





We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

## Student Bulletin

Date: Thursday Sep 22<sup>nd</sup>, 2022

### Student First Aid:

 Sep 26 Ms. Temple	<b>Calling all Improvisors!</b> Are you interested in being a part of the Burnaby Mountain Improv Team? Come down to the <b>Drama Studio on Monday, September 26<sup>th</sup> at lunch</b> to hear all about it!
Sep 22 Ms. Gingras	<b>Grade 12 Students in Work Experience 12A:</b> Friendly reminder that the September Enrolment Form for this course is due this week by Thursday, September 22. The form is under Assignments in the Work Experience 12A Team or you can pick up a paper copy in the Career Centre. Thanks 😊
Sep 22 Ms. Manning	<b>Work Experience Opportunities</b> (Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go) <b>PLEASE SEE BELOW FOR INFORMATION !</b>
Sep 22 Mr. Rolph	<b>BMSS SPIRIT DAYS:</b> You are all invited to show some spirit between Tuesday the 20 <sup>th</sup> and Thursday the 22 <sup>nd</sup> of September. Participate in the following spirit days next week:  <i>Thursday Sep 22</i> School Colours Wear green or white   Student Council members will be on the lookout for participants to meet, greet, and treat for showing spirit.  Look for future bulletin notices about a more formal Kick-Off week at the beginning of October as well.
Sep 23 Mr. Rolph	<b>CLUB FORMS:</b> Are you a leader of an existing and returning club/committee or someone wanting to start a new club. Please pick up a club proposal form at room 213. Clubs Day organization has begun, and Student Council needs to know which clubs are running and wanting to participate in our annual Clubs showcase event which will be held on Oct. 6th. All instructions are listed on the clubs proposal form.
Sep 29 Ms. Ocenas	<b>PEAK Tutors needed!:</b> The Learning Centre is looking for senior students to peer tutor in our after school PEAK program. The learning centre will be open from 3-4pm Monday to Thursday, and we are still looking for students who could volunteer one or two days per week for an hour. Volunteer hours can be tracked for community service. Please email <a href="mailto:Jill.Smith@burnabyschools.ca">Jill.Smith@burnabyschools.ca</a> or <a href="mailto:Heather.Ocenas@burnabyschools.ca">Heather.Ocenas@burnabyschools.ca</a> to let us know you are interested.
Sep 29 Mr. Rolph	<b>GRADE 8 REPS FOR STUDENT COUNCIL:</b> Grade 8s, are you looking for a great opportunity to get involved at your new school, have fun, make a difference and get to meet a whole crew of amazing people? Student Council is looking for two dedicated grade 8s to represent your grade on student council. Information and application forms are now available from Mr. Rolph in room 213. Deadline to submit applications is Thursday September 29th.
Oct 14 <sup>th</sup> Ms. Reily	<b>MATH CONTESTS:</b> <b>Any students interested in writing math contests this year, please let Ms. Reily know so you can be added to the Team.</b> On the Team you'll find contest resources and sign-up information. To join, see Ms. Reily in person (room 307) or let her know by email ( <a href="mailto:Jennifer.Reily@burnabyschools.ca">Jennifer.Reily@burnabyschools.ca</a> ).

### SCHOOL GOALS:

- Goal 1: To foster an educated, responsible and reflective community of Digitally Literate Citizens.  
Goal 2: To increase student awareness, understanding and practice of healthy living.

	Our first contest will be the COMC on October 27, followed by the AMC 10 and AMC 12 on November 16.
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## Work Experience Opportunities

(Yes – these all count for work experience hours – make sure you get paperwork from the Career Centre BEFORE you go)

### Shoppers Drug Mart – Retail, Pharmacy or Cosmetics Department

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre form more details and to sign up.

### Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Monday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun!

Apply NOW: <https://www.bigbrothersvancouver.com/our-programs/teen-mentor/> After you have completed your online application please come to the Career Centre so we can arrange work experience paperwork.

### Member of Parliament Youth Council

Are you interested in a career in politics or public service? Member of Parliament Terry Beech for Burnaby North-Seymour is renewing his non-partisan Constituency Youth Council this September, and applications are now open for high school students. This unique opportunity offers young people the chance to interact and network with political stakeholders and community leaders. The program is tailored to match that year's cohort to ensure the activities meet the needs of our group. Depending on the group's comfort level, it will be a virtual or hybrid meeting. Here is some information about MP Beech: <http://terrybeechmp.ca>. To apply go to: <https://forms.gle/Vs731EBkMURfv8W68> Once you are accepted as volunteer please come to the Career Centre to get paperwork so that you can count this towards your work experience hours.

### Down Syndrome Resource Foundation: Let's Interact Program

The DSRF is seeking volunteers who have an interest in the performing arts, working with people with developmental disabilities or are considering going into a healthcare profession with their theatre/improv program in Burnaby on Wednesdays from 3:30 pm- 5:00 pm. Come by the Career Centre for a flyer if you are interested.

### 35th Annual Vancouver Writers Fest

The Vancouver Writers Fest runs from October 17–23, 2022 and takes place almost entirely on Granville Island, with around 14 events happening per day. The Writers Fest is a charitable cultural organization that relies heavily on volunteers. Volunteers are important to us, and we do everything we can to ensure a positive experience. Details about expected commitments, shift times and volunteer benefits can be found on our [application page](#). There will be volunteer orientation evenings on Granville Island on October 11th and 13th. Volunteers will be asked to attend just one of those evenings. Volunteers must be 16 or older to apply. To apply go to : <https://writersfest.bc.ca/volunteer-information>

### CIBC Run for the Cure – Canadian Cancer Society

Volunteers wanted for the annual Run for the Cure event at South Surrey Athletic Park on Sunday October 2<sup>nd</sup>. Pick up an info sheet in the Career Center.

### Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to

: <https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber>

### SIYSCorps Program - Virtual Volunteering Opportunity

The SIYSCorps program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customized volunteer placement at an organization of their choice that fits their interest and skills. To apply go to

: <https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-ambassador-siyscorps-full-virtual-volunteering-opportunity-2>

### Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <http://burnabyhospice.org/volunteer/thriftstore/>

**Career Exploration and Leadership Development** (these also count for Work Experience Hours – but you MUST get paperwork from the Career Center BEFORE you go)

### JA Business Entrepreneurship Company Program

JA Company Program is a 16-week course that allows students in grades 10-12 to learn about business and entrepreneurship. Students from across B.C. – Join us this fall and walk away with the tools and resources required to build your own start-up! You will be placed in a team and will work collaboratively with other students to learn about human centered design thinking, creative product development, product life cycles, e-commerce, app development and more. You'll also develop your teamwork, decision making and critical thinking skills. There are both On-line and In Person Cohorts. For more info and to apply go to: <https://jabca.ca/companyprogram/>

### Minerva Learn to Lead STEM & TRADES Programs:

Learning to Lead™ is a free program that provides Grade 11 students (who identify as female) with the virtual opportunity to increase confidence and explore their leadership potential while creating a network who will support them along their educational and career journeys. There are two Fall programs, one with a focus on STEM careers and the other with a focus on TRADES. Participants develop their confidence through workshops that identify their key strengths and core values. They leave the program with greater self-awareness, and the inspiration to take on new challenges and opportunities. The 3-day online programs run **October 14-16 (STEM) and November 25-27 (TRADES)**. To learn more and apply go to: <https://minervabc.ca/learning-to-lead/>. Applications due **October 7 (STEM) & November 14 (TRADES)**.

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### **The Sky's No Limit – Girls Fly Too!**

Join us on **October 1-2, 2022** at the Abbotsford International Airport. This epic annual event is not an air show and the event is not just for “girls”. In fact, it’s the world’s largest gender diversity outreach event of its kind in Aviation, Aerospace, Marine and Defence. Everyone is welcome regardless of age, gender or citizenship. The event is completely free to ensure there are no barriers to participation, thanks to the generous support of agency, industry, education, and other community partners. For more info go to : <https://www.girlsfly2.ca/events.html>

### **YWCA High School Mentorship Program Info Sessions**

This virtual program matches young cis and trans women, and gender-diverse youth in Grades 11 and 12 with volunteer professionals for a **one-to-one mentoring relationship**. Matches are based on career and education goals, hobbies and the level of support required. Mentees and mentors meet a minimum of once a month and attend a minimum of one workshop offered by the YWCA team over the course of the program. For more info and to apply go to : <https://ywcavan.org/programs/mentorship/high-school-mentorship>. Come by the Career Centre for paperwork once you are accepted.

### **Youth Empowering Youth: FREE Online VIRTUAL Leadership Program**

Youth Empowering Youth is a division of Low Entropy, a non-profit organization that is making personal growth accessible to all. Our Youth program consists of nine 1.5-hour sessions. All our sessions are currently being held online via zoom. Each class shares a new concept to help students take accountability for their thoughts, feelings and actions, thus moving them into a place of confidence, security, and self-assurance. The program runs October to December. There are four different cohorts: Mondays 5:30 – 7:00 / Saturdays 10:00 – 11:30 / Sundays 10:00 – 11:30 or 1:30 – 3:00. For more info and to sign up for the FREE program go to: <https://lowentropy.org/programs/youth-empowering-youth/>. Once your registration has been accepted, please stop by the Career Centre so we can give you paperwork to count this for work experience hours.

**\*\*\*\*if you apply online for any of these opportunities please stop by the Career Centre and let us know so that we can arrange paperwork for you to count this for Work Experience\*\*\*\***

### **Post-Secondary Info Sessions**

#### **UBC Engineering Open House**

**Online** - Attend the Online UBC Engineering Open House to discover your future at one of Canada’s top engineering schools. The event will run over three days: **Thursday, October 13, 6:00-8:00 pm, Friday, October 14, 4:00-6:15 pm and Saturday, October 15, 9:00-11:00am**. There will be several sessions each day of the event and for the best experience we encourage you to attend all, but it is not a requirement. Sign up at : <https://engineering.ubc.ca/openhouse>

**In Person** - Attend the on-campus UBC Engineering Open House at UBC on Saturday November 5 from 10am – 2pm to discover your future at one of Canada’s top engineering schools. Explore all UBC Engineering has to offer through in-person booths and demonstrations. You’ll learn about: our 14 engineering programs, student life, and co-op and other work experience. You’ll have a chance to explore some of our campus so you can check out our student spaces and lecture halls, as well as talk with professors and current students. Sign up at: <https://engineering.ubc.ca/openhouse-oncampus>

#### **BCIT (British Columbia Institute of Technology) – Online Info Sessions**

**September 19** – Digital Arts/Media & Design

**September 20** – BCIT 101-General Intro to BCIT / HR & Business Management

**September 21** – Accounting, Finance & Insurance

**September 23** – Airline and Flight Operations – Commercial Pilot

**September 28** – Medical Office Assistant

To sign up go to : <https://www.bcit.ca/events/category/info-session/list/>

#### **Langara College - Online Info Sessions**

**September 19** - Early Childhood Education / Journalism

**September 20** – Engineering Programs

**September 27** – Applied Social Sciences and Humanities

To sign up go to : <https://langara.ca/news-and-events/information-sessions/index.html>

#### **University of Victoria – Online Info Session**

If you’re thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on Monday **September 26** at 5pm and learn what it really means to be a UVic student.

More than just getting into university, we’ll explore the possibilities and what your education can be. You’ll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at : <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

#### **Douglas College - Online Info Sessions**

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is led by a faculty member from that program, so you get to interact and converse with your future instructor(s). Upcoming session –**September 20 & September 22** at 5pm. See our information session page to find out which programs will be present. For more info and to register go to : <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

#### **SFU (Simon Fraser University) – Online Info Sessions**

**September 20** – A Day in the Life of an International Student: Learn more about life at SFU as an international student! This session will cover student life, the residence experience, and our three campuses.

**September 26** – Ask Me Anything: Do you have questions about becoming an SFU student? If you're curious about anything from the admission process to our programs to student life, chat with a Recruitment Coordinator.

To register go to : \_

### **Upcoming Info Sessions at Burnaby Mountain**

November 3rd: **Beedie School of Business**. Lunch time in the MPR.

November 7th: **University of Alberta**. 8:30 to 9:30 am. in the MPR.

November 22: **Provincial Mini-Fair**. 1:00 to 3:00. Upper Commons

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