



## Student Bulletin

**Date: Wednesday Oct. 13<sup>th</sup>, 2021**


We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

**Student First Aid: Melissa Luces-Taje & Jessica Kim**

## REMEMBER TO WEAR YOUR MASK



### DAILY HEALTH CHECK

How are you today?	Do you have any on the following KEY symptoms?	Circle One	
<b>CHECK IN</b> 	Fever	Yes	No
	Chills	Yes	No
	Cough or worsening of chronic cough	Yes	No
	Shortness of Breath	Yes	No
	Loss of sense of smell or taste	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No
<b>International Travel</b>	<b>Have you returned from travel outside of Canada in the last 14 days</b>	Yes	No
<b>Confirmed Contact</b>	<b>Are you a confirmed contact of a person confirmed to have COVID-19?</b>	Yes	No

If the student answers "YES" to one of the questions included under "Key Symptoms of Illness", the student should stay home and contact 8-1-1

If the student answers "YES" to travelling outside of Canada, they are required to self-quarantine for 14 days.

If the student answers "YES" to being in contact with a confirmed case of COVID-19, the student is to follow instructions provide by Public Health

	Do you have any on the following OTHER symptoms?	Circle One	
	Sore throat	Yes	No
	Loss of appetite	Yes	No
	Headache	Yes	No
	Body aches	Yes	No
	Extreme fatigue or tiredness	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No

If the student answers "YES" to one of the symptoms, the student should stay home until they feel better.

If the student answers "YES" to two or more symptoms, the student should stay home for 24 hrs.

If the symptoms do not get better or get worse, contact health care provider or 8-1-1

Check BCCDC's Symptoms of COVID-19 regularly to ensure the list is up to date.



Mr. Gatzke  
Oct 22

### LANGUAGE CHALLENGE EXAM

The Delta School District is again offering Language Challenge Exams for Grade 11 and 12 language courses offered in:

French 11/12  
Japanese 11/12  
Korean 11/12  
Mandarin 11/12  
Punjabi 11/12  
Spanish 11/12

To register go to the Delta School District "language challenge exams" and fill-in the on line application and print it out.

Then turn in the completed form to Mr. Gatzke in the counselling area complete with a passport size photo and a refundable cheque for \$50.

**The deadline is Nov. 5 to turn in applications.**



Ms. Manning  
Oct 15

### Work Experience Opportunities

#### Sprouting Chefs Garden Enhancement

Sprouting Chef's is a program based out of Forest Grove Elementary. They educate kids in organic food growing principles cooking. They are looking for volunteers to help rebuild the frame of the garden, located on the grounds of Forest Grove Elementary. Volunteers will also have an opportunity to find out more ways to get involved with Sprouting Chefs. Garden rebuild event - October 16 from 10am – 12pm

#### SCHOOL GOALS:

Goal 1: To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

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at Forest Grove Community Garden. Sign up: [https://docs.google.com/document/d/1kz6Gxls-JdynpVXxZO9nVjKUtdAYMI7C\\_fkXbut23OU/edit?usp=sharing](https://docs.google.com/document/d/1kz6Gxls-JdynpVXxZO9nVjKUtdAYMI7C_fkXbut23OU/edit?usp=sharing)  
Once you have signed up stop by the Career Centre to pick up paperwork so you can count this towards you Work Experience hours.

#### **The Bay - Retail**

Work Experience opportunity at The Bay at Lougheed Mall. You will be unpacking merchandise, stocking shelves and assisting customers and staff. Thursday & Friday 4 – 6pm, Saturday 11 – 6pm & Sunday 11-5pm. Great opportunity to get some retail experience. To apply stop by the Career Centre.

#### **Shoppers Drug Mart – Retail**

Work Experience Opportunity at the Shoppers Drug Mart located on the corner of Cameron and North Road, on Saturday or Sunday. Gain valuable skills working in busy retail environment. Stop by the Career Centre form more information and to sign up.

#### **Vancouver Fashion Week (VFW)**

Vancouver Fashion Week (VFW) is a one-of-a-kind event that continuously brings together buyers, media, celebrities, industry professionals and innovative designers from around the world to celebrate creativity and fashion. Diversity and multiculturalism are VFW's core values. This semi-annual event has been host to a range of collections from street wear to eco-friendly garments. The fall event will take place October 22nd-24th, 2021 at David Lam Hall. For more info about the event go to : <https://www.vanfashionweek.com/> To sign up to volunteer go to : <https://forms.gle/4syGPgf7pUjiSQPV8> If you are accepted as a volunteer please pick up paperwork in the Career Centre BEFORE you go.

#### **SIYSCorps Program - Virtual Volunteering Opportunity**

The **SIYSCorps** program is looking for passionate youth between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customize volunteer placement at an organization of their choice that fits their interest and skills. If you wish to apply, please stop by the Career Centre.

#### **Vancouver Asian Film Festival**

The Vancouver Asian Film Festival is looking for volunteers to help at our momentous 25th year festival! We're looking for help with set-up, take down, ticketing, ushering among other tasks. November 4 through November 7. Come make friends, watch new movies and feel good about giving back to your community :)

Please apply online on our site: <https://vaff.org/event-volunteer-opportunities/> . If you are accepted as a volunteer please stop by the Career Centre to pick up paperwork, BEFORE you volunteer, so you can count this towards you Work Experience hours.

#### **Vancouver Writers Festival**

The Vancouver Writers Fest is looking for volunteers to help in a variety of roles through festival week, October 18 - 24, 2021. We have shifts available selling raffle tickets, helping prep food in the kitchen, setting up and cleaning up after events and many more. For more info and to apply go to: <https://writersfest.bc.ca/volunteer-information>

If you are accepted as a volunteer please stop by the Career Centre to pick up paperwork, BEFORE you volunteer, so you can count this towards you Work Experience hours.

#### **Burnaby Hospice Society Thrift Store \_**

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to : <http://burnabyhospice.org/volunteer/thriftstore/>

#### **Vancouver Food Bank – Winston Street Location (near Costco)**

Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. Volunteers are asked to commit to one shift per week, for a minimum of 2 months you pick the dates and times that work for you! You can even sign up with a friend! For more details about how to sign up please go to the Career Centre and pick up an info sheet.

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**Lucky's Dog Daycare**

Do you like dogs? Would you like to work and play with LOTS of dogs? Lucky's Doggy Daycare is looking for volunteers. They are located a short walk from Gilmour Skytrain Station in Burnaby. Check out their website for more info: <https://www.luckysdaycare.com/> They currently have weekend volunteer placements available ( Weekdays 4 – 7pm and Weekends 10am – 6:00pm starting in December). You must be comfortable around large groups of dogs of all types and sizes. If you are interested, please stop by the Career Centre to sign up.

**Post-Secondary Info Sessions**

**University of Victoria**

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what your education can be. You'll hear about our co-op program and why hands-on learning is so important, how you can engage with your surroundings, and how our community can inspire you to succeed. The next sessions is: October 14 @ 5pm. Register at : <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

**Douglas College**

Douglas College info sessions provide important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines and more. Plus, each program-specific information session is lead by a faculty member from that program so you get to interact and converse with your future instructor(s). Upcoming session - October 14 at 5pm. Please see our information session page to find out which programs will be present at this information session. Currently, our information sessions are being presented virtually via Zoom. For more info and to register go to: <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

**BCIT**

BCIT offers a variety of programs – from [business](#), [computing](#), and [health](#) to [engineering](#), [trades](#), and [applied sciences](#). Find out more by joining one of our upcoming online info sessions.

**October 12:** [Medical Laboratory Science](#) – 12:00-1:00pm  
[Magnetic Resonance Imaging \(MRI\)](#) – 4:00-5:00pm  
[Biomedical Engineering Technology](#) – 5:00 – 6:00pm  
Diagnostic Medical Sonography – 5:00pm – 6:00pm  
Computer Information Systems Administration 5:30 – 6:30pm  
Computer Information Technology (CIT) & Full-Stack Web Development (FSWD) – 7:00pm –

8:00pm

**October 13:** [Environmental Health](#) 12:00 – 1:00pm  
[Clinical Genetics Technology](#) 4:00 – 5:00pm  
Occupational Health and Safety (Certificate) 4:00 – 5:00pm  
Nuclear Medicine 5:00 – 6:00pm  
Food Technology 5:00 – 6:00pm  
Medical Radiography 6:00 – 7:00pm

**October 14:** Radiation Therapy 5:00 – 6:00pm  
Prosthetics & Orthotics 5:00 – 6:00pm  
Bachelor of Science in Nursing (BSN) 6:00 – 7:00pm

For more info and to register go to : <https://www.bcit.ca/events/category/infosession/online/list/>

**Career Exploration and Leadership Development**

**Burnaby Fire Department Youth Academy**

This 4-day academy will take place April 25 – April 28 from 8:00am to 3:30pm. If you are selected to participate in the Youth Outreach Academy, you can expect to learn: Firefighting skills, belay techniques, fire hose operations, search and rescue techniques, the use of self-contained breathing equipment, fire prevention and lifesaving skills and CPR (successful graduates receive CPR-C certification). For more info and to apply pick up an application package in the Career Centre.

**Canadian Wildlife Federation Wild Outside Program**

Are you interested in helping the environment and gain volunteer hours at the same time? Join the Canadian Wildlife Federation Wild Outside Program where you can participate in shoreline cleanups, invasive species removal, tree planting and more. More information on how to signup is at:<https://cwf->

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[ccf.org/en/explore/wild-outside/#background](https://www.ccf.org/en/explore/wild-outside/#background). Once have registered please stop by the Career Centre to pick up paperwork.

**Place des Arts – Youth Arts Council**

Opportunity to develop leadership skills and be involved in the arts community. The council helps to plan two annual events at Place des Arts (located at 1120 Brunette Ave, Coquitlam). Pick up an application in the Career Centre.

**TiE Young Entrepreneurs**

TiE Young Entrepreneurs (TYE) is a Global Program fostering future generations of entrepreneurs by teaching high school students the rewards and challenges of becoming an entrepreneur. We are an Entrepreneurship Academy, where we teach students how to utilize modern skills and tools to build a concept using customer feedback, iteration, and lightweight business models. The TYE programs take place in over 20 Chapters around the world. Each year, the TYE Global Final Competition is held in a different city every year where high school students compete for cash prize and awards for their entrepreneurial spirit and business idea. The Vancouver course will be online biweekly Saturdays (Dates TBA) for 13 weeks. (starting in December or January) Applications are due November 1st, 2021 The program fees is \$50 To apply go to : <https://www.tyevancouver.com/> Once you have registered stop by the Career Centre to pick up paperwork so you can count this towards you Work Experience hours.

**Minerva Learn to Lead STEM Program**

Learning to Lead™ is a free program that provides Grade 11 students (who identify as female) with the virtual opportunity to increase confidence and explore their leadership potential while creating a network who will support them along their educational and career journeys. The fall program will have focus on STEM careers. Participants develop their confidence through workshops that identify their key strengths and core values. They leave the program with greater self-awareness, and the inspiration to take on new challenges and opportunities. The 3-day online program runs October 1 6pm – 8pm, October 2 9:30am – 5:30pm & October 3 9:30am – 12pm.

To learn more and apply go to: [minervabc.ca/learning-to-lead](https://minervabc.ca/learning-to-lead) . Applications due September 25.

**YWCA High School Mentorship Program Info Sessions**

This virtual program matches young cis and trans women, and gender-diverse youth in Grades 11 and 12 with volunteer professionals for a **one-to-one mentoring relationship**. Register for Info Sessions at <https://ywcavan.org/programs/mentorship/high-school-mentorship>: Thursday, October 14th 4:30-5:30 pm

**Am4teens Virtual Volunteer**

Through partnering with [international] well-known organizations, Am4teens provides students with the opportunity to solve global problems through community changing projects without worrying about transporting to volunteer sites outside of their state/country/region. Our organization encompasses blog writing, outreach, advocacy, graphic designing, coding, and so many other fields of interest. From creating learning resources for children in need, art for the #BlackLivesMatter movement, designing social media posts to raise awareness on social justice issues and so much more, Am4teens has an opportunity for everyone. For more info and to sign up go to : <https://www.am4teens.org/home>

**Leadership Programs (pay to attend)**

**Burnaby Neighborhood House - Future Leaders**

Grades 10-12 - This 12-week youth leadership development and volunteer program offers youth the opportunity to learn new skills and work with children in recreational settings, community events and other Burnaby Neighborhood House Programming. Through a variety of workshops, activities and certification training, we aim to help instill the confidence and skills needed to be the leaders of their community! Volunteer Hours: 80. Training can vary depending on the season but generally the trainings are Tuesdays from 3:45-6:00pm ~24 hours of training Youth must also complete 24hrs of Leadership Development training Cost: \$100 To apply go to : [https://burnabynh.ca/get-involved\\_youth/](https://burnabynh.ca/get-involved_youth/)

**General Job Search – Paid Employment**




Workopolis.ca is a great place to start if you are looking for employment.

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	****if you apply online for any of these opportunities please stop by the Career Centre and let us know so that we can arrange paperwork for you to count this for Work Experience****
Oct 15 <sup>th</sup> Ms. Gingras	<p><b>Grade 11 Students - First Session For Career Life Connections 11 (CLC 11) Course:</b></p> <p><b>The first session for the CLC 11 course is this Friday, October 15th during the Flex/Collab session at 8:40 am.</b></p> <p>If your last name is between <b>A - Lee</b>, meet with <b>Ms. Gingras</b> and <b>Ms. Manning</b> in the <b>Large Gym</b> at <b>8:40 am</b>. If your last name is between <b>Leg - Z</b>, meet with <b>Ms. Deitch</b> in the <b>Small Gym</b> at <b>8:40 am</b>. Reminder that CLC 11 is a mandatory course for graduation. We look forward to guiding you on your career-life journey this school year. See you on Friday</p>
Oct 15 Ms. D.C.	Are you interested in learning more about <b>The University of Victoria</b> ? A Student Recruitment Officer from UVIC will be here, in the MPR, on Friday, October 15th from 8:40 until 9:30.
Oct 16 Ms. D.C.	 <p>The University of Alberta would like to invite high school students to take part in their annual Virtual Open House. Saturday, October 16, 2021. From 9:00 a.m. to 4:00 p.m. Additional information and registration can be found on their website: <a href="http://uab.ca/openhouse">uab.ca/openhouse</a></p>
Dec 17 <sup>th</sup> Mr. Ko	<p><b>Yearbook - Baby Photos</b> Grads can now submit their baby photos to be included in the yearbook. Send your photos to <a href="mailto:bmssyb2022@gmail.com">bmssyb2022@gmail.com</a> <i>Deadline - December 17</i></p> <p><b>Yearbook - Superlatives</b> Submit your votes for this year's superlatives. Follow this link, <a href="#">Here</a> or scan the QR code.</p>  <p><i>Voting Closes - December 17</i></p>
	

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