

## DAILY PHYSICAL ACTIVITY LOG 2017/18

NAME \_\_\_\_\_

Grade \_\_\_\_\_

Student # \_\_\_\_\_

Describe activity & length of activity in minutes. Your weekly DPA should total 150 minutes.  
September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Total Mins/ Wk
<i>I.e. Swam for 60 minutes</i>					1	2	_____
3	4 <i>Labour Day</i>	5	6	7 <b>Photo Day</b>	8	9	_____
10	11 <b>START LOGGING</b>	12	13	14	15	16	_____
17	18	19	20	21	22 <b>Professional Development Day (school closed)</b>	23	_____
24	25	26	27	28	29	30	_____

### October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Total Mins/ Wk
1	2	3	4	5	6	7	_____
8	9 <b>THANKSGIVING</b>	10	11	12	13	14	_____
15	16	17	18	19	20 <b>Provincial Professional Development day</b>	21	_____
22	23 <b>Curriculum Implementation Day (no classes)</b>	24	25	26	27	28	_____
29	30						_____

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Relationship: \_\_\_\_\_

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Relationship: \_\_\_\_\_



# DAILY PHYSICAL ACTIVITY LOG

November 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Total Mins/ Wk
			1	2	3	4	_____
5	6	7	8	9	10 School Closed	11 Remembrance Day	_____
12	13 In lieu of Remembrance Day	14	15	16	17	18	_____
19	20	21	22	23	24 Professional Development Day	25	_____
26	27	28	29	30			_____

December 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Total Mins/ Wk
					1 DPA due for Grades 10, 11, 12 Term 1	2	_____
3	4	5	6	7	8	9	_____
10	11	12	13	14	15	16	_____
17	18	19	20	21	22 Last day of Classes.	23	_____
24	25 Christmas Break	26	27	28	29	30	_____
31							_____

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## JANUARY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Total Mins/ Wk
	1	2	3	4	5	6	_____
7	8 <b>School Re-opens</b>	9	10	11	12 <b>Graduation Transitions Plan DUE</b>	13	_____
14	15	16	17	18	19	20	_____
21	22	23	24	25	26	27	_____
28	29	30	31				_____

## FEBRUARY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Total Mins/ Wk
				1	2	3	_____
4	5	6	7	8	9	10	_____
11	12 <b>FAMILY DAY (school closed)</b>	13	14	15	16 <b>District Professional Development day</b>	17	_____
18	19	20	21	22	23	24	_____
25	27	28					_____

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## MARCH 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Total Mins/ Wk
				1	2	3	_____
4	5	6 Grade 12 Exit Interviews (PM)	7	8	9	10	_____
11	12	13	14	15 DPA due for Grades 10,11,12 Term 2	16	17	_____
18	19 SPRING BREAK	20	21	22	23	24	_____
25	26 SPRING BREAK	27	28	29	30 Good Friday	31	_____

## APRIL 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Total Mins/ Wk
1	2 Easter Monday (school closed)	3 First Day back to School	4	5	6	7	_____
8	9	10	11	12	13	14	_____
15	16	17	18	19	20	21	_____
22	23 Professional Development Day	24	25	26 Grade 12 Exit Interviews (AM)	27 VOLUNTEER LOGS DUE all grades	28	_____
29	30						_____

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## MAY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Total Mins/ Wk
<i>Swam for 60 minutes</i>		1	2	3	4	5	_____
6	7	8	9	10	11	12	_____
13	14	15	16	17	18	19	_____
20	21 Victoria Day (School closed)	22	23	24	25	26	_____
27	28 School Leaving Ceremony 7pm	29	30	31			_____

## JUNE 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Total Mins/ Wk
					1	2	_____
3	4	5	6	7	8	9	_____
10	11	12	13	14	15 Grad Dinner/Dance	16	_____
17	18 DPA due for Grade 10,11,12 Term 3	19	20	21 LAST DAY OF CLASSES	22	23	_____
24	25	26	27	28 Report Card Available thru My Family Portal	29	30	_____

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