




We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

**NEW** - For Questions and concerns about COVID, affecting your family please go to this [link](#) for more information.

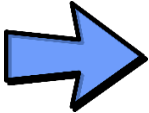
**NEW** - When you're excusing your child from school please indicate if it is due to your child's illness (of any kind), or if you are excusing them for a different type of reason. It is important that we understand why your child is being excused from school.



### DAILY HEALTH CHECK

| KEY SYMPTOMS OF ILLNESS   | WHAT TO DO  |
|---|---|
| Fever (above 38°C)<br>Chills<br>Cough<br>Difficulty breathing<br>Loss of sense of smell or taste                            | <b>If yes to 1 or more of these symptoms:</b><br>Stay home. Contact a health care provider or call 8-1-1 about your symptoms and next steps.  |
| OTHER SYMPTOMS  | WHAT TO DO  |
| Sore throat<br>Loss of appetite<br>Headache<br>Body aches<br>Extreme fatigue or tiredness<br>Nausea or vomiting<br>Diarrhea | <b>If yes to 1 symptom:</b><br>Stay home until you feel better.<br><br><b>If yes to 2 or more of these symptoms:</b><br>Stay home for 24 hours. If symptoms don't get better or get worse, contact a health care provider or call 8-1-1 about your symptoms and next steps.   |
| INTERNATIONAL TRAVEL:   | WHAT TO DO  |
| Have you returned from travel outside Canada in the last 14 days?   | <b>If yes:</b><br>Fully vaccinated students, staff and other adults who have travelled outside of Canada may qualify for the <a href="#">fully vaccinated traveller exemption</a> .<br><br>Students, staff and other adults who are not <a href="#">fully vaccinated</a> and have travelled outside of Canada <b>CANNOT attend school for 14 days after arrival</b> , as part of <a href="#">federal requirements</a> . |
| CLOSE CONTACT   | WHAT TO DO  |
| Have you been notified by public health that you are a close contact of a person confirmed to have COVID-19?                | <b>If yes:</b><br>Follow the instructions provided by Public Health.  |

Student First Aid:

|   |  |
|---|--|
|  | <div><div>NOTICE</div><div>CAFETERIA<br/>CLOSED</div><div>THE WEEK OF JANUARY 24 TO 28</div></div>   |
| <div><div>NEW</div><div>Jan 28<br/>Ms. Manning</div></div>                        | <div><div>WORK EXPERIENCE OPPORTUNITIES</div><div><div><u>Canadian Blood Services – Blood Donor Clinic</u></div><div>Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. The care and attention volunteers give is very often a key reason why donors return. As one of the last faces donors see on their way out, volunteers play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to : <a href="https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&amp;ApplicationFormNumber">https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&amp;ApplicationFormNumber</a></div></div><div><div><u>Place des Arts</u></div><div>Place des Arts has many volunteer opportunities for youth and adults throughout the year. From working with children at art camps or helping at exhibitions and events, we provide meaningful ways to get involved in the arts and contribute to the community. To apply go to: <a href="https://placedesarts.ca/volunteer-2/">https://placedesarts.ca/volunteer-2/</a></div></div><div><div><u>SIYSCorps Program - VIRTUAL Volunteering Opportunity</u></div><div>The SIYSCorps program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customized volunteer placement at an organization of their choice that fits their interest and skills. To apply go to : <a href="https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-siyscorps-full-virtual-volunteering-opportunity">https://www.volunteerconnector.org/surrey/progressive-intercultural-community-services-society/volunteer-siyscorps-full-virtual-volunteering-opportunity</a></div></div><div><div><u>Burnaby Hospice Society Thrift Store</u></div><div>6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <a href="http://burnabyhospice.org/volunteer/thriftstore/">http://burnabyhospice.org/volunteer/thriftstore/</a></div></div><div><div><u>Vancouver Food Bank – Winston Street Location (near Costco)</u></div><div>Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. Volunteers are asked to commit to one shift per week, for a minimum of 2 months – you pick the dates and times that work for you! You can even sign up with a friend! For more details about how to sign up please go to the Career Centre and pick up an info sheet.</div></div><div><div><u>Liberal Party Burnaby North-Seymour Youth Council</u></div><div>Member of Parliament Terry Beech for Burnaby North-Seymour is renewing his non-partisan Constituency Youth Council this January, and applications are now open for students. This unique opportunity offers young people the chance to interact and network with political stakeholders, community leaders and work with community-based policy. We tailor the program to match that year's cohort to ensure the activities meet the needs of our group. Depending on the group's comfort level, it will be a virtual or hybrid meeting. Here is information about Terry: <a href="http://terrybeechmp.ca">http://terrybeechmp.ca</a>. Unfortunately, the website does not include his new Parliamentary Secretary role for the Deputy Prime Minister or Ministry of Finance. The application link: <a href="https://forms.gle/p8ZcxR6VV4YQU8bg6">https://forms.gle/p8ZcxR6VV4YQU8bg6</a></div></div><div><div><u>Evan's Lake Camp Volunteer Work Crew</u></div><div>Do you want to make a difference for youth learning to explore forests while having fun volunteering? Joining the Volunteer Work Crew (located at Evans Lake Forest Education Centre in Squamish) is an excellent way to build your skill set, gain experience working in a dynamic camp environment, and meet amazing friends. The Volunteer Work Crew members are integral to our team and provide critical support for camp programs. Volunteers split their time between assisting programs, facilities, and food services staff. Volunteers help clear trails, assist with supervising recreation areas like the boat dock and climbing wall, join the program staff team to lead overnight hikes, and so much more – all in the same day! High energy, patience, a can-do attitude, and a passion for forests &amp; working with youth are a must! Volunteers must participate in the volunteer training sessions held on June 25th and 26th, 2022, with optional training June 27th – 29th, 2022. Volunteers must be available for at least two of the summer's eight camp sessions as well as the mandatory training dates. Volunteers submit their availability on their application and, if accepted, will be scheduled no later than June 1<sup>st</sup>. To apply go to : <a href="https://evanslake.com/get-involved/job-openings/">https://evanslake.com/get-involved/job-openings/</a> Scroll down to Volunteer Work Crew.</div></div><div><div>CAREER EXPLORATION AND LEADERSHIP DEVELOPMENT (THESE ALSO COUNT FOR WORK EXPERIENCE HOURS)</div><div><div><u>SFU AI4ALL INVENT THE FUTURE</u></div><div>SFU AI4ALL: Invent the Future (July 11th - July 29th, 2022) is Canada's first and only summer enrichment program focused on bringing artificial intelligence (AI) expertise, community, and mentorship to young women* in Grade 9-12. During this AI Scholars Program, participants from across Canada will explore the world of AI through team projects and connect with mentors and industry experts in a supportive yet challenging environment. <a href="#">AI4ALL</a> is a non-profit working to increase diversity and inclusion in the field of AI. Simon Fraser University is the only participating university in Canada. Stanford University; Princeton University; University of California, Berkeley; Carnegie Mellon University; and Boston University are some of the 15 American schools partnering with AI4ALL. To learn more please attend the info session noted below. Students must submit an application to this program, which involves responding to several essay prompts. If you need help with your application, please sign up to attend the application help session below. (there is a cost to attend the program (info and help sessions are free)<br/>*We interpret women in the broadest sense and welcome all female-identified and non-binary youth.<br/>Online Info Session - Wednesday, January 26, 2022, Online Application Help Session - Thursday, January 27, 2022<br/>Sign up at : <a href="https://www.sfu.ca/fas/news-and-outreach/community-outreach/invent-the-future.html">https://www.sfu.ca/fas/news-and-outreach/community-outreach/invent-the-future.html</a></div></div></div></div> |

SCHOOL GOALS:

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**BE-STEMM conference**

The Canadian Black Scientists Network is pleased to host you for a rich, four-day virtual program featuring outstanding research, career & recruitment opportunities, and facilitated connections across sectors. The program will run from January 30 - February 2. We will engage Canadians from across the country to focus on action to remove barriers to attracting and retaining Black Canadians in Science, Technology, Engineering, Mathematics, Medicine & Health (STEMM). Highlights include keynote talks by established and rising star Black Canadian scholars in STEMM and a dynamic virtual Career Fair. A unique part of BE-STEMM is the Leadership Summit day, with a focus on sharing effective practices and programs for supporting Black Canadians in STEMM. We welcome broad participation. This conference is for everyone but showcases/centers presenters who are Black identifying in STEMM for the first time nationally! To register go to : <https://be-stemm.blackscientists.ca/>

**KPU Future Business Leaders Conference**

KPU is hosting a business conference for Grade 11/12 high school students. The conference includes a business challenge. Winners of the competition will be given an Entrance Scholarship to KPU's Melville School of Business and will be crowned the Future Business Leaders of 2022. For more info and to apply go to : <https://www.kpu.ca/futureleaders>

**MineralsEd Secondary Student Career Exploration Day**

On February 1, 2022 come explore the conference tradeshow and learn about the diversity of companies with unique roles and career opportunities in the mineral exploration and mining industry. This event is suitable for secondary students in grades 10-12 who have a special interest in geoscience, mining, or engineering and indirectly related fields such as chemistry, technology, environmental science, business and accounting, investment banking and securities, human resources, backcountry expediting, etc. Come by the Career Centre to be nominated. Click on this link for more information: <https://mineralsed.ca/events/student-events/secondary-student-career-exploration-day-roundup-2022/>

**Women in Science - BC Children's Hospital Research Institute**

Join us virtually as we celebrate the upcoming International Day of Women & Girls in Science on **Thursday, February 10, 2022**. Become part of the conversation by following [#WomenInScience](#) on Instagram! In 2015, [UNESCO](#) and [UN Women](#) established an annual day to honour the important role women and girls play in science and technology. Together they are making a [global call](#) to "smash stereotypes, defy gender biases and defeat discrimination that hold women and girls back in STEM fields." At BC Children's Hospital and B.C. Women's Hospital & Health Centre, we are proud to support our inspiring female leaders who are making groundbreaking discoveries and innovations in research. At this unique evening event, we will be showcasing the important contributions of six of these women. To register go to : <https://bcchr.ca/women-in-science> . Space is limited.

**GreenBricks Green Collar Career Conference**

The "green economy" is changing the face of the workplace in B.C. and around the world. This career conference is open to students in Grade 9-12. This day allows you to interact with career mentors who have excelled in and are passionate about their green careers. This is your chance to meet and interact with passionate and successful people who will share their sustainability career paths in roundtable sessions detailing education requirements, job prospects and salary expectations and learn about emerging sustainability career opportunities in B.C. and globally.

Students are invited to experience new career opportunities at this FREE career conference held remotely on Saturday, February 12th, 2022 from 9:00am – 3:00pm. The day includes prizes and a chance to win a \$500 scholarship! Registration Closes February 9<sup>th</sup> : <https://greenbricks.ca/conference-details/>

**Burnaby Fire Department Youth Academy**

This 4-day academy will take place April 25 – April 28 from 8:00am to 3:30pm. If you are selected to participate in the Youth Outreach Academy, you can expect to learn: Firefighting skills, belay techniques, fire hose operations, search and rescue techniques, the use of self-contained breathing equipment, fire prevention and lifesaving skills and CPR (successful graduates receive CPR-C certification). For more info and to apply pick up an application package in the Career Centre.

**The Coding Foundation**

Want to try coding but don't know where to start? Join our FREE coding workshops! This is an amazing opportunity to learn about computer science and its languages! The workshops we are offering are C++, C++ Advanced, HTML/CSS, Java, NodeJS, Java Advanced, Python, and Python Advanced! Make sure you have a discord account! This is the main way you will get contacted about joining meetings for the workshops. Please fill out the short below and you will get a response soon! Link to Form : <https://thecodingfoundation.carrd.co/>

**Youth Empowering Youth: Free Online Leadership Program**

Youth Empowering Youth is a division of Low Entropy, a non-profit organization that is making personal growth accessible to all. The next program runs on Mondays from March 28<sup>th</sup> - May 30<sup>th</sup>, 5:00 – 6:30pm. For more info and to sign up for the FREE program go to : <https://lowentropy.org/programs/youth-empowering-youth/> . Once your registration has been accepted, please stop by the Career Centre so we can give you paperwork to count this for work experience hours.

**OTHER OPPORTUNITIES**

**Interested in Journalism?**

CBC is looking to assemble a team of teen editorial consultants from across Canada. They'll help keep their content relevant and relatable. They're looking for teens aged 15-17 years old who are able to communicate their thoughts openly, honestly and candidly. They need to have 4 hours to spare every week - this is a paid position! If interested, contact Jessica Singer directly at [jessica.singer@cbc.ca](mailto:jessica.singer@cbc.ca)

**\*\*\*if you apply online for any of these opportunities, please stop by the Career Centre so that we can arrange paperwork for you to count this for Work Experience\*\*\***

**POST SECONDARY INFO SESSIONS**

**Vancouver Community College**

Join an info session and find out more about VCC wide range of programs

**January 25** - Occupational and Physical Therapy Assistant / Hospitality / Culinary Arts (Professional Cook)

**January 26** - Music / Drafting

**February 2** - Dental Hygienist / ASL American Sign Language


**February 8** - Baking & Pastry Arts

**February 10** - Fashion Programs

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|   |   |
|---|---|
|   | <p><b>February 15</b> - Practical Nursing / Pharmacy Technician<br/>Sign up now at : <a href="https://www.vcc.ca/applying/apply-now/info-sessionstours/">https://www.vcc.ca/applying/apply-now/info-sessionstours/</a></p> <p><b>Douglas College</b><br/>Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, faculty members from many programs will be available so you can interact and converse with your future instructor(s). Upcoming sessions –<b>January 25 &amp; 27</b> Please see the information session page to find out which programs will be present and to sign up here : <a href="https://www.douglascollege.ca/future-students/explore-douglas/information-sessions">https://www.douglascollege.ca/future-students/explore-douglas/information-sessions</a></p> <p><b>BCIT</b><br/>BCIT offers a variety of programs – from <a href="#">business</a>, <a href="#">computing</a>, and <a href="#">health</a> to <a href="#">engineering</a>, <a href="#">trades</a>, and <a href="#">applied sciences</a>. Find out more by joining one of our upcoming online info sessions.</p> <ul style="list-style-type: none"> <li>Forensic Science and Technology - <b>January 24</b> - 6:00 - 7:30</li> <li>Insurance and Risk Management - <b>January 26</b> - 5:30 - 6:30</li> <li>General Insurance &amp; Risk Management - <b>January 26</b> - 5:30 - 6:30</li> <li>Part Time Studies - Digital Arts - <b>February 3</b> - 5:30 - 6:30</li> <li>Medical Office Assistant - <b>February 3</b> - 5:30 - 6:30</li> <li>Part Time Studies - Accounting and Financial Planning - <b>February 7</b> - 5:30 - 6:30</li> <li>Part Time Interior Design Fundamentals Certificate - <b>February 8</b> - 4:30 - 5:30</li> </ul> <p>For more info and to register go to : <a href="https://www.bcit.ca/events/category/infosession/online/list/">https://www.bcit.ca/events/category/infosession/online/list/</a></p> <p><b>University of British Columbia (UBC)</b><br/>Sign up for a UBC campus tour (all sessions are virtual unless notes otherwise). Check the website regularly for new sessions. For more and to register : <a href="https://account.you.ubc.ca/s/events?information-sessions">https://account.you.ubc.ca/s/events?information-sessions</a></p> <p><b>Emily Carr University of Art &amp; Design</b><br/>Emily Carr does not have any upcoming info sessions but you can explore there program offerings here : <a href="https://www.ecuad.ca/future-students">https://www.ecuad.ca/future-students</a></p> <p><b>Langara College</b><br/>Our Recruitment Officers are hosting online drop-in sessions to answer your questions about applying to Langara. Drop-in sessions are held via Zoom <b>Monday-Friday from 2:00 pm-4:00 pm</b>. Join the Zoom Meeting <a href="https://langara.zoom.us/j/67030601916">https://langara.zoom.us/j/67030601916</a>. Program Coordinators host online Information Sessions for specific programs. Upcoming sessions:<br/><b>February 1</b> - Recreation Leadership Programs<br/><b>February 8</b> - Fine Arts<br/><b>February 9</b> - Social Worker<br/><b>February 15</b> - Studio 58 Acting and Production Programs<br/><b>February 16</b> - Food Nutrition and Health UBC Transfer program<br/>For more info and to sign up go to : <a href="https://langara.ca/news-and-events/information-sessions/index.html">https://langara.ca/news-and-events/information-sessions/index.html</a></p> <p><b>Simon Fraser University (SFU)</b><br/>SFU does not have any upcoming scheduled info sessions but you can view recordings of past Info Sessions at : <a href="https://www.sfu.ca/students/admission/tours-events/upcoming.html">https://www.sfu.ca/students/admission/tours-events/upcoming.html</a></p> <p><b>University of Alberta</b><br/>Students are invited to a one-on-one virtual advising session to learn more about programs, admission, and the application process at the University of Alberta. General and faculty-specific sessions are available.<br/>Saturday, January 29, 9 a.m. - 12 p.m. PST (15- or 30-minute blocks) Online via Google Meet. Spaces are limited. Students can register at <a href="http://uab.ca/recruitmentevents">uab.ca/recruitmentevents</a>.</p> <p><b>KPU - Kwantlen Polytechnic University</b><br/>Careers in Automotive Trades - <b>January 24</b> - 5:30to 6:30 PM<br/>Careers in Advanced Manufacturing Technology and Mechatronics- <b>January 26th</b> - 5:30 - 6:30 PM<br/>Fashion Design &amp; Technology - <b>January 27 &amp; February 12</b> - 4:00 to 5:00 PM<br/>Graphic Design for Marketing - <b>January 27</b> - 5:00 to 7:00 PM<br/>Technical Apparel Design - <b>January 27</b> - 8:00 to 8:00 PM<br/>Product Design - <b>February 15</b> - 6:00 to 8:00 PM<br/>Fashion Marketing - <b>February 16</b> - 6:00 to 8:00 PM</p> |
|  | <p>Grad photos have been <b>RESCHEDULED</b> for March 4 – March 16, 2022. All sessions originally planned for January were cancelled and need to be rescheduled by students. Photos will be taken in <b>Artona’s Mobile Studio</b>, which will be located at <b>Burnaby Mountain Secondary School</b> in our <b>Parking Lot</b>.</p> <p><b>All grade 12s are encouraged to take a grad photo.</b></p> <p>To sign up for your appointment, please click on this link <a href="#">Burnaby Mountain Grad Photos</a>. Please book your appointment ASAP to get the time slot that best works for you.</p> <p>Students <b>must</b> have <b>booked an appointment before arriving to the Artona Mobile Studio, as there will be NO WALK-IN opportunities.</b></p>   |

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