




We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Click [here](#) to see the Daily Health Check for all students and staff updated on January 24, 2022.

**NEW** - For Questions and concerns about COVID, affecting your family please go to this [link](#) for more information.



**NEW** - When you're excusing your child from school please indicate if it is due to your child's illness (of any kind), or if you are excusing them for a different type of reason. It is important that we understand why your child is being excused from school.

<div>  <div> <div>DAILY HEALTH CHECK</div> </div> </div>	
KEY SYMPTOMS OF ILLNESS	WHAT TO DO
<div>Fever (above 38°C)</div> <div>Chills</div> <div>Cough</div> <div>Difficulty breathing</div> <div>Loss of sense of smell or taste</div>	<div>If yes to 1 or more of these symptoms:</div> <div>Stay home. Contact a health care provider or call 8-1-1 about your symptoms and next steps.</div>
OTHER SYMPTOMS	WHAT TO DO
<div>Sore throat</div> <div>Loss of appetite</div> <div>Headache</div> <div>Body aches</div> <div>Extreme fatigue or tiredness</div> <div>Nausea or vomiting</div> <div>Diarrhea</div>	<div>If yes to 1 symptom:</div> <div>Stay home until you feel better.</div> <div>If yes to 2 or more of these symptoms:</div> <div>Stay home for 24 hours. If symptoms don't get better or get worse, contact a health care provider or call 8-1-1 about your symptoms and next steps.</div>
INTERNATIONAL TRAVEL:	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	<div>If yes:</div> <div>Fully vaccinated students, staff and other adults who have travelled outside of Canada may qualify for the <a href="#">fully vaccinated traveller exemption</a>.</div> <div>Students, staff and other adults who are not <a href="#">fully vaccinated</a> and have travelled outside of Canada <b>CANNOT attend school for 14 days after arrival</b>, as part of <a href="#">federal requirements</a>.</div>
CLOSE CONTACT	WHAT TO DO
Have you been notified by public health that you are a close contact of a person confirmed to have COVID-19?	<div>If yes:</div> <div>Follow the instructions provided by Public Health.</div>

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Feb 18 Ms. Manning	Work Experience Opportunities Shown At Bottom Of List.
Feb 15 Ms. Manning	<b>Creekside Youth Centre</b> Are you tired of staying at home and scrolling endlessly??? Then why not come to the Creekside Youth Centre? We are open Monday to Friday from 5:30-9:30pm and have food nights, a pool table, table tennis, foosball, video and board games, and wifi and it's all free! Give us a follow-on Instagram @Creekside Youth Centre and see what we're all about. Located beside Stoney Creek elementary school.
<b>Grad Photos</b>  	<b>Grad photos</b> have been <b>RESCHEDULED</b> for March 4 – March 16, 2022. All sessions originally planned for January were cancelled and need to be rescheduled by students. Photos will be taken in <b>Artona's Mobile Studio</b> , which will be located at <b>Burnaby Mountain Secondary School</b> in our <b>Parking Lot</b> .  <b>All grade 12s are encouraged to take a grad photo.</b>  To sign up for your appointment, please click on this link <a href="#">Burnaby Mountain Grad Photos</a> . Please book your appointment ASAP to get the time slot that best works for you.  Students <b>must</b> have <b>booked an appointment before arriving to the Artona Mobile Studio, as there will be NO WALK-IN opportunities.</b>  <b>Group photos</b> will take place at Artona's studio. To book a spot, click here: <a href="https://artona.com/schools/BMOU/programs/graduation_group">https://artona.com/schools/BMOU/programs/graduation_group</a>
Apr 18 Ms. Pattenau	<b>NEW AWARD GRADES 8-11 -- BMSS Mountain Lion Award</b> The BMSS Mountain Lion award is open to all students in grades 8 – 11. Each award includes a plaque and \$100. There is one award available for each grade and will be given to students who are well-rounded with diverse experiences demonstrating our school motto of respect, excellence, and responsibility. Application forms and further information can be found on the school's website: <a href="https://mountain.burnabyschools.ca/honour-roll-2020-2021/">https://mountain.burnabyschools.ca/honour-roll-2020-2021/</a>
	<b>Grade 9 &amp; 10 Immunizations:</b>  <b>Please RETURN COMPLETED FORMS TO THE OFFICE RIGHT AWAY</b>

BELL SCHEDULE SEMESTER 2

Mon-Thurs	Mon	Tue	Wed	Thu	Fri	Fri
8:40-9:10	Flexible Student Support Time				Extended Flex /Collab	8:40-9:30
9:10-10:23	Period 5	Period 5	Period 5 (includes break time)	Period 6 (includes break time)	Period 5	9:30-10:38
10:23-10:38	Break	Break			Break	10:38-10:53
10:38-11:51	Period 6	Period 6			Period 6	10:53-12:01
	Lunch					
12:36-1:48	Period 7	Period 7	Period 7	Period 8	Period 7	12:46-1:53
1:53-3:05	Period 8	Period 8			Period 8	1:58-3:05

Work Experience Opportunities

Big Brothers and Big Sisters Teen Mentors

Be a Big Buddy to an elementary aged child at Stoney Creek Elementary. The program runs Monday's afterschool until 5pm. The Teen Mentor and Mentee build a bond and friendship by engaging in activities such as board games, sports, crafts or just hanging out. The focus of the program is to enhance the Mentee's self-esteem and confidence. An adult leader will organize activities for each meeting. To apply please go to the Career Centre ASAP.

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### **Community Policing Committee**

Interested in a career in policing, law-enforcement, politics or law? Join the Burnaby Community Policing Committee engage with local community stakeholders. The committee meets once a month and is looking for interested high school students. For more information and to apply please stop by the career center ASAP.

### **Shoppers Drug Mart – Retail**

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road. Spots are available weekdays after school, weekends and during Spring Break. Gain valuable skills working in busy retail environment. Go to the Career Centre for more information and to sign up.

### **PedalHeads \*SPRING BREAK**

Our Junior Instructor program (volunteer program) accepts applicants who are interested in gaining experience in children's recreation by volunteering at our spring break bike camps. There are camp locations in Burnaby, Port Moody, Coquitlam and Vancouver. Our bike camps concentrate on bike safety and skills for kids ages 2 -12. We have 6 levels teaching everything from training wheels to trail riding. Each level includes 5 learning categories: safety knowledge, safety skills, trail riding, street riding, and bike maintenance. During camp, volunteers will be paired up with an experienced instructor to provide leadership, motivation, encouragement, and comfort to the kids under our care. Proof of vaccination is REQUIRED for all staff and volunteers. To apply go to <https://pedalheads-bike-camps.breezy.hr/p/669603ba95ae-volunteer-application-spring-break-only>. Please note that applying does not guarantee a spot. We will email you to confirm your application to be a volunteer.

### **SFU Camps \*SUMMER**

SFU Summer Camps are seeking volunteers 14+ years old for their children's summer camps. Volunteering for SFU Camps offers practical experience in a safe & fun environment. Volunteers will get an opportunity to work with children & youth, build leadership skills, meet new people and have a rewarding summer as part of SFU Athletics & Recreation! Minimum 2-week commitment. Applications open on February 11th at the following link : <https://www.sfu.ca/camps/opportunities/volunteer-opportunities.html>. Come and attend a virtual info session to learn more about SFU Summer Camps on Wednesday, February 23rd at 5 pm. Sign up in the Career Centre and we will send you the info session link.

### **Burnaby Art Gallery - Spring Art Camp Assistant**

Become an Artist Assistant helping students engage in their artwork during their March Break Spring Art Days Camps. Spring Art Days run March 14th to 18th, 2022, 9:00am-3:30pm daily & March 21st to 25th, 9:00am-3:30pm daily. Pick up an application in the Career Centre. Deadline to apply is Feb 17.

### **Burnaby Art Gallery Arts Alive 2022**

Help to curate an art exhibit at the Burnaby Art Gallery. There are three different art exhibit positions available - Jurying and Photo Documentation, Records and Labels Management and Virtual Exhibit Creation. Come by the Career Centre for a handout with more information and details about how to apply. Deadline to apply is Feb 17.

### **Port of Vancouver Business Leadership Intern \*SUMMER**

This summer opportunity is for Grade 10 & 11 students assisting the Port of Vancouver Community Relations Team at various community events throughout the Lower Mainland. Includes training to build leadership skills, develop public speaking and presentation skills & gain knowledge about the Port of Vancouver. Attend the Virtual Info Session for more information on Tuesday, February 15th at 4:15 pm - Join Zoom Meeting <https://portvancouver.zoom.us/j/99338978010?pwd=YXJVZUEvcit6dEQ2MTBhQ2Q0R1gzZz09>

### **Royal Soccer Camp \*SUMMER**

The Royal Soccer Club (RSC) is a non-profit, community organization who has hosted unique soccer camp experiences in Burnaby and Coquitlam. Camps operates Monday to Friday from July 4 until September 2, 2022. Volunteers can apply for: morning sessions 8:30am – 12:30pm, afternoon sessions 12:30pm – 4:30pm or full days sessions Mon-Fri, 8:30am – 4:30pm. Minimum volunteer time is one week. Volunteers at our summer day camps may assist staff with coaching and supervising children at camp and help with equipment collection and maintenance. To apply go to : <https://royalsoccer.com/staff/jobs/british-columbia/>. Pick up a handout in the Career Centre for more details.

### **Canadian Blood Services – Blood Donor Clinic**

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an

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info sheet in the Career Centre. To apply go to : <https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber>

### **Place des Arts**

Place des Arts has many volunteer opportunities for youth and adults throughout the year. From working with children at art camps or helping at exhibitions and events, we provide meaningful ways to get involved in the arts and contribute to the community. To apply go to: <https://placedesarts.ca/volunteer/>

### **SIYSCorps Program - VIRTUAL Volunteering Opportunity**

The **SIYSCorps** program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customize volunteer placement at an organization of their choice that fits their interest and skills. To apply go to : <https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-siyscorps-full-virtual-volunteering-opportunity>

### **Burnaby Hospice Society Thrift Store**

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <http://burnabyhospice.org/volunteer/thriftstore/>

### **Vancouver Food Bank – Winston Street Location (near Costco)**

Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. Volunteers are asked to commit to one shift per week, for a minimum of 2 months – you pick the dates and times that work for you! You can even sign up with a friend! For more details about how to sign up please go to the Career Centre and pick up an info sheet.

### **Liberal Party Burnaby North-Seymour Youth Council**

Member of Parliament Terry Beech for Burnaby North-Seymour is renewing his non-partisan Constituency Youth Council this January, and applications are now open for students. This unique opportunity offers young people the chance to interact and network with political stakeholders, community leaders and work with community-based policy. We tailor the program to match that year's cohort to ensure the activities meet the needs of our group. Depending on the group's comfort level, it will be a virtual or hybrid meeting. Here is information about Terry: <http://terrybeechmp.ca>. Unfortunately, the website does not include his new Parliamentary Secretary role for the Deputy Prime Minister or Ministry of Finance. The application link: <https://forms.gle/p8ZcxR6VV4YQU8bg6>

## **Career Exploration and Leadership Development (these also count for Work Experience Hours)**

### **Adventures in Health Care 2022**

Adventures in Health Care is an ONLINE survey course of career pathways and educational opportunities in the field of health sciences. The FREE online program is open to all high school students who have a strong interest in pursuing health care as a career option. The Adventures in Health Care program will cover over 48 options in the health care field for post-secondary education and career opportunities. Comprehensive, hands on activities will engage students giving them insights into a wide variety of health care fields of study and job opportunities.

The program will go live during the month of March. Students complete the program independently (you choose the dates and times) Upon completion students will receive a participation certificate. Registration is open NOW through the end of February. Join today!!! [www.adventuresinhealthcare.com](http://www.adventuresinhealthcare.com)

### **Vancouver Film School (VFS) Creative Break \*SPRING BREAK**

Join us online & in-person over Spring Break for a series of two-day workshops exploring the creative industries! Creative Break features two-day online & in-person workshops led by experienced professionals in Film Production, Animation, Acting, Writing, Digital Design, Makeup, and Sound Design. You will learn about B.C.'s booming creative economy and discover how VFS's accelerated one-year educational model can fast-track your career in the industry. Fee : \$150 - \$225 (depends on workshop). **March 14-15 or 16-17 or 21-22, 2022** 9 a.m. – 4 p.m. each day  
For more info and to register go to : <https://vfs.edu/programs/creative-break>

### **Emily Carr Spring Break High School Art Camps \*SPRING BREAK**

Explore popular studio practices in art + design in these hands-on courses taught by experienced instructors. With a focus on foundational skills and creative process, these courses are designed to engage students ages 15-18 across all levels of experience. Fee for each course \$310. **March 14 – 18** : Character Illustration : 9am - 12pm and Stop Motion Animation :

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1pm - 4pm. **March 21 – 25** : Introduction to Architecture Design | Monday - Friday, 9am - 12pm and Introduction to Industrial Design | Monday - Friday, 1pm - 4pm. To register go to : <https://www.ecuad.ca/academics/teen-programs/spring-break-art-camp>

### **SFU AI4ALL INVENT THE FUTURE \*SUMMER**

SFU AI4ALL: Invent the Future (**July 11th - July 29th**) is Canada's only summer enrichment program focused on bringing artificial intelligence (AI) expertise, community, and mentorship to young women\* in Grade 9-12. During this AI Scholars Program, participants from across Canada will explore the world of AI through team projects and connect with mentors and industry experts in a supportive yet challenging environment. [AI4ALL](#) is a non-profit working to increase diversity and inclusion. Simon Fraser University is the only participating university in Canada. Stanford University; Princeton University; University of California, Berkeley and Boston University are some of the 15 American schools partnering with AI4ALL. Students must apply to this program, which involves responding to several essay prompts. (there is a cost to attend the program) \*We interpret women in the broadest sense and welcome all female-identified and non-binary youth. Sign up at : <https://www.sfu.ca/fas/news-and-outreach/community-outreach/invent-the-future.html>

### **Structured Work Experience and Training (S.W.E.A.T.) at LaSalle College \*SPRING BREAK**

Explore creative career opportunities in our high school workshops as you learn to create project-based portfolio work with industry-related technology and equipment. Be inspired! **March 21 to 24 – 8:45 a.m. to 5 p.m.** Fee : \$150. Participate in one of our hands-on workshops in the following areas and receive 30 hours of work experience: 3D Modeling, Animation & VFX | Game Art & Design | Professional Recording Arts | Photography | Culinary Arts and Baking & Pastry | Fashion Design & Jewelry | Fashion Marketing | Graphic Design | Interior Design To register: <https://www.lasallecollegevancouver.com/events/sweat-workshop-mar-2022>

### **Burnaby Fire Department Youth Academy**

This 4-day academy will take place **April 25 – April 28** from 8:00am to 3:30pm. If you are selected to participate in the Youth Outreach Academy, you can expect to learn: Firefighting skills, belay techniques, fire hose operations, search and rescue techniques, the use of self-contained breathing equipment, fire prevention and lifesaving skills and CPR (successful graduates receive CPR-C certification). For more info and to apply pick up an application package in the Career Centre.

### **The Coding Foundation**

Want to try coding but don't know where to start? Join our FREE coding workshops! This is an amazing opportunity to learn about computer science and its languages! The workshops we are offering are C++, C++ Advanced, HTML/CSS, Java, NodeJS, Java Advanced, Python, and Python Advanced! Make sure you have a discord account! This is the main way you will get contacted about joining meetings for the workshops. Please fill out the short below and you will get a response soon! Link to Form : <https://thecodingfoundation.carrd.co/>

### **Youth Empowering Youth: Free Online Leadership Program**

Youth Empowering Youth is a division of Low Entropy, a non-profit organization that is making personal growth accessible to all. The next program runs on **Mondays from March 28<sup>th</sup> - May 30<sup>th</sup>**, 5:00 – 6:30pm. For more info and to sign up for the FREE program go to : <https://lowentropy.org/programs/youth-empowering-youth/>. Once your registration has been accepted, please stop by the Career Centre so we can give you paperwork to count this for work experience hours.

**\*\*\*if you apply online for any of these opportunities, please stop by the Career Centre so that we can arrange paperwork for you to count this for Work Experience\*\*\***

## **POST-SECONDARY INFO SESSIONS**

### **Study and Go Abroad Fair 2022**

Explore Your Future! Meet virtually with universities from Canada and around the world from the comfort of your home. Chat live with representatives from universities and professional schools during the fair. Learn about undergraduate and postgraduate degrees, diplomas, and certificate programs at home and abroad. Ask about admission requirements, and available scholarships. Taking a gap year? "Visit" the virtual student travel booths to find out more about gap year options, including work abroad. For more info and to register go to : <https://www.studyandgoabroad.com/>

### **Douglas College**

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, faculty members from many programs will be available so you can interact and converse with your future instructor(s). Upcoming sessions –**February 22 & 24**. Please see the information session page to find out which programs will be present and to sign up here : <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

### **Vancouver Community College**

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Join an info session and find out more about VCC wide range of programs

**February 15** - Practical Nursing / Pharmacy Technician

**February 16** - Occupational and Physical Therapy Assistant

**February 17** - Jewelry Art & Design / Music

**February 15** - Hospitality Management

**February 23** - CAD and BIM Drafting

Sign up now at : <https://www.vcc.ca/applying/apply-now/info-sessionstours/>

**BCIT Big Info Night : At Home Edition**

Big Info is the largest program expo and information session at BCIT. It's your chance to find out about all our programs – from [business](#), [computing](#), and [health](#) to [engineering](#), [trades](#), and [applied sciences](#).

Join us online February 15 -17 from 4 pm. Learn about different programs each night. Join us from the comfort of your home to explore multiple areas of study, learn more about what it's like to study at BCIT, and find a program that's right for you. Each night will cover specific industry sectors as well as key student services areas. Hear from faculty and staff and get all your questions answered without leaving your couch.

**Tuesday, February 15**

4-4:50 pm -BCIT 101  
(Program Advising and Admissions)  
5-5:50 pm - Applied & Natural Sciences  
6:50 pm - Computing & IT6  
7-7:30 pm - Indigenous Initiatives

**Wednesday, February 16**

4-5:20pm Student Success  
5:30-6:20 pm Health Sciences  
6:30-7:20 pm Business & Media  
7:30-8:15 pm International Services

**Thursday, February 17**

4-5:20pm Engineering  
5:30-6:00 pm Academic Upgrading  
6:10-6:25 pm Apprenticeship  
Services  
6:30-8:00 pm Trades &  
Apprenticeship

<https://www.bcit.ca/about/visit/big-info/>

**University of British Columbia (UBC)**

Sign up for a UBC campus tour (all sessions are virtual unless notes otherwise). Check the website regularly for new sessions. For more and to register : <https://account.you.ubc.ca/s/events?information-sessions>

**Emily Carr University of Art & Design**

Emily Carr does not have any upcoming info sessions but you can explore there program offerings here : <https://www.ecuad.ca/future-students>

**KPU - Kwantlen Polytechnic University**

For more than 40 years, Kwantlen Polytechnic University (KPU) has provided students with the skills they need for the careers they want. We offer a range of degree, diploma, certificate, and citation programs with opportunities for hands-on experience and experiential learning. For more information attend on of upcoming info sessions:

Product Design - **February 15** - 6:00 to 8:00 PM

Fashion Marketing - **February 16** - 6:00 to 8:00 PM

**Simon Fraser University (SFU)**

SFU does not have any upcoming scheduled info sessions but you can view recordings of past Info Sessions at : <https://www.sfu.ca/students/admission/tours-events/upcoming.html>

**Langara College**

Our Recruitment Officers are hosting online drop-in sessions to answer your questions about applying to Langara. Drop-in sessions are held via Zoom **Monday-Friday** from **2:00 pm-4:00 pm**. Join the Zoom

Meeting <https://langara.zoom.us/j/67030601916>. Program Coordinators host online Information Sessions for specific programs. Upcoming sessions:

**February 15** - Studio 58 Acting and Production Programs

**February 16** - Food Nutrition and Health UBC Transfer program

**February 28** - Education Assistant Programs

For more info and to sign up go to : <https://langara.ca/news-and-events/information-sessions/index.html>

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