

Respect

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Excellen

Responsibility

Date: Friday Sep 16th,2022



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student Bulletin

Student First Aid: Scholarships: NEW Sep 20 Get all of your scholarship questions answered on Tuesday, Sept 20 at 4:30pm at the Scholarship Information Ms. Belyea *Meeting* on the scholarship Teams page! There are some new scholarships posted: Basant Motor Scholarship: for good citizenship and service in the community (\$2,075) Loran Award: for young people who demonstrated integrity, courage, grit, and personal autonomy (\$100,000) U of T Book Award: for an original and creative thinker committed to school and community who has superior academic performance (Book) **U of T National Scholars:** for a high achiever on academic and creative pursuits who plans to attend UofT (\$12,000) For more information and detail on how to apply, check out the Teams page!! Sep 16 ART CLUB Ms. Mehta Come and Create, inspire, encourage, and develop creativity in Room 116 at lunch on Wednesdays. The first meeting will be held on 14 September in Room 116. No art experience needed ... Sep 16 **Flag Football Intramurals** Mr.Davis BMSS intramurals is starting this year with Flag Football! First game is September 26. There will be Jr. and Sr. divisions. Sign-up sheets are on the PE office door. Get a group together and make a team! Any questions? See Mr. Davis in the PE office ASAP. Sep 16 Fall teams sign up is live Mr. Richardson Follow this link to sign up for all sports teams happening this fall. https://forms.office.com/r/3w7013imbn You can also find the sign up through the link in our Instagram bio @bmssathletics or through the school website under the athletics department. **BMSS SPIRIT DAYS:** Sep 22 Mr. Rolph You are all invited to show some spirit between Tuesday the 20th and Thursday the 22nd of September. Participate in the following spirit days next week: Tuesday Sep 20 Wednesday Sep 21 Thursday Sep 22 Twin Tuesday Monochrome **School Colours** Dress up the same as a friend! (or Wear all of the same colour Wear green or white more!) Student Council members will be on the lookout for participants to meet, greet, and treat for showing spirit. Look for future bulletin notices about a more formal Kick-Off week at the beginning of October as well. Sep 23 **CLUB FORMS:** Mr. Rolph Are you a leader of an existing and returning club/committee or someone wanting to start a new club. Please pick up a club proposal form at room 213. Clubs Day organization has begun and Student Council needs to know which clubs are running and wanting to participate in our annual Clubs showcase event which will be held on Oct. 6th. All instructions are listed on the clubs proposal form. Sep 29 **GRADE 8 REPS FOR STUDENT COUNCIL:** Mr. Rolph Grade 8s, are you looking for a great opportunity to get involved at your new school, have fun, make a difference and get to meet a whole crew of amazing people? Student Council is looking for two dedicated grade 8s to

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	represent your grade on student council. Information and application forms are now available from Mr. Rolph in room 213. Deadline to submit applications is Thursday September 29th.
Oct 14 th Ms. Reily	MATH CONTESTS: Any students interested in writing math contests this year, please let Ms. Reily know so you can be added to the Team. On the Team you'll find contest resources and sign-up information. To join, see Ms. Reily in person (room 307) or let her know by email (Jennifer.Reily@burnabyschools.ca). Our first contest will be the COMC on October 27, followed by the AMC 10 and AMC 12 on November 16.

WORK EXPERIENCE OPPORTUNITIES – Ms. Manning

Stoney Creek Elementary BBQ

Volunteers are need at Stoney Creek Elementary on Thursday **September 22** from 3:30 – 7:30 for their annual BBQ. Volunteers will help with set up, serving and cleanup. To sign up go to the Career Centre. (Yes – this counts for work experience hours – make sure you get a work experience form BEFORE you go)

Lucky's Dog Daycare

Do you like dogs? Would you like to work and play with LOTS of dogs? Lucky's Doggy Daycare is looking for volunteers. They are located a short walk from Gilmour Skytrain Station in Burnaby. Check out their website for more info: <u>https://www.luckysdaycare.com/</u> They currently have weekday and weekend volunteer placements available (Afterschool – 3:30 – 6:30pm / Saturday and Sunday 10am – 6:00pm). You must be comfortable around large groups of dogs of all types and sizes. If you are interested, please stop by the Career Centre to sign up.

Shoppers Drug Mart – Retail & Pharmacy

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Stop by the Career Centre form more details and to sign up.

Big Brothers Big Sisters - Big Buddies Program

Be a Teen Mentor to an elementary-aged child from Stoney Creek Community School. Be a safe, positive role model and a friend to a child in Grades 1-7. Meetings every Monday from 3:30 pm- 4:30pm, October to May. Come out and play games, do arts & crafts and build a connection and have fun!

Apply NOW: <u>https://www.bigbrothersvancouver.com/our-programs/teen-mentor/</u> After you have completed your online application please come to the Career Centre so we can arrange work experience paperwork.

Down Syndrome Resource Foundation: Let's Interact Program

The DSRF is seeking volunteers who have an interest in the performing arts, working with people with developmental disabilities or are considering going into a healthcare profession with their theatre/improv program in Burnaby on Wednesdays from 3:30 pm- 5:00 pm. Come by the Career Centre for a flyer if you are interested.

Canadian Blood Services – Blood Donor Clinic

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to

: <u>https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber</u> <u>SIYSCorps Program - Virtual Volunteering Opportunity</u>

The **SIYSCorps** program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customized volunteer placement at an organization of their choice that fits their interest and skills. To apply go to

: https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-ambassador-siyscorps-full-virtualvolunteering-opportunity-2

CIBC Run for the Cure – Canadian Cancer Society

Volunteers wanted for the annual Run for the Cure event at South Surrey Athletic Park on Sunday October 2nd. Pick up an info sheet in the Career Center.

Burnaby Hospice Society Thrift Store

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <u>http://burnabyhospice.org/volunteer/thriftstore/</u> Vancouver Food Bank – Winston Street Location (near Costco)

Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. Volunteers are asked to commit to one shift per week, for a minimum of 2 months – you pick the dates and times that work for you! You can even sign up with a friend! For more details about how to sign up please go to the Career Centre and pick up an info sheet.

POST SECONDARY INFO SESSIONS

UBC Engineering Open House

Online - Attend the Online UBC Engineering Open House to discover your future at one of Canada's top engineering schools. The event will run over three days: **Thursday, October 13, 6:00-8:00 pm, Friday, October 14, 4:00-6:15 pm and Saturday, October 15, 9:00-11:00am.** There will be several sessions each day of the event and for the best experience we encourage you to attend all, but it is not a requirement. Sign up at : https://engineering.ubc.ca/openhouse

In Person - Attend the on-campus UBC Engineering Open House at UBC on Saturday November 5 from 10am – 2pm to discover your future at one of Canada's top engineering schools. Explore all UBC Engineering has to offer through in-person booths and demonstrations. You'll learn about: our 14 engineering programs, student life, and co-op and other work experience. You'll have a chance to explore some of our campus so you can check out our student spaces and lecture halls, as well as talk with professors and current students. Sign up at : https://engineering.ubc.ca/openhouse-oncampus

BCIT (British Columbia Institute of Technology) – Online Info Sessions

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September 19 – Digital Arts/Media & Design September 20 – BCIT 101-General Intro to BCIT / HR & Business Management September 21 – Accounting, Finance & Insurance September 23 – Airline and Flight Operations – Commercial Pilot September 28 – Medical Office Assistant To sign up go to : <u>https://www.bcit.ca/events/category/infosession/list/</u> Langara College - Online Info Sessions September 19 - Early Childhood Education / Journalism September 20 – Engineering Programs September 27 – Applied Social Sciences and Humanities To sign up go to : https://langara.ca/news-and-events/information-sessions/index.html

University of Victoria - Online Info Session

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on Monday September 26 at 5pm and learn what it really means to be a UVic student.

More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. Register at : <u>https://www.uvic.ca/undergraduate/tours-events/events/index.php</u>

Douglas College - Online Info Sessions

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is lead by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming session -September 20 & September 22 at 5pm. See our information session page to find out which programs will be present. For more info and to register go to : <u>https://www.douglascollege.ca/future-</u> students/explore-douglas/information-sessions

SFU (Simon Fraser University) – Online Info Sessions

September 20 – A Day in the Life of an International Student: Learn more about life at SFU as an international student! This session will cover student life, the residence experience, and our three campuses.

September 26 – Ask Me Anything: Do you have questions about becoming an SFU student? If you're curious about anything from the admission process to our programs to student life, chat with a Recruitment Coordinator.

To register go to : https://www.sfu.ca/students/admission/tours-events/events.html

AREER EXPLORATION AND LEADERSHIP DEVELOPMENT

(these also count for Work Experience Hours - but you MUST get paperwork from the Career Center BEFORE you go)

The Sky's No Limit – Girls Fly Too!

Join us on October 1-2, 2022 at the Abbotsford International Airport. This epic annual event is not an air show and the event is not just for "girls". In fact, it's the world's largest gender diversity outreach event of its kind in Aviation, Aerospace, Marine and Defence. Everyone is welcome regardless of age, gender or citizenship. The event is completely free to ensure there are no barriers to participation, thanks to the generous support of agency, industry, education, and other community partners. For more info go to : https://www.girlsfly2.ca/events.html

YWCA High School Mentorship Program Info Sessions

This virtual program matches young cis and trans women, and gender-diverse youth in Grades 11 and 12 with volunteer professionals for a one-toone mentoring relationship. Matches are based on career and education goals, hobbies and the level of support required. Mentees and mentors meet a minimum of once a month and attend a minimum of one workshop offered by the YWCA team over the course of the program. For more info and to apply go to : <u>https://ywcavan.org/programs/mentorship/high-school-mentorship.</u> Come by the Career Centre for paperwork once you are accepted.

Minerva Learn to Lead STEM & TRADES Programs:

Learning to Lead[™] is a free program that provides Grade 11 students (who identify as female) with the virtual opportunity to increase confidence and explore their leadership potential while creating a network who will support them along their educational and career journeys. There are two Fall programs, one with a focus on STEM careers and the other with a focus on TRADES. Participants develop their confidence through workshops that identify their key strengths and core values. They leave the program with greater self-awareness, and the inspiration to take on new challenges and opportunities. The 3-day online programs run October 14-16 (STEM) and November 25-27 (TRADES). To learn more and apply go to: https://minervabc.ca/learning-to-lead/. Applications due October 7 (STEM) & November 14 (TRADES).

Youth Empowering Youth: FREE Online VIRTUAL Leadership Program

Youth Empowering Youth is a division of Low Entropy, a non-profit organization that is making personal growth accessible to all. Our Youth program consists of nine 1.5-hour sessions. All our sessions are currently being held online via zoom. Each class shares a new concept to help students take accountability for their thoughts, feelings and actions, thus moving them into a place of confidence, security, and self-assurance. The program runs October to December. There are four different cohorts: Mondays 5:30 – 7:00 / Saturdays 10:00 – 11:30 / Sundays 10:00 · 11:30 or 1:30 – 3:00. For more info and to sign up for the FREE program go to: https://lowentropy.org/programs/youth-empoweringyouth/. Once your registration has been accepted, please stop by the Career Centre so we can give you paperwork to count this for work experience hours.