



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Respect

Excellence

Responsibility

Student Bulletin

Date: Thursday Jan 31st, 2019

Day 1



This Week's First Aid Attendants are: Isabella Mitterboeck and Cynthia Chen

TIMELINE	
No New Announcements	
Jan 31 Ms. Haywood	ATTENTION ALL GRADS: Grad hoodies are now on sale. We will have samples to try on January 24th, January 30th, and January 31st in the Upper Commons! You should receive an order form in your English class or you can grab an extra one in Room 206. Return both order form and payment of \$45 to Ms. Logan in the office by February 14, 2019
Jan 31 Mr. Richardson	NETBALL MEETING: Attention Netball player's, there will be a meeting Thursday Jan 31st at 3 pm in the wrestling room. All grades welcome and no previous experience necessary. Come out and defend our district banner!
Jan 31 Ms. D.C.	FILM and ANIMATION OPEN HOUSE Capilano University Saturday, February 9. 11:00 a.m. to 3:00 p.m.
Jan 31 Ms. Reily	WATERLOO MATH CONTESTS The Waterloo math contests for grade 9 - 11 students are happening on February 26. If you are applying for enriched math next year or just love writing math contests, please get a form from your enriched math teacher or outside Ms. Reily's door (room 307). The forms are due Friday Feb. 1.
Jan 31 Mr. Richardson	<u>Female Athlete of December: Vera Danilova</u> Vera has been a tenacious defender and rebounder in the month of December. The team responds to her intense energy on the court. She averages 8 rebounds per game and is responsible for countless turnovers by the opposition due to her resilience and Grit. As a student of the game, she is always responsive to new learnings in basketball and continues to demonstrate much growth in all areas of the game. Come out and support our Sr girls on Senior night Jan 21st at 5:15 pm. <u>Male Athlete of December: Maxwell Yuen</u> Max Yuen is a member of the Jr Boys Basketball team and is December's male athlete of the month. Max has shown his commitment to the team on and off the court. He embodies what it means to be a student athlete and a team leader. Before practice Max can be found completing his academic requirements and is often surrounded by teammates while doing so. Max sets a great example for all athletes off the court, and this is no different when Max steps on the court. He never misses a practice and is a major contributor to the success of the Jr Boys this year, as they picked up a few injuries. In his teammates absence Max has really stepped up and carried much of the load. His jump shot is lethal and his ability to find an open teammate is what makes him a very effective threat. The Jr boys are a contender for the district banner this year and Max is a major reason why. Exciting times to come this February. <u>Coach of the Month: Mr. Sacilotto</u> Mr. Sacilotto or better known to the BMSS community as "Sach" and is December's Coach of the Month. He has committed a tremendous amount of his time toward the Juvenile Girls Basketball Team this year, both in practices and games. Mr. Sacilotto has gone above and beyond for his team and it has not gone unnoticed. He has scheduled numerous exhibition games and has challenged his team by playing junior teams. He is an excellent communicator and relates to his players on an individual level. He keeps practices light and fun, all while incorporating the fundamentals, fitness and structured set play. He always has his player's best interest at heart and knows when to push and when to pull back. "You can tell that he cares for all of us and that he has a lot of fun coaching." The Juvenile girls are first in their league are the favourite to bring home the district banner.
Feb 1 Mr. Culbert	YOUTH IN ACTION: POPCORN SALE Swing by the upper commons from Jan 30 th to Feb 1 st to enjoy some delicious popcorn in flavours such as chocolate and cheddar. All proceeds go to Covenant House, an organization geared towards homeless youth.
Feb 1 Ms. Wesling	SHREK THE MUSICAL Tickets are on sale now for Shrek the musical! For a limited 2 week window, January 31 st to Feb 14 th tickets are on sale. Buy 2 get 1 free! Adults are \$20 and student tickets are \$15. Don't miss out on this limited time offer!
Feb 1	WORK EXPERIENCE OPPORTUNITIES:

SCHOOL GOALS:

Goal 1

To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

Goal 2

To increase student awareness, understanding and practice of healthy living.

Ms. Manning **Port of Vancouver Leadership Program**- summer opportunity for Grade 10 & 11 students assisting the Port of Vancouver community relations team at various community events throughout the Lower Mainland. Includes training to build leadership skills, develop excellent public speaking and presentation skills and gain knowledge about the Port of Vancouver. Come to an Info Session on Wednesday, January 30th at 3 pm in the Career Centre!!

NEW! **Place Des Arts Spring Break Camp Volunteer** – seeking reliable, enthusiastic volunteers to assist with their creative and lively children’s Spring Break Camps March 18 -22. Full day and half day shifts available.

NEW! **BCIT Biotechnology Career Awareness Workshop** - April 2019 – for Grade 11 or 12 students interested in learning more about the biotechnology industry - includes hands-on lab experiences and career options information

NEW! **Stanley Park Easter Train**- April 18-22 – various positions available including ticket checker and kids activity host

NEW! **Animal Logic Animation Studio** – March Break opportunity for Grade 11 students interested in animation & visual effects. This studio co-created Lego Movie 2! – An exciting opportunity to gain insight into this growing industry.

NEW! **Place Des Arts Spring Break Camp Volunteer** – seeking reliable, enthusiastic volunteers to assist with their creative and lively children’s Spring Break Camps March 18 -22. Full day and half day shifts available.

Minerals Ed March Break Assistant– Mineral Ed provides educational materials related to Earth Sciences, mineral resources and mining, to teachers in BC. Minerals Ed assistants help in the assembly of teaching materials (i.e. compiling experiment kits as well as basic office work (i.e. data entry & filing) March 18 – 22, 8am – 4pm daily.

March Break Work Internship at Hunter Dickinson Inc. - large mineral & mining company in Vancouver offering an exciting opportunity for Grade 11 & 12 students – 4 areas are available to apply and include reception, resource and database, tax accounting and risk and compliance. Gain office computer skills & learn more about this industry.

Vancouver Art Gallery Work Experience – upcoming orientation for new volunteers is on Saturday February 9th from 10 am – 1 pm. If you have an interest in volunteering at an art gallery, please come by the Career Centre for more information and to sign up for the orientation.

Vancouver International Children’s Festival – seeking volunteers in Grades 10-12 for this year’s festival May 27-June 2, 2019. The Festival offers multiple opportunities for students interested in future careers in Arts Administration, Event Management, Business, Sales, Tourism, and Early Childhood Education.

LJ Christmas Manor –Movie program for seniors seeking volunteers every Saturday from 12:30 pm – 3 pm.

CAREER EXPLORATION WORKSHOPS AND OPEN HOUSES:

- NEW!** **Digital Media Youth Expo** - Sat Feb 9th noon – 3pm @ Argyle Secondary North Van- FREE
- NEW!** **Green Bricks Career Conference** – come learn about exciting career opportunities in the “green economy” at this conference on Saturday, March 2 9:00 pm – 2:30 pm at the Hilton Metro town. Careers showcased include ones in renewable energy, environmental engineering, green transportation, etc.
- NEW!** **Arts Umbrella Visual Art Summer Intensive** – students ages 15-19 interested in advancing their visual art practice can sign up for this intensive program August 6-23, 2019. (there is a cost for the program)
- NEW!** **VCAD Visual College of Art and Design High School Workshop Week (Spring Break)** – learn Photoshop & Design Conceptualization, and see demos in Graphic design, 3-D animation, fashion design and more. (there is a cost for the program)

Feb 2 **UNIVERSITY OF VICTORIA OPEN HOUSE:** Saturday, February 2, 2019
 Ms. D.C. Tour the UVic campus. Learn about student life from current students. Attend a lecture. Attend a recruitment presentation and an information fair. REGISTER: uvic.ca/explore

Feb 6 Grade 12's who have applied or will be applying to SFU: a rep from the school will be here at lunch time in the
 Ms. D.C. MPR on Wednesday February 6th.
 The representative will go over the following:
 - how to complete the application checklist
 - self-reporting of grades
 - how to check application status
 - when to expect an admissions offer
 - more information regarding scholarships and financial aid
 - next steps after receiving an admission offer to SFU
 - important dates and deadlines

There will also be a Q&A period following the presentation.



Now is the time to get registered to be part of the *Burnaby Mountain Secondary School Sun Run Team*. Our school is online for 2019 registration. We love having our entire BMSS community to be a part of our team. Sign up as part of our school team and continue to get the cheapest rate possible.
Last year we won the school division for the fastest team. We hope to defend that title again this year. But we would also like to have the **biggest team** possible. So even if you aren't fast... we still want you! It's all about having a fun community day.

Sun Run Info click [here](#)

Burnaby Mountain Secondary PHE 9 – Gymnastics Unit

February 4 – 15 2019
 Times that classes will start & end (60 minutes) Cost is \$5.50 per student per class = \$22.00 (4 classes)
1 & 5 – 8:30-9:30am



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2 & 6 – 10:30-11:30am
3 & 7 – 12:15-1:15pm
4 & 8 – 2:00-3:00pm

Please check transit schedule and fill out a consent form for students to complete & make sure students have paid their course fee

Monday Feb 4 Day 1 - Lesson 1 1 –Jana Demelo 2 – Larry Ryan 3 – S. Sacilotto/D. Lewis 4 – Greg Davis	Tuesday Feb 5 Day 2 - Lesson 1 5 – Sheila Chapman 6 – Greg Davis 7 – Larry Ryan 8 – J. Richardson/L. Ryan	Wed. Feb 6 Day 1 - Lesson 2 1 –Jana Demelo 2 – Larry Ryan 3 – S. Sacilotto/D. Lewis 4 – Greg Davis	Thursday Feb 7 Day 2 - Lesson 2 5 – Sheila Chapman 6 – Greg Davis 7 – Larry Ryan 8 – J. Richardson/L. Ryan	Friday Feb 8 Day 1 Fitness Friday No Gymnastics
Monday Feb 11 Day 2 - Lesson 3 5 – Sheila Chapman 6 – Greg Davis 7 – Larry Ryan 8 – J. Richardson/L. Ryan	Tuesday Feb 12 Day 1 - Lesson 3 1 –Jana Demelo 2 – Larry Ryan 3 – S. Sacilotto/D. Lewis 4 – Greg Davis	Wednesday Feb 13 Day 2 - Lesson 4 5 – Sheila Chapman 6 – Greg Davis 7 – Larry Ryan 8 – J. Richardson/L. Ryan	Thursday Feb 14 Day 1 - Lesson 4 1 –Jana Demelo 2 – Larry Ryan 3 – S. Sacilotto/D. Lewis 4 – Greg Davis	Friday Feb 15 Day 2 Fitness Friday No Gymnastics



Weight Training For Youth

Work with a certified personal trainer and get a functional full body workout. Learn how to best target each muscle group. Weight room orientation, training principles, and program design will also be covered.

Saturdays, 2:15-3:15pm
4 sessions, \$23.80
Jan 26– Feb 16 488725
Feb 23-Mar 16 488726

To register visit/call any Burnaby recreation centre or go to www.burnaby.ca/webreg

Cameron Complex
9523 Cameron St
604-297-4456



DEER LAKE SCHOOL CANOE PROGRAM

April 23-June 21, 2019

SCHOOL GOALS:

Goal 1

To improve students' reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

Goal 2

To increase student awareness, understanding and practice of healthy living.

Learn the basics of canoeing and beyond from certified RCABC canoe instructors on beautiful Deer Lake in the heart of Burnaby. This program meets the prescribed learning outcomes for the Physical Education integrated resource packages.

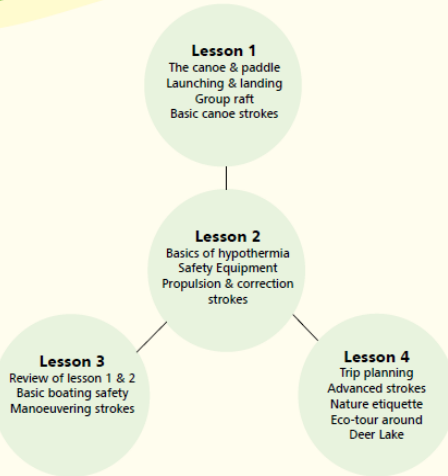
Lessons are designed for students in Grades 5 & up.	
Up to 10 *participants	\$77.25 for each 1.5 hr session + GST
Up to 20 *participants	\$154.50 each 1.5 hr session + GST
Up to 30 *participants	\$231.75 for each 1.5 hr session + GST
Up to 36 *participants	\$278.10 for each 1.5 hr session + GST

*Note: Participants include teachers and students who will be on the water

Bookings are on a first come, first served basis so book early. Learn canoe skills, participate in physical activity and develop team building skills in a positive, safe and encouraging environment. To receive a copy of the canoe lesson registration package, please contact Vince Kwong, Outdoor Recreation Programmer by email vince.kwong@burnaby.ca or by phone at 604-294-7224.

Please provide school name, teacher contact name, email address and phone numbers. A lesson information & registration package can be forwarded to each teacher via email.

SCHOOL CANOE OUTLINE



Whether you take 1 lesson or all 4
your students will learn and have fun!