beedie School of Business. Lunch time in the MPR.

November 7th: **University of Alberta**. 8:30 to 9:30 am. in the MPR.

November 22: Provincial Mini-Fair. 1:00 to 3:00. Upper Commons