



8800 Eastlake Drive, Burnaby, BC V3J 7X5 Tel:604-296-6870 Fax: 604-296-6873 W: mountain.burnabyschools.ca



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.



REMEMBER TO WEAR YOUR MASK

Respect

Excellence

Responsibility

## Student Bulletin

**Date: Thursday, January 28<sup>th</sup>, 2021**

No Student First Aid






### DAILY HEALTH CHECK

Key symptoms of illness	Do you have any on the following key symptoms?	Circle One	
	Fever	Yes	No
	Chills	Yes	No
	Cough or worsening of chronic cough	Yes	No
	Shortness of Breath	Yes	No
	Loss of sense of smell or taste	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No
International Travel	Have you returned from travel outside of Canada in the last 14 days	Yes	No
Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	Yes	No

If the student answers "YES" to one of the questions included under "Key Symptoms of Illness" (excluding fever), the student should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under "Key Symptoms of Illness" or the student has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, the student should not return to school until covid-19 has been excluded and your symptoms have improved.






Check BCCDC's Symptoms of COVID-19 regularly to ensure the list is up to date.

Announcements	
 <p><b>YearBook</b></p>	<p><b><u>Yearbook - Grad Quotes - Due January 29, 2021</u></b></p> <p>Reminder for grads to submit their quotes to be included in the yearbook. See Teams for more details or submit your quote <a href="#">HERE</a></p>
<p><b>Provincial Assessment</b></p>	<p><b><u>Provincial Assessment Week January 25 – 29, 2021</u></b></p> <p>The <a href="#">Provincial Assessment</a> Week runs from <b>January 25th to January 29th</b>. Grade 10 and some Grade 11 students will be completing this assessment in class during the week. The schedule is posted in the Commons on the Library windows. Please see the link below for more information about the <a href="#">Literacy Assessment</a>.</p>
<p><b>Post Secondary Info Sessions</b></p> 	<p><b><u>JIBC Law Enforcement Studies - Online Information Sessions</u></b></p> <p>Online information session for our Law Enforcement Studies programs will be held on <b>February 11<sup>th</sup> from 7:00 – 8:30 p.m.</b> Free registration is now open via Eventbrite <a href="#">FORM</a></p>
	<p><b><u>Douglas College Info Session</u></b></p> <p><b>Tuesday January 26th &amp; Thursday January 28th at 5pm</b> Please note that you can only sign up for one session per night. Registration closes <b>one day</b> prior to the information session. You will receive an email with a Zoom link to prompt you to join the session <b>one day</b> prior to the event. Sign up <a href="#">HERE</a></p>

#### SCHOOL GOALS:

Goal 1: To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.






Goal 2: To increase student awareness, understanding and practice of healthy living.

	<p><b><u>Nicola Valley Institute of Technology - 2021 Virtual Education Fair and Webinars</u></b></p> <p>NVIT has two campuses, one in Burnaby and one in Merritt BC. NVIT will be hosting online info sessions from <b>February 22 - March 12</b> via Microsoft Teams. NVIT offers programs in : Health Care Assistant, Environmental Resource Technology , Culinary Arts, Social Work, Chemical Addictions Worker, Office Admin., Business Admin., Trades, Renewable Energies Technology, Aboriginal Early Childhood Education, Indigenous Human Services and more. Pick up a schedule in the Career Centre or click <a href="#">HERE</a></p>
<p><b>Canadian Computing Competition</b></p>	<p><b><u>Canadian Computing Competition – February 17, 2021</u></b></p> <p>If you are interested in writing the Canadian Computing Competition this year, see Mr. Ko in room 319. Space is limited. <b>Deadline to register – January 29, 2021</b></p>
<p><b>Math</b></p> 	<p><b><u>Math Contest Sign-Up</u></b></p> <p>Sign up for the grade 9 - 11 Waterloo Math Contests (Pascal, Cayley, and Fermat) is happening now! Pick up a form from outside Ms. Reily's room (307) and hand it in before the end of quarter 2. <b>Contests will be written in the Library on Tuesday February 23.</b> Space is somewhat limited due to COVID restrictions, so get your forms in early. Students enrolled in Math 10 enriched or Pre-calculus 11 enriched next quarter DO NOT have to fill out a form as they will be writing the contests in their classes. Please see Ms. Reily in room 307 if you have any questions.</p>
	<p><b><u>UBC Engineers Without Borders Youth Venture - COVID-19 Mask Case Competition</u></b></p> <p>Explore the challenges faced by individuals who are unable to wear traditional face masks at this unique event. Held over 2 days in January (<b>January 30, 11am – 4:15pm &amp; January 31, 11am – 5pm</b>) participants will have the opportunity to : uncover the effectiveness and challenges of face masks in the fight against COVID-19, discover the engineering design process behind the development of face masks and design a face mask that is personalized for those who cannot properly wear traditional face masks. Interested in participating? Registration is now open to grade 10-12 students across BC. – Register <a href="#">HERE</a> All participants will receive a certificate of participation</p>
<p><b>Career Exploration</b></p> 	<p><b><u>Greenbricks “Green Collar” Conference</u></b></p> <p>The “green economy” is changing the face of the workplace in B.C. and around the world. Explore your Options! Students are invited to experience new career opportunities at this FREE career conference held remotely on <b>Saturday, February 20th, from 9am – 2:30pm</b>. The day includes prizes and a chance to win a \$500 scholarship! Limited number of spots. Click to <a href="#">Register</a></p>
	<p><b><u>Kinesiology &amp; Physiotherapy Career Info Session – for Mountain Students Only!</u></b></p> <p>Join this informative presentation put on by the doctors and staff at Kensington Square Physiotherapy. Learn about the career path of Physiotherapists, Registered Massage Therapists, and Kinesiologists. Presentation will be via Zoom on <b>Wednesday February 24 at 2pm</b>. (link to be provided closer to the date). There will be a 20 mins presentation followed by a 20 mins question/answer period. Students who attend may have an opportunity to complete a work experience at their other location in East Vancouver</p>
<p><b>Work Experience Opportunities</b></p>	<p><b><u>Tutors Needed for Elementary School Students</u></b></p> <p>Highschool students needed to tutor grade 3 -6 students. Tutoring sessions will happen 1-2 per week, for 30 – 60 min, via Zoom, at time that works for both of you. The elementary students primarily need help with math, but you do not need to be a math expert, as you will be tutoring grade 3-6 level. Applicants should be friendly, patience and enjoy working with kids. If you are interested see Ms G in the Career Centre.</p>

**SCHOOL GOALS:**

Goal 1: To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.






Goal 2: To increase student awareness, understanding and practice of healthy living.

	<p style="text-align: center;"><b><u>SFU Summer Camps</u></b></p> <p>SFU Summer Camps are seeking volunteers for their children's summer camps. Volunteering for SFU Camps offers practical experience in a safe &amp; fun environment. Volunteers will get an opportunity to work with children &amp; youth, build leadership skills, meet new people and have a rewarding summer as part of SFU Athletics &amp; Recreation! SFU Camps will be holding an <b>info session on Wednesday February 10 at 3pm on Zoom</b>. (link to be posted closer to the date) Find out more about the various camps and opportunities available, and learn how to apply to be a volunteer</p>
	<p style="text-align: center;"><b><u>BC Technology for Learning Society</u></b></p> <p>BC Technology for Learning is a computer refurbishing company located in behind Costco, and only a 20min walk from school. They are looking to host work experience volunteers for 6 weeks, <b>starting February 1 and ending March 12</b>. If you have an interest in computers or technology, or you just want to try out a behind the scenes work environment, this is a fantastic opportunity. All training is provided. Only open Monday to Friday during the day <u>this will only work for students who have a spare block in Quarter 3</u>. You would work 2-3 shifts per week for 6 weeks. Shifts are either 8am - 11am or 1pm - 4pm. If you are interested, please email Ms Manning at : <a href="mailto:Jennifer.Manning@burnabyschools.ca">Jennifer.Manning@burnabyschools.ca</a> Please include your first and last name and student number in your email.</p>
	<p style="text-align: center;"><b><u>NDP Burnaby Deer Lake Youth Council (DLYC)</u></b></p> <p>The NDP DLYC is a partisan, youth-based council, led by Burnaby - Deer Lake's BCNDP MLA Anne Kang. The Council facilitates different kinds of community projects and partisan works, and engages in projects such as phone bank campaigns, food bank volunteering and fundraising. There are multiple leadership teams in the DLYC, including: data management, graphic design, wechat, archive, e-newsletter, certificate, phone bank, flyering, and event planning. When you first join the council, you will join a leadership team according to your interest. The team leader will help you with your tasks and roles. Once you become familiar with your roles and the preceding team leader graduates, you will have the opportunity to take on the role of a team leader. The time commitment is around 2-3 hours every week. However, this varies depending on the intensity of each project. For more information and to apply please visit the Career Centre.</p>
	<p style="text-align: center;"><b><u>Vancouver Film School – Creative Break High School Camps</u></b></p> <p>VFS is offering virtual programs over Spring Break. Each program explores related careers in the entertainment industry. Workshops are led by experienced professionals in Visual Art &amp; Design, Animation&amp; Visual Effects, Acting, Makeup, Digital Design, Film Production and Writing. Sign up for the area you are interested in exploring. <b>March 15-16</b> or <b>March 17-18</b> or <b>March 22-23</b> – 9am – 4pm daily. There is a cost to this program - \$150. per workshop. Click <a href="#">HERE</a> to register</p>
	<p style="text-align: center;"><b><u>Emily Carr Spring Break High School Art Camps</u></b></p> <p>Explore popular studio practices in art + design in these hands-on courses taught by experienced instructors. With a focus on foundational skills and creative process, these courses are designed to engage students ages 15-18 across all levels of experience. Fee for each course \$289. <b>March 15 – 19</b> : Stop Motion Animation   Monday - Friday, 9am - 12pm and Character Illustration   Monday - Friday, 1pm - 4pm. <b>March 22 – 26</b> : Introduction to Architecture Design   Monday - Friday, 9am - 12pm and Introduction to Industrial Design   Monday - Friday, 1pm - 4pm.</p> <p>To register click <a href="#">HERE</a></p>

**SCHOOL GOALS:**

Goal 1: To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.







Goal 2: To increase student awareness, understanding and practice of healthy living.

 <p><b>LaSalle College</b> Vancouver</p>	<p align="center"><b><u>LaSalle College Structured Work Experience and Training (SWEAT)</u></b></p> <p>Explore creative career opportunities in our workshops as you learn to create project-based portfolio work with industry-related technology and equipment. Be inspired! <b>March 22 to 25 – 8:45 a.m. to 5 p.m.</b> Fee : \$150. Participate in one of our hands-on workshops in the following areas and receive 30 hours of work experience: 3D Modeling, Animation &amp; VFX   Game Design &amp; Programming   Professional Recording Arts   Photography   Culinary Arts and Baking &amp; Pastry   Fashion Design &amp; Marketing   Graphic Design   Interior Design To register click <a href="#">HERE</a></p>
	<p align="center"><b><u>Burnaby Youth –Youth Mentor Program</u></b></p> <p>Burnaby Junior Youth is looking for high school students (ages of 15-18) who want to get involved in their community. The program trains teens and young adults to mentor younger peers aged 11 to 14, through the junior youth program. Each week you will meet with your junior youth group for 2 hours, to go through lessons and activities, and to continue growing your friendship with them. The junior youth program uses a curriculum that is designed with the aim of helping 11-14 year olds develop their language abilities, excel in school, and become active agents of positive change in their communities. As a youth mentor, you work to create a joyful environment and guide junior youth through this curriculum, with stories containing meaningful themes and activities, arts, drama, and community service projects. Apply <a href="#">HERE</a></p>
	<p align="center"><b><u>Volunteer Burnaby – Call for Virtual Volunteers!</u></b></p> <p>Do you have a passion for teaching others? Do you enjoy performing or playing a musical instrument? Do you carry a set of skills you would like to share with others? We are looking for volunteers to take part in our 'VB Virtual Series' project aimed towards providing members of our community with entertainment and a sense of connection. We are accepting submissions from volunteers in the form of tutorials, classes, informative webinars, or performances. This content is shared online as a weekly event that the entire community can enjoy from their homes. There are no limitations as to what type of content we are accepting - use your imagination! Here are some examples for what kind of content you could send us are:</p> <ul style="list-style-type: none"> <li>• Performances - musical instruments, dance, spoken word, or art performances!</li> <li>• Tutorials - sports, design, mechanics, textiles, art, music, writing, film, photography, organization, etc.</li> <li>• Webinars - informative classes on any topic that you are interested in!</li> </ul> <p>To sign up <a href="#">HERE</a></p>
	<p align="center"><b><u>Vancouver Food Bank – Winston Street Location (near Costco)</u></b></p> <p>Sign up to volunteer at the Winston Street warehouse – help sort the hundreds of donations that arrive at the foodbank every day. Volunteers are asked to commit to one shift per week, for a minimum of 2 months – you pick the dates and times that work for you! You can even sign up with a friend! For more details about how to sign up please go to the Career Centre and pick up an info sheet.</p>
	<p align="center"><b><u>Burnaby Hospice Society Thrift Store</u></b></p> <p>6843 Kingsway, Burnaby - Volunteers perform a wide range of duties from sorting and pricing donations and checking electronics and small appliances to helping customers or being a cashier or wrapper. Click <a href="#">HERE</a> to apply</p>

SCHOOL GOALS:

Goal 1: To improve students’ reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

Goal 2: To increase student awareness, understanding and practice of healthy living.

<p><b>Mountain Reports</b></p> 	<p style="text-align: center;"><b><u>Basketball</u></b></p> <p>Junior and Senior Basketball is back for quarter 3. Please complete the online <a href="#">FORM</a> available under the athletics department tab on the school website, on the @BMSSathletics Instagram page or from the following QR code</p> 
	<p style="text-align: center;"><b><u>Grad Council Announcement</u></b></p> <p>The Grad Merch has arrived and you will be able to pick it up at the Career Centre this <b>Thursday January 28 and Friday January 29 @ lunch</b>. You will only be able to pick up your own order. Can not pick up on behalf of anyone else. Thank you all for your patience.</p>
	<p style="text-align: center;"><b><u>Grade 12 – Scholarship Information</u></b></p> <p>Please visit the <b>Scholarship Teams Page</b> New scholarships have been added</p>
	<p>Reminder to all <b>Grade 11 students to check the CLC11 Team</b> and make sure you are caught up on all your assignments. You will receive a letter grade on your Q2 Final Report Card.</p> <ul style="list-style-type: none"> <li>CLC11 &amp; CLC12 are MANDATORY courses for graduation</li> </ul>
	<p style="text-align: center;"><b><u>Poster Contest</u></b></p> <p>The <b>Burnaby Public Library</b> is having a poster art contest. Design a poster around the theme "Perfect World". The artwork can be created in any medium - then enter digitally. <b>Contest closes January 31, 2021</b>. For more information, come to the library</p>

SCHOOL GOALS:

Goal 1: To improve students’ reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

Goal 2: To increase student awareness, understanding and practice of healthy living.