

8800 Eastlake Drive, Burnaby, BC V3J 7X5 Tel:604-296-6870 Fax: 604-296-6873 W: mountain.burnabyschools.ca



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.



REMEMBER TO WEAR YOUR MASK

Respect Excellence Responsibility

Student Bulletin

Date: Thursday, June 10th, 2021

No Student First Aid



DAILY HEALTH CHECK					
How are you today?	Do you have any on the following KEY symptoms?	Circle One			
CHECK IN	Fever	Yes	No		
黑蛇鄉幾黑	Chills	Yes	No		
	Cough or worsening of chronic cough	Yes	No		
	Shortness of Breath	Yes	No		
797802	Loss of sense of smell or taste	Yes	No		
	Diarrhea	Yes	No		
	Nausea and vomiting	Yes	No		
International Travel	Have you returned from travel outside of Canada in the last 14 days	Yes	No		
Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	Yes	No		

If the student answers "YES" to one of the questions included under <u>"Key Symptoms of Illness"</u>, the student should stay home and contact 8-1-1 If the student answers "YES" to travelling outside of Canada, they are required to self-quarantine for 14 days.

If the student answers "YES" to being in contact with a confirmed case of COVID-19, the student is to follow instructions provide by Public Health

Do you have any on the following	Do you have any on the following OTHER symptoms?		Circle One	
Sore throat		Yes	No	
Loss of appetite		Yes	No	
Headache		Yes	No	
Body aches		Yes	No	
Extreme fatigue or tiredness		Yes	No	
Diarrhea		Yes	No	
Nausea and vomiting		Yes	No	

If the student answers "YES" to one of the symptoms, the student should stay home until they feel better.

If the student answers "YES" to two or more symptoms, the student should stay home for 24 hrs.

If the symptoms do not get better or get worse, contact health care provider or 8-1-1

Check BCCDC's Symptoms of COVID-19 regularly to ensure the list is up to date.

21	Junior 8,9	MON	TUES	WED	THURS	FRI
2020	8:45-11:35	Period 1	15-minute Nutrition	Break included in Peri	od 1	
		11:35 – 12:15 LUNCH				
	12:15 – 2:45	Period 2	Flexible Student Supp	ort Time Built In		
	Senior 10,11,12	MON	TUES	WED	THURS	FRI
	8:45 – 9:15	Flexible Student Support Time				
BELL SCHEDULE	9:15 – 11:25	Period 1				
OONEDOLL		11:25 – 12:15 LUNCH				
	12:15 – 2:25	Period 2 A	Period 2 B	Period 2	Period 2 A	Period 2 B
	Last name attends	(A - L)	(M - Z)	ONLINE	(A – L)	(M - Z)
	2:25 – 2:55		F	Flexible Student Suppo	ort Time	

NEW			
June 11 Mr. Rolph	Student Council 2021-22.		
ин. корп	Thank-you to all the candidates who showed interest in taking on roles as student leaders next year. The quantity and quality of candidates made the selection process extremely difficult. We hope that those of you who were not selected this year, will still seek out other opportunities either on other school councils, in our various leadership courses, or as a volunteer at events when volunteers are needed. Next year may be more normal than it has been and, as such, we will likely have greater need for volunteers as well.		
	WE ARE VERY EXCITED TO INTRODUCE NEXT YEAR'S STUDENT COUNCIL:		
	Co-Presidents Sean Oh * Yeira Wong		
	Treasurer Eddy Ntwali		
	Secretary Chris Oh		

SCHOOL GOALS:

Goal 1: To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

Events Coordinators Haziq daredia * Janice Yan

Social Media Praise Fung
Artistic director Carrie Yeo
Spirit coordinator Teodora Lojpur

Clubs and community coordinator
Health and wellness
Diversity ambassador
Talent coordinator

Sarah Firoz
Insha Insha
Sarah Lennon
Ariel Park

Technical director Lucas Fong ELL / International representative Holly Liv

Grad co-chair Danielle Ha * Anna Golovestska * Ahmed Makhlouf

Grade 10 representative
Grade 9 representative
Grade 9 representative
Grade 9 representative
Grade 9 representative
Aleni Koorji * Karina Andrade
Caitlyn Craig * Armaan Jangi
Amity Dominelli * Sol Park

Members at large Katy Mezei * Ariana Ighani * Samuel Lukas * Rex Yuen * Kathy Huang * Anisha Nijjar

June 5-11 Ms. Manning

Work Experience Opportunities

Belcarra Beach keepers *Summer

Learn new skills and gain hands-on experience in data collection, public education and marine stewardship. Apply to be a Beach keeper at Belcarra Regional Park. Volunteers will engage wharf and park users in activities that will increase their awareness of beach and park etiquette, fisheries regulations, intertidal conservation and natural history and well as participate in data collection for a crab study. Volunteers must commit to a min of 30hrs this summer. Volunteer shifts available Saturdays and Sundays in July and August. To apply go to: https://app.betterimpact.com/PublicOrganization/46f4140f-db5f-42be-ac8a-b0e65c38c382/Gvi/f5a716f1493e-4ec8-be84-7dd067414b15/1

Vancouver Art Gallery *Summer

The Vancouver Art Gallery has very limited number of volunteer positions in the Lobby and Gift Shop this summer. The best way to apply is through the website : http://vanartgallery.bc.ca/get_involved/volunteer.html. Once students have filled out the application and their references have been received students will start to get emails regarding any available positions. (We expect that there will be more openings in the fall and in the new year – in September please stop by the Career Centre if you wish to be added to the list for next year)

SIYSCorps Program - Virtual Volunteering Opportunity

The **SIYSCorps** program is looking for passionate youth all across B.C. between the ages of 15-30 years who are excited to give back to their communities, gain experience and build a better Canada. Our program brings together a diverse group of motivated youth to become active community ambassadors. Youth may also design and participate in their own funded community project! We provide: 4-6 weeks of free virtual skills workshops. Youth can customize volunteer placement at an organization of their choice that fits their interest and skills. Our next cohorts will be **July 6th – 30th** every Tues, Wed and Thurs 3:30 – 5:30 & **Aug 3**rd – **27th** every Tue, Wed and Thurs 3:30 – 5:30. If you wish to apply please see Ms. Gingras in the Career Centre for an application.

Farmers Market *Summer

Are you interested in volunteering with a Thriving Market that supports BC farmers, small local businesses and serves the community? Local Farmers markets are currently accepting volunteer applications. Duties may include set up and take down as well providing general assistance to vendors and visitor, crowd control and helping with special events To apply go to

Burnaby: https://www.artisanmarkets.ca/volunteer-opportunities/ New Westminster: https://newwestfarmers.ca/support/volunteer/ Coquitlam: http://makebakegrow.com/get-involved-at-the-market/

Burnaby Hospice Society Thrift Store *Summer

6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. To apply go to: http://burnabyhospice.org/volunteer/thriftstore/

Place des Arts - Summer Camp Volunteers *Summe

Our Summer Fun! program runs for six weeks from July 5 – August 13, 2021 and offers a variety of visual arts and performing arts classes. This year, we are seeking volunteers for our Hybrid Camps for students ages 5-7 and 8-12 years. Our Hybrid Camps have students learning in-person at Place des Arts and students learning online from home via Zoom. Shifts are daily (Monday-Friday) from 10:00am-2:30pm. For our Summer Fun! Hybrid Camps, we require a minimum commitment of two weeks (Monday-Friday). Volunteers have the option of volunteering for online or in-person camps. A mandatory orientation session takes place before the start of camp for each type of program. To apply go to: https://placedesarts.ca/volunteer-2/summer-volunteers/

Royal City Summer Soccer Camps *Summer

Volunteers can apply for **morning sessions** (20 hours/week, Mon-Fri, 8:30am – 12:30pm), **afternoon sessions** (20 hours/week, Mon-Fri, 12:30pm – 4:30pm) or **full days sessions** (40 hours/week, Mon-Fri, 8:30am – 4:30pm) during any or all of the nine (9) weeks of July and August 2021. Locations in Burnaby, Coquitlam and Vancouver. Volunteers may have any of the following responsibilities: Assisting staff with coaching and supervising children at camp, equipment collection and maintenance, General help around camp, maintain a clean camp environment and help staff meet all safety protocols. To apply go to: https://royalsoccer.com/staff/jobs/british-columbia/

Vancouver Food Bank - Winston Street Location (near Costco) *Summer

Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. Volunteers are asked to commit to one shift per week, for a minimum of 2 months – you pick the dates and times that work for you! You can even sign up with a friend! For more details about how to sign up please go to the Career Centre and pick up an info sheet.

BASES Thrift Store *Summer

7825 Edmonds St, Burnaby - We provide opportunities for developing cashier skills, customer service skills and improving your English-speaking skills. No experience is necessary. We are looking for volunteers who enjoy Thrift Stores and love giving back to our community and being part of a team. To apply go to: https://basesburnaby.ca/volunteer/

Post-Secondary Info Sessions

Langara College Bioinformatics Programs

We live in a biological information age, and computers have fundamentally changed the nature of biological discovery and science. **Do you enjoy science-related subjects such as chemistry, physics, biology, or math and are keen to learn more about computer science?** A career in Bioinformatics might be a great fit! Learn more about a great opportunity for a future career in sciences during the information session for our Bioinformatics programs on Wednesday, **June**

SCHOOL GOALS:

Goal 1: To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

9 (4:30pm-5:30pm). In addition, we are going to learn about the critical role Bioinformatics played in the development of the COVID-19 vaccines. **Info session is on Zoom**: (Register Here) (https://langara.ca/programs-and-courses/programs/bioinformatics/information-sessions.html)

BCIT - Health Sciences Info Sessions

Join BCIT's on June 14- 17thth for our online information sessions to learn about our various Health Sciences programs

<u>June 14</u>	<u>June 15</u>	June 16	June 17
Occupational Health and Safety (Diploma) 12:00 PM TO 1:00 PM	Medical Laboratory Science 12:00 PM TO 1:00 PM	Cardiology Technology 12:00 PM TO 1:00 PM	Bachelor of Science Specialty Nursing Degree 12:00 PM TO 1:00 PM
Medical Radiography 12:00 PM TO 1:00 PM Occupational Health and Safety Certificate Program 4:00 PM TO 5:00 PM Diagnostic Medical Sonography 5:00 PM TO 6:00 PM Electro neurophysiology 6:00 PM TO 7:00 PM	Biomedical Engineering Technology 4:00 PM TO 5:00 PM Magnetic Resonance Imaging 5:00 PM TO 6:00 PM Prosthetics and Orthotics 6:00 PM TO 7:00 PM	Food Technology 4:00 PM TO 5:00 PM	To register for any of these sessions go to: https://tinyurl.com/jktnuku8. You will receive an email one day before the event with further instructions on how to join the info session. If you sign up on the same day as the info session, you will receive an email shortly before the event starts

University of Victoria

If you're thinking about applying for undergraduate studies at UVic, join us for an online Discover UVic event on **June 23**, 2021 from 4 -5pm and learn what it really means to be a UVic student. More than just getting into university, we'll explore the possibilities and what education can be. You'll hear about our co-op program, why hands-on learning is so important, how you can engage with your surroundings, and how we can inspire you to succeed. Register at : https://www.uvic.ca/undergraduate/tours-events/events/#ipn-discover-uvic

Summer Career Exploration Work Experience (Pay to attend Programs)

Emily Carr Summer Institute for Teens *Summer

The Summer Institute for Teens 2021 runs online from July 5-30, 2021, Monday - Friday, 9am-4pm. SIT is an intensive pre-university program featuring small classes taught by professional artists to prepare students for the next step in their creative career. This immersive, one-month experience engages students through intensive studio practice and visual culture. Studio practice is complemented by discussion, in-class critique and field trips to engage with the diverse art and design community of Vancouver. The program culminates with a public exhibition of student work. Various Programs are available, including: 2D Animation, 3D Animation, Drawing, Illustration (Digital or Traditional), Industrial Design, Media Arts and Painting. All classes will be facilitated online. For more info and to register go to: https://www.ecuad.ca/academics/teen-programs/summer-institute-for-teens

Career Exploration and Leadership Development

CTS Youth Society Summer Day Camps - Burnaby Lake *Summer

CTS Youth Society is a non-profit organization that aims to connect every youth in Metro Vancouver with their natural environment, their community, and with each other through life-changing outdoor experiences. We are dedicated to developing leadership and social responsibility in youth through environmental awareness and stewardship, outdoor recreation and youth ownership. We offer FREE outdoor day camp programs for youth ages 12-18. Youth who attend one of our summer day camps are encouraged to apply for our Youth Council and Peer Leadership program (which includes 100+ volunteer hrs.). **Join a FREE 3-day camp this summer** and apply to be a Peer Leader next year! For more info and to register go to: https://ctsyouthsociety.com/

Am4teens Virtual Volunteer

Through partnering with [international] well-known organizations, Am4teens provides students with the opportunity to solve global problems through community changing projects without worrying about transporting to volunteer sites outside of their state/country/region. Our organization encompasses blog writing, outreach, advocacy, graphic designing, coding, and so many other fields of interest. From creating learning resources for children in need, art for the #BlackLivesMatter movement, designing social media posts to raise awareness on social justice issues and so much more, Am4teens has an opportunity for everyone. IMPORTANT: to become a volunteer, please access the application form using the following link: https://docs.google.com/forms/d/e/1FAlpQLSd5JxUK95sHbZHCH-UByCewv8rW0YkVaaubBM_d07CdoXRNUQ/viewform

Empowered Black Girl Mentorship Conference

Black Women Connect Vancouver (BWCV) would like to introduce Empowered Black Girl (EBG), EBG is a mentorship conference for Black girls in British Columbia, that will take place **July 7 – 10**th. The program will provide a platform for Black girls to interact & have empowering discussions with leading Black women in BC. This program is open to girls in grade 11 & 12. The program will offer: Illuminating discussions from guest speakers, career path focused panel discussions, personal development workshops, community design project.

Registration: WWW.EMPOWEREDBLACKGIRL.COM

Canadian Wildlife Federation – Wild Outside

WILD Outside is a national conservation-based youth leadership program designed for youth ages 15 to 18. This is a no cost program. By participating in this unique and flexible program, youth across Canada will experience opportunities for personal growth while developing and encouraging their own "conservation ethic." They will also connect with other local participants in the planning and delivery of community-based conservation service projects in their own community designed to have a positive impact on their local environment. For more info and to apply go to: https://cwf-fcf.org/en/explore/wild-outside/#background

Employment Opportunities - Paid Work

The Caterer - local catering company near Production-Way Skytrain Station hiring kitchen helpers and dishwashers

Vancouver& Lower Mainland Multicultural Family Support Services Society Summer Program Leader – open to youth aging from 16 to 30 years old who are or have an immigrant/refugee background

For more information about any of these jobs stop by the Career Centre

General Job Search

SCHOOL GOALS:

Goal 1: To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

Workopolis is a great place to start if you are looking for employment. You can **pick up a handout in the Career Centre with a list of current job postings**, and check out : https://www.workopolis.com/jobsearch/find-jobs?l=burnaby+british+columbia&lg=en&job=U27MdGTP_CqMgtciN6UJgs_oFGZY6JFJ2chr-ONhWMvf-sd60arCig

if you apply online for any of these unpaid opportunities please stop by the Career Centre and let us know so that we can arrange paperwork for you to count this for Work Experience

If you have your own volunteer opportunity or paid job you may be able to count it for Work Experience hours - ask at the Career Centre for more info

Reminder to all Grade 11 students to check the CLC11 Team and make sure you are caught up on all your assignments. CLC11 & CLC12 are MANDATORY courses for graduation

SCHOOL GOALS:

Goal 1: To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.