



This Week’s First Aid Attendants are: Rachel Su and Grace Lin



Burnaby Mountain Secondary

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Respect

Excellence

Responsibility

Date: Friday Nov. 2nd, 2018

Day 2






Student Bulletin



We acknowledge and thank the Coast Salish Nations of Musqueam, Tsleil-Waututh and Squamish on whose traditional territories we teach, learn and live.

Bell Schedule – Friday, November 2nd Early Dismissal

TIME	Day 1	Day 2
7:15 – 8:35	Before School Class	
8:40 – 9:40 Warning Bell 8:35am	1	5
9:45 – 10:50	2	6
10:50 – 11:00 Warning Bell 10:55am	Nutrition Break	
11:00 – 12:05	3	7
12:05 – 12:50 Warning Bell 12:45pm	Lunch	
12:50 – 1:53 Change 1:53-2:00	4	8
1:53	Students Dismissed	

TIMELINE		
	 	SPC Cards and Go Cards are in the office for pick up.
 Ms. Williams Nov 7	Burnaby Public Library will host Sebastien de Castell, author of Spellslinger and Shadowblack, at McGill branch on November 13 at 7:00. It's free but space is limited - register online at www.bpl.bc.ca/events or at any BPL information desk. And check out his books here at our library!	
Nov 2 Ms. Temple	<u>The Bold, The Young and The Murdered</u> Will you fall for the matador of love? Do your pheromones drive you crazy? Will your feet say maybe? Watch theatre company perform “The bold, The Young, and The Murdered” @ 7pm on December 12, 13, 14, and 15 th or our matinee shows on the 10 th and 11 th . Tickets on sale now! Outside the drama room \$10 for students \$15 for adults. See you there!	
Nov 2 Ms. Williams	<u>Teen Tech Night</u> Navigate a Sphero through an obstacle course in the stacks, battle your friends at our Sphero jousting tournament, and explore virtual reality with our VR goggles. All tech will be supplied by the library. Event held at Cameron Branch Library 9523 Cameron Street. Please see Ms. Williams for more information.	
Nov2 Mr. Ko		<u>Club Photo</u> Clubs wanting a Club photo in this year’s yearbook must schedule a photo ASAP. Please see Mr. Ko in room 319 or send an email to bmssyearbook2019@gmail.com .
Nov 6 Ms. Manning	<u>Page Program in Ottawa</u> Are you in grade 12 and planning on studying in Ottawa next year? Are you fluent in French? The Page Program at Parliament Hill might be right for you. Come to the Career Centre for more info.	
Nov 7 Ms. Worobets		<u>BMSS United</u> Are you stressed? Need a supportive environment to voice your struggles with other students? If yes, then this is the perfect club for you! The first meeting will take place on Wednesday, November 7th at lunch time in room 209. There will be treats at the first meeting!




SCHOOL GOALS:

Goal 1

To improve students’ reading for comprehension with a focus on finding the main ideas, summarizing and in some specific areas, note-making at the Grade 8 and 9 levels.

Goal 2

To increase student awareness, understanding and practice of healthy living.

<div>Nov 8</div> <div>Ms. Mehta</div> <div>  </div>	<div>Art Club</div> <div>Hello Art lovers!!! Do you think you don't get enough time for Art during school time?</div> <div>Come Join the Fellow Art lovers in Room 117</div> <div>First meeting will be on November 8</div> <div>Art Club meets on Thursday after school until 4:00 pm. You do not have to be in an art class to join, but must be dedicated and willing to create a better school environment.</div>
<div>Nov 8</div> <div>Mr. Richardson</div>	<div><u>Girls Rugby:</u></div> <div>Interested in trying out a new sport?</div> <div>For the next three Thursdays come on out and give rugby a try from 3:30 to 5pm!</div> <div>November 1st, and November 8th</div> <div>There will be members of the Burnaby Lake Women's team here leading sessions.</div> <div>Come dressed for the weather.</div> <div>No experience necessary, all grade are welcome.</div>
<div>Nov 9</div> <div>Ms. Lewis</div>	<div>  <div> <div>1-1740 Broadway Street</div> <div>Port Coquitlam</div> <div>V3C 2M8 604 554-0181</div> </div> </div> <div>Dear Student,</div> <div>This week you participated in our Excel Martial Arts Self Defense Program and our cardio kickboxing. We worked on basic Martial Arts self defense skills and discovered how effective simple movements combined with angles can be. Martial Arts training will help advance and further develop basic self defense skills, vocabulary of physical movement, self-discipline and confidence.</div> <div>We are offering a one-week special opportunity for school participants to join Port Coquitlam Excel Martial Arts. You are invited to train for FREE until Nov 9th, 2018, and New students who sign up for our Introductory Program by Saturday, Nov 10th, will receive their \$184.80 starter package for FREE. Please call or email for more information.</div> <div>Mr. Richard McIlmoyl Owner/instructor portcoquitlam@excelmartialarts.ca</div>
<div>  </div>	<div>WORK EXPERIENCE OPPORTUNITIES</div> <div><u>RCMP Youth Academy 2019</u></div> <div>Are you in Grade 11 or Grade 12 and interested in a possible career in policing? The RCMP are running a Youth Academy for students in April 2019. This is an excellent opportunity. Come by the Career Centre for more info and for an application.</div> <div><u>Discover Pharmacy Day at UBC</u> - this is a one-day session that gives secondary school students a sneak-peek into the world of pharmacy. Students will participate in fun, interactive workshops that are modelled after the Doctor of Pharmacy (PharmD) curriculum. Learn the clinical skills and science behind pharmacy practice. Discover that pharmacy is much more than dispensing medications – it's a profession that is devoted to improving health outcomes! Date: Saturday, November 17, 2018 Time: 8:30 a.m.– 12:45 p.m. Location: Pharmaceutical Sciences Building 2405 Wesbrook Mall, UBC Cost: Free, open to high school students (Grade 10-12). Sign up info in the Career Centre.</div> <div><u>Member of Parliament Terry Beech Youth Constituency Council:</u> Are you 15+ years of age and interested in learning more about Canada's political process? Our local member of parliament, MP Terry Beech, is seeking students to join their Constituency Youth Council. Come and have your voices heard on policy issues facing Canada and our community.</div> <div><u>Stoney Creek Community School Alumni Needed</u> –Stoney Creek school is having an evening event celebrating indigenous culture on Tuesday, November 6th from 5:00 pm – 7:00 pm and is seeking 2 student alumni to attend.</div> <div><u>UBC Sauder School of Business Info Session</u> – attendees will learn more about the BCom curriculum, tour UBC Sauder's teaching facilities, and hear about some of the unique extracurricular opportunities available to students from the diverse perspectives of our current students, instructors, and young alumni. The event is on Saturday November 3rd from 9:00 am – 12:30 pm and registration is at the following link: sauder.ubc.ca/bcomfallpreview</div> <div><u>Burnaby Village Museum</u> gain work experience working with families and children assisting with the exhibits at the Burnaby Village Museum in December. Must be comfortable wearing historical outfits. Sign up now – spots will fill fast!</div> <div><u>Fly Over Canada</u> – If you are interested in gaining work experience in guest relations at a major tourist attraction in Vancouver in December, Fly Over Canada is seeking senior work experience students</div> <div><u>Reading Buddies at McGill Library</u> - Tuesdays February 12 – March 12, 2019. Application deadline: Friday January 4, 2019.</div> <div><u>BCIT Biotechnology Career Awareness Workshop</u> - Grade 11 and 12 students interested in scientific research, lab work, and learning about careers related to biotechnology - BCIT is offering its 15th year of the Biotech Awareness Work Experience Program. This work experience placement runs from December 10 to 14. Deadline to apply is this Friday November 2nd.</div> <div>For more info and to sign up come to the Career Centre.</div> <div> <div><u>Post-Secondary Information Sessions</u> Ms.D.C.</div> <div> <div>McGill University</div> <div>Sunday, November 4th</div> <div>2:00 - 3:30 p.m.</div> <div>York House School (Vancouver)</div> </div> <div> <div>BCIT: Info Session</div> <div>Wednesday, November 14th</div> <div>4:30 - 7:30 p.m.</div> <div>British Columbia Institute of Technology (Burnaby)</div> </div> </div>

Wednesday, November 7th
7:00 - 8:30 p.m.
Heritage Woods Secondary (Port Moody)

Pre-registration is required for the McGill Info Sessions. See Ms. D-C in Student Services for more info.



**BC LIONS 2018
GRAD FUNDRAISING PROGRAM!**



SATURDAY
NOVEMBER 3
7PM



Come celebrate the end of the season with the BC Lions! A portion of each ticket purchased will be donated to this year's Grad Council.

Use the Promo Code **GRAD** at:

<https://css.ticketmaster.com/aps/bclions/EN/link/promotion/home/8c3fc33b8%6bd695288361c9614e5924a2b1b2c1>

EACH TICKET HOLDER ALSO RECIEVES A FREE BC LIONS SOUVENIR! VISIT THE SALES BOOTH ON THE CONCOURSE AT SECTION 225 TO CLAIM.

**Does not include \$2.00 online fee per ticket*

\$30

ALL-IN TOTAL
PER PERSON
IN THE TOUCHDOWN END ZONE
BLUE AREA ON MAP

\$10

FOR ALL KIDS 12 & UNDER



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