



Burnaby Mountain Secondary

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We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.



REMEMBER TO WEAR YOUR MASK

Respect

Excellence

Responsibility


Student Bulletin

Date: Friday, February 19th, 2021

No Student First Aid







DAILY HEALTH CHECK

How are you today?	Do you have any on the following key symptoms?	Circle One	
CHECK IN 	Fever	Yes	No
	Chills	Yes	No
	Cough or worsening of chronic cough	Yes	No
	Shortness of Breath	Yes	No
	Loss of sense of smell or taste	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No
International Travel	Have you returned from travel outside of Canada in the last 14 days	Yes	No
Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	Yes	No

If the student answers "YES" to one of the questions included under "**Key Symptoms of Illness**" (excluding fever), the student should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under "**Key Symptoms of Illness**" or the student has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, the student should not return to school until covid-19 has been excluded and your symptoms have improved.





Check BCCDC's Symptoms of COVID-19 regularly to ensure the list is up to date.

Announcements	
 <u>Grads of 2021</u> VALEDICTORIAN	<u>Grade 12 Valedictorian Application</u> Grade 12 Valedictorian Application packages are now available in the office. Please pick up and submit to Ms Pansar or Ms Lewis by February 19th.
	<u>Yearbook Group Grad Photos</u> Students interested in taking Grad Group Photos See the Grade 12 Team for more details. Aaron Ko: Mini Grad Photo Sessions –
	<u>Return-It Depot Fundraiser</u> Your Grad Council continues to host fundraisers to raise money for a special Grad 2021 gift and scholarships. If you have family and friends that return and recycle bottles to the Return It Depot why not ask them to sponsor your Grad. Return It labels can be picked up at the office for you to use and share.
	<u>Grade 12 Scholarships</u> Approximately 30 scholarships have been posted on the Scholarship Teams page in the last 2 weeks! There are awards for you if you plan to study fine arts, have a lot of community service, want to go to BCIT, excel in science, volunteer with seniors, are in the Youth Train in Trades Program, and much, much more! Go to the Scholarship Teams page and check out the February file and the District Scholarships file for details (or see Ms. Belyea in room 304)

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<p>Post Secondary Info Sessions</p> 	<p><u>Nicola Valley Institute of Technology - 2021 Virtual Education Fair and Webinars</u></p> <p>NVIT has two campuses, one in Burnaby and one in Merritt BC. NVIT will be hosting online info sessions from February 22 - March 12 via Microsoft Teams. NVIT offers programs in : Health Care Assistant, Environmental Resource Technology , Culinary Arts, Social Work, Chemical Addictions Worker, Office Admin., Business Admin., Trades, Renewable Energies Technology, Aboriginal Early Childhood Education, Indigenous Human Services and more. Pick up a schedule in the Career Centre or click HERE</p>
	<p><u>BCIT Big Info: At-Home Edition</u></p> <p>Big Info is the largest program expo and information session at BCIT. It's your chance to find out about all our programs – from business, computing, and health to engineering, trades, and applied sciences.</p> <p>February 22-25 from 4-8pm - join us from the comfort of your home to explore multiple areas of study, learn more about what it's like to study at BCIT, and find a program that's right for you.</p> <p><u>Feb 22 - Day 1 Schedule:</u> 4:00 PM – 4:50 PM: BCIT 101 – Program Advising & Admissions 5:00 PM – 5:50 PM: Applied and Natural Sciences 6:00 PM – 6:50 PM: Health Sciences 7:00 PM – 7:30 PM: Indigenous Initiatives</p> <p><u>Feb 23 - Day 2 Schedule:</u> 4:00 PM – 5:20 PM: Student Success * *including Co-op, Financial Aid & Student Housing 5:30 PM – 6:20 PM: Computing & IT 6:30 PM – 7:15 PM: International Student Recruitment & Admissions</p> <p><u>Feb 24 - Day 3 Schedule:</u> 4:00 PM – 5:20 PM Engineering 5:30 PM – 6:00 PM Academic Upgrading 6:10 PM – 6:25 PM Apprenticeship Services 6:30 PM – 8:00 PM Trades & Apprenticeship</p> <p><u>Feb 25 - Day 4 Schedule:</u> 4:00 PM – 8:00 PM Business & Media</p> <p>Sessions will run for 50 minutes, unless otherwise noted, with 10-minute breaks scheduled between each presentation. For more info and to register click HERE</p>
	<p><u>BCIT Electrical Foundation Online Info Session for Women</u></p> <p><i>Are you a woman interested in learning more about an exciting career as an Electrician?</i> Join us at this special online info session for women on February 25 from 5 – 6pm. The Electrical Foundation program is launching a new and innovative curriculum to improve the recruitment and retention of female apprentices. This curriculum, which is being developed for foundation classes, is intended to be of benefit to all apprentices. It will focus on soft skills such as collaboration, mentorship and resiliency.</p> <p>This program also provides graduates with the theory and practical skills necessary to enter the electrical trade. The electrical worker plans, assembles, installs, tests, repairs and maintains electrical equipment and systems in commercial, industrial and marine facilities.</p> <p>Zoom details will be emailed to registrants or found here closer to the date. For more information and to register click HERE</p>
<p>Career Exploration</p> 	<p><u>Greenbricks “Green Collar” Conference</u></p> <p>The “green economy” is changing the face of the workplace in B.C. and around the world. Explore your Options! Students are invited to experience new career opportunities at this FREE career conference held remotely on Saturday, February 20th, from 9am – 2:30pm. The day includes prizes and a chance to win a \$500 scholarship! Limited number of spots. Click to Register</p>

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	<p><u>Kinesiology & Physiotherapy Career Info Session – for Mountain Students Only!</u></p> <p>Join this informative presentation put on by the doctors and staff at Kensington Square Physiotherapy. Learn about the career path of Physiotherapists, Registered Massage Therapists, and Kinesiologists. Presentation will be via Zoom on Wednesday February 24 at 2pm. (link to be provided closer to the date). There will be a 20 mins presentation followed by a 20 mins question/answer period. Students who attend may have an opportunity to complete a work experience at their other location in East Vancouver</p>			
	<p><u>The Young Conservationist Scholarship Program (YCSP)</u></p> <p>YCSP is a free program for British Columbian youth <u>in grade 11 and below</u> to become conservation leaders. The YCSP highlights the drive of young people connected to the BCWF to contribute to the protection, conservation, and enhancement of the environment. Participating youth will be given the resources and knowledge to make an impact in their communities while competing for a \$1,000 (minimum) scholarship. Selected conservation-minded youth will join us for a conservation seminar in April along with other youth. By the end of the program participants will be better equipped to facilitate their conservation project and other projects in the future. To learn more about the program, click HERE</p>			
	<p><u>District Programs for Grade 11 & 12 students</u></p> <p>As course selection nears, we would like to make sure you are aware of all of the opportunities the Burnaby School District has to offer! Did you know you can complete post-secondary level training, in a variety of fields, while you are still in high school? If you are interested in any of the following please check out the link below, and stop by the Career Centre to pick up an application</p> <p><u>List of District Programs</u></p> <table><tr><td>Construction Electrician Auto Service Technician Auto Collision Repair Auto Refinishing Prep Carpenter Metal Fabricator Plumbing</td><td>Professional Cook Baker (Pastry Arts) Hairstylist Robotics (Mechatronics) CISCO Networking Academy Palo Alto Cyber Security Academy</td><td>Graphics / Media Film & Broadcast Music Production & Technology Health Sciences Program Fitness Instructor Tourism & Event Management</td></tr></table>	Construction Electrician Auto Service Technician Auto Collision Repair Auto Refinishing Prep Carpenter Metal Fabricator Plumbing	Professional Cook Baker (Pastry Arts) Hairstylist Robotics (Mechatronics) CISCO Networking Academy Palo Alto Cyber Security Academy	Graphics / Media Film & Broadcast Music Production & Technology Health Sciences Program Fitness Instructor Tourism & Event Management
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	<p><u>Minerva BC 2021 Learning to Lead</u></p> <p>Learning to Lead™ is a free program that provides Grade 11 students (who identify as female) with the virtual opportunity to increase confidence and explore their leadership potential while creating a network who will support them along their educational and career journeys. Participants develop their confidence through workshops that identify their key strengths and core values. They leave the program with greater self-awareness, and the inspiration to take on new challenges and opportunities. We are excited to offer four different weeks of Learning to Lead™ in 2021 (one program each week in the month of May) to 200 youth across BC. Please note that successful applicants are selected to attend one of the program weeks. All sessions will be from 6-8:30pm PST over Zoom. Please note that in order to participate, students must be able to attend all five days of the program week. This is an invitation to fully devote five evenings to their learning, growth, and fun! To learn more about Learning to Lead please register for one of our upcoming Info Sessions. Click here to visit our website</p> <ul style="list-style-type: none">• March 2nd at 12pm: General Session Info• March 30th at 4pm: General Session Info			

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<p>Work Experience Opportunities</p> 	<p align="center"><u>Vancouver Film School – Creative Break High School Camps</u></p> <p>VFS is offering virtual programs over Spring Break. Each program explores related careers in the entertainment industry. Workshops are led by experienced professionals in Visual Art & Design, Animation& Visual Effects, Acting, Makeup, Digital Design, Film Production and Writing. Sign up for the area you are interested in exploring. March 15-16 or March 17-18 or March 22-23 – 9am – 4pm daily. There is a cost to this program - \$150. per workshop. Click HERE to register</p>
	<p align="center"><u>Pedalheads Junior Instructor</u></p> <p>Our Junior Instructor program accepts applicants who are interested in gaining work experience in children’s recreation by volunteering at our spring bike camps. Our bike camps concentrate on bike safety and skills for kids ages 2 -12. We have 6 levels teaching everything from training wheels to trail riding. During camp, volunteers will be paired up with an experienced instructor to provide leadership, motivation, encouragement, and comfort to the kids under our care. Due to covid-19 volunteers, this year will only be allowed to volunteer with classes going on off-site rides (Levels 4-6) or Pedalheads Trail. There are camp locations in Burnaby, Port Moody, Coquitlam and Vancouver. Please note that applying does not guarantee a spot. We will email you in the upcoming weeks to confirm your application to be a volunteer. <i>Pedalheads is committed to creating and upholding a diverse, inclusive and equitable environment that is respectful and welcoming to everyone.</i> For more information and to apply click HERE</p>
	<p align="center"><u>Burnaby Hospice Society Thrift Store</u></p> <p>6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. Click HERE to apply</p>
	<p align="center"><u>NDP Burnaby Deer Lake Youth Council (DLYC)</u></p> <p>The NDP DLYC is a partisan, youth-based council, led by Burnaby - Deer Lake’s BCNDP MLA Anne Kang. The Council facilitates different kinds of community projects and partisan works, and engages in projects such as phone bank campaigns, food bank volunteering and fundraising. There are multiple leadership teams in the DLYC, including: data management, graphic design, wechat, archive, e-newsletter, certificate, phone bank, flyering, and event planning. When you first join the council, you will join a leadership team according to your interest. The team leader will help you with your tasks and roles. Once you become familiar with your roles and the preceding team leader graduates, you will have the opportunity to take on the role of a team leader. The time commitment is around 2-3 hours every week. However, this varies depending on the intensity of each project. For more information and to apply please visit the Career Centre.</p>
	<p align="center"><u>Emily Carr Spring Break High School Art Camps</u></p> <p>Explore popular studio practices in art + design in these hands-on courses taught by experienced instructors. With a focus on foundational skills and creative process, these courses are designed to engage students ages 15-18 across all levels of experience. Fee for each course \$289. March 15 – 19 : Stop Motion Animation Monday - Friday, 9am - 12pm and Character Illustration Monday - Friday, 1pm - 4pm. March 22 – 26 : Introduction to Architecture Design Monday - Friday, 9am - 12pm and Introduction to Industrial Design Monday - Friday, 1pm - 4pm. To register click HERE</p>

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 <p>LaSalle College Vancouver</p>	<p align="center"><u>LaSalle College Structured Work Experience and Training (SWEAT)</u></p> <p>Explore creative career opportunities in our workshops as you learn to create project-based portfolio work with industry-related technology and equipment. Be inspired! March 22 to 25 – 8:45 a.m. to 5 p.m. Fee : \$150. Participate in one of our hands-on workshops in the following areas and receive 30 hours of work experience: 3D Modeling, Animation & VFX Game Design & Programming Professional Recording Arts Photography Culinary Arts and Baking & Pastry Fashion Design & Marketing Graphic Design Interior Design To register click HERE</p>										
	<p align="center"><u>Burnaby Youth –Youth Mentor Program</u></p> <p>Burnaby Junior Youth is looking for high school students (ages of 15-18) who want to get involved in their community. The program trains teens and young adults to mentor younger peers aged 11 to 14, through the junior youth program. Each week you will meet with your junior youth group for 2 hours, to go through lessons and activities, and to continue growing your friendship with them. The junior youth program uses a curriculum that is designed with the aim of helping 11-14 year olds develop their language abilities, excel in school, and become active agents of positive change in their communities. As a youth mentor, you work to create a joyful environment and guide junior youth through this curriculum, with stories containing meaningful themes and activities, arts, drama, and community service projects. Apply HERE</p>										
	<p align="center"><u>Vancouver Food Bank – Winston Street Location (near Costco)</u></p> <p>Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. Volunteers are asked to commit to one shift per week, for a minimum of 2 months – you pick the dates and times that work for you! You can even sign up with a friend! For more details about how to sign up please go to the Career Centre and pick up an info sheet. FYI - The Food Bank Volunteer Program is currently FULL for February. Register as a volunteer now to be able to sign up for March and April shifts.</p>										
	<p align="center"><u>Volunteer Burnaby – Call for Virtual Volunteers!</u></p> <p>Do you have a passion for teaching others? Do you enjoy performing or playing a musical instrument? Do you carry a set of skills you would like to share with others? We are looking for volunteers to take part in our 'VB Virtual Series' project aimed towards providing members of our community with entertainment and a sense of connection. We are accepting submissions from volunteers in the form of tutorials, classes, informative webinars, or performances. This content is shared online as a weekly event that the entire community can enjoy from their homes. There are no limitations as to what type of content we are accepting - use your imagination! Here are some examples for what kind of content you could send us are:</p> <ul style="list-style-type: none"> • Performances - musical instruments, dance, spoken word, or art performances! • Tutorials - sports, design, mechanics, textiles, art, music, writing, film, photography, organization, etc. • Webinars - informative classes on any topic that you are interested in! <p>To sign up HERE</p>										
<p><u>Mountain Reports</u></p> <p>CLC GRADE 12</p> 	<p align="center"><u>ATTENTION ALL GRADE CLC 12 students</u></p> <p>Please attend your In-Person group meeting in the Multi-Purpose Room during tutorial time 8:45-9:15am.</p> <table border="0"> <tr> <td>Group 1 - Tuesday, February 16th</td> <td>Last names begin with A to Cra</td> </tr> <tr> <td>Group 2 - Wednesday, February 17th</td> <td>Last names begin with Cri to E. Kim</td> </tr> <tr> <td>Group 3 - Thursday, February 18th</td> <td>Last names begin with L. Kim to Mi</td> </tr> <tr> <td>Group 4 - Friday, February 19th</td> <td>Last names begin with Mo. to Se</td> </tr> <tr> <td>Group 5 - Monday, February 22nd</td> <td>Last names begin with Sh to Z</td> </tr> </table>	Group 1 - Tuesday, February 16th	Last names begin with A to Cra	Group 2 - Wednesday, February 17th	Last names begin with Cri to E. Kim	Group 3 - Thursday, February 18th	Last names begin with L. Kim to Mi	Group 4 - Friday, February 19th	Last names begin with Mo. to Se	Group 5 - Monday, February 22nd	Last names begin with Sh to Z
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<div><u>Mountain Career Centre</u></div>	<div><u>All Grade 10 & Grade 11 Students</u></div> <div>Do you have questions about Work Experience? Are you wondering what option to select for Course Selection?</div> <div>Please first read the notices posted in your Career Centre Work Experience Team. If you still have questions please attend one of our upcoming zoom sessions: <u>Grade 11s</u> - Wednesday, February 17 at 2:20pm <u>Grade 10s</u> - Thursday February 18 at 2:20pm or Friday February 19 at 2:20pm The Zoom sessions will include a short presentation and lots of time to ask questions. Links to these sessions are posted in your Career Centre Work Experience Team.</div>																																																																																								
<div><u>English</u></div> <div></div>	<div><u>Poetry in Voice</u></div> <div>Students that if they are interested in participating in the Poetry in Voice recitation competition in either French or English to come by room 320 to see Mr. Murray in order to sign up as we will have to make a participant schedule with proper health and safety protocols. If you want to know more information, please click here This is the link to what you have to complete and the prizes that are awarded if you win. I look forward to seeing you all and happy reading.</div>																																																																																								
<div><u>Art</u></div> <div></div>	<div><u>Drawing and Painting 10-12</u></div> <div>Quarter 2 students who were in Ms.Lopez's class can pick up their fruit oil pastel paintings in room 117 located across from the teacher desk. Please ask Ms. Mehta for access into the classroom</div>																																																																																								
<div><u>Basketball</u></div> <div></div>	<div><u>Mikan Challenge Results</u></div> <table><tr><th colspan="4">Boys Results</th><th colspan="4">Girls Results</th><th colspan="3">Burnaby Mountain Total Participants</th></tr><tr><th>Place</th><th>First Name</th><th>Last Name</th><th>Score</th><th>Place</th><th>First Name</th><th>Last Name</th><th>Score</th><th>Boys</th><th>Girls</th><th>Total</th></tr><tr><td>1st</td><td>Addison</td><td>Button</td><td>41</td><td>1st</td><td>Krista</td><td>Traboulay</td><td>35</td><td>46</td><td>19</td><td>65</td></tr><tr><td>2nd</td><td>Adam</td><td>Spelrem</td><td>41</td><td>2nd</td><td>Melania</td><td>Sidhu</td><td>29</td><td></td><td></td><td></td></tr><tr><td>3rd</td><td>Sam</td><td>Senay</td><td>37</td><td>3rd</td><td>Erika</td><td>Freiman</td><td>28</td><td></td><td></td><td></td></tr><tr><td>4th</td><td>Aaron</td><td>John</td><td>36</td><td>4th</td><td>Vanessa</td><td>Bonamin</td><td>27</td><td></td><td></td><td></td></tr><tr><td>5th</td><td>Matthew</td><td>D'Agnolo</td><td>36</td><td>5th</td><td>Sofija</td><td>Sebez</td><td>27</td><td></td><td></td><td></td></tr><tr><td></td><td colspan="2">Total</td><td>191</td><td></td><td colspan="2">Total</td><td>146</td><td></td><td></td><td></td></tr></table>	Boys Results				Girls Results				Burnaby Mountain Total Participants			Place	First Name	Last Name	Score	Place	First Name	Last Name	Score	Boys	Girls	Total	1st	Addison	Button	41	1st	Krista	Traboulay	35	46	19	65	2nd	Adam	Spelrem	41	2nd	Melania	Sidhu	29				3rd	Sam	Senay	37	3rd	Erika	Freiman	28				4th	Aaron	John	36	4th	Vanessa	Bonamin	27				5th	Matthew	D'Agnolo	36	5th	Sofija	Sebez	27					Total		191		Total		146			
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