



Student Bulletin

Date: Monday Nov 1st,2021



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Student First Aid: Sin Sze Wat and Stephanie Liu

REMEMBER TO WEAR YOUR MASK

DAILY HEALTH CHECK

How are you today?	Do you have any on the following KEY symptoms?	Circle One	
	Fever	Yes	No
	Chills	Yes	No
	Cough or worsening of chronic cough	Yes	No
	Shortness of Breath	Yes	No
	Loss of sense of smell or taste	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No
International Travel	Have you returned from travel outside of Canada in the last 14 days	Yes	No
Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	Yes	No

If the student answers "YES" to one of the questions included under "Key Symptoms of Illness", the student should stay home and contact 8-1-1
If the student answers "YES" to travelling outside of Canada, they are required to self-quarantine for 14 days.
If the student answers "YES" to being in contact with a confirmed case of COVID-19, the student is to follow instructions provide by Public Health

	Do you have any on the following OTHER symptoms?	Circle One	
	Sore throat	Yes	No
	Loss of appetite	Yes	No
	Headache	Yes	No
	Body aches	Yes	No
	Extreme fatigue or tiredness	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No

If the student answers "YES" to one of the symptoms, the student should stay home until they feel better.
If the student answers "YES" to two or more symptoms, the student should stay home for 24 hrs.
If the symptoms do not get better or get worse, contact health care provider or 8-1-1

Check BCCDC's Symptoms of COVID-19 regularly to ensure the list is up to date.

Ms. Williams

Mountain Reads! 2021/22
Check the hallway display cabinet each day this week and next as the titles for this year are revealed and highlighted. Then read, read, read!

Mr. Ko

Yearbook survey for Grade 8 -11 students. Please complete the survey [here](#) to share your opinions in the yearbook

Ms. Manning
Nov 5

Do you have a Ukulele?
Stoney Creek Elementary is looking for Ukuleles for their Ukulele Club. If you have one you could lend to Stoney Creek Elementary please stop by the Career Centre and speak to Ms. Manning. THANKS!

<p>Ms.Pattenaude</p> 		<p>Ski and Snowboard 2021-2022 season</p> <p>BMSS will be running both a ski and snowboard club (lessons) and competitive team at Whistler/Blackcomb this year. If you are interested, fill out the form by scanning the QR code. Mrs. Pattenaude (Dance) and Mr. Richardson (PHE) will be in touch with details.</p>
<p>Ms D.C.</p>	<p>Representatives from the following institutions are coming to Mountain, in person, to provide information to interested students:</p> <div> <div>  <p>KWANTLEN POLYTECHNIC UNIVERSITY</p> <p>Kwantlen Polytechnic University</p> <p>Friday Nov. 12</p> <p>Flex Time In MPR</p> </div> <div>  <p>UNIVERSITY OF ALBERTA</p> <p>University of Alberta</p> <p>Monday Nov. 15</p> <p>Lunch Time In MPR</p> </div> </div>	
		

SCHOOL GOALS:

Goal 1: To improve students’ reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

Goal 2: To increase student awareness, understanding and practice of healthy living.