

8800 Eastlake Drive, Burnaby, BC V3J 7X5

T: 604-664-8552 F: 604-664-8499 W: mountain.sd41.bc.ca

Respect Date: Monday, February 23, 2015

**Student Bulletin** 

Excellence Responsibility

Day 1



This Week's First Aid Attendant is:

Christina Manning

Alternate is:

Parker Strand

(Ms. Smith)

TIME LINE

NEW

**VOLUNTEER OPPORTUNITY** Ms. Manning

Forest Grove Elementary School is looking for volunteers for their Movie Night Friday March 6. Shifts are 4-6pm or 6-9pm. Come to the Career Centre for more info and to sign up.



SFU PRESENTATION Ms. Day

Wednesday, February 25

11:30 - 12:20 in the Multi-purpose Room

This information session for all grade 12 students will include:

- How to self-report grades
- How to check your application status
- When to expect an admissions offer
- More information regarding scholarships and financial aid
- What the next steps are after receiving an admission offer to SFU (or other post-secondary institution)



SPRING BREAK LEADERSHIP TRAINING AT CAMP MADAWASKA Ms. Manning

The City of Burnaby Youth Services and Camp Madawaska are offering a leadership skill development camp for students ages 11-15. March 9-13 9:30am - 3pm \$164.22

Register online at webreg.city.burnaby.bc.ca – barcode 352761



ATTENTION INTERNATIONAL STUDENTS Ms. Ellis

Interested in a "Tourism Management for International Students Diploma from the school of Tourism Management, Faculty of Global & Community Studies at Capilano University (BC, Canada). The Faculty is hosting an information session to showcase our program and we would like to invite those who might be interested in learning more about our program and a career in Tourism. This 2-year Diploma program has been running for over 10 years and with an ever-growing demand. We are currently accepting applications for our September 2015 intake with classes starting on September 8, 2015.

TMI Info Session details are as follows:

Date: Wednesday, March 4

Time: 6:30 - 7:30 p.m.

Venue: Cedar Building CE135, Capilano University, North Vancouver campus. Please see the attached map for directions.

Please RSVP via email: <a href="mailto:tmi@capilanou.ca">tmi@capilanou.ca</a> by March 2.

Feb 24

PASCAL, CAYLEY, FERMAT MATH CONTEST INFORMATION FOR STUDENTS Ms. Walsh

The following is important information for students who are writing the math contests next week.

Please read carefully.

#### DATE AND TIME: Block 5, Tuesday, February 24th Go directly to the contest. Do not go to your block 5 class.

BRING: Pencil. erasers, calculator (any type) LOCATION

Room 303 - Ms. Elesina's Math 8/9 class

Room 301 - Mr. Sidley's Math 10 Honours class

Multi-purpose Room - Students who handed in a field trip form. Library - Mr. Sidley's Math 9 Honours class and Mr. Ryant's Math 11 Honours class

Feb 25

### PINK SHIRT DAY 2015: Mr. Rolph

On February 25th you are invited to wear pink to Stand up... Stand for... Stand against... Stand with... and speak up against bullying in all of its forms. Between Feb 18 and 25th, come down to the lower commons to purchase a t-shirt and make a statement in support of inclusion and against bullying. What will you stand for on Feb. 25th? What will you stand against? Let us know and get a lollipop or bracelet as a thank-you for helping BMSS speak up about bullying.

Feb 25,26,27

# **GRADE 10 & 11 STUDENTS - INDUSTRY TRAINING PROGRAMS OPEN HOUSES:** Ms. Gingras

Open Houses are being held for several of the Industry Training Programs in the next week or so.

If you are interested in visiting one of the following programs, meeting the teacher and finding out more information about it, come to the Career Centre to sign up.

- Hairstyling February 26 1:00 pm 2:30 pm Alpha
- Computer Networking Technician February 26 8:45 am 10:02 am Burnaby South
- Carpentry February 25 1:00 pm -2:30 pm Cariboo Hill
- Digital Sound Production February 25 1:00 pm -2:30 pm North
- Auto Service Technician February 25 1:00 pm -2:30 pm -Cariboo Hill
- Construction Electrician February 27 12:30 pm -2:00 pm Mountain Professional Cooks Training – February 26 – 3:30 pm-6:30 pm – Central
- Metal Fabrication April 1 10:00 am 11:00 am BCIT

#### SCHOOL GOALS:

Literacy: to improve students' reading for comprehension with a focus on finding the main ideas and note-making at the Grade 8 and 9 levels.

## Feb 26 GIRLS SOCCER (GRADES 8-12) Ms. Morrison Are you interested in playing soccer this year? There will be a mandatory try-out Thursday Feb. 26 at 3:15 on the grass field. Please let Ms. Morrison (room 313) or Ms. O'Reilly (room 314) know if you can't make it Feb 27 YOUTH AMBASSADOR EXCHANGE PROGRAM Mr. Morton The City of Burnaby is a sister city with Mesa Arizona and in conjunction with the Mesa Sister Cities Association sponsors an exchange program for students. The Burnaby School District is partnered with the City of Burnaby in this program. This exchange program is partially paid and is for two students - one grade 10 and one grade 11. If you are interested, please see your counsellor by February 27th Feb 27 GRADS OF 2015!!! Mr. Morton **Deadline** Hey Grads of 2015! Have you paid your grad fees yet? This year, the theme of Dry Grad is Hollywood and it will be held at the Metro Hall. Get pumped to celebrate this last special night with your fellow grads! Make sure you don't miss out on walking down the red carpet at this star-studded event. The \$50 fee is made easily payable on our school website via school cash online, or through the office. The DEADLINE to pay is Friday, February 27th. We'll see all of you there! INFORMATION NIGHT FOR PARENTS ABOUT POST-SECONDARY OPTIONS. Ms. Ellis Mar 24 Our event will include: An introduction to the world of post-secondary education in BC Understanding career pathways • Changing roles for parents The financial side of post-secondary The ins and outs of applications This event will take place on Tuesday, March 24th at the Coquitlam Campus, and Thursday, March 26th at the New Westminster Campus, from 7:00pm-9:00pm. To register, parents can visit http://www.douglascollege.ca/parent-seminar. ABORIGINAL HOMEWORK HELP! Ms. Corewyn Need help with your homework? Having trouble with a course? Come get help with your school work at lunch time, Monday – Friday in the Career Centre. **FYI:** Ms. Lewis/Ms. Douglas Weight room will be open to girls only on **Tuesdays** from 3:15-4:15pm. Open to all girls in grade 8-12 with an interest in Keep Fit, Learn Fit, and Girls Fit. SUN RUN SUNDAY APRIL 19 2015 Ms. Lewis Week 6



Session 1 52 min.

Warm-up: Walk slow & easy 5 minutes.

Run 5 minutes. Walk 1 minute. Do this 7 times.

Cool-down: Walk slow & easy 5 minutes.



Session 3

50 min.

Warm-up: Walk slow & easy 5 minutes.

Run 3 minutes. Walk 1 minute. Do this 10 times.

Cool-down: Walk slow & easy 5

minutes.

# Session 2 38 min. Warm-up: Walk slow & easy 5 Run 3 minutes. Walk 1 minute. Do this 7 times. Cool-down: Walk slow & easy

5 minutes.



SCHOOL GOALS:

GOAL #1 Literacy: to improve students' reading for comprehension with a focus on finding the main ideas and note-making at the Grade 8 and 9 levels.