

# Positive Personal & Cultural Identity

Specific aspects in need of strengthening	Extending	Specific aspects of strength
	<p><b>Personal Identity</b></p> <p>I understand my identity is made up of many interconnected aspects such as family history, heritage, language, background, and where I live. I understand that my characteristics, qualities, strengths, and challenges make me unique. I understand that my values and beliefs shape my choices. I understand that my sense of self will evolve and grow with time.</p>	
	<p><b>Cultural Identity</b></p> <p>I understand that cultures are fluid - they change and evolve, and so will my connection to them. I recognize that cultural influences affect my decisions, worldviews, and the ways in which I interact with others. I understand that my cultures influence the way I present myself to others.</p>	
	<p><b>Connections</b></p> <p>I understand my personal characteristics, strengths and challenges are important to the communities I belong to.</p> <p>I understand that I gain strength from my communities and that I am a source of strength for others. I can identify my role in my communities and my potential as a leader.</p>	
	<p><b>Resiliency</b></p> <p>I can understand how my strengths can help me meet challenges and that I will continue to develop new skills, abilities and strengths. I can understand how my challenges can be opportunities for growth.</p>	
	<p><b>Political, Historical and Spatial Contexts</b></p> <p>I understand that the places I have lived and the communities I am apart of have been impacted by historical events and that current events will impact them in the future.</p>	

\*adapted from Moscrop Secondary School