



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Respect

Excellence

Responsibility



Student Bulletin

Date: Friday Feb. 8<sup>th</sup>, 2019

Day 1







This Week’s First Aid Attendants are: Rachel Su and Naomi Huang

TIMELINE	
<div>Early Bird price cut off is Feb 8<sup>th</sup>.</div> <div>1 DAY</div>	<div>Now is the time to get registered to be part of the <i>Burnaby Mountain Secondary School Sun Run Team</i>. Our school is online for 2019 registration. We love having our entire BMSS community to be a part of our team. Sign up as part of our school team and continue to get the cheapest rate possible.</div> <div><b>Now is the time to get registered to be part of the <i>Burnaby Mountain Secondary School Sun Run Team</i>. Our school is online for 2019 registration. We love having our entire BMSS community to be a part of our team. Sign up as part of our school team and continue to get the cheapest rate possible.</b></div> <div><b>Last year we won the school division for the fastest team.</b> We hope to defend that title again this year. But we would also like to have the <b>biggest team</b> possible. So even if you aren't fast... we still want you! It's all about having a fun community day.</div> <div><b>Sun Run Info click <a href="#">here</a></b></div> <div><div><b>VANCOUVER</b> <b>SUNRUN</b> <b>35 YEARS RUNNING</b></div><div><small>PRESENTED BY</small>  <small>Go Further</small></div></div>
	<b>NO NEW ANNOUNCEMENTS</b>
<div>NEW</div>	
<div>Feb 8</div> <div>Ms. Worobets</div> <div></div>	<div><b>THE RANDOM ACTS OF KINDNESS CHALLENGE HAS BEGUN!</b></div> <div>Take a few minutes each day to find ways that you can brighten someone's day with a random act of kindness. Students who complete 10 or more in the month of February will receive a lock to put in our school love lock display at the end of the month. If you did not receive a random act of kindness calendar, ask your period 5 teacher, or see Ms. Worobets in the dance office (room 123).</div> <div>"The world is full of kind people. If you can't find one, be one."</div>
<div>Feb 8</div> <div>Ms. Manning</div>	<div><b>Work Experience Opportunities:</b></div> <div><b>Port of Vancouver Leadership Program</b> - summer opportunity for Grade 10 &amp; 11 students assisting the Port of Vancouver community relations team at various community events throughout the Lower Mainland. Includes training to build leadership skills, develop public speaking and presentation skills &amp; gain knowledge about the Port of Vancouver. Applications must be submitted by Friday, February 8<sup>th</sup>.</div> <div><div>NEW!</div><div><b>New Westminster Student Police Academy</b> – any student in Grade 11 or Grade 12 with an interest in policing, come by to find out more about the New Westminster Police Department Student Police Academy, July 2-12, 2019.</div></div> <div><div>NEW!</div><div><b>SFU Invent The Future Artificial Intelligence Scholars Program</b> – a 2-week summer program for young women in Grade 10 or 11 interested in artificial intelligence. The program runs at SFU and will provide you with hands-on experience in computer science and technology.</div></div> <div><div>NEW!</div><div><b>Vancouver Community College Architecture/Drafting Workshop</b> – this is for students in Grade 11 or 12 interested in attending a self-directed workshop in AutoCad drafting software during March Break.</div></div> <div><div>NEW!</div><div><b>SFU Summer Camps</b> – seeking volunteers for their children’s summer camps. They will be at our school at lunch in the upper commons this Friday, February 8<sup>th</sup> to give out more information.</div></div> <div><b>Place Des Arts Spring Break Camp Volunteer</b> – seeking reliable, enthusiastic volunteers to assist with their creative and lively children’s Spring Break Camps March 18 -22. Full day and half day shifts available.</div> <div><b>BCIT Biotechnology Career Awareness Workshop</b> - April 2019 – for Grade 11 or 12 students interested in learning more about the biotechnology industry - includes hands-on lab experiences &amp; career options information</div> <div><b>Stanley Park Easter Train</b>- April 18-22 – various positions available including ticket checker &amp; kids activity host</div> <div><b>Animal Logic Animation Studio</b> – March Break opportunity for Grade 11 students interested in animation &amp; visual effects. This studio co-created Lego Movie 2! – An exciting opportunity to gain insight into this growing industry.</div> <div><b>MineralsEd March Break Assistant</b>– MineralsEd provides educational materials related to Earth Sciences, mineral resources and mining, to teachers in BC. MineralsEd assistants help in the assembly of teaching materials (i.e. compiling experiment kits as well as basic office work (i.e. data entry &amp; filing) March 18 – 22, 8am – 4pm daily.</div> <div><b>March Break Work Internship at Hunter Dickinson Inc</b> - large mineral &amp; mining company in Vancouver offering an exciting opportunity for Grade 11 &amp; 12 students – 4 areas are available to apply and include reception, resource and database, tax accounting and risk and compliance. Gain office computer skills &amp; learn more about this industry.</div>

SCHOOL GOALS:

- Goal 1
- To improve students’ reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.
- Goal 2
- To increase student awareness, understanding and practice of healthy living.

	<p><b><u>Vancouver International Children's Festival</u></b> – seeking volunteers in Grades 10-12 for this year's festival May 27-June 2, 2019. The Festival offers multiple opportunities for students interested in future careers in Arts Administration, Event Management, Business, Sales, Tourism, and Early Childhood Education.</p> <p><b><u>LJ Christmas Manor</u></b> –Movie program for seniors seeking volunteers every Saturday from 12:30 pm – 3 pm.</p> <p><b><u>Career Exploration Workshops and Open Houses:</u></b></p> <p> Kwantlen Polytechnic University – Surrey Campus Open House – Saturday, February 9<sup>th</sup> 11 am – 3 pm</p> <p> <b><u>Digital Media Youth Expo</u></b> - Sat Feb 9<sup>th</sup> noon – 3pm @ Argyle Secondary North Van- FREE</p> <p><b><u>VCAD Visual College of Art and Design High School Workshop Week (Spring Break)</u></b> – learn Photoshop &amp; Design Conceptualization, and see demos in Graphic design, 3-D animation, fashion design and more. (There is a cost for the program)</p> <p><b><u>LaSalle College</u></b> – attend a LaSalle College workshop March 25-28, 2019 and explore creative career opportunities in one of these areas: 3D Modeling &amp; Animation, Game Design &amp; Programming, Visual Effects for Film &amp; TV, Professional Recording Arts, Photography, Digital Film &amp; Video, Culinary Arts and Baking &amp; Pastry, Fashion Design &amp; Marketing, Graphic Design, and Interior Design (there is a cost for the program)</p> <p><b><u>Vancouver Film School</u></b> - attend VFS over Spring Break for two fun-filled days exploring careers in the entertainment industry. Workshops are led by experienced professionals in VFX, Classical Animation, Acting, Makeup, Digital Design, Film Production, Writing and Sound Design. Sign up for the area you are interested in exploring. March 18 &amp; 19 or March 20 &amp; 21. (There is a cost for the program)</p> <p><b><u>Green Bricks Career Conference</u></b> – come learn about exciting career opportunities in the “green economy” at this conference on Saturday, March 2 9:00 pm – 2:30 pm at the Hilton Metrotown. Careers showcased include ones in renewable energy, environmental engineering, green transportation, etc.</p> <p><b><u>Arts Umbrella Visual Art Summer Intensive</u></b> – students ages 15-19 interested in advancing their visual art practice can sign up for this intensive program August 6-23, 2019. (There is a cost for the program)</p> <p><b><u>BCIT Big Info Night</u></b> – Students interested in any of BCIT's multiple programs in trades, business, computing, health and engineering should attend their Info Night on Wednesday, February 20<sup>th</sup> 4:30 pm – 7:30 pm. Register at <a href="https://commons.bcit.ca/biginfo/">https://commons.bcit.ca/biginfo/</a></p> <p><b><u>UBC Sauder School of Business</u></b> – upcoming Bachelor of Commerce Info Sessions are scheduled for January 25<sup>th</sup>, February 15<sup>th</sup>, February 22<sup>nd</sup>, and March 25<sup>th</sup>. Pick up an info handout in the Career Centre or register at <a href="https://www.eventbrite.com/o/ubc-sauder-undergraduate-office-8557797163">https://www.eventbrite.com/o/ubc-sauder-undergraduate-office-8557797163</a></p> <p><b>MANY OF THESE OPPORTUNITIES, WORKSHOPS AND OPEN HOUSES CAN COUNT FOR WORK EXPERIENCE HOURS – BUT . . . YOU MUST GET PAPERWORK FROM THE CAREER CENTRE BEFORE YOU GO</b></p> <p><b><u>Paid Employment</u></b></p> <p><b><u>City of Burnaby Program Leader – Summer Service</u></b> If you are interested in working with children this summer and have some work experience working with <b><u>Pedal heads Spring Break Bike Camp Instructor</u></b> – Looking for a FUN way to make money during Spring Break? Apply to be a Pedal heads Bike Camp Instructor. No previous instructor experience necessary. Guaranteed interview. Deadline to apply is Feb 8.</p> <p><b><u>Elections Canada</u></b> is hiring for the upcoming Federal By-election in Burnaby South (February 25, 2019) and for the Federal Election next fall (October 2019). Applicants must be age 16+ at the time of the election. Come to the Career Centre for more info.</p>
Feb 11 Mr. Teixeira	<p><b><u>Golf Team</u></b> Anyone interested in playing on the Golf team this season there will be a information meeting on <b>Tuesday, February 12, 2019</b> at lunch in the Weight room. Experience is required.</p>
Feb 11 Ms. Temple	<p> <b><u>SHREK THE MUSICAL</u></b> Are you desperate and lonely and have nothing to do with your time? Well you'll have no trouble relating to Donkey in Shrek the Musical! It runs May 1–4 and 8–11 and until Valentine's day, tickets are buy 2 get 1 free. Tickets are available outside the drama room at lunch.</p>
Feb 14 Mr. Rolph 	<p><b><u>IT'S VALEN TIMES!</u></b> Show some love, show some spirit between February 11 and February 14th.</p> <ul style="list-style-type: none"> <li>♥ Get your matchmaker results from grade 11 council throughout the week for just \$2.</li> <li>♥ Wear red or pink on Monday the 11th and get a treat from your student council.</li> <li>♥ Come to the lower commons and enjoy some live music on Tuesday the 12th. This will also be a staff appreciation day.</li> <li>♥ On Wednesday, come to the lower commons to buy treats from your grade councils.</li> <li>♥ We wrap up Valentines on the 14th with Twin Day and photos with the giant Love ball. Celebrate your friendships by dressing alike and taking pictures with each other at lunch in the lower commons.</li> </ul>
Feb 15 Mr. Ko	<p>Students interested in writing the Canadian Computing Competition on February 20, please see Mr. Ko in room 319 for more information. Space is limited.</p>
Feb 28 Ms. Panesar	<p><b><u>DIVERSITY DANCE!</u></b> Wednesday March 6<sup>th</sup> the Burnaby School District will be hosting its third annual District Diversity Dance! This dance is open to all high school students in the Burnaby and New West school districts, in the spirit of celebrating the diversity and inclusivity of our students. The dance will be held from 6pm-9pm at Byrne Creek Community School. Tickets will go on sale in the school office from Monday February 4 until Tuesday March 5 for \$10. There are only 35 tickets available per school, so buy them early to avoid missing out. The theme of the dance is “Superheroes” so wear your best themed outfits! Hope to see you all there!</p>



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Burnaby Mountain Secondary PHE 9 – Gymnastics Unit

February 4 – 15 2019

Times that classes will start & end (60 minutes) Cost is \$5.50 per student per class = \$22.00 (4 classes)

1 & 5 – 8:30-9:30am

2 & 6 – 10:30-11:30am

3 & 7 – 12:15-1:15pm

4 & 8 – 2:00-3:00pm

Please check transit schedule and fill out a consent form for students to complete & make sure students have paid their course fee

Friday Feb 8 Day 1  Fitness Friday No Gymnastics	Monday Feb 11 Day 2 - Lesson 3  5 – Sheila Chapman 6 – Greg Davis 7 – Larry Ryan 8 – J. Richardson/L. Ryan	Tuesday Feb 12 Day 1 - Lesson 3  1 –Jana Demelo 2 – Larry Ryan 3 – S. Sacilotto/D. Lewis 4 – Greg Davis
Wednesday Feb 13 Day 2 - Lesson 4  5 – Sheila Chapman 6 – Greg Davis 7 – Larry Ryan 8 – J. Richardson/L. Ryan	Thursday Feb 14 Day 1 - Lesson 4  1 –Jana Demelo 2 – Larry Ryan 3 – S. Sacilotto/D. Lewis 4 – Greg Davis	Friday Feb 15 Day 2  Fitness Friday No Gymnastics

Mr. Richardson

Female Athlete of the Month: Gboya Male

Gboya is a member of the senior girls’ basketball team and has played basketball at Burnaby Mountain since grade 9. She has showed tremendous growth since playing her first game at Mountain. Gboya’s commitment to practice has not gone unnoticed and is a major reason why her game continues to improve. Gboya never quits on a play, and this attitude is especially apparent on defense; she pursues the ball tenaciously to great effect. Gboya leads the team in turnovers and is a potent perimeter shooter. In addition Gobya is a fantastic teammate, as she leads by example on and off the court. The other team is certainly aware of Gboya every time she steps on the court, and we are glad she’s on our side.

Male Athlete of the Month: Deon Johnson

Hard work, determination, and resilience don’t even begin to describe Deon. He has been a force for the Grade 8 boys so far this year. Deon is constantly working on his game before school, at lunch, after school or whenever he has a spare moment. He leads by example on the court and never lets external factors influence his game. Deon is also a hero, he recently saved his family members from a house fire, but you would never know it by his humble exterior. He is the epitome of what a teammate should be, and his teammates are glad to call him just that.

Coach: Matteo Bonamin

Coach Bonamin is the coach of the grade 8 boys’ basketball team. His team finished the season with an 8-2 record. In addition, the grade 8 boys went undefeated at both the Capilano and South Delta tournaments. He is a passionate coach who has drilled the fundamentals as well as a highly effective offensive structure. He has received assistance from Thomas Leung and John Huang this season. This group of student athletes are off to a great start all thanks to the vision of coach Bonamin.

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