

Respect

8800 Eastlake Drive, Burnaby, BC V3J 7X5 Tel:604-296-6870 Fax: 604-296-6873 W: mountain.burnabyschools.ca Excellence

Responsibility



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

#### DAILY HEALTH CHECK - REMEMBER TO WEAR YOUR MASK

	Do you have any on the following KEY symptoms?	Circle One		
	Fever	Yes	No	
	Chills	Yes	No	
30.50 (100)	Cough or worsening of chronic cough	Yes	No	
	Shortness of Breath	Yes	No	
	Loss of sense of smell or taste	Yes	No	
Elmic E-di .	Diarrhea	Yes	No	
	Nausea and vomiting	Yes	No	
International Travel	Have you returned from travel outside of Canada in the last 14 days	Yes	No	
Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	Yes	No	

If the student answers "YES" to one of the questions included under "Key Symptoms of Illness", the student should stay home and contact 8-1-1 If the student answers "YES" to travelling outside of Canada, they are required to self-quarantine for 14 days.

If the student answers "YES" to being in contact with a confirmed case of COVID-19, the student is to follow instructions provide by Public Health

Do you have any on the following OTHER symptoms? Circle One Yes Sore throat No Loss of appetite Yes Nο Headache Yes No Body aches Yes No Extreme fatigue or tiredness Yes No Diarrhea Yes No

If the student answers "YES" to one of the symptoms, the student should stay home until they feel better. If the student answers "YES" to two or more symptoms, the student should stay home for 24 hrs. If the symptoms do not get better or get worse, contact health care provider or 8-1-1

Check BCCDC's Symptoms of COVID-19 regularly to ensure the list is up to date.

# Student Bulletin



**Student First Aid:** 

Date: Wedneaday Jan 5th to 7th ,2022

Yes

Nausea and vomiting

NEW	No new announcements this week.
NEW	

#### SCHOOL GOALS:

Goal 1: To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

Goal 2: To increase student awareness, understanding and practice of healthy living.

## **BURNABY MOUNTAIN BELL SCHEDULE 2021 - 2022**

(Mon-Thu)	Mon	Tue	Wed	Thu	Fri	(Fri Only)		
8:40-9:10		Flexible Studei	Extended Flex /Collab	8:40-9:30				
9:10-10:23	Period 1	Period 1	Period 1 (includes break time)	(includes (inclu	Davie d 2	Period 1	9:30-10:38	
10:23-10:38	Break	Break			(includes	(includes break time)	Break	10:38- 10:53
10:38-11:51	Period 2	Period 2				break time)	Period 2	10:53- 12:01
12:36-1:48	Period 3	Period 3	Period 3	iod 3 Period 4	Period 3	12:46-1:53		
1:53-3:05	Period 4	Period 4		Period 4	Period 4	1:58-3:05		

### Prep Time Breakdown for Flex Time & Collaboration

Flex: For every 8 Flex days (2-week period), you can take 1 Flex period off for your prep time

Collab: For every 8 Collab days (2-month period), you can take 1 Collab period off for your prep time

\*Please coordinate your prep time off within your departments so not every department member takes the same day(s) off



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