



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.



REMEMBER TO WEAR YOUR MASK

Respect

Excellence

Responsibility

Student Bulletin

Date: Tuesday, December 15th, 2020

No Student First Aid



DAILY HEALTH CHECK

Key symptoms of illness	Do you have any on the following key symptoms?	Circle One	
	Fever	Yes	No
	Chills	Yes	No
	Cough or worsening of chronic cough	Yes	No
	Shortness of Breath	Yes	No
	Loss of sense of smell or taste	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No
International Travel	Have you returned from travel outside of Canada in the last 14 days	Yes	No
Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	Yes	No
<p>If the student answers "YES" to one of the questions included under "Key Symptoms of Illness" (excluding fever), the student should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.</p> <p>If you answered "YES" to two or more of the questions included under "Key Symptoms of Illness" or the student has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, the student should not return to school until covid-19 has been excluded and your symptoms have improved.</p>			
Check BCCDC's Symptoms of COVID-19 regularly to ensure the list is up to date.			

TIMELINE	
	<p>Grads 2021 can book their individual and small group photo session with Artona now. Artona's mobile studio will be set up at Burnaby Mountain Secondary (not the Artona studio in Vancouver) from January 4-16th 2021. Please book using this link.</p> <p>https://artona.com/schools/BMOU/programs/graduation</p>
Library	<p>Bookmarks</p> <p>Finally, after many months of waiting, the winning 2019/20 bookmarks are printed and waiting for you. Congratulations to the winners: Caio Conradt, Piyatida Cooper, Stephanie Liu, Daniela Lorenz Vincente, Garrett Scheer, and Krista Traboulay! Winners should come by the library for their prizes and all the rest of you should come to get a fabulous new bookmark (and some holiday reading).</p>
Library	<p>Poster Contest</p> <p>The Burnaby Public Library is having a poster art contest. Design a poster around the theme "Perfect World". The artwork can be created in any medium - then enter digitally. Contest closes January 31, 2021. For more information, come to the library.</p>
	<p>Cafeteria Service</p> <p>Last day of cafeteria service will be Thursday, December 17th.</p>
Careers	<p>Purdy's Orders</p> <p>Purdy's orders are now available for pick up in the Careers Centre.</p>
Mr. Ko	<p>Yearbook Surveys</p> <p>Please fill in the survey for your grade to have your opinions included in this year's yearbook. Deadline to complete the surveys is December 11, 2020.</p> <p>Staff Survey</p>

SCHOOL GOALS:

Goal 1

To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

Goal 2

To increase student awareness, understanding and practice of healthy living.

	Grade 12 Survey Grade 11 Survey Grade 10 Survey Grade 9 Survey Grade 8 Survey
Dec 14 th -18 th	<p align="center"><u>Clothing Drive</u></p> <p>Do you have any lightly used or new clothing to donate? The Grade 9 council and the Youth in Action club is collecting gently used or new clothing, gloves, hats, bags, and footwear for Big Brothers of Greater Vancouver to support mentorship programs for children in our community. Bring your donations to the upper commons at lunch from December 14th- 18th. Thank you for your support!</p>
Dec 14 th -18 th Mr. Rolph	<p align="center"><u>WINTER SPIRIT WEEK - December 14th-18th</u></p> <p>Monday (14th) - <u>Snow Globe Messages:</u></p> <ul style="list-style-type: none"> Come down to the LOWER COMMONS to write a positive and jolly message to put up on our tree! You will receive SANTA BUCKS by participating <p>Tuesday (15th) - <u>Ugly Sweater and Christmas Socks:</u></p> <ul style="list-style-type: none"> Wear your most festive gear to school. Collect your SANTA BUCKS at the table in the upper commons <p>Wednesday (16th) - <u>PJ Day</u></p> <ul style="list-style-type: none"> Roll out of bed and wear your PJs to school. Collect your SANTA BUCKS at the table in the upper commons. <p>Thursday (17th) - <u>Grade Council Feature Day</u></p> <p>Support your grade councils by participating in their events</p> <ul style="list-style-type: none"> Grade 8s: Reindeer Scavenger Hunt (Receive SANTA BUCKS by finding printed reindeers around the school) Grade 9s: Donate to the clothing drive Grade 10s: Participate in the online school trivia (Receive SANTA BUCKS by showing proof that you've completed it) Grade 11s: Buy your Christmas Cards! 1/\$1.50. Or participate in the AMONG US game after school on Dec 17th Grade 12s: Participate in the Acts of Kindness bingo to be entered into a prize draw. Prize TBA <p>Friday (18th)</p> <ul style="list-style-type: none"> SANTA BUCKS PRIZE WINNERS ANNOUNCED - @9am Secret Santa Delivery (during Block 3 by Larry the Lion) BMSS LIGHTS (in the multipurpose room - by sign up - with your cohort)
<p align="center">December 7th-11th , 2020 Career Centre <i>Weekly News</i> Work Experience Opportunities</p> <p><u>Volunteer Burnaby – Call for Virtual Volunteers!</u></p> <p>Do you have a passion for teaching others? Do you enjoy performing or playing a musical instrument? Do you carry a set of skills you would like to share with others? We are looking for volunteers to take part in our 'VB Virtual Series' project aimed towards providing members of our community with entertainment and a sense of connection for those who feel isolated and disconnected due to COVID19. We are accepting submissions from volunteers in the form of tutorials, classes, informative webinars, or performances. This content is shared online as a weekly event that the entire community can enjoy from their homes. There are no limitations as to what type of content we are accepting - use your imagination! Here are some examples for what kind of content you could send us are:</p> <ul style="list-style-type: none"> Performances - musical instruments, dance, spoken word, or art performances! Tutorials - sports, design, mechanics, textiles, art, music, writing, film, photography, organization, etc. Webinars - informative classes on any topic that you are interested in - share your knowledge with your community! <p>To sign up go to : https://www.govolunteer.ca/centres/burnaby/volunteer-burnaby-virtual-series-volunteers</p> <p><u>Big Brothers Big Sisters - Big Buddies Program</u></p> <p>Be a Big Buddy to an elementary aged child from a local elementary school. Virtual Meeting every Tuesday, Wednesday or Thursday from 3:45-5:00pm, now to May. An adult leader will organize activities for each meeting.</p>	



Burnaby Mountain Secondary

8800 Eastlake Drive, Burnaby, BC V3J 7X5 [Tel: 604-296-6870](tel:604-296-6870) Fax: 604-296-6873 W: mountain.burnabyschools.ca



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Apply NOW: <https://www.bigbrothersvancouver.com/get-involved/volunteer/teen-mentor/teen-mentoring-application/>

Vancouver Opera Mentorship Program

This program is designed for Grade 12 students who have an interest in Theatre, Music or the Arts. Mentorships are available in every area of the company including artist development, arts administration, and production. Students selected for the program will be matched with staff and/or artists from Vancouver Opera. Register for the Capstone Mentorship Program here:

<https://forms.gle/shmzsGk6JNztKZEh9>.

Post Secondary Info Sessions

This Week at a Glance: Monday –BCIT – Digital Arts, Media & Design

Tuesday – SFU – Programs in French and Bilingual Degree options

BCIT – Accounting Finance & Insurance

Douglas College – Community Studies/ Health Sciences / Science & Tech

Wednesday – SFU – Beedie School of Business

BCIT – Broadcast & Media Communications

JABC – Law Enforcement Studies

Thursday - Uvic – Chemistry and Biochemistry & Microbiology

Douglas College – Humanities & Social Sciences / Language, Literature and Performing Arts /Engineering, Enviro. and Sports Science

BCIT Upcoming Info Sessions

BCIT is hosting various upcoming Virtual Info Sessions for different programs. Visit this link and click on the department to find out more info: <https://www.bcit.ca/infosessions/>

Examples include: <https://www.bcit.ca/events/category/infosession/business-media/list/>

Digital Arts, Media & Design – Dec 7 5:30 – 7:00pm

Accounting Finance & Insurance - Dec 8 5:30 – 7:00pm

Broadcast & Media Communications - Dec 9 5:30 – 7:00pm

SFU Beedie School of Business – Various Open House Info Sessions

We will be hosting webinars on **Wednesdays at 4pm**. All are welcome to attend, and registration can be made at beedie.sfu.ca/bachelor-of-business-administration-webinars. Our interactive viewbook, complete with stats, student testimonials, and video is now available!

Go to bottom of the page on beedie.sfu.ca/bba to take a look.

You can also book a video conference chat with a current SFU Beedie student or one of our advisors at sfubeedie.janeapp.com.

Douglas College Virtual Open House

Douglas College is offering a variety of Virtual Info Sessions. For more info : <https://www.douglascollege.ca/future-students/explore-douglas/information-sessions>

Applied Community Studies (Early Childhood Education / Social Worker and more) **Dec 8 5:00pm**

Health Sciences (Nursing / Health Care Support Worker and more) **Dec 8 5:00pm**

Science & Technology (Veterinary Technology / Dispensing Optician and more). **Dec 8 5:00pm**

Commerce & Business Admin (Accounting / Marketing and more) **Dec 10 5:00pm**

Humanities & Social Sciences (Psychology) **Dec 10 5:00pm**

Language, Literature & Performing Arts (Music/ Stagecraft Tech/ Teaching English) **Dec 10 5:00pm**

Science & Technology (Engineering/ Environmental Science/ Sports Science) **Dec 10 5:00pm**

EXPLORE SFU Online Open House Information Sessions

Curious about what SFU offers? Want to learn about specific faculties and programs? Join us for our Explore SFU series! In each session we'll provide an overview of SFU, cover admission requirements and feature a different faculty each week through the Fall! There will be a Q&A portion within the sessions for you to ask your questions.

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Date	Time (PST)	Featured faculty
Tuesday, October 13	5:00 to 6:00 pm	Faculty of Science
Tuesday, October 20	5:00 to 6:00 pm	Faculty of Health Sciences
Tuesday, October 27	5:00 to 6:00 pm	Faculty of Applied Sciences
Tuesday, November 3	5:00 to 6:00 pm	Faculty of Arts and Social Sciences
Tuesday, November 10	5:00 to 6:00 pm	Beedie School of Business
Tuesday, November 17	5:00 to 6:00 pm	Faculty of Environment
Tuesday, November 24	5:00 to 6:00 pm	Faculty of Education
Tuesday, December 1	5:00 to 6:00 pm	Faculty of Communications, Arts and Technology
Tuesday, December 8	5:00 to 6:00 pm	Programs in French and Bilingual Degree options

To register go to : <https://www.sfu.ca/students/admission/campus-tours/webinars/bc.html>

University of Victoria - Chemistry and Biochemistry & Microbiology

Thursday, December 10 6:30 PM - 7:30 PM Explore our faculties and the unique experiences they offer for UVic students. Register online at : <https://my.uvic.ca/Ellucian.ERecruiting.Web.External/Pages/EventDetails.aspx?id=30c51b92-6818-eb11-9442-0050568518f9>

JIBC Law Enforcement Studies Virtual Info Session

December 9, 7 – 8:30pm. Discover what it takes to pursue a career in law enforcement or public safety at an upcoming virtual information session for the Law Enforcement Studies diploma and degree programs offered through the [Justice Institute of British Columbia](#) (JIBC). Learn about the education, applied skills and specialized knowledge required to become a superior candidate in the recruiting process. Click here to [Register online](#) to participate in this virtual information session. A link to the online event will be provided on the day of the event to the email address provided when registering via [Eventbrite](#).

Kwantlen Polytechnic University – Health Care Assistant Program Info Session

Wednesday December 16, 4:30 – 5:30pm The Health Care Assistant Program (HCAP) at KPU is designed to provide students with the opportunity to develop the knowledge, skills and values necessary to function as caregivers in a variety of healthcare settings including working in a seniors care home. Health Care Assistant students will gain hands-on experience through working with adults who may be experiencing diverse and often complex health and illnesses. Join us at the information session to learn about the admission requirements, application process, required competencies and standards to work as a registered health care assistant in British Columbia. Register at : <https://www.kpu.ca/info-sessions/health/hcap/dec-16>

Other Opportunities :

Sasamat Outdoor Centre’s Winter Leadership Programs for high school students

We host two winter leadership programs that take place from January to mid May, over Zoom, for high-school youth from grades 10 and up. Our leadership 1 program is designed to teach the skills and qualities of an effective leader. L1 is perfect for those looking to gain skills, work experience, volunteer hours, and have a lot of fun. Weeknight sessions are complimented by weekend trips and overnights at Sasamat Outdoor Centre where participants may opt to gain certifications in Standard First Aid, Food-Safe BC, High-Five, and RCABC Canoeing levels. Cost : \$75
For more info : https://sasamat.org/cgi/page.cgi?_id=40