




We acknowledge and thank the Coast Salish Nations of  
Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

REMEMBER TO WEAR YOUR MASK

DAILY HEALTH CHECK

How are you today?	Do you have any on the following KEY symptoms?	Circle One	
<b>CHECK IN</b> 	Fever	Yes	No
	Chills	Yes	No
	Cough or worsening of chronic cough	Yes	No
	Shortness of Breath	Yes	No
	Loss of sense of smell or taste	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No
International Travel	Have you returned from travel outside of Canada in the last 14 days	Yes	No
Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	Yes	No

If the student answers “YES” to one of the questions included under “Key Symptoms of Illness”, the student should stay home and contact 8-1-1  
If the student answers “YES” to travelling outside of Canada, they are required to self-quarantine for 14 days.  
If the student answers “YES” to being in contact with a confirmed case of COVID-19, the student is to follow instructions provide by Public Health

	Do you have any on the following OTHER symptoms?	Circle One	
	Sore throat	Yes	No
	Loss of appetite	Yes	No
	Headache	Yes	No
	Body aches	Yes	No
	Extreme fatigue or tiredness	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No

If the student answers “YES” to one of the symptoms, the student should stay home until they feel better.  
If the student answers “YES” to two or more symptoms, the student should stay home for 24 hrs.  
If the symptoms **do not get better or get worse**, contact health care provider or 8-1-1

Check BCCDC’s Symptoms of COVID-19 regularly to ensure the list is up to date.



8800 Eastlake Drive, Burnaby, BC V3J 7X5 Tel:604-296-6870 Fax: 604-296-6873 W: mountain.burnabyschools.ca  
Excellence

Respect  
**Student Bulletin**  
Date: Tuesday Nov 16<sup>th</sup>,2021

 Student First Aid: Jerielle Rumbaua and Teiya Lam

<b>NEW</b> Ms. Lopez Nov 19	<b>Junior Boys Soccer:</b>  Could the following students please return their uniforms to Ms.Lopez ASAP: Reyan Khan Grade 10 Ethan Blake Grade 9 Olan Smith Grade 9
<b>NEW</b> Nov 19 Ms. Gingras	<b>Grade 11 &amp; 12 Students - District Industry Training Programs - Spots Available:</b>  There are spots available in the following district programs - please come by the Career Centre if you would like more information and/or an application:  <b>Palo Alto Cybersecurity Program at Cariboo Hill</b> 8:40 – 3:05      Monday to Friday      Start Date: January 31   End Date: June 22 16 Credits, Palo Alto Networks Certified Cybersecurity Entry-level Technician (PCCET) certification  <b>Tourism &amp; Event Management at Burnaby Mountain</b> 12:30 – 4:15 pm      Monday to Friday      Start Date: January 31   End Date: June 22 16 credits, including great Work Experience placements and many fieldtrips and certifications required by industry  <b>Metal Fabrication at BCIT</b>








SCHOOL GOALS:  
Goal 1: To improve students’ reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.  
Goal 2: To increase student awareness, understanding and practice of healthy living.

	<p>7:30 am – 1:30 pm      Monday to Friday      Start Date: February 7    End Date: Mid -uly 24 credits, ITA Level 1 Foundation Certification</p> <p><b>Heavy Duty Equipment Technician at VCC</b> 7:30 am – 1:30 pm      Monday to Thursday      Start Date: February 7    End Date: October 13 32 credits, ITA Level 1 Foundation Certification</p> <p><b>Auto Collision &amp; Refinishing Technician at VCC</b> 8:00 am – 3:00 pm      Monday to Thursday      Start Date: February 7    End Date: October 13 32 credits, ITA Level 1 Foundation Certification</p> <p><b>Plumber at the Piping Industry College (SUMMER)</b> 7:30 am – 1:30 pm      Monday to Friday      Start Date: Mid-June      End Date: End of July 4 credits, ITA Level Apprenticeship Certification</p> <p><b>Painter/Decorator at the Finishing Trades Institute. (SUMMER)</b> 7:30 am – 1:30 pm      Monday to Friday      Start Date: Mid-June      End Date: End of July 4 credits, ITA Level Apprenticeship Certification</p> <p><b>Baker (Pastry Arts) at VCC</b> 1:00 – 7:00 pm      Monday to Thursday      Start Date: Early July      End Date: Mid-December 24 credits, ITA Level 1 Foundation Certification</p>
<div> Ms. Welsh Nov 25</div>	<p><b>Friday, November 19th:</b> Good morning lions. The Business Club is hosting the BMSS Businesses event on November twenty-second and twenty-fifth at lunch in the upper commons. In this event, student business will be showcasing their products for the school. These businesses include Ariana's Gallery by Ariana Ighani A&amp;A Collections by Aryan and Ariana Ighani, Serenity Boutique by Diana Strizhkova, and Olupina by Dejan Kristic as well as a pop up popcorn sale by the Den organized by Anita Inanloo. More information on products, costs, and payment methods can be found on our Instagram @bmssbusinessclub. So don't forget to stop by on November 22nd and 25th at lunch in the upper commons to support your peers and their businesses.</p> <p><b>Monday, November 22nd and Thursday, November 25th:</b> Hi Lions, this is a reminder that the BMSS Businesses event will be happening today at lunch in the upper commons. Stop by to check it out and support your peers businesses. Looking forward to seeing you all there.</p>


SCHOOL GOALS:

Goal 1: To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

Goal 2: To increase student awareness, understanding and practice of healthy living.

<div>  </div> <div> <p>Mr. Ryan</p> </div>	<div> <h2>JOIN THE BMSS SUN RUN TEAM</h2> <p>THE QR CODE TAKES YOU TO THE REGISTRATION PAGE</p> <p>ONCE ON THE REGISTRATION PAGE FILL IN THE REQUIRED INFORMATION</p> <p>WE ARE IN THE YOUTH TEAM CHALLENGE - JOIN A TEAM</p> <div>  </div> <div> <ul style="list-style-type: none"> <li><input type="radio"/> Youth Team Challenge - Youth - 10K - C\$22.00</li> <li><input type="radio"/> Youth Team Challenge - Adult - 10K - C\$35.00 <u>(your parents can join too!)</u> <u>This is early bird pricing and it goes up after Feb 11<sup>th</sup>.</u></li> </ul> </div> <div> <p>Search our Team Name: Burnaby Mountain Lions</p> <p>Use our Team Code: BMSS</p> </div> </div>
<div> <p>Mr. Dardano</p> </div>	<div> <p><b>STUDENTS:</b></p> <p>Please take an opportunity to check the Lost and Found Bins. Articles left over will be donated to the Paw’n Shop Vintage School Store.</p> </div>
<div> <p>Mr. Dardano</p> </div>	<div> <p><b>Make a difference in our community!</b></p> <p>The Marketing 11 class is looking for lightly used clothing, such as jeans, jackets, shirts, hoodies and footwear. Please donate your previously loved articles to any of the “Paw’n Shop” bins located in the commons and throughout the school. Goods will be resold in our Thrift Store later in the commons.</p> </div>
<div> <p>Ms. Williams</p> </div>	<div> <div>  </div> <div> <p><b>Mountain Reads! 2021/22</b></p> <p>Check the hallway display cabinet each day this week and next as the titles for this year are revealed and highlighted. Then read, read, read!</p> </div> </div>
<div> <p>Nov 26 Mr. Ko</p> </div>	<div> <div>  </div> <div> <p>Yearbook survey for Grade 8 -11 students. Please complete the survey <a href="#">here</a> (<i>press control + click to get to link</i>) to share your opinions in the yearbook</p> </div> </div>
<div> <p>Ms.Pattenaude</p> </div> <div>  </div>	<div> <div>   </div> <div> <p><b>Ski and Snowboard 2021-2022 season</b></p> <p>BMSS will be running both a ski and snowboard club (lessons) and competitive team at Whistler/Blackcomb this year. If you are interested, fill out the form by scanning the QR code. Mrs. Pattenaude (Dance) and Mr. Richardson (PHE) will be in touch with details.</p> </div> </div>





## Work Experience Opportunities

Nov 19

Ms. Manning

**Auntie Leah's Charity Tree Lot**

Aunt Leah's Place is a registered charity that, for over 30 years, has been helping prevent children in foster care from becoming homeless by providing supported housing, education, employment training and coaching on essential life skills. Our Christmas tree sales support our projects. All volunteer training and orientation takes place onsite. We have 5 locations with afterschool and weekend shifts available. We will also provide a letter of reference upon request. Some of the tasks that students may be asked to do: Track all sales, handle cash, operate debit/credit machine, reconcile sales after shift, answer customer questions, explain Aunt Leah's vision. Volunteers can sign up for shifts by contacting the Volunteer Coordinator By Email: [hrayson@auntleahs.org](mailto:hrayson@auntleahs.org) By Phone: 236-521-7373 ext. 109 or 778-551-5535. You can also register online at: [auntleahs.org/treelotsignup](http://auntleahs.org/treelotsignup)

**Canadian Blood Services – Blood Donor Clinic**

Volunteers are responsible for greeting donors with a smile, making conversation, and accompanying them throughout their donation process. Help them feel welcome and comfortable. The care and attention you give is very often a key reason why donors return. As one of the last faces donors see on their way out, you play a critical role in the success of future blood donor clinics. Pick up an info sheet in the Career Centre. To apply go to : <https://app.betterimpact.com/Application?OrganizationGuid=f100c7a4-7d7f-4f35-816b-9e895866e0ae&ApplicationFormNumber>

**Grouse Mountain Snow School - Leaders in Training Work Experience Program**

Grouse Mountain is pleased to offer students aged 15-18 who have a passion for Skiing and Snowboarding a chance to complete a work experience placement with the Grouse Mountain Resort Snow School. We are excited about helping students train to become better skiers and riders while they take on a leadership role and discover a possible career within the ski or snowboard industry. Applications are due ASAP and can be completed online at the following link - come by the Career Centre if you are accepted to get paperwork <https://can61.dayforcehcm.com/CandidatePortal/en-US/grousemountain/Posting/View/1751>

**Mount Seymour Ski & Snowboard School Work Experience Program**

The Mt Seymour's Bear Cub Instructor Apprentice Program is an exclusive program for 8 snowboarders and 16 skiers who are committed to becoming an instructor at Mt Seymour in the future. This program will run as an 8 week commitment with 1.5 hours of on snow training per week on weekends, evenings and breaks. It will focus on improving both your skiing and riding technique to meet CSIA and CASI level 1 standards, along with your teaching and assessment skills to make you a better instructor. Applications are due ASAP and can be completed online at : <https://docs.google.com/forms/d/e/1FAIpQLSe368GIZmobdOoPLvCOsFcKI4BUTOMSXkm25Xb1d9UvInu22Q/viewform>

**Wildlife Rescue Association of BC – Burnaby Lake location**

Students (ages 16+) can apply to get on their volunteer list. As positions become available they will contact you. For more info and to apply : <https://app.betterimpact.com/PublicOrganization/18f3ec17-501f-4dd1-9465-58f258a9c69a/1>

**Vancouver Christmas Market**

If you are interested in gaining experience in customer service, event management and leadership, the Vancouver Christmas Market, Vancouver's beloved holiday tradition, could be for you. The event runs outside from November 13-December 24 at Jack Poole Plaza in Vancouver. Volunteers must be 16 years of age and older. Apply online at the following link and please inform the Career Centre if you do sign up for shifts so that we can provide you with work experience paperwork: <https://www.vancouverchristmasmarket.com/about/get-involved/volunteer/>

**Shoppers Drug Mart – Retail**

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road, during Winter Break. Gain valuable skills working in busy retail environment. Go to the Career Centre for more information and to sign up.

**Place des Arts**

Place des Arts has many volunteer opportunities for youth and adults throughout the year. From working with children at art camps or helping at exhibitions and events, we provide meaningful ways to get involved in the arts and contribute to the community. To apply go to: <https://placedesarts.ca/volunteer-2/>

**SIYSCorps Program - Virtual Volunteering Opportunity**

- SCHOOL GOALS:
- Goal 1: To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.
  - Goal 2: To increase student awareness, understanding and practice of healthy living.

The **SIYSCorps** program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customized volunteer placement at an organization of their choice that fits their interest and skills. If you wish to apply please stop by the Career Centre.

#### **Burnaby Hospice Society Thrift Store**

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <http://burnabyhospice.org/volunteer/thriftstore/>

#### **Vancouver Food Bank – Winston Street Location (near Costco)**

Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. Volunteers are asked to commit to one shift per week, for a minimum of 2 months – you pick the dates and times that work for you! You can even sign up with a friend! For more details about how to sign up please go to the Career Centre and pick up an info sheet.

#### **Lucky's Dog Daycare**

Do you like dogs? Would you like to work and play with LOTS of dogs? Lucky's Doggy Daycare is looking for volunteers. They are located a short walk from Gilmour Skytrain Station in Burnaby. Check out their website for more info: <https://www.luckysdaycare.com/> They currently have a weekend volunteer placement available Sundays from 10am – 6:00pm. Afterschool and Saturday shifts open up in December. You must be comfortable around large groups of dogs of all types and sizes. If you are interested, please stop by the Career Centre to sign up. \_

#### **Post Secondary Info Sessions**

##### **Vancouver Community College**

Join an info session and find out more about VCC wide range of programs

**November 15** – Occupational Physical Therapy Assistant

**November 17** – Pharmacy Technician / Graphic Design / Computer Systems Technology

Sign up now at : <https://www.vcc.ca/applying/apply-now/info-sessionstours/>

##### **Simon Fraser University**

Do you have questions about becoming an SFU student? Join us for one (or more!) of our upcoming online information sessions. We'll cover a range of topics like: how to apply, student life, program options, and more!

SFU 101- The Student Experience - **November 16** 5:00 – 6:00pm

Emerging Technologies at SFU (Tech. Science. Artificial Intelligence) – **November 18** 5:00 – 6:00pm

SFU Financial Aid and Awards – **November 25** 5:00 – 6:00pm

Info Session for Indigenous Students - **November 30** 5:00-6:00pm

A Day in the Life @ SFU - **December 2** 5:00-6:00pm

How to: SFU (All About Admission - **December 7** 5:00-6:00pm

Register at : <https://www.sfu.ca/students/admission/tours-events/upcoming.html>

##### **University of Victoria \* special session for Burnaby students**

Info session will be held Tuesday **November 16** at 6:00pm on Zoom. To register email: [rbelton@uvic.ca](mailto:rbelton@uvic.ca)

##### **University of Victoria**

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. The next sessions are : **November 15, 23 & 29** @ 5pm. Register at : <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

##### **Douglas College**

Douglas College virtual info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is lead by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming session – **November 16** at 5pm. Please see our information session page to find out which programs will be present. Information sessions are being presented via Zoom. For more info and to register go to

: <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

##### **BCIT**

BCIT offers a variety of programs – from [business](#), [computing](#), and [health](#) to [engineering](#), [trades](#), and [applied sciences](#). Find out more by joining one of our upcoming online info sessions.

- Software Systems Developer – **November 16** 5:30 – 6:30pm
- Electrical Foundations for Women – **November 18** 5:30 – 6:30pm

For more info and to register go to : <https://www.bcit.ca/events/category/infosession/online/list/>

##### **University of British Columbia**

Sign up for a UBC virtual tour and information session (all sessions are virtual unless notes otherwise). Register early as spaces are limited. Check the website regularly for new sessions. Upcoming sessions:

UBC Application Workshop – **November 15** 4:00pm

All about UBC for Indigenous Students – **November 16** 10am

UBC Sauder BCom – Sauder School of Business Fall Preview – **November 15** 4:30 – 6:00pm

All About UBC – **November 20** 9:00am – 10:00am

UBC Engineering IN PERSON on Campus – **November 20** 10am

UBC Faculty of Arts Info Session– **November 23** 4:00pm

##### **SCHOOL GOALS:**

Goal 1: To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

Goal 2: To increase student awareness, understanding and practice of healthy living.



For more and to register : <https://account.you.ubc.ca/s/events?information-sessions>

### **Emily Carr University of Art+Design**

Emily Carr's in-person Undergraduate Open House is back on **November 29** from 5:00 – 7:30pm. Prospective students and their families are invited to join us for a fun and celebratory evening. Live entertainment will be provided! (520 East 1<sup>st</sup> Ave, Vancouver). To register go to : <https://www.ecuad.ca/events/emily-carr-undergraduate-open-house>

## **Career Exploration and Leadership Development**

### **MineralsEd Secondary Student Career Exploration Day**

On February 1, 2022 come explore the conference tradeshow and learn about the diversity of companies with unique roles and career opportunities in the mineral exploration and mining industry. This event is suitable for secondary students in grades 10-12 who have a special interest in geoscience, mining, or engineering and indirectly-related fields such as chemistry, technology, environmental science, business and accounting, investment banking and securities, human resources, backcountry expediting, etc. Come by the Career Centre to be nominated. Click on this link for more information: <https://mineralsed.ca/events/student-events/secondary-student-career-exploration-day-roundup-2022/>

### **Burnaby Fire Department Youth Academy**

This 4 day academy will take place April 25 – April 28 from 8:00am to 3:30pm. If you are selected to participate in the Youth Outreach Academy, you can expect to learn: Firefighting skills, belay techniques, fire hose operations, search and rescue techniques, the use of self-contained breathing equipment, fire prevention and lifesaving skills and CPR (successful graduates receive CPR-C certification). For more info and to apply pick up an application package in the Career Centre.

### **The Coding Foundation**

Want to try coding but don't know where to start? Join our FREE coding workshops! This is an amazing opportunity to learn about computer science and its languages! The workshops we are offering are: C++, C++ Advanced, HTML/CSS, Java, NodeJS, Java Advanced, Python, and Python Advanced!

Make sure you have a discord account! This is the main way you will get contacted about joining meetings for the workshops. Please fill out the short form below and you will get a response soon! Link to Form : <https://thecodingfoundation.carrd.co/>

### **Money Basics for Teens**

This FREE virtual event is for youth ages 15 – 17 who want to get a head start with information that will help them make good financial decisions. December 2 & 8<sup>th</sup> 4:00 – 5:30pm. Topics include: budgeting, debt, financial goal setting, student loans and more. To register go to : <https://www.bccpa.ca/cpa-financial-literacy-program/financial-literacy-sessions/money-basics-for-teens-1/>

### **Come Meet an Eye Surgeon...**

Are you interested in learning more about a career as an eye surgeon? Come virtually meet with Dr. Cody Lo, an ophthalmologist (eye surgeon) Nov 27, 2021 at 3:00 PM Register in advance for this meeting at: <https://us06web.zoom.us/join/register/tZEtdE-grTIsE9CYPWw7jdGZ0pRiQ5qZMp2D>

### **Youth Empowering Youth: Free Online Leadership Program**

Youth Empowering Youth is a division of Low Entropy, a non-profit organization that is making personal growth accessible to all. The next program runs on Mondays from January 24<sup>th</sup> - March 28, 7:00 – 8:00pm. For more information and to sign up for the FREE program go to : <https://lowentropy.org/programs/youth-empowering-youth/> . Once your registration has been accepted, please stop by the Career Centre so we can give you paperwork to count this for work experience hours.

**Canadian Wildlife Federation Wild Outside Program** at the same time? Join the Canadian Wildlife Federation Wild Outside Program where you can participate in shoreline cleanups, invasive species removal, tree planting and more. More information on how to signup is at: <https://cwf-fcf.org/en/explore/wild-outside/#background>. Once have registered please stop by the Career Centre to pick up paperwork.

### **Am4teens Virtual Volunteer**

Through partnering with [international] well-known organizations, Am4teens provides students with the opportunity to solve global problems through community changing projects without worrying about transporting to volunteer sites outside of their state/country/region. Our organization encompasses blog writing, outreach, advocacy, graphic designing, coding, and so many other fields of interest. From creating learning resources for children in need, art for the #blacklivesmatter movement, designing social media posts to raise awareness on social justice issues and so much more, Am4teens has an opportunity for everyone. For more info and to sign up go to : <https://www.am4teens.org/home>

## **SCHOOL GOALS:**

Goal 1: To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

Goal 2: To increase student awareness, understanding and practice of healthy living.

BURNABY MOUNTAIN BELL SCHEDULE 2021 - 2022

(Mon-Thu)	Mon	Tue	Wed	Thu	Fri	(Fri Only)
8:40-9:10	Flexible Student Support Time				Extended Flex /Collab	8:40-9:30
9:10-10:23	Period 1	Period 1	Period 1 (includes break time)	Period 2 (includes break time)	Period 1	9:30-10:38
10:23-10:38	Break	Break			Break	10:38-10:53
10:38-11:51	Period 2	Period 2			Period 2	10:53-12:01
	Lunch					
12:36-1:48	Period 3	Period 3	Period 3	Period 4	Period 3	12:46-1:53
1:53-3:05	Period 4	Period 4			Period 4	1:58-3:05

Prep Time Breakdown for Flex Time & Collaboration

**Flex:** For every 8 Flex days (2-week period), you can take 1 Flex period off for your prep time

**Collab:** For every 8 Collab days (2-month period), you can take 1 Collab period off for your prep time

*\*Please coordinate your prep time off within your departments so not every department member takes the same day(s) off*

SCHOOL GOALS:  
Goal 1: To improve students’ reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.  
Goal 2: To increase student awareness, understanding and practice of healthy living.