



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.



REMEMBER TO WEAR YOUR MASK

Respect

Excellence

Responsibility

Student Bulletin

Date: Wednesday, March 3rd, 2021

No Student First Aid



DAILY HEALTH CHECK

How are you today?	Do you have any on the following KEY symptoms?	Circle One	
CHECK IN 	Fever	Yes	No
	Chills	Yes	No
	Cough or worsening of chronic cough	Yes	No
	Shortness of Breath	Yes	No
	Loss of sense of smell or taste	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No
International Travel	Have you returned from travel outside of Canada in the last 14 days	Yes	No
Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	Yes	No

If the student answers **"YES"** to one of the questions included under **"Key Symptoms of Illness"**, the student should stay home and contact 8-1-1

If the student answers **"YES"** to travelling outside of Canada, they are required to self-quarantine for 14 days.

If the student answers **"YES"** to being in contact with a confirmed case of COVID-19, the student is to follow instructions provide by Public Health

	Do you have any on the following OTHER symptoms?	Circle One	
	Sore throat	Yes	No
	Loss of appetite	Yes	No
	Headache	Yes	No
	Body aches	Yes	No
	Extreme fatigue or tiredness	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No

If the student answers **"YES"** to one of the symptoms, the student should stay home until they feel better.

If the student answers **"YES"** to two or more symptoms, the student should stay home for 24 hrs.

If the symptoms **do not get better or get worse, contact health care provider or 8-1-1**

Check BCCDC's Symptoms of COVID-19 regularly to ensure the list is up to date.

Announcements

Grads of 2021



In lieu of the grad group photo this year the yearbook class will be compiling photos to make a collage of all grad students this year. The final image will resemble a massive zoom meeting.

Although there was more interest in taking the grad group photos in cohorts, this does not appear to be a feasible option. Due to our upcoming deadline for the completed yearbook and the time required to schedule 45 student cohorts we simply do not have enough time to collect and include all of the photos in time.

Please submit your photo to bmssyearbook2021@gmail.com

Deadline for photo submissions: March 5

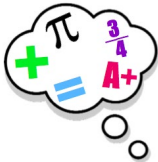
Photos should

- Show head and shoulder (centered in the photo)
- Use natural light, make sure face is visible
- Indoor selfie shot is encouraged
- Suggested pose: wave, peace sign, thumb up, sit/stand still(no pose)
- No restrictions on props and clothing as long as appropriate, and face is showing
- Dimension: 16:9 is encouraged, if not then make sure to leave enough background space for cropping

SCHOOL GOALS:

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	<u>Grade 12 Waterloo Euclid Contest</u> Grade 12 Waterloo Euclid contest is coming up on Wednesday April 7. It will run from 12:15PM – 3:00PM in the multipurpose room. This contest is for serious contest writers only – it is a 2.5 hour written contest with math concepts up to a grade 12 level. Please pick up a form from outside Ms. Reily's room (307) and hand it in prior to spring break. Space is somewhat limited due to COVID safety rules so first come first serve!
	<u>Grade 12 Scholarships</u> Approximately 30 scholarships have been posted on the Scholarship Teams page in the last 2 weeks! There are awards for you if you plan to study fine arts, have a lot of community service, want to go to BCIT, excel in science, volunteer with seniors, are in the Youth Train in Trades Program, and much, much more! Go to the Scholarship Teams page and check out the February file and the District Scholarships file for details (or see Ms. Belyea in room 304)
	<u>Return-It Depot Fundraiser</u> Your Grad Council continues to host fundraisers to raise money for a special Grad 2021 gift and scholarships. If you have family and friends that return and recycle bottles to the Return It Depot why not ask them to sponsor your Grad. Return It labels can be picked up at the office for you to use and share
<u>Post Secondary Info Sessions</u> 	<u>Nicola Valley Institute of Technology - 2021 Virtual Education Fair and Webinars</u> NVIT has two campuses, one in Burnaby and one in Merritt BC. NVIT will be hosting online info sessions from February 22 - March 12 via Microsoft Teams. NVIT offers programs in : Health Care Assistant, Environmental Resource Technology , Culinary Arts, Social Work, Chemical Addictions Worker, Office Admin., Business Admin., Trades, Renewable Energies Technology, Aboriginal Early Childhood Education, Indigenous Human Services and more. Pick up a schedule in the Career Centre or click HERE
	<u>BCIT Info Sessions</u> Digital Arts, Media + Design – March 1, 5:30 - 7:00pm. You must register at this link: This online info session starts promptly at 5:30pm with a presentation and concludes with a Q&A period with program staff. You will be emailed a link to the session 1.5 hours before it starts. This session covers the 7 different full-time programs within the Digital Arts, Media + Design area, including: 3D Modeling, Art + Animation, Communication Design Essentials, Digital Design + Development, Graphic Communications Technology Management, Graphic Design, New Media Design + Web Development, and Technical Arts. Mechanical Engineering - March 3, 5:00 - 6:00pm You must register at this link: Join us online to get your questions answered and get additional information to potentially start an exciting new career. We will be discussing the Mechanical Engineering degree program, and the Mechanical Engineering Technology diploma program with three options: Mechanical Design, Mechanical Manufacturing and Mechanical Systems. Telecommunications Systems Technician - March 4, 6:00 - 7:00pm You must register at this link: This free online session will begin with a brief overview of the program featuring what and how you will learn. We will be reviewing the program and it's options: Telecommunications Networks and Radio Systems. Have a look at this video explaining a little about the program. Register for the event and a few days prior to the session you will receive an email with a Zoom link to connect to the online session.

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<u>Career Exploration</u> 	<u>The Young Conservationist Scholarship Program (YCSP)</u> YCSP is a free program for British Columbian youth <u>in grade 11 and below</u> to become conservation leaders. The YCSP highlights the drive of young people connected to the BCWF to contribute to the protection, conservation, and enhancement of the environment. Participating youth will be given the resources and knowledge to make an impact in their communities while competing for a \$1,000 (minimum) scholarship. Selected conservation-minded youth will join us for a conservation seminar in April along with other youth. By the end of the program participants will be better equipped to facilitate their conservation project and other projects in the future. To learn more about the program, click HERE			
	<u>BCIT Civil Engineering Online Info Session for High School Students</u> BCIT Civil Engineering is offering a virtual information session on Wednesday, March 3rd 2:30 – 3:30pm. Learn all about Civil Engineering and the career opportunities. BCIT Civil Engineering Faculty and Civil Engineer, Phyllis Chong, MASC, PEng, will do a short presentation about the program and share possible career paths for civil engineers and technologists, followed by an open Q&A. All students who successfully complete the first two years of the program receive a Diploma in Civil Engineering, while students who meet the continuation requirements and successfully complete the entire four-year program also earn a nationally-accredited Bachelor of Engineering in Civil Engineering. These credentials prepare graduates for professional practice in this popular and diverse field as either civil technologists or as civil engineers, and also provide a path to further studies. (This program is accepting applications for the September 2021 intake until April 15, 2021) To participate you <u>must register through the link</u> to receive the Zoom Meeting invitation.			
	<u>“Leading the Way” Virtual Conference for Girls</u> The BC Girl Guides Youth Forum is hosting this free virtual Leadership Conference on March 6 & 7, 2021. There are 21 exciting sessions on leadership, careers, post-secondary prep, scholarships, mental health, and more. Sessions include “Authentic Networking” “Women in the Trades” “Women in the Arts” “So, you want to be a doctor?” “Women in Government” “Women in Engineering” “Empathy and Post Pandemic Recovery” “Women in Technology” and many more. The conference is open to anyone who identifies as female. Register HERE Registration closes March 5th at 5pm.			
	<u>District Programs for Grade 11 & 12 students</u> As course selection nears, we would like to make sure you are aware of all of the opportunities the Burnaby School District has to offer! Did you know you can complete post-secondary level training, in a variety of fields, while you are still in high school? If you are interested in any of the following please check out the link below, and stop by the Career Centre to pick up an application <u>List of District Programs</u> <table><tr><td>Construction Electrician Auto Service Technician Auto Collision Repair Auto Refinishing Prep Carpenter Metal Fabricator Plumbing</td><td>Professional Cook Baker (Pastry Arts) Hairstylist Robotics (Mechatronics) CISCO Networking Academy Palo Alto Cyber Security Academy</td><td>Graphics / Media Film & Broadcast Music Production & Technology Health Sciences Program Fitness Instructor Tourism & Event Management</td></tr></table>	Construction Electrician Auto Service Technician Auto Collision Repair Auto Refinishing Prep Carpenter Metal Fabricator Plumbing	Professional Cook Baker (Pastry Arts) Hairstylist Robotics (Mechatronics) CISCO Networking Academy Palo Alto Cyber Security Academy	Graphics / Media Film & Broadcast Music Production & Technology Health Sciences Program Fitness Instructor Tourism & Event Management
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	<u>Minerva BC 2021 Learning to Lead</u> Learning to Lead™ is a free program that provides Grade 11 students (who identify as female) with the virtual opportunity to increase confidence and explore their leadership potential while creating a network who will support them along their educational and career journeys. Participants develop their confidence through workshops that identify their key strengths and core values. They leave the program with greater self-awareness, and the inspiration to take on new challenges and opportunities. We are excited to offer four different weeks of Learning to Lead™ in 2021 (one program each week in the month of May) to 200 youth across BC. Please note that successful applicants are selected to attend one of the program weeks. All sessions will be from 6-8:30pm PST over Zoom. Please note that in order to participate, students must be able to attend all five days of the program week. This is an invitation to fully devote five evenings to their learning, growth, and fun! To learn more about Learning to Lead please register for one of our upcoming Info Sessions. Click here to visit our website • March 30th at 4pm: General Session Info
	<u>Frontiers of Modern Physics - Saturday Morning Lecture Series</u> TRIUMF, Canada's Particle Accelerator Centre, in partnership with UBC, and SFU, are proud to present the following FREE virtual lectures: • March 6 at 10am- Heavy Black Holes and Light Subatomic Particles, • April 10 at 10am - Rare Isotopes : Bridging Heaven, • May 8 – 10 am - Stardust : The Cosmic Seeds of Life. These are free, livestream events HERE
	<u>Project Pulse Health Sciences Conference</u> Project Pulse is a yearly convention which strives to familiarize motivated high school students with the world of health sciences. We are excited to present our SEVENTH ANNUAL CONFERENCE on March 13th 1-5 pm and March 14th 1-4 pm on Zoom. LEARN about careers that interest you through our expert keynote and professional speakers from various health science fields. NETWORK with our graduate and undergraduate speakers who can speak about the university experience. COLLABORATE with other students in our workshops centered around current issues. Register for FREE here
<u>Work Experience Opportunities</u> 	<u>Vancouver Film School – Creative Break High School Camps</u> VFS is offering virtual programs over Spring Break. Each program explores related careers in the entertainment industry. Workshops are led by experienced professionals in Visual Art & Design, Animation & Visual Effects, Acting, Makeup, Digital Design, Film Production and Writing. Sign up for the area you are interested in exploring. March 15-16 or March 17-18 or March 22-23 – 9am – 4pm daily. There is a cost to this program - \$150. per workshop. Click HERE to register

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	<u>Pedalheads Junior Instructor</u> Our Junior Instructor program accepts applicants who are interested in gaining work experience in children’s recreation by volunteering at our spring bike camps. Our bike camps concentrate on bike safety and skills for kids ages 2 -12. We have 6 levels teaching everything from training wheels to trail riding. During camp, volunteers will be paired up with an experienced instructor to provide leadership, motivation, encouragement, and comfort to the kids under our care. Due to covid-19 volunteers, this year will only be allowed to volunteer with classes going on off-site rides (Levels 4-6) or Pedalheads Trail. There are camp locations in Burnaby, Port Moody, Coquitlam and Vancouver. Please note that applying does not guarantee a spot. We will email you in the upcoming weeks to confirm your application to be a volunteer. <i>Pedalheads is committed to creating and upholding a diverse, inclusive and equitable environment that is respectful and welcoming to everyone.</i> For more information and to apply click HERE
	<u>SFU Summer Camps</u> SFU Summer Camps are seeking volunteers for their children’s summer camps. Volunteering for SFU Camps offers practical experience in a safe & fun environment. Volunteers will get an opportunity to work with children & youth, build leadership skills, meet new people and have a rewarding summer as part of SFU Athletics & Recreation! Minimum 2 week commitment. Please complete the application form HERE
	<u>Volunteer Burnaby – Call for Virtual Volunteers!</u> Do you have a passion for teaching others? Do you enjoy performing or playing a musical instrument? Do you carry a set of skills you would like to share with others? We are looking for volunteers to take part in our 'VB Virtual Series' project aimed towards providing members of our community with entertainment and a sense of connection. We are accepting submissions from volunteers in the form of tutorials, classes, informative webinars, or performances. This content is shared online as a weekly event that the entire community can enjoy from their homes. There are no limitations as to what type of content we are accepting - use your imagination! Here are some examples for what kind of content you could send us are: • Performances - musical instruments, dance, spoken word, or art performances! • Tutorials - sports, design, mechanics, textiles, art, music, writing, film, photography, organization, etc. • Webinars - informative classes on any topic that you are interested in! To sign up click HERE
	<u>Burnaby Hospice Society Thrift Store</u> 6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. Click HERE to apply
	<u>Emily Carr Spring Break High School Art Camps</u> Explore popular studio practices in art + design in these hands-on courses taught by experienced instructors. With a focus on foundational skills and creative process, these courses are designed to engage students ages 15-18 across all levels of experience. Fee for each course \$289. March 15 – 19 : Stop Motion Animation Monday - Friday, 9am - 12pm and Character Illustration Monday - Friday, 1pm - 4pm. March 22 – 26 : Introduction to Architecture Design Monday - Friday, 9am - 12pm and Introduction to Industrial Design Monday - Friday, 1pm - 4pm. To register click HERE

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 LaSalle College Vancouver	<u>LaSalle College Structured Work Experience and Training (SWEAT)</u> Explore creative career opportunities in our workshops as you learn to create project-based portfolio work with industry-related technology and equipment. Be inspired! March 22 to 25 – 8:45 a.m. to 5 p.m. Fee : \$150. Participate in one of our hands-on workshops in the following areas and receive 30 hours of work experience: 3D Modeling, Animation & VFX Game Design & Programming Professional Recording Arts Photography Culinary Arts and Baking & Pastry Fashion Design & Marketing Graphic Design Interior Design. To register click HERE
	<u>Burnaby Youth –Youth Mentor Program</u> Burnaby Junior Youth is looking for high school students (ages of 15-18) who want to get involved in their community. The program trains teens and young adults to mentor younger peers aged 11 to 14, through the junior youth program. Each week you will meet with your junior youth group for 2 hours, to go through lessons and activities, and to continue growing your friendship with them. The junior youth program uses a curriculum that is designed with the aim of helping 11-14 year olds develop their language abilities, excel in school, and become active agents of positive change in their communities. As a youth mentor, you work to create a joyful environment and guide junior youth through this curriculum, with stories containing meaningful themes and activities, arts, drama, and community service projects. Apply HERE
	<u>NDP Burnaby Deer Lake Youth Council (DLYC)</u> The NDP DLYC is a partisan, youth-based council, led by Burnaby - Deer Lake's BCNDP MLA Anne Kang. The Council facilitates different kinds of community projects and partisan works, and engages in projects such as phone bank campaigns, food bank volunteering and fundraising. There are multiple leadership teams in the DLYC, including: data management, graphic design, wechat, archive, e-newsletter, certificate, phone bank, flyering, and event planning. When you first join the council, you will join a leadership team according to your interest. The team leader will help you with your tasks and roles. Once you become familiar with your roles and the preceding team leader graduates, you will have the opportunity to take on the role of a team leader. The time commitment is around 2-3 hours every week. However, this varies depending on the intensity of each project. For more information and to apply please visit the Career Centre.
	<u>Vancouver Food Bank – Winston Street Location (near Costco)</u> Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. Volunteers are asked to commit to one shift per week, for a minimum of 2 months – you pick the dates and times that work for you! You can even sign up with a friend! For more details about how to sign up please go to the Career Centre and pick up an info sheet. Register as a volunteer now to be able to sign up for March and April shifts.
<u>Mountain Reports</u> 	<u>Poetry in Voice</u> Students that if they are interested in participating in the Poetry in Voice recitation competition in either French or English to come by room 320 to see Mr. Murray in order to sign up as we will have to make a participant schedule with proper health and safety protocols. If you want to know more information, please click here This is the link to what you have to complete and the prizes that are awarded if you win. I look forward to seeing you all and happy reading.

	<u>Freedom to Read Week</u> This is a time to encourage all Canadians to think about and reaffirm their commitment to intellectual freedom, which is guaranteed under the Charter of Rights and Freedoms. Exercise your Freedom!																																																																																	
	<u>Talent Show and Dancing with the Teachers</u> The show will go on! Talent Show and Dancing with the Teachers at BMSS will be completely virtual this year. Students can sign up to send in a video of yourselves performing a talent for Talent Show, or dancing with one of your teachers for Dancing with the Teachers using the form at student council's Instagram: @bmsscouncil. You can even do both if you'd like! Be sure to check the safety guidelines attached to the sign-up forms before signing up! Video submission are due April 9th.																																																																																	
	<u>District Wide Spirit Week from March 8-12th</u> DSAC (District Student Advisory Council) is organizing a District Wide Spirit Week from March 8-12th! The goal of this event is to connect students across the district and build school spirit. The theme of the week is the pandemic and spirit days include: - Monday: Funky mask day - Tuesday: School colors day - Wednesday: Dress like a tourist day - Thursday: Online conference day - Friday: Movie day (dress like a character from a movie/TV show) Make sure to send in a photo of your Movie Day outfit to @burnabydsac or your school's student government Instagram account for a chance to win a gift card!																																																																																	
<u>Basketball</u> 	<u>BMSS 3 Point Challenge Results</u> <table><tr><th colspan="4">Boys Results</th><th></th><th colspan="4">Girls Results</th></tr><tr><th>Place</th><th>First Name</th><th>Last Name</th><th>Score</th><th></th><th>Place</th><th>First Name</th><th>Last Name</th><th>Score</th></tr><tr><td>1st</td><td>Lorenzo</td><td>Bonamin</td><td>23</td><td></td><td>1st</td><td>Krista</td><td>Traboulay</td><td>13</td></tr><tr><td>2nd</td><td>Addison</td><td>Button</td><td>19</td><td></td><td>2nd</td><td>Erika</td><td>Freiman</td><td>10</td></tr><tr><td>3rd</td><td>Anthony</td><td>Shon</td><td>19</td><td></td><td>3rd</td><td>Malania</td><td>Sidhu</td><td>9</td></tr><tr><td>4th</td><td>Ryder</td><td>Snow</td><td>18</td><td></td><td>4th</td><td>Madison</td><td>Peck</td><td>6</td></tr><tr><td>5th</td><td>Paul</td><td>Afuto</td><td>17</td><td></td><td>5th</td><td>Jerielle</td><td>Rumbaua</td><td>6</td></tr><tr><td colspan="3">Total</td><td>96</td><td></td><td colspan="3">Total</td><td>44</td></tr></table> <table><tr><th colspan="3">Burnaby Mountain Total Participants</th></tr><tr><th>Boys</th><th>Girls</th><th>Total</th></tr><tr><td>46</td><td>19</td><td>65</td></tr></table>	Boys Results					Girls Results				Place	First Name	Last Name	Score		Place	First Name	Last Name	Score	1st	Lorenzo	Bonamin	23		1st	Krista	Traboulay	13	2nd	Addison	Button	19		2nd	Erika	Freiman	10	3rd	Anthony	Shon	19		3rd	Malania	Sidhu	9	4th	Ryder	Snow	18		4th	Madison	Peck	6	5th	Paul	Afuto	17		5th	Jerielle	Rumbaua	6	Total			96		Total			44	Burnaby Mountain Total Participants			Boys	Girls	Total	46	19	65
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